

# Tuscola County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2020

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2020

Tuscola  
County  
Community  
Resource  
Guide

[ A guide to services in your community]

2020

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

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**ABUSE & PROTECTIVE SERVICES**

- Ambulance, Fire and Police..... 911**
- Children & Adult Protective Services  
..... (855) 444-3911
- Common Ground Crisis Line ..... (800) 231-1127
- DHS..... (989) 673-9100
- Tuscola County
- HAVEN Crisis Lin..... (877) 922-1274
- Love Is Respect Hotline..... (866) 331-9474
- Michigan Family Violence Helpline.. (800) 996-6228
- National Domestic Violence Hotline  
..... (800) 799-7233
- National Human Trafficking Resource Center
- RAINN (Rape & Incest National Network)  
..... (800) 656-4673
- Stop It Now! Hotline ..... (888) 773-8368
- Thumb Area Assault Crisis Center.... (800) 292-3666
- Tuscola County Victim Services  
..... (989) 673-8161 ext 2241
- Victim Connect (stalking hotline) .... (855) 484-2846

**ADULT AGING SERVICES**

- Area on Aging Region 7..... (989) 893-4506
- Area on Aging ..... (800) 858-1637
- Cass City Department of Aging..... (989) 872-5477
- DHS..... (989) 673-9100
- HAP Senior Plus ..... (800) 868-9885
- Tuscola County
- Thumb Area Commission on Aging  
..... (800) 654-2810
- Medicare ..... (800) 633-4227

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- Medicare/Medicaid Assistance Program (MMAP)  
..... (800) 803-7174
- Social Security Administration ..... (800) 722-1213

**Adult Day Services**

- Adult Day Services..... (989) 672-2273
- Caro
- Bennett’s A Touch of Home AFC .... (989) 673-2111
- Caro
- Hollister Adult Foster Care Home... (989) 691-5286
- Akron
- Sterling Health Care..... (989) 823-2141
- Vassar, MI 48768

**Alzheimer’s & Dementia Support**

- Alzheimer’s Association & Helpline.....  
..... (800) 272-3900
- Alzheimer’s Family Support Group (HCD)  
..... (989-254-4747
- Area on Aging Region 7..... (989) 893-4506

**Assisted Living**

- Heritage Hill..... (989) 672-2900
- Caro
- Satchell’s Christian Retirement Home  
..... (989) 673-3329
- Caro

**ANIMAL SUPPORT**

**Animal Shelters**

- Humane Society of Tuscola County . (989) 672-7387
- Mayville Pet Clinic..... (989) 843-5030
- Spay/Neuter Express..... (616) 897-8865
- Tuscola County Animal Shelter..... (989) 672-3863

**DISABILITY RESOURCES**

- Area on Aging Region 7..... (989) 893-4506
- Blue Water Center..... (989) 673-3678
- Disability Network ..... (800) 782-4160
- Michigan Disability Network Directory  
..... <http://www.dnmichigan.org/>
- Michigan Commission for the Blind.....  
..... (800) 292-4200

Vocational Rehabilitation Michigan Commission for the Deaf..... (800) 257-4850

## **COUNTY/CITY RESOURCES**

### **Cities**

City of Caro..... (989) 673-2226  
City of Vassar..... (989) 823-8517

### **Townships**

Akron Township..... (989) 674-2280  
Unionville  
Almer Township..... (989) 673-4948  
Akron  
Arbela Township..... (989) 871-2022  
Millington  
Columbia Township..... (989) 280-9602  
Unionville  
Dayton Township..... (989) 553-0107  
Mayville  
Denmark Township..... (989) 868-9801  
Richville  
Elkland Township..... (989) 872-4843  
Cass City  
Ellington Township..... (989) 553-1803  
Caro  
Elmwood Township ..... (989) 912-5250  
Gagetown  
Fairgrove Township ..... (517) 693-3500  
Fairgrove  
Fremont Township ..... (989) 843-0621  
Mayville  
Gilford Township ..... (989) 693-6394  
Fairgrove,  
Indianfields Township..... (989) 673-3416  
Caro  
Juniata Township..... (989) 550-5652  
Vassar  
Kingston Township..... (989) 683-2113  
Kingston  
Koylton Township..... (810) 441-8898  
Kingston  
Millington Township..... (989) 871-4418  
Millington  
Novesta Township..... (989) 872-2792  
Cass City  
Tuscola Township..... (989) 871-4507

