2025 Flint/lapeer region Community resources guide



Encompassing Genesee and Lapeer Counties



McLaren Resources

Karmanos Cancer Institute

https://www.karmanos.org/karmanos/karmanos-home Flint (810) 342-3800 https://www.karmanos.org/karmanos/karmanoscancer-institute-mclaren-lapeer-home Lapeer (800) 527-6266

McLaren Advanced Care Planning

https://www.mclaren.org/main/locations/advance-careplanning-615 (810) 342-2546

McLaren Bariatric and Metabolic Institute

https://www.mclaren.org/main/bariatric-surgery

Flint (810) 342-5470 Lapeer (810) 667-5539

McLaren Behavioral Health

https://www.mclaren.org/main/locations/behavioral-

<u>health</u> Flint (810) 342-2076 Lapeer (810) 667-5611

McLaren Dialysis Services

https://www.mclaren.org/main/locations/613 Flint (810) 342-2175 Lapeer (810) 667-5940

McLaren Flint Diabetes Education and Nutrition

https://www.mclaren.org/main/locations/mclaren-flintdiabetes-education-nutrition-1186 (810) 342-5506

McLaren Family Birthplace

https://www.mclaren.org/main/locations/family -birthplace-mclaren-flint-771 Flint (810) 342-2279 https://www.mclaren.org/main/locations/birth-centermclaren-lapeer-region-509 Lapeer (810) 667-5502

McLaren Fenton Emergency Department

https://www.mclaren.org/fenton/mclaren-fenton-

<u>home</u> (810) 496-2460 **McLaren Flint Hospital**

https://www.mclaren.org/flint/mclaren-flint-home (810) 342-2000

> McLaren Home Care and Hospice https://www.mclaren.org

> > (866) 323-5974

McLaren Hospice Bereavement Support

https://www.mclaren.org/main/hospice (810) 496-8625

McLaren Lapeer Region Hospital

https://www.mclaren.org/lapeerregion/mclaren-lapeer-region-home (810) 667-5500

McLaren Physical Therapy

https://www.mclaren.org/main/rehabilitation

Davison (810) 658-5631 Flint (810) 342-2356 Flushing (810) 342-5550 Lapeer (810) 667-5514

McLaren Family Orthopedic Associates Lapeer

https://www.mclaren.org/main/mclaren-lapeer-region-

orthopedics (810) 667-6110

McLaren Stroke Center

https://www.mclaren.org/main/locations/strokecenter-mclaren-flint-611 (810) 342-5700

McLaren Wound Care Clinic

https://www.mclaren.org/main/locations/mclaren -lapeer-region-wound-care-clinic-500 (810) 667-5575



Emergency Services https://www.911.gov/ 9-1-1

24-Hour Crisis Line

Abuse and Protective Services Parenting/Pregnancy Resources <u>https://www.wrcnm.org</u> (800) 275-1995

Action Agency Housing Assistance https://www.micommunityaction. org/ (517) 321-7500

Adaptive Environments – Home Lift Systems Medical Equipment & Loan Closets https://adaptiveenvironments.com/ (800) 355-5438

Alcoholics Anonymous Substance Abuse https://aa.org

(800) 356-9996

ALS of Michigan

Medical Equipment and Loan Closets, Support Groups <u>https://www.alsofmichigan.org</u> (248) 354-6100

Alzheimer's Association and Helpline Adult Aging Services, Support Groups <u>https://www.alz.org</u> (800) 272-3900

American Cancer Society Road to Recovery (Transportation) Transportation <u>https://www.cancer.org</u> (800) 227-2345

American Red Cross Emergency and Disaster Services Food Pantries, Clothing and Household Items, Housing Assistance <u>https://www.redcross.org</u> (800) 733-2767

Area on Aging Adult Aging Services, Food Pantries, Clothing and Household Items, Housing Assistance, Support Groups, Transportation, Veteran Affairs https://www.4ami.org

Autism Society Disability and Special Needs Resources, Support Groups <u>https://www.autism-mi.org</u> (800) 328-8476 **Boys Town National Hotline** Mental Health and Counseling <u>https://www.boystown.org</u> (800) 448-3000

