

2025 CENTRAL REGION COMMUNITY RESOURCES GUIDE



Encompassing Clare, Gladwin, Gratiot, Isabella, Mecosta and Osceola Counties



McLaren Resources

Karmanos Cancer Institute

<https://www.karmanos.org/karmanos/karmanos-home>

(989) 894-3000

McLaren Central Hospital

<https://www.mclaren.org/caro-region/mclaren-caro-region-home>

(800) 671-1453

McLaren Central Outpatient Rehab

<https://www.mclaren.org/main/locations/rehabilitation-services-central-michigan-121>

(989) 779-5604

McLaren Central ReadyCare Walk In Clinic

<https://www.mclaren.org/main/locations/readycare-walkin-clinic-mclaren-central-michigan-119>

(989) 773-1166

McLaren Home Care and Hospice

[McLaren Homecare & McLaren Hospice | Davison | McLaren Locations Directory](#)

(866) 323-5974

NATIONAL AND STATE RESOURCES



Emergency Services

<https://www.911.gov/>

9-1-1

24-Hour Crisis Line

Abuse and Protective Services
Parenting/Pregnancy Resources
<https://www.wrcnm.org>
(800) 275-1995

Action Agency

Housing Assistance
<https://www.micommunityaction.org/>
(517) 321-7500

Adaptive Environments – Home Life Systems

Medical Equipment & Loan Closets
<https://www.adaptive-environments.com>
(800) 355-5438

Alcoholics Anonymous

Substance Abuse
<https://aa.org>
(800) 356-9996

ALS of Michigan

Medical Equipment and Loan
Closets, Support Groups
<https://www.alsofmichigan.org>
(248) 354-6100

Alzheimer's Association and Helpline

Adult Aging Services, Support
Groups
<https://www.alz.org>
(800) 272-3900

American Cancer Society Road to Recovery (Transportation)

Transportation
<https://www.cancer.org>
(800) 227-2345

American Red Cross

Emergency and Disaster Services
Food Pantries, Clothing and
Household Items, Housing
Assistance
<https://www.redcross.org>
(800) 733-2767

Area on Aging

Adult Aging Services, Food
Pantries, Clothing and Household
Items, Housing Assistance,
Support Groups, Transportation,
Veteran Affairs
<https://www.4ami.org>

Autism Society

Disability and Special Needs
Resources, Support Groups
<https://www.autism-mi.org>
(800) 328-8476

Boys Town National Hotline

Mental Health and Counseling
<https://www.boystown.org>
(800) 448-3000

Center for Civil Justice

Legal Assistance
<https://ccj-mi.org/>
(800) 724-7441

Centers for Disease Control and Prevention

Healthcare Services, Substance
Abuse
<https://www.cdc.gov>
(800) 232-4636

CHAMPVA

Veteran Affairs
<https://www.va.gov>
(800) 733-8387

Child Safety Seat Inspection

Parenting/Pregnancy Resources,
Transportation
[Child Safety | NHTSA](https://www.nhtsa.gov/child-safety)
(866) Seat-Check

Children and Adult Protective Services

Abuse and Protection Services
<https://www.michigan.gov>
(855) 444-3911

Children's Special Healthcare Services

Disability and Special Needs
Resources, Healthcare Services,
Parenting/Pregnancy Resources
<https://www.michigan.gov/mdhhs/assistance-programs/cshcs>
(800) 359-3722

NATIONAL AND STATE RESOURCES

Common Ground Crisis Line

Abuse and Protective Services,
Mental Health and Counseling
Services, Support Groups
<https://www.commongroundhelps.org>
(800) 231-1127

Compassionate Friends (Parent's Grief Group)

Support Groups
<https://www.compassionatefriends.org>
(877) 969-0010

Dental Lifeline Network (low income; severe problems only)

Dental Resources
<https://www.dentallifeline.org>
(303) 534-5360

Disability Network of Michigan

Disability and Special Needs
Resources, Support Groups
<https://www.dnmichigan.org>
(800) 782-4160

Early on – Helping Babies and Toddlers Stay on Track

Parenting Resources
<https://1800earlyon.org/>
(800) 327- 5966

Epilepsy Foundation of Michigan

Support Groups
<https://www.epilepsymichigan.org>
(800) 377-6226

Equality Michigan

Abuse/Protective Services,
Support Groups
<https://www.equalitymi.org>
(313) 537-7000

Food Bank Council of Michigan

Food Pantries
<https://www.fbcmich.org/>
(517) 485-1202

Gigi's Playhouse

Disability/Special Needs
Resources, Medical Equipment/
Loan Closets
<https://www.gigisplayhouse.org>
(847) 885-6149

HAP Senior Plus

Adult Aging Services
<https://www.hap.org>
(800) 868-3153

HAVEN Crisis Line

Abuse and Protective Services,
Support Groups
<https://www.haven-oakland.org>
(877) 922-1274

Heat and Warmth Fund

Housing Assistance
<https://www.thawfund.org>
(800) 866-8429

HUD Rental Assistance

Housing Assistance
<https://www.hud.gov>
(800) 569-4287

LARA – Department of Licensing and Regulatory Affairs

Adult Aging Services
<https://adultfostercare.apps.lara.state.mi.us/>

LA LECHE

Parenting/Pregnancy Resources
<https://www.illli.org>
(800) 525-3243

Legal Services of Eastern MI

Legal Assistance
<https://lsem-mi.org>
(800) 322-4512

LGBT Hotline

Abuse and Protective Services,
Support Groups
<https://www.lgbthotline.org>
(888) 843-4564

LifeSource Direct Rx Discount Card-uninsured/underinsured

Pharmacies and Prescription
Assistance
<https://lifesourcedirect.com>
(866) 340-4748

