2024 FLINT/LAPEER REGION COMMUNITY RESOURCES GUIDE



Encompassing Genesee and Lapeer Counties



McLaren Resources

Karmanos Cancer Institute

https://www.karmanos.org/karmanos/karmanos-home
Flint (810) 342-3800

https://www.karmanos.org/karmanos/karmanoscancer-institute-mclaren-lapeer-home Lapeer (800) 527-6266

McLaren Advanced Care Planning

https://www.mclaren.org/main/locations/advance-careplanning-615 (810) 342-2546

McLaren Bariatric and Metabolic Institute

https://www.mclaren.org/main/bariatric-surgery
Flint (810) 342-5470
Lapeer (810) 667-5539

McLaren Behavioral Health

 $\frac{\text{https://www.mclaren.org/main/locations/behavioral-}}{\text{health}}$

Flint (810) 342-2076 Lapeer (810) 667-5611

McLaren Dialysis Services

https://www.mclaren.org/main/locations/613 Flint (810) 342-2175 Lapeer (810) 667-5940

McLaren Flint Diabetes Education and Nutrition

https://www.mclaren.org/main/locations/mclaren-flint-diabetes-education-nutrition-1186 (810) 342-5506

McLaren Family Birthplace

https://www.mclaren.org/main/locations/familybirthplace-mclaren-flint-771 Flint (810) 342-2279

https://www.mclaren.org/main/locations/birth-center-lapeer-region-509

Lapeer (810) 667-5502

McLaren Fenton Emergency Department

https://www.mclaren.org/main/locations/emergencydepartment-at-mclaren-fenton-1246 (810) 496-2460

McLaren Flint Hospital

https://www.mclaren.org/flint/mclaren-flint-home (810) 342-2000

McLaren Home Care and Hospice

https://www.mclaren.org (866) 323-5974

McLaren Hospice Bereavement Support

https://www.mclaren.org/main/hospice (810) 496-8625

McLaren Lapeer Region Hospital

https://www.mclaren.org/lapeer-region/mclarenlapeer-region-home (810) 667-5500

McLaren Now+Clinic at Walgreens

https://www.mclaren.org/mclaren-now-plusclinic/mclaren-now-plus-clinic-home Davison (810) 214-1763 Fenton (810) 214-1763

McLaren Physical Therapy

https://www.mclaren.org/main/rehabilitation

Davison (810) 658-5631

Flint (810) 342-2356

Flushing (810) 342-5550

Lapeer (810) 667-5514

McLaren Sports Medicine Clinic Lapeer

https://www.mclaren.org/main/mclaren-lapeer-regionorthopedics (810) 664-6046

McLaren Stroke Center

https://www.mclaren.org/main/locations/stroke-centermclaren-flint-611 (810) 342-5700

McLaren Wound Care Clinic

https://www.mclaren.org/main/locations/mclarenlapeer-region-wound-care-clinic-500 (810) 667-5575



Emergency Services

https://www.911.gov/ 9-1-1

24-Hour Crisis Line

Abuse and Protective Services
Parenting/Pregnancy Resources
https://www.wrcnm.org
(800) 275-1995

Action Agency

Housing Assistance
https://www.micommunityaction.org/
(517) 321-7500

Adaptive Environments – Home Lift Systems

Medical Equipment & Loan Closets https://www.adaptive-environments.com (800) 355-5438

Alcoholics Anonymous

Substance Abuse https://aa.org (800) 356-9996

ALS of Michigan

Medical Equipment and Loan Closets, Support Groups https://www.alsofmichigan.org (248) 354-6100

Alzheimer's Association and Helpline

Adult Aging Services, Support Groups https://www.alz.org (800) 272-3900

American Cancer Society Road to Recovery (Transportation)

Transportation
https://www.cancer.org
(800) 227-2345

American Red Cross

Emergency and Disaster Services Food Pantries, Clothing and Household Items, Housing Assistance https://www.redcross.org (800) 733-2767

Area on Aging

Adult Aging Services, Food Pantries, Clothing and Household Items, Housing Assistance, Support Groups, Transportation, Veteran Affairs https://www.4ami.org

Autism Society

Disability and Special Needs Resources, Support Groups https://www.autism-mi.org (800) 328-8476