Center for Civil Justice Legal Assistance <u>https://ccj-mi.org/</u> (800) 724-7441

Centers for Disease Control and Prevention Healthcare Services, Substance Abuse https://www.cdc.gov (800) 232-4636

CHAMPVA Veteran Affairs https://www.va.gov (800) 733-8387

Child Safety Seat Inspection

Parenting/Pregnancy Resources, Transportation <u>https://www.nhtsa.gov/campaign</u> <u>/right-seat</u> (866) Seat-Check

Children and Adult Protective Services Abuse and Protection Services <u>https://www.michigan.gov</u> (855) 444-3911

Children's Special Healthcare Services

Disability and Special Needs Resources, Healthcare Services, Parenting/Pregnancy Resources <u>https://www.michigan.gov/mdhh</u> <u>s/assistance-programs/cshcs</u> (800) 359-3722

Common Ground Crisis Line Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <u>https://commongroundhelps.org/</u> (800) 231-1127

Compassionate Friends (Parent's Grief Group) Support Groups https://www.compassionatefriend s.org/ (877) 969-0010

Dental Lifeline Network (low income; severe problems only) Dental Resources <u>https://www.dentallifeline.org</u> (303) 534-5360

Disability Network of Michigan Disability and Special Needs Resources, Support Groups <u>https://www.dnmichigan.org</u> (800) 782-4160

Early on – Helping Babies and Toddlers Stay on Track Parenting Resources <u>http://1800earlyon.org/</u> (800) 327- 5966

Epilepsy Foundation of Michigan Support Groups https://www.epilepsymichigan.org (800) 377-6226

Equality Michigan Abuse/Protective Svc, Support Groups <u>https://www.equalitymi.org</u> (313) 537-7000 Food Bank Council of Michigan Food Pantries <u>https://www.fbcmich.org/</u> (517) 485-1202

Gigi's Playhouse Disability/Special Needs Resources, Medical Equipment/ Loan Closets <u>https://www.gigisplayhouse.org</u> (847) 885-6149

HAP Senior Plus Adult Aging Services <u>https://www.hap.org</u> (800) 868-3153

HAVEN Crisis Line Abuse and Protective Services, Support Groups <u>https://www.haven-oakland.org</u> (877) 922-1274

Heat and Warmth Fund Housing Assistance <u>https://www.thawfund.org</u> (800) 866-8429

HUD Rental Assistance Housing Assistance <u>https://www.hud.gov</u> (800) 569-4287

LARA – Department of Licensing and Regulatory Affairs Adult Aging Services <u>https://adultfostercare.apps.lara.s</u> <u>tate.mi.us/</u>

LA LECHE Parenting/Pregnancy Resources <u>https://www.Illi.org</u> (800) 525-3243 Legal Services of Eastern MI Legal Assistance <u>https://lsem-mi.org</u> (800) 322-4512

LGBT Hotline Abuse and Protective Services, Support Groups <u>https://www.lgbthotline.org</u> (888) 8434564

LifeSource Direct Rx Discount Card-uninsured/underinsured Pharmacies and Prescription Assistance <u>https://lifesourcedirect.com</u> (866) 340-4748

Love is Respect Hotline Abuse and Protective Services, Support Groups <u>https://www.loveisrespect.org</u> (866) 331-9474

MDHHS Native American Affairs Office Tribal Services https://www.michigan.gov/mdhh s/faq/native-american-affairs (517) 335-7782

Meals on Wheels Adult Aging Svc, Food Pantries, Clothing/Household Assistance https://www.mealsonwheelsameri ca.org (800) 632-7334

Medicare Adult Aging Services <u>https://www.medicare.gov</u> (800) 633-4227

Medicare/Medicaid Assistance Program

Adult Aging Services, Disability and Special Needs Resources, Pharmacies and Prescription Assistance <u>https://www.mmapinc.org</u> (800) 803-7174

Michigan Alliance for Families

Disability and Special Needs Resources, Parenting/Pregnancy Resources https://www.michiganallianceforfa milies.org/ (800) 552-4821