Love is Respect Hotline

Abuse and Protective Services,
Support Groups
<https://www.loveisrespect.org>
(866) 331-9474

MDHHS Native American Affairs Office

Tribal Services
<https://www.michigan.gov/mdhhs/faq/native-american-affairs>
(517) 335-7782

Meals on Wheels

Adult Aging Svc, Food Pantries,
Clothing/Household Assistance
<https://www.mealsonwheelsamerica.org>
(800) 632-7334

Medicare

Adult Aging Services
<https://www.medicare.gov>
(800) 633-4227

NATIONAL AND STATE RESOURCES

Medicare/Medicaid Assistance Program

Adult Aging Services, Disability and Special Needs Resources, Pharmacies and Prescription Assistance
<https://www.mmapinc.org>
(800) 803-7174

Michigan Alliance for Families

Disability and Special Needs Resources, Parenting/Pregnancy Resources
<https://www.michiganallianceforfamilies.org>
(800) 552-4821

Michigan Assistive Technology Loan Fund

Medical Equipment & Loan Closets
<https://www.mi-ucp.org>
(800) 827-4843

Michigan Coalition to end Domestic & Sexual Violence

Abuse and Protective Services
<https://www.mcedsv.org>
(517) 347-7000

Michigan Commission for the Blind

Disability and Special Needs Resources, Vision Assistance
[LEO - Bureau of Services for Blind Persons](https://www.leo-bureau.org)
(800) 292-4200

Michigan Commission for the Deaf

Disability and Special Needs Resources
[Deaf & Hard of Hearing Applicant Accommodations](https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners)
(313) 437-7035

Available at <https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners>

Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and Supplies

Medical Equipment & Loan Closets
<https://pranavmayuram.github.io/UMich-CPAP-Bank/public/#/mission>
(734) 232-3964

Michigan Department of Civil Rights

Legal Assistance, Tribal Services
<https://www.michigan.gov/mdcr>
(517) 335-3165

Michigan Department of Education – Office of Special Education

Disability and Special Needs Resources
<https://www.michigan.gov/mde/Services/special-education>
(833) 633-5788

Michigan Donated Dental Services Program

Dental Resources
<https://www.michigandental.org>
(517) 346-9454

Michigan HIV/STD Hotline

Clinics and Hospitals
<https://www.miunified.org/resources/hotline>
(800) 872-2437

Michigan Indian Employment and Training Services

Tribal Services
<https://www.michigan.gov/mdhhs/inside-mdhhs/tribal-government-services-and-policy>
(800) 591-8820

Michigan Indian Legal Services Hotline

Legal Assistance, Tribal Services
<https://www.mils3.org>
(231) 947-0122

Michigan Indian Tuition Waiver

Tribal Services
<https://www.michigan.gov/mdcr/divisions/dei/indian-tuition-waiver>
(517) 241-7748

Michigan Senior Legal Hotline

Legal Assistance
<https://www.elderlawofmi.org>
(866) 400-9164

Michigan State University College of Law

Legal Assistance
<https://www.law.msu.edu>
(517) 432-6800

Michigan United Way

Michigan Resources
<https://unitedforscmi.org/>
2-1-1

Michigan Veteran Affairs

Veteran Affairs
<https://www.michigan.gov/mvaa>
(800) 642-4838

Military One Source

Mental Health and Counseling Services, Legal Assistance, Parenting/Pregnancy Resources, Veteran Affairs
<https://www.militaryonesource.mil>
(800) 342-9647

NATIONAL AND STATE RESOURCES

MiRx Discount Card

Pharmacies & Prescription Assistance

<https://www.mihealth.org/mirx>

(877) 681-7540

MSHDA: Step Forward

Financial Assistance

Housing Assistance

<https://www.stepforwardmichigan.org>

(855) 646-7432

Muscular Dystrophy Association

Disability and Special Needs Resources, Medical Equipment and Loan Closets

<https://www.mda.org>

(800) 572-1717

Narcotics Anonymous 24/7 Abuse and Protective Services, Mental Health and Counseling Services, Substance Abuse, Support Groups

<https://www.na.org>

(800) 230-4085

National Alliance on Mental Illness

Mental Health and Counseling Services

<https://www.nami.org>

(800) 950-6264

National Child Abuse Hotline

Abuse and Protective Services

<https://www.childhelp.org>

(800) 422-4453

National Council on Alcoholism and Drug Dependence (NCADD)

Mental Health and Counseling Services, Substance Abuse, Support Groups

<https://www.ncadd.us>

(313) 865-8951

National Domestic and Sexual Violence Helpline

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups

<https://www.thehotline.org>

(800) 799-7233

National Eye Institute Vision

Assistance

<https://www.nei.nih.gov>

(301) 496-5248

National Federation of the Blind

Medical Equipment & Loan Closets

<https://www.nfb.org>

(410) 659-9314

National Human Trafficking

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups

<https://www.eeoc.gov/national-human-trafficking-resource-center>

(888) 373-7888

NeedyMeds

Pharmacies & Prescription Assistance

<https://www.needymeds.org>

(800) 503-6897

New Day Foundation

Support Group

<https://www.foundationforfamilies.org>

(248) 648-1105

Paralyzed Veterans of America

Disability and Special Needs Resources, Medical Equipment and Loan Closets, Veteran Affairs

<https://www.michiganpva.org>

(800) 424-8200

Parkinson's

Support Group

<https://parkinsonsmi.org/>

(800) 852-9781

Partnership for Prescription Assistance

Pharmacies and Prescription Assistance

<https://www.pparx.org>

Poison Control

Emergency and Disaster Services

<https://www.poison.org>

(800) 222-1222

Problem Gambling Help Line

Support Groups

<https://www.ncpgambling.org>

(800) 522-4700

RAINN (Rape and Incest National Network)