Vassar  
Vassar Township..... (989) 823-3541  
Vassar Township  
Watertown Township..... (989) 795-2127  
Fostoria  
Wells Township..... (989) 673-4481  
Caro  
Wisner Township..... (989) 895-8368  
Fairgrove

### **Villages**

Village of Akron..... (989) 691-5540  
Akron  
Village of Cass City..... (989) 872-2911  
Cass City  
Village of Fairgrove..... (989) 693-6572  
Fairgrove  
Village of Gagetown..... (989) 665-9981  
Gagetown  
Village of Kingston..... (989) 683-2680  
Kingston,  
Village of Mayville..... (989) 843-6423  
Mayville  
Village of Millington..... (989) 871-2702  
Millington  
Village of Reese..... (989) 868-4503  
Reese  
Village of Unionville..... (989) 674-2244  
Unionville

## **EDUCATION & TRAINING**

### **Adult Programs**

Michigan Talent Investment Agency Workforce Development..... (517) 243-7423  
Tuscola County  
Tuscola Technology Center..... (989) 673-5300  
Lifelong Learning

### **Childcare Centers & Preschools**

DHS..... (989) 673-9100  
Tuscola County  
Great Start to Quality Resource Center  
..... (877) 614-7328  
[www.GreatStartToQuality.org](http://www.GreatStartToQuality.org)  
Kids Club Day Care Center..... (989) 673-7365  
Caro

Priscilla's Small Wonders LLC..... (989) 672-5437  
Caro  
USA Early Child Care Center..... (989) 883-9139  
Unionville

## **Community Education**

### **Libraries**

Bookmobile..... (989) 823-2171  
Vassar  
Bullard Stanford Memorial Library  
..... (989) 823-2171  
Vassar  
Caro Area District Librar..... (989) 673-4329  
Caro  
Columbia Township Library..... (989) 674-2651  
Unionville  
Fairgrove District Library..... (989) 693-6050  
Fairgrove  
Jacquelin E. Opperman Memorial Library  
..... (989) 683-2500  
Kingston  
Mayville District Public Library..... (989) 843-6522  
Mayville  
Millington Township Library..... (989) 871-2003  
Millington  
Rawson Memorial Library..... (989) 872-2856  
Cass City  
Unity District Library..... (989) 868-4120  
Reese  
Watertown Township Library..... (989) 795-2794  
Fostoria

### **Schools Districts**

Akron Fairgrove Schools..... (989) 693-6163  
Caro Community Schools..... (989) 673-3160  
Cass City Public Schools..... (989) 872-2158  
Kingston Community Schools..... (989) 683-2294  
Mayville Community Schools..... (989) 843-6115  
Millington Community Schools..... (989) 660-2451  
Reese Public Schools..... (989) 868-9864  
Tuscola Intermediate SD..... (989) 673-2144  
Unionville Sebewaing Area SD..... (989) 883-2360  
Vassar Public Schools..... (989) 823-8535

### **Colleges/Career Centers**

Baker College of Cass City..... (855) 487-7888  
Saginaw Valley State University ..... (989) 964-4000

Akron, MI 48701  
Tuscola Intermediate SD..... (989) 673-2144  
Technology Center

### **Youth Programs**

Boy Scouts of America..... (517) 940-4210  
Girl Scouts Heart of Michigan..... (800) 497-2688  
Innerlink Runaway and Homeless Youth Shelter  
..... (989) 753-3431  
Michigan Works Talent Investment Agency  
..... (517) 335-5858  
MSU Extension 4-H..... (989) 672-3870  
New Light Consultants..... (989) 871-6695  
The Fowler Center..... (989) 673-2050