Michigan Assistive Technology Loan Fund Medical Equipment & Loan Closets <u>https://www.mi-ucp.org</u> (800) 827-4843

Michigan Coalition to end Domestic & Sexual Violence Abuse and Protective Services <u>https://www.mcedsv.org</u> (517) 347-7000

Michigan Commission for the Blind Disability and Special Needs Resources, Vision Assistance https://www.michigan.gov (800) 292-4200

Michigan Commission for the Deaf Disability and Special Needs Resources https://www.michigan.gov (313) 437-7035

Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and Supplies

Medical Equipment & Loan Closets https://pranavmayuram.github.io/ UMich-CPAP-Bank/public/#/mission (734) 232-3964

Michigan Department of Civil Rights Legal Assistance, Tribal Services <u>https://www.michigan.gov/mdcr</u> (517) 335-3165

Michigan Department of Education – Office of Special Education Disability and Special Needs Resources https://www.michigan.gov/mde/s ervices/special-education (833) 633-5788

Michigan Donated Dental Services Program Dental Resources <u>https://www.michigandental.org</u> (517) 346-9454

Michigan HIV/STD Hotline Clinics and Hospitals <u>https://www.miunified.org/resour</u> <u>ces/hotline</u> (800) 872-2437

Michigan Indian Employment and Training Services Tribal Services <u>https://www.michigan.gov/mdhhs</u> /inside-mdhhs/tribal-governmentservices-and-policy (800) 591-8820 Michigan Indian Legal Services Hotline Legal Assistance, Tribal Services <u>https://www.mils3.org</u> (231) 947-0122

Michigan Indian Tuition Waiver Tribal Services <u>https://www.michigan.gov/mdcr/</u> <u>divisions/dei/indian-tuition-waiver</u> (517) 241-7748

Michigan Senior Legal Hotline Legal Assistance <u>https://www.elderlawofmi.org</u> (866) 400-9164

Michigan State University College of Law Legal Assistance <u>https://www.law.msu.edu</u> (517) 432-6800

Michigan United Way Michigan Resources <u>https://www.unitedway.org/find-your-united-way</u> 2-1-1

Michigan Veteran Affairs Veteran Affairs <u>https://www.michigan.gov/mvaa</u> (800) 642-4838

Military One Source Mental Health and Counseling Services, Legal Assistance, Parenting/Pregnancy Resources, Veteran Affairs <u>https://www.militaryonesource.mi</u> <u>I/</u> (800) 342-9647

MSHDA: Step Forward Financial Assistance Housing Assistance https://www.stepforwardmichigan. org (855) 646-7432

MiRx Discount Card Pharmacies & Prescription Assistance <u>https://www.mihealth.org/mirx</u> (877) 681-7540

Muscular Dystrophy Association Disability and Special Needs Resources, Medical Equipment and Loan Closets https://www.mda.org (800) 572-1717

Narcotics Anonymous 24/7 Abuse and Protective Services, Mental Health and Counseling Services, Substance Abuse, Support Groups https://www.na.org (800) 230-4085

National Alliance on Mental Illness Mental Health and Counseling Services <u>https://www.nami.org</u> (800) 950-6264

National Child Abuse Hotline Abuse and Protective Services <u>https://www.childhelp.org</u> (800) 422-4453 National Council on Alcoholism and Drug Dependence (NCADD) Mental Health and Counseling Services, Substance Abuse, Support Groups https://www.ncadd.us (313) 865-8951

National Domestic and Sexual Violence Helpline Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <u>https://www.thehotline.org</u> (800) 799-7233

National Eye Institute Vision Assistance <u>https://www.nei.nih.gov</u> (301) 496-5248

National Federation of the Blind Medical Equipment & Loan Closets <u>https://www.nfb.org</u> (410) 659-9314

National Human Trafficking Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <u>https://humantraffickinghotline.o</u> rg/en (888) 373-7888

NEMCSA Multitude of Community Resources https://www.nemcsa.org/getinvolved/community-resourcecorner/ (989) 358-4700 **NeedyMeds**