Boys Town National Hotline

Mental Health and Counseling https://www.boystown.org (800) 448-3000

Center for Civil Justice

Legal Assistance https://ccj-mi.org/ (800) 724-7441

Centers for Disease Control and Prevention

Healthcare Services, Substance Abuse https://www.cdc.gov (800) 232-4636

CHAMPVA

Veteran Affairs https://www.va.gov (800) 733-8387

Child Safety Seat Inspection

Parenting/Pregnancy Resources,
Transportation
https://www.nhtsa.gov/TheRightS
eat
(866) Seat-Check

Children and Adult Protective Services

Abuse and Protection Services https://www.michigan.gov (855) 444-3911

Children's Special Healthcare Services

Disability and Special Needs Resources, Healthcare Services, Parenting/Pregnancy Resources https://www.michigan.gov/mdhhs/assistance-programs/cshcs (800) 359-3722

Common Ground Crisis Line

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups https://www.commongroundhelps.org (800) 231-1127

Compassionate Friends (Parent's Grief Group)

Support Groups
https://www.compassionatefriend
s.org
(877) 969-0010

Dental Lifeline Network (low income; severe problems only)

Dental Resources
https://www.dentallifeline.org
(303) 534-5360

Disability Network of Michigan

Disability and Special Needs Resources, Support Groups https://www.dnmichigan.org (800) 782-4160

Early on – Helping Babies and Toddlers Stay on Track

Parenting Resources http://1800earlyon.org/ (800) 327- 5966

Epilepsy Foundation of Michigan

Support Groups https://www.epilepsymichigan.org (800) 377-6226

Equality Michigan

(313) 537-7000

Abuse/Protective Svc, Support Groups
https://www.equalitymi.org

Food Bank Council of Michigan

Food Pantries https://www.fbcmich.org/ (517) 485-1202

Gigi's Playhouse

Disability/Special Needs
Resources, Medical Equipment/
Loan Closets
https://www.gigisplayhouse.org
(847) 885-6149

HAP Senior Plus

Adult Aging Services https://www.hap.org (800) 868-3153

HAVEN Crisis Line

Abuse and Protective Services,
Support Groups
https://www.haven-oakland.org
(877) 922-1274

Heat and Warmth Fund

Housing Assistance https://www.thawfund.org (800) 866-8429

HUD Rental Assistance

Housing Assistance https://www.hud.gov (800) 569-4287

LARA – Department of Licensing and Regulatory Affairs

Adult Aging Services
https://adultfostercare.apps.lara.st
ate.mi.us/

LA LECHE

Parenting/Pregnancy Resources https://www.llli.org (800) 525-3243

Legal Services of Eastern MI

Legal Assistance https://lsem-mi.org (800) 322-4512

LGBT Hotline

Abuse and Protective Services, Support Groups https://www.lgbthotline.org (888) 8434564

LifeSource Direct Rx Discount Card-uninsured/underinsured

Pharmacies and Prescription Assistance https://lifesourcedirect.com (866) 340-4748

Love is Respect Hotline

Abuse and Protective Services, Support Groups https://www.loveisrespect.org (866) 331-9474

MDHHS Native American Affairs Office

Tribal Services
https://www.michigan.gov/mdhhs
/faq/native-american-affairs
(517) 335-7782

Meals on Wheels

Adult Aging Svc, Food Pantries, Clothing/Household Assistance https://www.mealsonwheelsamerica.org (800) 632-7334

Medicare

Adult Aging Services https://www.medicare.gov (800) 633-4227

Medicare/Medicaid Assistance Program

Adult Aging Services, Disability and Special Needs Resources, Pharmacies and Prescription Assistance https://www.mmapinc.org

Michigan Alliance for Families

(800) 803-7174

(800) 552-4821

Disability and Special Needs Resources, Parenting/Pregnancy Resources https://www.michiganallianceforfa milies.org

Michigan Assistive Technology Loan Fund

Medical Equipment & Loan Closets https://www.mi-ucp.org (800) 827-4843

Michigan Coalition to end Domestic & Sexual Violence

Abuse and Protective Services https://www.mcedsv.org (517) 347-7000

Michigan Commission for the Blind

Disability and Special Needs Resources, Vision Assistance https://www.michigan.gov (800) 292-4200