Abuse and Protective Services, Mental Health & Counseling Services, Support Groups

<https://www.rainn.org>

(800) 656-4673

NATIONAL AND STATE RESOURCES

Relay Center for Deaf/HOH

Disability and Special Needs
Resources, Hearing Assistance

[Michigan Relay Service](https://www.michiganrelay.org)

7-1-1

RxAssist

Pharmacies and Prescription
Assistance

<https://www.rxassist.org>

Safe Center Crisis Hotline 24/7

Abuse and Protective Services

<https://www.thesafecenter.org>

(877) 952-7283

Social Security Administration

Adult Aging Services, Disability and
Special Needs Resources

<https://www.ssa.gov>

(800) 772-1213

Stop It Now! Hotline

Abuse and Protective Services

<https://www.stopitnow.org>

(888) 773-8368

Substance Abuse Hotline

Substance Abuse, Support Groups

<https://www.samhsa.gov>

(800) 662-4357

Suicide Hotline

Abuse and Protective Services,
Mental Health and Counseling
Services, Support Groups

<https://www.988lifeline.org>

9-8-8

The Trevor Project

Abuse and Protective Services

<https://www.thetrevorproject.org>

(866) 488-7386

Third Level Crisis Line

Abuse and Protective Services,
Legal Aid

<https://www.cfsnwmi.org/thirdlevel/>

(231) 946-8975

U.S. Office of Indian Education

Tribal Services

<https://www.ed.gov/about/ed-offices/oese/oie>

(505) 563-5304

Unemployment Office Hotline

Employment Assistance

<https://www.michigan.gov/leo/bureaus-agencies/ua/contact/local-ua-offices#g>

(866) 500-0017

University of Detroit Mercy School of Law

Legal Assistance

<https://law.udmercy.edu>

(313) 596-0200

University of Michigan Law School

Legal Assistance

<https://michigan.law.umich.edu>

USDA Rural Development

Housing Assistance

<https://www.rd.usda.gov>

(517) 324-5100

Veteran Affairs

Veteran Affairs

<https://www.va.gov>

(800) 698-2411

Veteran's Crisis Line

Veteran Affairs

<https://www.veterancrisisline.net/>

(800) 273-8255

Victim Connect (stalking hotline)

Abuse and Protective Services

<https://www.victimconnect.org>

(855) 484-2846

Visiting Angels Living Assistance

Adult Aging Services

<https://visitingangelsfoundation.org>

(800) 365-4189

Vocational Rehabilitation of Michigan

Disability and Special Needs Resources

<https://www.michigan.gov/leo/bureaus-agencies/mrs>

(800) 605-6722

Wayne State University Law School

Legal Services

<https://law.wayne.edu>

(313) 577-3933

Western Michigan University Cooley Law School

Legal Assistance

<https://www.cooley.edu>

(517) 371-4140

WIC

Food Pantries, Clothing and
Household Items,
Parenting/Pregnancy Resources,
Support Groups

<https://www.michigan.gov/mdhhs/assistance-programs/wic>

(800) 942-1636

Women's Health Resources Line

Parenting/Pregnancy Resources

<https://www.womenshealth.gov>

(800) 994-9662

REGIONAL RESOURCES



Abuse and Protective Services

Isabella County Child Advocacy Center

<https://www.isabellacac.org>
(989) 317-8787

Northern Midland Alliance for Children

<https://www.mikids.org>
(989) 544-1103

Shelter House

<https://shelterhousemidland.org>
Gladwin (989) 426-9413
Midland (989) 835-6771

WISE

<https://wiseagainstvviolence.org/>
(231) 796-6600

Adult Aging Services

Antler Senior Center

<https://www.gladwincoa.org/>
(989) 426-6951

ARC of Central Michigan

<https://www.arcofcentralmi.org/>
(989) 773-8765

Area on Aging – Clare/Gladwin

<https://region7aaa.org/>
(989) 893-4506

Area on Aging of NW Michigan

<https://www.aaanm.org/>
(231) 947-8920

Area on Aging of W. Michigan

<https://www.aaawm.org/>
(616) 456-5664

Beaverton Activity Center

<https://beavertonactivitycenter.com/>
(989) 435-4104

Billings Senior Dining Center

<https://www.gladwincoa.org/>
(989) 435-8430

Clare County Senior Community Center

<https://seniorcenters.com/senior-centers/clare-county-senior-community-center/>
(989) 330-7316

Clare County Senior Services

<https://clarecoseniors-coa.net/>
(989) 539-8870

Gratiot Commission on Aging

<https://www.gratiotmi.com/171/Commission-on-Aging>
(989) 875-5246

Greendale Senior Services

https://www.wmfc.org/programs/senior_programs.html
(989) 832-8683

Isabella Commission on Aging

<https://www.isabellacounty.org/departments/commission-on-aging/>
(989) 772-0748

Litle Red House

<https://www.thelitleredhouse.org>
(616) 846-5720

Mecosta Commission on Aging

<https://www.mecostacounty.org/government/coa.php>
(231) 972-2884

Osceola Commission on Aging

https://www.osceola-county.org/residents/county_departments/commission_on_aging/index.php
(231) 734-5559