## **EMERGENCY & DISASTER SERVICES**

**Ambulance, Fire and Police.....911**  
American Red Cross..... (800) 733-2767  
Center for Disease & Prevention..... (800) 232-4636  
Poison Control..... (800) 222-1222  
Suicide Prevention..... (800) 273-8255

### **Law Enforcement**

Tuscola County Central Dispatch..... (989) 673-8738  
Tuscola County Emergency Management  
..... (989) 673-5181  
Tuscola County Sheriff..... (989) 673-8161

### **Fire Departments**

Akron/Columbia/Wisner/Unionville FD  
..... (989) 674-2491  
Unionville, MI 48767  
Caro FD .....(989) 673-2002  
Elkland Township FD..... (989) 872-2331  
Cass City, MI 48726  
Fairgrove FD..... (989) 693-6881  
Gagetown/Elmwood FD..... (989) 665-2691  
Gagetown, MI 48735  
Kingston Fire and Rescue ..... (989) 683-2680  
Mayville FD..... (989) 843-6662  
Millington Arbela FD..... (989) 871-2525  
Millington, MI 48746  
Reese Fire Rescue..... (989) 868-4503  
Richville FD..... (989) 868-3381  
Vassar FD..... (989) 823-8517  
Watertown FD..... (989) 795-3088  
Fostoria

## **EMPLOYMENT ASSISTANCE**

Thumb Area Michigan Works..... (989) 269-2311  
Caro  
Unemployment Office Hotline..... (800) 500-0017

## **FINANCIAL ASSISTANCE**

MSHDA: Step Forward..... (866) 946-7432

### **Tax Assistance**

Taxes ..... [www.myfreetaxes.com](http://www.myfreetaxes.com)

Tuscola County tax website help:

.....<https://www.tuscolacounty.org/tax/>

H & R Block..... (989) 673-3257

Caro

Stadler Bookkeeping & Tax Services

..... (989) 823-3814

## **FITNESS & RECREATION**

### **Parks & Recreation**

Arthur Latham Park..... (989) 871-2459

Millington

Indianfields Township Park..... (989) 673-3416

Caro

Vanderbilt County Park & Campground

..... (989) 545-7168

Fairgrove

## **FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE**

Food Pantries..... [www.foodpantries.org/st/michigan](http://www.foodpantries.org/st/michigan)

Caro Church of the Nazarene..... (989) 673-6175

Community of Christ (used furniture)

..... (989)-673-5504

DHS..... (989) 673-9100

Good Samaritan Fund (food, utilities, & rent)

..... (989) 673-6929

Human Development Commission... (989) 673-4121

Mayville Area Share Shop..... (989) 843-5370

MI Bridges..... [www.michigan.gov/mibridges](http://www.michigan.gov/mibridges)

Revive Ministries (food only)..... (989) 551-7803

Spoonful's of Plenty (Free Community meal)

..... (989) 673-4121

St. Frances Mission Store..... (989) 823-8803

Tuscola County Community Resources 2020

Vassar Food Pantry..... (989) 823-2911

Vassar Ministerial Alliance (utilities & rent)