Michigan Commission for the Deaf

Disability and Special Needs Resources https://www.michigan.gov (313) 437-7035

Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and Supplies

Medical Equipment & Loan Closets https://pranavmayuram.github.io/
UMich-CPAP-
Bank/public/#/mission
(734) 232-3964

Michigan Department of Civil Rights

Legal Assistance, Tribal Services https://www.michigan.gov/mdcr (517) 335-3165

Michigan Department of Education – Office of Special Education

Disability and Special Needs
Resources
https://www.michigan.gov/mde/services/special-education
(833) 633-5788

Michigan Donated Dental Services Program

Dental Resources
https://www.michigandental.org
(517) 346-9454

Michigan HIV/STD Hotline

Clinics and Hospitals
https://www.miunified.org/resources/hotline
(800) 872-2437

Michigan Indian Employment and Training Services

Tribal Services
https://www.michigan.gov/mdhhs
/inside-mdhhs/tribal-governmentservices-and-policy
(800) 591-8820

Michigan Indian Legal Services Hotline

Legal Assistance, Tribal Services https://www.mils3.org (231) 947-0122

Michigan Indian Tuition Waiver

Tribal Services

https://www.michigan.gov/mdcr/divisions/dei/indian-tuition-waiver (517) 241-7748

Michigan Senior Legal Hotline

Legal Assistance https://www.elderlawofmi.org (866) 400-9164

Michigan United Way

Michigan Resources
https://www.unitedway.org/local/united-states/michigan
2-1-1

Michigan Veteran Affairs

Veteran Affairs https://www.michigan.gov/mvaa (800) 642-4838

Military One Source

Mental Health and Counseling Services, Legal Assistance, Parenting/Pregnancy Resources, Veteran Affairs https://www.militaryonesource.mi [(800) 342-9647

MiRx Discount Card

Pharmacies & Prescription
Assistance
https://www.mihealth.org/mirx
(877) 681-7540

MSHDA: Step Forward

Financial Assistance
Housing Assistance
https://www.stepforwardmichigan.org
https://www.stepforwardmichigan.org
(855) 646-7432

Muscular Dystrophy Association

Disability and Special Needs Resources, Medical Equipment and Loan Closets https://www.mda.org (800) 572-1717

Narcotics Anonymous 24/7

Abuse and Protective Services, Mental Health and Counseling Services, Substance Abuse, Support Groups https://www.na.org (800) 230-4085

National Alliance on Mental Illness

Mental Health and Counseling Services https://www.nami.org (800) 950-6264

National Child Abuse Hotline

Abuse and Protective Services https://www.childhelp.org (800) 422-4453

National Council on Alcoholism and Drug Dependence (NCADD)

Mental Health and Counseling Services, Substance Abuse, Support Groups https://www.ncadd.us (313) 865-8951

National Domestic and Sexual Violence Helpline

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups https://www.thehotline.org (800) 799-7233

National Eye Institute

Vision Assistance https://www.nei.nih.gov (301) 496-5248

National Federation of the Blind

Medical Equipment & Loan Closets https://www.nfb.org (410) 659-9314

National Human Trafficking

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups https://www.eeoc.gov/national-human-trafficking-resource-center (888) 373-7888

NeedyMeds

Pharmacies & Prescription
Assistance
https://www.needymeds.org
(800) 503-6897

Paralyzed Veterans of America

Disability and Special Needs Resources, Medical Equipment and Loan Closets, Veteran Affairs https://www.michiganpva.org (800) 424-8200

Parkinson's

Support Group https://parkinsonsmi.org/ (800) 852-9781

Partnership for Prescription Assistance

Pharmacies and Prescription Assistance https://www.pparx.org

Poison Control

Emergency and Disaster Services https://www.poison.org (800) 222-1222

Problem Gambling Help Line

Support Groups
https://www.ncpgambling.org
(800) 522-4700

RAINN (Rape and Incest National Network)

Abuse and Protective Services, Mental Health & Counseling Services, Support Groups https://www.rainn.org (800) 656-4673

Relay Center for Deaf/HOH

Disability and Special Needs
Resources, Hearing Assistance
https://www.ada.gov/resources/effective-communication
7-1-1

RX Outreach

Pharmacies and Prescription Assistance https://www.rxoutreach.org (800) 769-3880

RxAssist

Pharmacies and Prescription Assistance https://www.rxassist.org

Safe Center Crisis Hotline 24/7

Abuse and Protective Services https://www.thesafecenter.org (877) 952-7283

Social Security Administration

Adult Aging Services, Disability and Special Needs https://www.ssa.gov (800) 772-1213