Wexford County Council on Aging

<https://wexfordcoa.org/>
(231) 775-0133

REGIONAL RESOURCES

Assisted Living

Andahwod Continuing Care Community

<https://www.sagchip.org/senior/index.htm>

(989) 775-4319

Arbor Grove Assisted Living Alma

<https://www.storypoint.com/community/arbor-grove-mi/>

(989) 463-3074

Crestwood Village Assisted Living

<https://www.storypoint.com/community/crestwood-village-mi/>

(989) 444-5836

Evergreen Terrace Assisted Living

<https://evergreenterrace.org/>

(231) 527-1050

The Brook of Gladwin

<https://brookretirement.com/the-brook-of-gladwin/>

(989) 426-8700

Disability Resources

Arnold Center

<https://www.arnoldcenter.org>

(989) 426-6300

Disability Network of MidMichigan

<https://www.dnmm.org/>

(989) 835-4041

McBride Quality Care Services

<https://mcbridequalitycare.com/>

(989) 772-1261

Available at <https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners>

Emergency Services

<https://www.911.gov/>

9-1-1

Big Rapids Department of Public Works

<https://www.bigrapidsnews.com/news/article/big-rapids-department-public-works-upgrades-18211026.php>

(231) 592-4015

Butman Twp Fire Department

https://www.butmantwp.com/fire_department.php

(989) 246-0960

Clare City Fire Department

<https://cityofclare.gov/>

(989) 424-4084

Garfield Twp Fire Department

<https://www.garfieldtownshipcc.com/fire-department>

(989) 544-2445

Gladwin Fire Department

https://www.gladwin.org/departments_services/police_fire/index.php

(989) 426-4061

Grand Traverse Emergency Management

<https://www.gtcountymi.gov/278/Emergency-Management>

(231) 995-6059

Harrison Fire Department

<https://harrisonareachamber.com/>

(989) 539-7145

Mecosta County Emergency Management

https://www.mecostacounty.org/government/ems_emergency_management.php

(231) 592-9484

Nester Township Fire Department

<https://usfiredept.com/nester-township-fd-15992.html>

(989) 426-4791

Osceola County Emergency Management

<https://www.osceolaemd.us/>

(231) 832-6172

Surrey Fire Department

https://www.surreytownship.com/departments/fire_department/index.php

(989) 588-6914

Financial Assistance

EightCap Inc

<https://8cap.org/>

(616) 754-9315

Freemont Area Community Foundation

<https://facommunityfoundation.org/>

(231) 924-5350

MidMichigan Community Action Agency

<https://www.mmcaa.org/>

Clare (989) 386-3805

Gladwin (989) 426-2801

Mecosta (231) 660-0271

Osceola (231) 791-7078

REGIONAL RESOURCES

Employment Assistance

Manpower Staffing Solutions

<https://www.manpowergroupusa.com/manpower/locations/mt-pleasant>

(989) 772-7720

Michigan Works

Big Rapids (231) 796-0049

<https://mwww.org/>

Clare (989) 539-2173

Gladwin (989) 426-8571

Mt. Pleasant (989) 772-5304

Onpoint Staffing Company

<https://www.onpes.com/>

(231) 709-8002

Legal Assistance

Clare County District Court

<https://clareco.net/departments/courts/>

(989) 539-7173

Gladwin County District Court

<https://gladwincounty-mi.gov/departments/80th-district-court/>

(989) 426-9207

Gratiot County District Court

<https://www.gratiotmi.com/>

(989) 875-5240

Isabella County Trial Court

<https://www.isabellacounty.org/law-justice/trial-court/>

(989) 317-4097

Mecosta County Courts

<https://www.mecostacounty.org/government/courts.php>

(231) 592-0783

Osceola County District Court

<https://www.osceola-county.org/>

(231) 832-6155

Libraries

Alma Public Library

<https://www.youseemore.com/alma/default.asp>

(989) 463-3966

Barryton Public Library

<http://barrytonlibrary.com/>

(989) 382-5288

Big Rapids Community Library

<https://www.bigrapidslibrary.org/>

(231) 796-5234

Breckenridge Village Library

<https://www.howemempl.michlibrary.org/>

(989) 842-3202

Cadillac Wexford Public Library

<https://www.cadillaclibrary.org/>

(231) 775-6541

Charles V. Park Library

<https://www.cmich.edu/research/cmu-library>

(989) 774-1100

Chippewa River District Library

<https://www.crdl.org/>

Faith Johnston (989) 433-0006

Fremont Township (989) 866-2550

Shepherd (989) 828-6801

Tate (989) 561-2480

Veterans (989) 773-3242

Clarke Historical Library

<https://www.cmich.edu/research/clarke-historical-library>

(989) 774-3352

Evart Public Library

<https://evartlibrary.com/>

(231) 734-5542

Gladwin County District Library

<https://gcdl.org>

Beaverton (989) 435-3981

Gladwin (989) 426-8221

Harrison District Library

<https://hdl.org/>

(989) 539-6711

LeRoy Community Library

<https://www.leroylibrary.org>

(231) 768-4493

Marion Public Library

<https://marion-library.org/>

(231) 428-2682

McBain Community Library

<https://www.mcbain.michlibrary.org/>

(231) 825-2197

REGIONAL RESOURCES

Morton Township Library

<https://www.morton.michlibrary.org/>

(231) 972-8315

Pere Marquette District Library

<https://www.pmdl.org/>

(989) 386-7576

Reed City Area District Library

<https://www.reedcitylibrary.org/>

(231) 832-2131

Saginaw Chippewa Tribal Library

<https://saginaw.ploud.net/>

(989) 775-4508

Sherman Township Library

<https://www.shermantwplib.com/>

(989) 644-5131

Surrey Township Public Library

<https://stpl.biblionix.com/catalog>

(989) 588-9782

Thompson Home Public Library

<https://thpl.agverso.com/home?cid=thpl&lid=thpl>

(989) 875-4184

Walton Erickson Public Library

<https://www.morleystanwood.org/staff-links/walton-erickson-library/>

(231) 856-4298

Wheatland Township Library