..... (989) 823-2911

WIC..... (989) 673-3199

## **HEALTHCARE SERVICES**

McLaren Visiting Nurse..... (800) 862-3132

Centers for Disease Control..... (800) 232-4636

Medicaid Help Line—MI ENROLLS... (800) 642-3195

MI HIV /AIDS Hotline..... (800) 872-2437

Tuscola County Health Department

..... (989) 673-8114

### **Clinics & Hospitals**

Centers for Disease Control..... (800) 232-4636

McLaren Caro Region..... (989) 673-3141

Caro

McLaren Bay Region Medical Center

..... (989) 894-3000

McLaren Home Care ..... (800) 810-3147

McLaren Occupational Health and Convenient Care

..... (989) 393-2850

McLaren Caro region Renue Physical Therapy

..... (989) 672-5112

McLaren Bay Region Center for Rehabilitation

..... (989) 667-6600

McLaren Visiting Nurse and Hospice

..... (800) 862-3132

Caro Health Services..... (989) 673-1670

Hills & Dales General Hospital..... (989) 872-2121

Cass City

Hills & Dales After Hours Clinic..... (989) 912-6114

Karmanos Cancer Institute ..... (800) 527-6266

Wolverine Human Services..... (989) 823-3040

Vassar

### **Dental Resources**

Caro Family Dentistry..... (989) 672-5022

Delta Dental Referral..... (800) 482-8915

Great Lakes Bay Health Center Thumb Area

..... (989) 623-0137

Medicaid Hotline..... (800) 642-3195

Thumbs Up Dental..... (989) 632-1420

### Hearing Assistance

Epic Hearing Health Care .....  
..... (866) 956-5400  
Relay Center for Deaf/Hard of Hearing  
7-1-1  
Skoric Hearing Aid Center..... (989) 793-7620  
Starkey Hearing Foundation..... (800) 328-8602  
Community Access Center ..... (810) 239-3112

### Vision Assistance

Envision Eye Care..... (989) 872-4900  
Opti-Care Vision Center ..... (989) 673-3937  
Caro  
Opti-Care Vision Center ..... (989) 823-8666  
Vassar  
Star Vision Center..... (989) 672-7827  
Vision USA..... (800) 766-4466  
Assistance with eye exams

### Medical Equipment & Loan Closets

ALS of Michigan..... (800) 882-5764  
Equipment loan program for ALS and PLS patients  
only  
United Cerebral Palsy Michigan..... (800) 828-2714  
Muscular Dystrophy Association. .... (800) 572-1717  
Muscular Dystrophy Association..... (517) 706-0348  
Paralyzed Veterans of America-  
MI..... (800) 638-6782  
The National Federation of the  
Blind..... (410) 659-9314  
Michigan CPAP Bank..... (734) 232-3964  
CPAP, BiPAP, Auto CPAP/BiPAP, ASV, AVAPS  
Paralyzed Veterans of America/Michigan Chapter  
..... (800) 638-6782  
Project Freedom..... (810) 632-0596  
Overhead Home Lifts  
Sheldon Medical Supply..... (989) 672-4600  
Caro  
United Health Services Inc. (24 hours)  
..... (989) 673-8448  
Caro

### Mental Health & Counseling Services

Access Alliance..... (800) 448-5498  
Blue Water Independent Living..... (989) 673-3678  
Boys Town National Hotline..... (800) 448-3000  
Tuscola County Community Resources 2020

DHS..... (989) 673-9100  
Family Planning..... (989) 673-8118  
List Psychological Services..... (989) 673-5700  
New Light Consultants..... (989) 871-6695  
Positive Alternatives (pregnancy options info)  
..... (989) 672-4673  
Problem Gambling Helpline..... (800) 270-7117  
24-hours, 7-days  
Thumb Area Psychological Associates  
..... (989) 872-1800  
TBHS-Tuscola Behavioral Health Systems  
..... (989) 673-6191

### Pharmacies & Prescription Assistance

Partnership for Prescription Assistance  
..... [www.pparx.org](http://www.pparx.org)  
RxAssist ..... [www.rxassist.org](http://www.rxassist.org)  
McLaren Pharmacy Services..... (989) 823-9200  
LifeSource Direct..... (866) 340-4748  
NeedyMeds..... (800) 503-6897  
Elder Prescription Insurance Program  
..... (866) 747-5844  
MMAP..... (800) 803-7174  
Michigan Medicare/Medicaid Assistance Program  
MiRx Discount Card..... (866) 755-6479  
RX Outreach ..... (800) 769-3880

### Retail Discount Drug Programs

Kroger..... (989) 892-8037  
(\$3/\$6 and Free)  
Meijer..... (989) 667-9510  
(select free prescriptions)  
Sam's Club..... (989) 790-0954  
(\$4/\$10 prescription program)  
Wal-Mart..... (989) 673-7900  
(\$4/\$10 prescription program)