Stop It Now! Hotline

Abuse and Protective Services https://www.stopitnow.org (888) 773-8368

Substance Abuse Hotline

Substance Abuse, Support Groups https://www.samhsa.gov (800) 662-4357

Suicide Hotline

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups https://www.988lifeline.org 9-8-8

The Trevor Project

Abuse and Protective Services https://www.thetrevorproject.org (866) 488-7386

Third Level Crisis Line

Abuse and Protective Services Legal Aid https://www.cfsnwmi.org (231) 946-8975

U.S. Office of Indian Education

Tribal Services
https://oese.ed.gov/offices/office-of-indian-education/
(505) 563-5304

Unemployment Office Hotline

Employment Assistance https://www.michigan.gov (866) 500-0017

USDA Rural Development

Housing Assistance https://www.rd.usda.gov (517) 324-5190

Veteran Affairs

Veteran Affairs https://www.va.gov (800) 698-2411

Veteran's Crisis Line

Veteran Affairs https://www.veterancrisisline.net (800) 273-8255

Victim Connect (stalking hotline)

Abuse and Protective Services https://www.victimconnect.org (855) 484-2846

Visiting Angels Living Assistance Services

Adult Aging Services
https://visitingangelsfoundation.org
g
(800) 365-4189

Vocational Rehabilitation of Michigan

Disability and Special Needs
Resources
https://www.michigan.gov/leo/bu
reaus-agencies/mrs
(800) 605-6722

WIC

Food Pantries, Clothing and Household Items,
Parenting/Pregnancy Resources,
Support Groups
https://www.michigan.gov/mdhhs/assistance-programs/wic
(800) 942-1636

Women's Health Resources Line

Parenting/Pregnancy Resources, https://www.womenshealth.gov (800) 994-9662



Abuse and Protective Services

Genesee Health System

https://www.genhs.org (810) 257-3705

LACADA

https://www.lacada.org/contact (810) 667-4175

Adult Aging Services

All Elder Watching Senior

https://www.whodoyou.com/biz/1 153731/all-elder-watching-senioradult-care-errands-and-cleaningservices-flint-mi (810) 309-7495

Burton Senior Center

https://www.burtonmi.gov/depart ments/senior activity center/inde x.php (810) 744-0960

Clio Senior Center

https://clio.govoffice.com/index.as p?SEC=F646D97E-AEE1-45BB-9DDD-

6FE112435B13&Type=B_BASIC

(810) 687-7260

Cottage of Davison

https://cottageofdavison.com/ (810) 428-0185

East Side Senior Citizens Center

https://eastsideseniorcenter.com/ (810) 250-5000

Family Service Agency of Mid Michigan

https://fsamich.org/about-us (810) 767-4014

Flushing Senior Center

https://www.flushingseniorcenter. com/ (810) 659-4735

Foster Grandparents Program

https://fsamich.org/contact-us/ (810) 257-3779

Grand Blanc Area Senior Center

https://www.grandblanctwpmi.go v/393/Senior-Services (810) 695-3202

Imlay City Senior Center

https://www.imlaycity.org/in-the-community/imlay-city-senior-center/
(810) 724-6030

Swartz Creek Area Senior Center

https://myscasc.org/ (810) 635-4122

Valley Area Agency on Aging

https://valleyareaaging.org/ (810) 239-7671

Assisted Living

Genesee Gardens

https://holidayseniorliving.com/re tirement-communities/holidaygenesee-gardens-flint-mi/ (810) 261-5877

Hyde Park Assisted Living

https://hydeparkassistedliving.org (810) 659-3000

Woodhaven Senior Community

http://www.woodhavensenior.com (810) 230-1070

Disability Resources

Disability Network Eastern Michigan

https://www.dnemichigan.org/ (810) 987-9337

The Disability Network

https://disnetwork.org/ (810) 742-1800

Genesse Serves

https://www.geneseeserves.org/ (810) 742-1800

Emergency Services

https://www.911.gov/ 9-1-1

Genesee County Emergency Management

https://www.geneseecountymi.go v/courts and law enforcement/e mergency management and ho meland security/index.php (810) 257-3064