<https://www.remus.org/library>

(989) 967-8271

Food Pantries, Clothing and Household Items

Barryton Area Mobile Food Pantry

<https://bamfp.org/>

Community Compassion Network

<https://ccnfeeds.org/>

(989) 863-4449

Goodwill

Big Rapids (231) 796-5400

<https://www.goodwillgr.org/>

Cadillac (231) 779-1311

<https://www.goodwillnmi.org/goodwill-cadillac>

Helping Hands Mission

<https://hhmbmi.org/pantry/>

(989) 435-9979

Isabella Community Soup Kitchen

<https://www.icsk.org/>

(989) 772-7392

Manna Pantry of Big Rapids

<https://mannapantry.org/>

(231) 408-2940

Project Starburst

<https://projectstarburst.org/>

(231) 796-5342

Sacred Heart Mission

<https://www.sacredheartmissiongladwin.com/>

(989) 426-4661

St. Louis Housing Commission

<https://www.stlouismi.com/government/boards-commissions/housing-commission/>

(989) 681-5100

Salvation Army

Alma (989) 463-2864

<https://centralusa.salvationarmy.org/alma/>

Big Rapids (231) 796-5597

<https://centralusa.salvationarmy.org/bigrapids/>

Housing Assistance

Alma Housing Commission

<https://myalma.org/housing-commission.php>

(989) 463-4200

Big Rapids Housing Commission

<https://www.bigrapidshousing.org>

(231) 796-8689

Evart Housing Commission

<https://www.evarthousing.org/>

(231) 734-3301

Gladwin City Housing Commission

<https://www.gladwinchc.net/>

(989) 426-5721

Gratiot Emergency Housing Corporation

<https://gratiotemergencyhousingcorporation.com/>

(989) 466-0709

REGIONAL RESOURCES

Habitat for Humanity

<https://www.habitatmichigan.org>

Baldwin (231) 745-2821

Cadillac (231) 775-8661

Clare (989) 539-2481

Mecosta (231) 629-8700

Mt. Pleasant (989) 773-0043

St. Johns (989) 227-0000

Home Stretch

<https://homestretchhousing.org/>

(231) 947-6001

Isabella County Restoration

House Rotating Shelter

<https://www.icrhouse.org/>

(989) 400-4126

Mt. Pleasant Housing Commission

<https://www.mtphousing.org/>

(989) 773-3784

New Dawn Shelter

<https://www.newdawnshelter.org/>

(989) 709-6089

Our Brother's Keeper

<https://www.obkshelter.org/>

(231) 629-8160

Reed City Housing Commission

<https://reedcity.org/housing-commission.php>

(231) 832-2762

United Way of Gratiot and Isabella Counties

<https://www.uwgic.org/wilcox>

(989) 463-6245

Healthcare Services

Central Michigan District Health Department

<https://www.cmdhd.org/>

Clare (989) 539-6731

Gladwin (989) 426-9431

Isabella (989) 773-5921

Osceola (231) 832-5532

Gratiot County Health Department

<https://www.mmdhd.org/>

(989) 875-3681

Midland County Health Department

<https://midlandcountymi.gov/health>

(989) 832-6380

Clinics and Hospitals

Corewell Health Big Rapids Hospital

<https://www.spectrumhealth.org/locations/big-rapids-hospital>

(231) 796-8691

Corwell Health Reed City Hospital

<https://www.spectrumhealth.org/locations/reed-city-hospital>

(231) 832-3271

Hope House Free Medical Clinic

<https://urgentcarelocations.org/mi/big-rapids/31054--hope-house-free-medical-clinic>

(231) 598-9500

MyMichigan Health Alma

<https://www.mymichigan.org/locations/profile/medicalcenter-alma/>

(989) 463-1101

MidMichigan Medical Center

<https://www.mymichigan.org/locations/profile/medicalcenter-mtpleasant/>

(989) 775-1600

Nimkee Memorial Wellness Center

<https://www.sagchip.org/nimkee/>

(989) 775-4000

Susan P Wheatlake Regional Cancer Center

<https://findadoctor.spectrumhealth.org/location/profile/3192>

(231) 832-7105

Women's Medical Center

www.isabellahealth.org/womens-health.html

(989) 773-3411

Urgent Cares

Corewell Health Big Rapids

<https://findadoctor.spectrumhealth.org/location/profile/21708>

(231) 796-3200

Isabella Urgent Care

<https://urgentcarelocations.org/mi/mt-pleasant/14883--isabella-urgent-care>

(989) 317-0565

Munson Urgent Care

<https://www.munsonhealthcare.org/>

(231) 876-2644

MyMichigan Urgent Care

<https://www.mymichigan.org/>

Alma (989) 466-3332

Clare (989) 386-9911

REGIONAL RESOURCES

Dental Resources

Dental Clinics North

<https://www.dentalclinicsnorth.org/>

(877) 321-7070

Dental Health Professionals Cadillac

<https://www.dhpcadillac.com/>

(231) 775-9797

Evart Dentistry

<https://dentistevartmi.com/>

(231) 734-5621

Ferris State Dental Clinic

<https://www.ferris.edu/health-professions/DLTS/Dental-Hygiene/Dental-Hygiene/clinic/index.htm>

(231) 591-2260

LifeSmiles Complete Health Dentistry Cadillac

www.lifesmilesdentistry.net/

(231) 775-8281

Life Smiles of Gladwin

<https://www.lifesmilesgladwin.net/>

(989) 426-4597

Midland Oral and Maxillofacial Surgery Mt. Pleasant

<https://www.midlandomfs.com/>

(989) 773-8065

Mid Michigan Dental Associates

<https://www.smilemidmichigan.com/>

(989) 426-6341

Mt. Pleasant Dental Center

<https://www.mtpleasantdentalcenter.com/>

(989) 773-9051

My Community Dental Center

<https://www.mydental.org/>

(231) 775-7662

Reed Center Dental Health Care

<https://reedcitydental.com/>

(231) 832-9912

Hearing Assistance

Audiological Services of Cadillac

<https://aschearingclinic.com/>

(231) 775-9398

Beltone Hearing Aids

<https://beltoneskorichearing.com/gladwin-michigan>

(989) 359-0050

Bieri Hearing Specialists

<https://www.bierihearing.com/>

(800) 329-1747

Central Michigan University

Audiology Clinic

<https://www.cmich.edu/academic/s/colleges/herbert-h-grace-a-dow-college-of-health-professions/centers-institutes/carls-center>