### Substance Abuse

Addictions & Drug Abuse Referral Hotline  
..... (800) 662-4357  
Alcoholics Anonymous..... (800) 356-9996  
CDC Hotline..... (800) 232-4636  
List Psychological..... (989) 673-5700  
Narcotics Anonymous (NA) Hotline. (877) 338-1188  
New Light Consultants..... (989) 871-6695



Sacred Heart (Bay City) ..... (989) 894-2991  
 Substance Abuse Hotline..... (800) 662-4357  
 Substance Use Treatment Services  
 ..... (800) 834-3393  
 SEMCA (Substance Abuse)..... (800) 686-6543  
 24-hours, 7-days- referral to treatment  
 Tuscola Behavioral Health Systems (TBHS)  
 ..... (989) 673-6191

## **HOUSING ASSISTANCE**

### **Emergency Shelters & Warming Centers**

Blue Water Center for Independent Living  
 ..... (989) 673-3678  
 HUD Rental Assistance ..... (800) 569-4287  
 Human Development Commission.. (989) 673-4121  
 Tuscola Homeless Coalition..... (989) 672-7674

### **Heating/Utility Assistance & Home Repairs/Weatherization**

DHS..... (989) 673-9100  
 Good Samaritan Fund..... (989) 673-6929  
 Homeowner Rehabilitation Program  
 ..... (989) 673-4121  
 The Heat and Warmth Fund..... (800) 866-8429  
 Vassar Ministerial Alliance (utilities & rent)  
 ..... (989) 823-2911

### **Low Income Housing**

Action Agency (800) 443-5518  
 DHS..... (989) 673-9100  
 Blue Water Center for Independent Living  
 ..... (989) 673-3678  
 Habitat for Humanity..... (989) 325-1807  
 Homeless Students Service  
 .....(989) 673-2144 Ext 30426  
 Human Development Commission.. (989) 673-4121  
 Section 8 Rental Assistance  
 Program..... (517) 487-6550  
 U.S. Agricultural & Rural  
 Development..... (989) 673-8171  
 USDA Rural Development..... (800) 944-8119  
 Onaway

## **LEGAL ASSISTANCE**

Lakeshore Legal Aid..... (888) 783-8190  
 Legal Aid Legal Service  
 ..... (844)USA-GOV1  
 Legal Hotline for Michigan  
 Seniors..... (800) 347-5297  
 Legal Services-Eastern Michigan..... (800) 322-4512  
 Probate Court..... (989) 672-3850  
 State Legal Hotline..... (800) 347-5297  
 Tuscola County Friend of the Court  
 ..... (989) 673-4848

## **PARENTING/PREGNANCY RESOURCES**

Breastfeeding Helpline..... (800) 994-9662  
 Car Seat Installation..... (810) 648-4098 Ext 155  
 Child Safety Seat Inspection..... (866) Seat-Check  
 Children’s Special Healthcare..... (800) 359-3722  
 Co-Parenting-List Psychological..... (989) 673-5700  
 Early Head start..... (989) 672-1785  
 Family Planning Clinic..... (989) 673-8118  
 Great Start Tuscola-Love & Logic  
 ..... (989) 673-2144 Ext 30325  
 LA LECHE League ..... (800) 525-3243  
 Parent Help Line..... (800) 942-4357  
 24-hour parent support  
 Michigan Alliance for Families ..... (800) 552-4821  
 Positive Alternatives..... (989) 672-4673  
 Tuscola County Health Department Maternal  
 Infant Health Services (MIHP)..... (989) 673-1740  
 24-Hour Parent Crisis Line..... (800) 275-1995  
 WIC ..... (800) 942-1636

## **TRANSPORTATION**

Auto Safety Hotline..... (888) 327-4236  
 Senior Medical Transportation..... (989) 673-4121  
 Thumbody Express..... (989) 673-8488

## **TRIBAL SERVICES**

Department of Civil Rights..... (517) 335-3165  
 Michigan Indian Legal Services..... (800) 968-6877

## **VOLUNTEER OPPORTUNITIES**

American Red Cross..... (989) 672-4557  
Caro, MI 48723  
Human Development & Commission  
..... (800) 843-6394  
The Fowler Center..... (989) 673-2050