Lapeer County Emergency Manager

https://www.lapeercountymi.gov/departments/emergency_manage_ment.php
(810) 667-0242

Lapeer County EMS

https://lcems.org/ (810) 664-2927

Financial Assistance

Community Action Resource Department

https://www.geneseecountymi.go v/departments/gccard/index.php (810) 232-2185

Love Inc of Greater Lapeer

https://www.loveinclapeer.com/ (810) 245-2414

Salvation Army USA Central Territory

https://centralusa.salvationarmy.o rg/usc/locationsearch?location=lapeer,%20mi (810) 232-2196

Employment Assistance

GST Michigan Works!

https://gstmiworks.org/ (810) 664-1680

Job Corps

http://www.jobcorps.gov/ (800) 733-5627

Labor Staffing Solutions

https://www.laborstaffingsolution smi.com/ (810) 695-9777

Michigan Works Association

https://www.michiganworks.org (800) 285-WORKS

Legal Assistance

Genesee County Clerk's Office Legal Division

https://www.geneseecountymi.go v/departments/county_clerk/legal_division/index.php (810) 257-3220

Lapeer County Court

https://www.lapeercountymi.gov/courts/(810) 667-0314

Libraries

Flint Public Library

https://www.fpl.info/ (810) 232-7111

Genesee District Library Branches

https://www.thegdl.org
Baker Park (810) 742-7860
Beecher Vera B. Rison (810) 789-2800
Burton Memorial (810) 742-0674
Clio Area (810) 686-7130
Davison Area (810) 653-2022
Fenton-Winegarden (810) 629-7612
Flint Twp – McCarty (810) 732-9150
Flushing Area (810) 659-9755
Forest Township (810) 631-6330
Gaines Station (989) 271-8720

Genesee District Library Branches

https://www.thegdl.org Genesee Valley Center (810) 732-1822 Goodrich (810) 636-2489

Grand Blanc McFarlen (810) 694-5310 **Linden** (810) 735-7700

Linden (810) 735-7700

Montrose-Jennings (810) 639-6388

Mt. Morris (810) 686-6120

Swarz Creek Perkins (810) 635-3900

William F. Delaney (810) 732-0110

Lapeer District Library

Marguerite de Angeli (810) 664-6971 Clifford Branch (989) 761-7393 Columbiaville (810) 793-6100 Elba Branch (810) 653-7200 Hadley Branch (810) 797-4101

https://www.library.lapeer.org/

Food Pantries, Clothing and Household Items

Metamora Branch (810) 678-2991

Otter Lake Branch (810) 793-7040

CMH Homeless Outreach

https://www.homelessshelterdirect ory.org/shelter/mi cmh-homelessoutreach (810) 257-3662

Flint Strive

https://www.flintstrive.com/ (810) 232-5661

Greater Flint Outreach Center

https://www.gfoc777.org/ (810) 767-4064

Outreach East

https://www.outreacheast.org/ (810) 653-7711

Available at https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners

Genesee Johnson (810) 642-1410

Housing Assistance

Carriage Town Ministries

https://www.carriagetown.org/ (810) 238-6847

Catholic Charities of Genesee Co.

https://catholiccharitiesflint.org/ (810) 232-9950

Flint Housing Commission

https://flinthc.org/ (810) 736-3050

Genesee County Metropolitan Planning Commission

https://gcmpc.org/ (810) 257-3010

Habitat for Humanity of Lapeer

http://www.lapeerhabitat.org/ (810) 660-7823

Lapeer Housing Commission

https://www.ci.lapeer.mi.us/housing/lapeer_housing_commission.php (810) 664-0591

Metro Community Development

https://metrocommunitydevelop ment.com/ (810) 767-4622

My Brother's Keeper

https://mybrotherskeeperflint.org (810) 234-1163

The Refuge Homeless Shelter

https://refugelapeer.org/ (810) 667-3886

Healthcare Services

Genesee County Health Department

https://www.geneseecountymi.go v/departments/health_departmen t/index.php (810) 257-3612