(989) 774-3904

Hearing Life

<https://www.hearinglife.com/>

Gladwin (989) 359-3253

Reed City (231) 680-4209

HearUSA

<https://www.hearusa.com/>

(616) 954-1895

Miracle Ear

<https://www.miracle-ear.com>

Big Rapids (231) 638-4862

Cadillac (231) 638-4061

Vision

The Eyesite

<https://www.the-eyesite.com/>

(989) 773-2020

Family Optometric Eye Centers

<https://www.famoptreedcity.com/>

(231) 734-6218

Ferris State University Eye Center

<https://www.ferris.edu/uec/>

(231) 591-2020

Gladwin Eye Care

<https://visionsource-midlandeyecare.com/>

(989) 426-4550

Harrison Eye Care

<https://www.harrissoneye.care/>

(989) 539-2020

Lions Club District

<https://www.e-clubhouse.org/sites/colemanmi/contact.php>

(989) 465-6482

L.O. Eyecare

<https://www.loeye.com/>

(989) 772-3339

REGIONAL RESOURCES

Meijer Optical

<https://www.meijeroptical.com/>

Alma (989) 463-3186

Pleasant Optics

<https://www.mieyedocor.com/>

(989) 773-7747

Medical Equipment and Loan Closets

Airway Oxygen Inc

<https://adapthealth.com/company-airwayoxygen/>

(989) 772-9885

Renew Mobility

<https://renewmobility.org/>

(616) 493-2620

Sparrow Regional Medical Supply

[www.uofmhealthsparrow.org/our-hospitals-](http://www.uofmhealthsparrow.org/our-hospitals-services/services/medical-supply)

[services/services/medical-supply](http://www.uofmhealthsparrow.org/our-hospitals-services/services/medical-supply)

(989) 772-7244

Pharmacies and Prescription Assistance

CVS Pharmacy

<https://www.cvs.com/>

(989) 772-1945

Downtown Drug

[https://www.mygnp.com/pharmac](https://www.mygnp.com/pharmacies/downtown-drugs-mt-pleasant-mi-48858/)
[ies/downtown-drugs-mt-pleasant-](https://www.mygnp.com/pharmacies/downtown-drugs-mt-pleasant-mi-48858/)
[mi-48858/](https://www.mygnp.com/pharmacies/downtown-drugs-mt-pleasant-mi-48858/)

(989) 773-5544

Eagle Pharmacy

<https://eaglepharmacyfarwell.com>

(989) 588-2900

Evart Pharmacy

[https://www.facebook.com/evartp](https://www.facebook.com/evartpharmacy/)
[harmacy/](https://www.facebook.com/evartpharmacy/)

(231) 734-5581

Family Fare Pharmacy

[https://www.shopfamilyfare.com/](https://www.shopfamilyfare.com/pharmacies)
[pharmacies](https://www.shopfamilyfare.com/pharmacies)

Gladwin (989) 426-8608

Harrison (989) 539-0584

Hometown Pharmacy

<https://hometownpharmacy.com/>

Big Rapids (231) 796-7621

Reed City (231) 832-5521

Meijer

[https://www.meijer.com/shopping](https://www.meijer.com/shopping/services/pharmacy.html)
[/services/pharmacy.html](https://www.meijer.com/shopping/services/pharmacy.html)

Alma (989) 576-6010

Big Rapids (231) 527-0210

Cadillac (231) 876-2810

Mt. Pleasant (989) 775-2110

Mission Pharmacy Mt. Pleasant

[https://www.mygnp.com/pharmac](https://www.mygnp.com/pharmacies/mission-pharmacy-mount-pleasant-mi-48858/)
[ies/mission-pharmacy-mount-](https://www.mygnp.com/pharmacies/mission-pharmacy-mount-pleasant-mi-48858/)
[pleasant-mi-48858/](https://www.mygnp.com/pharmacies/mission-pharmacy-mount-pleasant-mi-48858/)

(989) 773-8200

Walgreens

[https://www.walgreens.c](https://www.walgreens.com/)
[om/](https://www.walgreens.com/)

Clare (989) 386-6197

Mt. Pleasant (989) 775-8098

Walmart Pharmacy

[https://www.walmart.com/st](https://www.walmart.com/store/1422-alma-mi/pharmacy)
[ore/1422-alma-mi/pharmacy](https://www.walmart.com/store/1422-alma-mi/pharmacy)

Alma (989) 463-3220

Cadillac (231) 775-9699

Rehabilitation

Central Michigan Rehabilitation

<https://www.cmrehab.com/>

Midland (989) 423-1176

Mt. Pleasant (989) 772-0258

St. Louis (989) 681-8360

Corewell Health Big Rapids Rehabilitation

[https://corewellhealth.org/care-](https://corewellhealth.org/care-and-specialties/rehabilitation)
[and-specialties/rehabilitation](https://corewellhealth.org/care-and-specialties/rehabilitation)

(231) 592-4234

Corewell Health Reed City Hospital Rehab and Nursing Center

[https://corewellhealth.org/location](https://corewellhealth.org/location/s/LOC0000194755/corewell-health-reed-city-hospital-rehabilitation-nursing-center)
[s/LOC0000194755/corewell-health-](https://corewellhealth.org/location/s/LOC0000194755/corewell-health-reed-city-hospital-rehabilitation-nursing-center)
[reed-city-hospital-rehabilitation-](https://corewellhealth.org/location/s/LOC0000194755/corewell-health-reed-city-hospital-rehabilitation-nursing-center)
[nursing-center](https://corewellhealth.org/location/s/LOC0000194755/corewell-health-reed-city-hospital-rehabilitation-nursing-center)