## **SUPPORT GROUPS**

Autism Society of Michigan..... (800) 328-2476  
Arthritis Support..... (616) 949-9938  
Caregivers Support Coping w/Chronic Illness  
..... (800) 843-6394  
Compassionate Friends..... (810) 376-2801  
Compassionate Friends (Parent's Grief Group)  
..... (877) 969-0010  
Covenant Visiting Nurse Association  
..... (989) 799-6020  
Epilepsy Support Group ..... (800) 377-6226  
Huntington's Disease..... (800) 909-0073  
Leukemia ..... (800) 456-5413  
Parents of Special Needs ..... (800) 359-3722  
Parkinson's ..... (800) 852-9781

## **Grief, Loss & Bereavement**

Divorce Care Group..... <https://www.divorcecare.org/>  
Grief Support Group..... (517) 673-3274  
Colwood Church Caro  
Grief Support (Hospice)..... (800) 635-7490  
Hospice of Michigan..... (888) 247-5705  
Parkinson's Support Group..... (800) 843-6394  
Polio (Michigan Polio Network) .....  
.....<https://www.michiganpolionetwork.com/>  
Precious Reflections..... (989) 894-3015  
Stroke Support Group..... (810) 342-5350  
Thumb Area Assault Crisis Center.... (800) 292-3666

## **VETERANS AFFAIRS**

Blue Water Center..... (810) 648-2555  
Michigan Veterans Affairs..... (800) 642-4838  
Veterans Administration..... (800) 827-1000  
CHAMPVA..... (800) 733-8387  
CHAMPVA Meds by Mail..... (800) 385-0235  
ThumbWorks!..... (989) 673-8103  
Veteran's Crisis Line..... (800) 273-8255  
Veteran's Affairs..... (989) 673-8148  
Veteran's Affairs..... (844) 698-2311  
VETERANS Toll Free numbers..... [iris.custhelp.va.gov](https://iris.custhelp.va.gov)

Wounded Warrior Resource Center (800) 342-9647

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

## Non-Urgent:

You should make an appointment with your **Primary Care Physician**

- Cold/Flu Symptoms
- Earaches
- Mild Backaches
- Mild Sprains
- Rashes
- Sore Throat/Cough
- Toothaches

## TeleHealth

(Virtual Visits)  
Primary Care via Telehealth

- Allergies
- Bronchitis
- Colds and Flus
- COVID Symptoms
- Earache
- Headache
- Hives
- Insect Bites
- Pink Eye
- Rashes
- Sinusitis

If your provider does not offer Telehealth visits, consider using the **McLaren Now App**  
[mclaren.org/mclarennow](http://mclaren.org/mclarennow)

## Semi-Urgent:

Needs Medical Care and can wait a few hours. You should contact your **Primary Care Physician** and/or go to **Urgent Care Facility for treatment**

- Accidents and Falls
- Moderate Sprains
- Moderate Backaches
- Mild Breathing Difficulty (i.e. Asthma)
- Minor Cuts with Controlled Bleeding
- Eye Irritation/Redness
- Cold/Flu Symptoms WITH fever
- Vomiting/Diarrhea with Dehydration
- Severe Sore Throat or Cough
- Minor Broken Bones or Fractures (fingers/toes)
- Skin Rashes and Infections
- Urinary Tract Infections
- Minor Injuries
- Minor Burns

## Urgent:

You should go to your nearest **Hospital Emergency Department**

- Severe Chest Pain or Difficulty Breathing
- Compound Fracture (bone protrudes through skin)
- Convulsions/Seizures
- Loss of Consciousness
- Fever in Newborn (less than 3 months old)
- Heavy, Uncontrollable Bleeding
- Deep Knife or Gunshot Wounds
- Moderate to Severe Burns
- Poisoning
- Serious Head/Neck or Back Injury
- Pregnancy-Related Problems
- Severe Abdominal Pain
- Signs of Heart Attack (chest pain lasting longer than 2 minutes)
- Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)
- Suicidal or Homicidal Thoughts/Feelings
- Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.