Pharmacies & Prescription Assistance <u>https://www.needymeds.org</u> (800) 503-6897

Paralyzed Veterans of America Disability and Special Needs Resources, Medical Equipment and Loan Closets, Veteran Affairs <u>https://www.michiganpva.org</u> (800) 424-8200

Parkinson's Support Group https://parkinsonsmi.org/ (800) 852-9781

Partnership for Prescription Assistance Pharmacies and Prescription Assistance https://www.pparx.org

Poison Control Emergency and Disaster Services <u>https://www.poison.org</u> (800) 222-1222

Problem Gambling Help Line Support Groups https://www.ncpgambling.org (800) 522-4700

RAINN (Rape and Incest National Network) Abuse and Protective Services, Mental Health & Counseling Services, Support Groups <u>https://www.rainn.org</u> (800) 656-4673

Relay Center for Deaf/HOH Disability and Special Needs Resources, Hearing Assistance <u>https://www.ada.gov/resources/ef</u> fective-communication/ 7-1-1

RxAssist Pharmacies and Prescrip^Don Assistance <u>https://www.rxassist.org</u>

Safe Center Crisis Hotline 24/7 Abuse and Protective Services https://www.thesafecenter.org (877) 952-7283

Social Security Administration Adult Aging Services, Disability and Special Needs <u>https://www.ssa.gov</u> (800) 772-1213

Stop It Now! Hotline Abuse and Protective Services <u>https://www.stopitnow.org</u> (888) 773-8368

Substance Abuse Hotline Substance Abuse, Support Groups https://www.samhsa.gov (800) 662-4357

Suicide Hotline Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <u>https://www.988lifeline.org</u> 9-8-8

The Trevor Project Abuse and Protective Services <u>https://www.thetrevorproject.org</u> (866) 488-7386 Third Level Crisis Line Abuse and Protective Services Legal Aid <u>https://www.cfsnwmi.org</u> (231) 946-8975

U.S. Office of Indian Education Tribal Services <u>https://www.ed.gov/about/ed-offices/oese/oie</u> (505) 563-5304

Unemployment Office Hotline Employment Assistance <u>https://www.michigan.gov</u> (866) 500-0017

University of Detroit Mercy School of Law Legal Assistance <u>https://law.udmercy.edu</u> (313) 596-0200

University of Michigan Law School Legal Assistance https://michigan.law.umich.edu

USDA Rural Development Housing Assistance https://www.rd.usda.gov (517) 324-5190

Veteran Affairs Veteran Affairs <u>https://www.va.gov</u> (800) 698-2411

Veteran's Crisis Line Veteran Affairs https://www.veterancrisisline.net (800) 273-8255 Victim Connect (stalking hotline) Abuse and Protective Services <u>https://www.victimconnect.org</u> (855) 484-2846

Visiting Angels Living Assistance Services Adult Aging Services <u>https://visitingangelsfoundation.or</u> g (800) 365-4189

Vocational Rehabilitation of Michigan Disability and Special Needs Resources https://www.michigan.gov/leo/b ureaus-agencies/mrs (800) 605-6722

Wayne State University Law School Legal Services <u>https://law.wayne.edu</u> (313) 577-3933

Western Michigan University Cooley Law School Legal Assistance https://www.cooley.edu (517) 371-4140

WIC Food Pantries, Clothing and Household Items, Parenting/Pregnancy Resources, Support Groups <u>https://www.michigan.gov/mdhhs/</u> <u>assistance-programs/wic</u> (800) 942-1636

Women's Health Resources Line Parenting/Pregnancy Resources, <u>https://www.womenshealth.gov</u> (800) 994-9662



Abuse and Protective Services

Genesee Health System https://www.genhs.org (810) 257-3705

LACADA https://www.lacada.org/contact (810) 667-4175

Adult Aging Services

All Elder Watching Senior https://www.whodoyou.com/biz/1 153731/all-elder-watching-senioradult-care-errands-and-cleaningservices-flint-mi (810) 309-7495

Burton Senior Center https://www.burtonmi.gov/depart ments/senior_activity_center/inde x.php (810) 744-0960