(231) 832-7120

Evergreen Physical Therapy

<https://evergreenpt.org/>

Clare (989) 386-9170

Gladwin (989) 246-2311

Mission Point

[https://missionpointhealthcare.co](https://missionpointhealthcare.com/bigrapids/)
[m/bigrapids/](https://missionpointhealthcare.com/bigrapids/)

(231) 796-2631

Rehabilitation Services

<https://www.mymichigan.org/>

Alma (989) 466-3275

Clare (989) 802-5167

Harrison (989) 539-8701

Ithaca (989) 875-4193

Mt. Pleasant (989) 775-1662

REGIONAL RESOURCES

Sport Summit Physical Therapy

<https://sportsummitpt.com/>

Clare (989) 424-6088

Mt. Pleasant (989) 317-0070

Mental Health & Counseling Services

CMU Center for Community Counseling

<https://www.cmich.edu/academic/s/colleges/college-education-human-services/centers/center-counseling-development>

(989) 774-3532

Community Mental Health for Central Michigan

<https://www.cmhcm.org/>

(989) 772-5938

Gratiot County Mental Health Alma

<https://www.gihn-mi.org/contact/contact-information.html>

(989) 463-4971

Listening Ear Crisis Intervention

<https://www.listeningear.com/>

Clare County (989) 386-2774

Isabella County (989) 772-2918

Mt. Pleasant Community Counseling Associates

<https://www.mtpleasantcounselors.com/>

(989) 773-0222

MyMichigan

Inpatient Behavioral Health

<https://www.mymichigan.org/conditions-treatments/MentalHealth/inpatient-care/>

(989) 466-7170

Outpatient Behavioral Health

<https://www.mymichigan.org/conditions-treatments/MentalHealth/outpatient-care/>

(989) 466-3253

Northland Counseling Center

<https://thecentrebuilding.com/>

(231) 349-3677

Osceola County Community Mental Health

<https://www.cmhcm.org/>

(231) 832-2247

Substance Abuse

Addiction Solutions Counseling Center

<https://www.asccts.com/about>

(989) 779-9449

Advent Care Suboxone Clinic Breckenridge

(989) 203-9054

NMSAS Recovery Center

<https://nmsasrecoverycenter.org/> (989) 732-1791

Ten16 Recovery Mt. Pleasant

<https://1016.org/>

Clare (989) 802-0742

Mt. Pleasant (989) 775-0604

Parenting/Pregnancy Resources

CMU Center for Children, Families and Communities

<https://www.cmich.edu/academic/s/colleges/liberal-arts-social-sciences/departments/psychology/psychology-centers-clinics-research-labs/center-for-children-families-and-communities>

(989) 774-6639

Child Advocacy Association of Alma

<https://childadvocacy.net/>

(989) 463-1422

Insight Pregnancy Services

<https://www.insightpregnancy.com/>

(231) 335-2413

Isabella County Child Advocacy Center

<https://www.isabellacac.org/>

(989) 317-8787

MidMichigan Community Action Agency

<https://www.mmcaa.org/>

Clare: (989) 229-0849

Gladwin: (989) 426-2801

Pregnancy Services of Gratiot County

<https://psgratiot.com>

(989) 466-2295

REGIONAL RESOURCES

Support Groups

Alcoholics Anonymous
<https://www.dist26aa.org/>
866-277-0015

Al-ateen
<https://alanon.org/newcomers/teen-corner-alateen/>
1-800-344-2666

CMU Sexual Aggression Peer Advocate Support
<https://www.cmich.edu/offices-departments/sexual-aggression-peer-advocates/contact-sexual-aggression-peer-advocates>
(989) 774-2255

MidMichigan Parkinson Support
<https://www.mymichigan.org/clinical-screenings/support-groups/>
(989) 898-8239