Great Lakes Bay Health Center – Imlay City

https://greatlakesbayhealthcenter s.org/imlay-city/ (810) 724-3201

Hamilton Community Health

https://hamiltonchn.org/ (810) 406-4246

Lapeer Co. Health Department

https://www.lapeercountymi.gov/departments/health/index.php (810) 667-0448

Mott Children's Health Center

https://www.mottchc.org/ (810) 767-5750

Wellness Services

https://wellnessaids.org/ (810) 232-0888

Clinics and Hospitals

Ascension Genesys Hospital

https://healthcare.ascension.org/loc ations/michigan/migra/grand-blancascension-genesyshospital?utm_campaign=gmb&utm __medium=organic&utm_source=loc al (810) 606-5000

Genesse County Free Medical Clinic

https://www.gcfmc.org (810) 235-4211

Hurley Medical Center

https://www.hurleymc.com/ (810) 262-9000

Urgent Care

Bristol Urgent Care

https://bristoluc.com/ (810) 535-5530

Clio Urgent Care

https://www.cliourgentcareclinic.co m (810) 919-9415

Convenient Urgent Care

https://convenientuc.com/ (810) 969-4500

Flushing Road Urgent Care

https://flushingroadurgentcare.com (810) 424-0759

Genesee Urgent Care

https://www.gucmed.com/ (810) 720-8700

Hope Urgent Care Davison

https://www.hopeurgentcaredavis on.com/ (810) 412-5590

Hurley Urgent Care

https://www.hurleymc.com/ (810) 262-7731

Insight Urgent Care and Occupational Medicine

https://www.iinn.com/divisions/urg ent-care-in-flint-mi/ (810) 213-8144

Lapeer Community Urgent Care

https://lapeer-community-urgent-care.business.site/
(810) 969-4546

Lifetime Urgent Care

https://www.mylifetimeurgentcare .com/ (810) 407-6039

Total Urgent Care Imlay City

https://mitotalurgentcare.com/ (810) 721-7640

WellNow Urgent Care

https://www.wellnow.com/ (810) 208-7470

Dental Resources

Great Lakes Family Dental Group

https://www.almontdda.com/local/great-lakes-family-dental-group-almont/
(810) 798-8585

Imlay City Dental

https://www.imlaycitydental.com (810) 724-8080

Lapeer City Dental

https://lapeercitydental.com/ (810) 664-2999

Metamora Family Dental

https://brushrinsefloss.com/ (810) 692-1969

Hearing Assistance

Beltone Skoric Hearing Aid

https://beltoneskorichearing.com/ (888) 417-2130

HearUSA

https://www.hearusa.com/ (855) 898-1320

Miracle Ear

https://www.miracle-ear.com/ (888) 861-8731

Vision Assistance

East Michigan Eye Center

https://www.eastmichiganeyecent er.com/ (810) 238-3603

Michigan Eye Institute

https://mieye.com/ Flint (810) 733-7111 Grand Blanc (810) 694-8400 Lapeer (810) 664-5458

Michigan Vision Institute

https://michvision.com/ (810) 720-9111

Medical Equipment and Loan Closets

Great Lakes Loan Closets

https://loanclosets.org/michigan/genesee (248) 557-5070

Hart Medical Equipment

https://hartmedical.org/ (810) 406-4502

Hometown Heroes Lapeer

https://www.geneseeserves.org/a gency/detail/?agency_id=7514 (810) 538-0282

Wright & Filippis

https://www.firsttoserve.com/ (810) 234-6608

Pharmacies and Prescription Assistance

CVS Pharmacy Imlay City

https://www.cvs.com/ (810) 724-7692

Kroger Pharmacy

https://www.kroger.com/health/pharmacy

Burton (810) 239-9941 Flushing (810) 659-8057 Grand Blanc (810) 953-9156 Imlay City (810) 721-3262 Lapeer (810) 664-0391 Swartz Creek (810) 630-0585

Meijer Pharmacy

https://www.meijer.com/services/pharmacy.html
Flint (810) 235-2711
Lapeer (810) 667-8110
Oxford (248) 236-8000
Swartz Creek (810) 635-1400

Rite Aid Pharmacy

https://www.riteaid.com/
Imlay City (810) 724-0576
Lapeer (810) 664-4578
Metamora (810) 678-2331
Oxford (248) 628-4283

Walgreens Pharmacy

https://www.walgreens.com/ Davison (810) 653-4020 Fenton (810) 629-3134 Flint (810) 234-0317 Flushing (810) 659-1062