MidMichigan Stroke Support Group
https://www.michigan.gov/mdhhs/0,4570,7517_7518_7519_7520_7521_7522_7523_7524_7525_7526_7527_7528_7529_7530_7531_7532_7533_7534_7535_7536_7537_7538_7539_7540_7541_7542_7543_7544_7545_7546_7547_7548_7549_7550_7551_7552_7553_7554_7555_7556_7557_7558_7559_7560_7561_7562_7563_7564_7565_7566_7567_7568_7569_7570_7571_7572_7573_7574_7575_7576_7577_7578_7579_7580_7581_7582_7583_7584_7585_7586_7587_7588_7589_7590_7591_7592_7593_7594_7595_7596_7597_7598_7599_7600_7601_7602_7603_7604_7605_7606_7607_7608_7609_7610_7611_7612_7613_7614_7615_7616_7617_7618_7619_7620_7621_7622_7623_7624_7625_7626_7627_7628_7629_7630_7631_7632_7633_7634_7635_7636_7637_7638_7639_7640_7641_7642_7643_7644_7645_7646_7647_7648_7649_7650_7651_7652_7653_7654_7655_7656_7657_7658_7659_7660_7661_7662_7663_7664_7665_7666_7667_7668_7669_7670_7671_7672_7673_7674_7675_7676_7677_7678_7679_7680_7681_7682_7683_7684_7685_7686_7687_7688_7689_7690_7691_7692_7693_7694_7695_7696_7697_7698_7699_7700_7701_7702_7703_7704_7705_7706_7707_7708_7709_7710_7711_7712_7713_7714_7715_7716_7717_7718_7719_7720_7721_7722_7723_7724_7725_7726_7727_7728_7729_7730_7731_7732_7733_7734_7735_7736_7737_7738_7739_7740_7741_7742_7743_7744_7745_7746_7747_7748_7749_7750_7751_7752_7753_7754_7755_7756_7757_7758_7759_7760_7761_7762_7763_7764_7765_7766_7767_7768_7769_7770_7771_7772_7773_7774_7775_7776_7777_7778_7779_7780_7781_7782_7783_7784_7785_7786_7787_7788_7789_7790_7791_7792_7793_7794_7795_7796_7797_7798_7799_7800_7801_7802_7803_7804_7805_7806_7807_7808_7809_7810_7811_7812_7813_7814_7815_7816_7817_7818_7819_7820_7821_7822_7823_7824_7825_7826_7827_7828_7829_7830_7831_7832_7833_7834_7835_7836_7837_7838_7839_7840_7841_7842_7843_7844_7845_7846_7847_7848_7849_7850_7851_7852_7853_7854_7855_7856_7857_7858_7859_7860_7861_7862_7863_7864_7865_7866_7867_7868_7869_7870_7871_7872_7873_7874_7875_7876_7877_7878_7879_7880_7881_7882_7883_7884_7885_7886_7887_7888_7889_7890_7891_7892_7893_7894_7895_7896_7897_7898_7899_7900_7901_7902_7903_7904_7905_7906_7907_7908_7909_7910_7911_7912_7913_7914_7915_7916_7917_7918_7919_7920_7921_7922_7923_7924_7925_7926_7927_7928_7929_7930_7931_7932_7933_7934_7935_7936_7937_7938_7939_7940_7941_7942_7943_7944_7945_7946_7947_7948_7949_7950_7951_7952_7953_7954_7955_7956_7957_7958_7959_7960_7961_7962_7963_7964_7965_7966_7967_7968_7969_7970_7971_7972_7973_7974_7975_7976_7977_7978_7979_7980_7981_7982_7983_7984_7985_7986_7987_7988_7989_7990_7991_7992_7993_7994_7995_7996_7997_7998_7999_8000
(517) 364-2521

Transportation

Alma Transit Dial A Ride
<https://myalma.org/alma-transit.php>
(989) 463-6016

Big Rapids Dial A Ride
https://www.cityofbr.org/departments/departments_of_public_works/dialaride.php
(231) 796-8675

Clare County Transit Corporation
<https://www.clarecountytransit.org>
(989) 539-1473

Dean Transportation
<https://deantransportation.com/>

St. Louis (989) 681-2575
Mt. Pleasant (989) 773-0642

Gladwin City – County Transit
<https://www.gladwintransit.com/>
(989) 426-6514

Holt Transportation
<https://holtransport.com/>
(989) 860-1004

I Ride Public Transportation
<https://ictcbus.com/>
(989) 772-9441

Mecosta Osceola Transit Authority
<https://motaonline.net/>
(231) 796-4896

Transportation Authority
<https://crawfordbus.org/>
(989) 348-5409

Tribal Services

Nami Migizi Nangwiihgan
<https://www.sagchip.org/behavioralhealth/index.asp>
(989) 775-4400

Notawaseppi Huron Band of the Potawatomi Offices
<https://nhbp-nsn.gov/>
(269) 729-5151

Saginaw Chippewa Indian Tribe
<https://www.sagchip.org/>
(989) 775-4000

Veterans Affairs

Clare County Veterans Affairs
<https://clareco.net/>
(989) 539-3273

Gladwin Veteran Affairs
<https://gladwincounty-mi.gov/departments/veterans-affairs/>
(989) 426-4891

Gratiot County Veteran Affairs Ithaca
<https://www.gratiotmi.com/251/Veterans-Affairs>
(989) 875-5258

Isabella County Veterans
<https://www.isbellacounty.org/departments/veterans-affairs/>
(989) 317-4093

Mecosta County Veteran Affairs
<https://www.mecostacounty.org/government/veterans.php>
(231) 592-0124

Osceola County Veterans Services
https://www.osceola-county.org/residents/county_departments/veterans_services/index.php
(231) 680-4341

YOUR WHERE TO GO GUIDE

When you need medical care

Call 911 for emergencies.

Doctor's Office



WHEN TO GO:

Routine checkups, screenings, immunizations, and preventive care
Prescription refills/medications
Referral to see a specialist
Fever, cold/flu symptoms
Chronic pain
Mild backaches, sprains, toothaches
Sore Throat/Cough/Earache
Rashes

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible
Usually, lowest copay
May need appointment
Shorter wait times
Doctor on call 24/7

Telehealth



WHEN TO GO:

Allergies/Sinus Symptoms
Fever, cold/flu symptoms
COVID symptoms
Headache/Earache
Pink Eye
Rashes/Hives/Insect Bites

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible
Cost similar to physician office visit
Same-day appointments often available
After-hours access available

Urgent Care



WHEN TO GO:

Accidents/Falls
Moderate backaches, sprains
Mild breathing difficulty/Asthma
Minor burns/cuts
Minor injuries/fractures (fingers/toes)
Eye irritation/redness
Cold/flu symptoms with fever/sore throat
Vomiting/Diarrhea
Skin rashes/infections
Feeling down/anxious

YOUR COST + TIME:

(\$\$) Cost lower than ER
Same-day appointments and walk-in appointments available
Wait times vary
Call to confirm the urgent care facility accepts your insurance

Emergency Room



WHEN TO GO:

Critical injuries or illness
Sudden numbness/weakness
Uncontrolled bleeding
Seizure/loss of consciousness
Shortness of breath
Chest pain

YOUR COST + TIME:

(\$\$\$) Highest cost
Open 24/7, no appointment needed
Longer wait times
Higher risk of exposure to infection
Notify your physician if using ER services as soon as possible