Grand Blanc (810) 695-4623

Lapeer (810) 538-0014

Walmart Pharmacy

https://www.walmart.com/cp/pha rmacy/5431

Burton (810) 744-2984 Clio (810) 564-4278 Fenton (810) 750-3735 Flint (810) 733-3355

Grand Blanc (810) 603-9765

Rehabilitation

Horizon Physical Therapy and Rehabilitation

https://www.horizonphysicalthera pyflint.com/ (810) 620-8042

Optimal Rehab and Wellness

http://www.orwpt.com/davisonlocation (810) 653-0100

Suncrest Nursing and Rehab

https://www.lcmcf.org/ (810) 664-8571

Mental Health & **Counseling Services**

Genesee Community Health Center

https://genhs.org/behavioralhealth/

(810) 257-3740

Hope Network

https://hopenetwork.org/ (810) 213-1803

Lapeer Co. Community Mental Health

https://www.lapeercmh.org/ (810) 667-0500

North Lapeer Counseling Center

http://northlapeercounseling.com (810) 793-4646

Substance Abuse

New Paths

http://www.newpaths.org/ (810) 233-5340

Odyssey House

https://www.odysseyvillage.com/ (810) 238-5888

Sacred Heart Rehabilitation

http://sacredheartcenter.com/ (810) 732-1652

Serenity House

https://flintserenityhouse.org/ (810) 336-1018

Parenting/Pregnancy Resources

Parenting with G.L.O.

http://www.parentingwithglo.com/g loria.html (810) 441-4656

Pregnancy Center of Lapeer

https://www.pregnancycenteroflape er.org (810) 667-0055

Support Groups

Ele's Place

https://www.facebook.com/elespl aceflint/ (810) 232-3040

Find Help

https://www.findhelp.org/care/pe er-support--lapeer-mi

YWCA

https://www.ywcaflint.org (810) 238-7621

Transportation

Greater Lapeer Transportation Authority

https://www.go-glta.org (810) 664-4566

Lapeer County EMS Mobility Transport

https://lcems.org/ (810) 664-1499

Mass Transportation Authority

https://www.mtaflint.org/ (810) 767-6950

Tribal Services

Saginaw Chippewa Indian Tribe

https://www.sagchip.org/socialser vices/ (989) 775-4000

Veterans Affairs

American Legion Post 457 Lapeer

https://www.legion.org/ (810) 688-2660

Disabled American Veterans

Chapter 3

https://www.davchapter3.org/ (810) 742-9220

Genesee County Veterans

https://www.geneseecountymi.go v/departments/veterans services/ index.php (810) 257-3068

Lapeer County Veterans

https://www.lapeercountymi.gov/departments/veterans affairs /index.php (810) 667-0256

YOUR WHERE TO GO GUIDE

When you need medical care

Call 911 for emergencies.

Doctor's Office



WHEN TO GO:

Routine checkups, screenings, immunizations, and preventive care Prescription refills/medications Referral to see a specialist Fever, cold/flu symptoms Chronic pain Mild backaches, sprains, toothaches Sore Throat/Cough/Earache Rashes

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible
Usually, lowest copay
May need appointment
Shorter wait times
Doctor on call 24/7

Telehealth



WHEN TO GO:

Allergies/Sinus Symptoms Fever, cold/flu symptoms COVID symptoms Headache/Earache Pink Eye Rashes/Hives/Insect Bites

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible
Cost similar to physician office visit
Same-day appointments often available
After-hours access available

Urgent Care



WHEN TO GO:

Accidents/Falls
Moderate backaches, sprains
Mild breathing difficulty/Asthma
Minor burns/cuts
Minor injuries/fractures (fingers/toes)
Eye irritation/redness
Cold/flu symptoms with fever/sore
throat
Vomiting/Diarrhea
Skin rashes/infections
Feeling down/anxious

YOUR COST + TIME:

(\$\$) Cost lower than ER
Same-day appointments and walkin appointments available
Wait times vary
Call to confirm the urgent care
facility accepts your insurance

Emergency Room



WHEN TO GO:

Critical injuries or illness
Sudden numbness/weakness
Uncontrolled bleeding
Seizure/loss of consciousness
Shortness of breath
Chest pain

YOUR COST + TIME:

(\$\$\$) Highest cost
Open 24/7, no appointment
needed
Longer wait times
Higher risk of exposure to infection
Notify your physician if using ER
services as soon as possible