Clio Senior Center https://www.viennatwpgc.gov/co mmunity_links/clio_area_senior_c enter.php (810) 687-7260 Cottage of Davison https://cotageofdavison.com/ (810) 428-0185

East Side Senior Citizens Center https://eastsideseniorcenter.com/ (810) 250-5000

Family Service Agency of Mid Michigan https://fsamich.org/about-us (810) 767-4014

Flushing Senior Center https://www.flushingseniorcenter. com/ (810) 659-4735

Foster Grandparents Program https://fsamich.org/contact-us/ (810) 257-3779

Grand Blanc Area Senior Center https://www.grandblanctwpmi.g ov/393/Senior-Services (810) 695-3202

Imlay City Senior Center https://www.imlaycity.org/inthe-community/imlay-citysenior-center/ (810) 724-6030

Swartz Creek Area Senior Center https://myscasc.org/ (810) 635-4122

Valley Area Agency on Aging https://valleyareaaging.org/ (810) 239-7671

Assisted Living

Brookdale Senior Living https://www.brookdale.com (877) 313-2073

Hyde Park Assisted Living https://hydeparkassistedliving.org (810) 659-3000

Woodhaven Senior Community http://www.woodhavensenior.co <u>m</u> (810) 230-1070

Disability Resources

Disability Network Eastern Michigan https://www.dnemichigan.org/ (810) 987-9337

Genesse Serves https://www.geneseeserves.org/ (810) 742-1800

Lapeer Team Work https://www.lapeerteamwork.org (810) 664-2710

Emergency Services https://www.911.gov/ 9-1-1

Genesee County Emergency Management https://www.geneseecountymi.g ov/courts_and_law_enforcement /emergency_management_and_h omeland_security/index.php (810) 257-3064

Lapeer County Emergency Manager https://lapeercountymi.gov/depar tments/emergency_management. php (810) 667-0242

Lapeer County EMS https://lcems.org/ (810) 664-2927

Financial Assistance

Community Action Resource Department https://www.geneseecountymi.go v/departments/gccard/index.php (810) 232-2185

Love Inc of Greater Lapeer https://www.loveinclapeer.com/ (810) 245-2414

Salvation Army USA Central Territory https://centralusa.salvationarmy.or g/usc/location-search/ (810) 232-2196

Employment Assistance

GST Michigan Works! https://gstmiworks.org/ (810) 664-1680

Job Corps http://www.jobcorps.gov/ (800) 733-5627 Labor Staffing Solutions https://www.laborstaffingsolution smi.com/ (810) 695-9777

Michigan Works Association https://www.michiganworks.org (800) 285-WORKS

Legal Assistance

Genesee County Clerk's Office Legal Division

https://www.geneseecountymi.go v/departments/county_clerk/legal division/index.php (810) 257-3220

Lapeer County Court https://www.lapeercountymi.gov/ courts/ (810) 667-0314

Libraries

Flint Public Library https://www.fpl.info/ (810) 232-7111

Genesee District Library Branches https://www.thegdl.org

Baker Park (810) 742-7860 Beecher Vera B. Rison (810) 789-2800 Burton Memorial (810) 742-0674 Clio Area (810) 686-7130 Davison Area (810) 653-2022 Fenton-Winegarden (810) 629-7612 Flint Twp – McCarty (810) 732-9150 Flushing Area (810) 659-9755 Forest Township (810) 631-6330 Gaines Station (989) 271-8720 Genesee Johnson (810) 640-1410

Genesee District Library Branches

https://www.thegdl.org

Genesee Valley Center (810) 732-1822 Goodrich (810) 636-2489 Grand Blanc McFarlen (810) 694-5310 Linden (810) 735-7700 Montrose-Jennings (810) 639-6388 Mt. Morris (810) 686-6120 Swarz Creek Perkins (810) 635-3900 William F. Delaney (810) 732-0110

Lapeer District Library

https://www.library.lapeer.org/ Marguerite de Angeli (810) 664-6971 Clifford Branch (989) 761-7393 Columbiaville (810) 793-6100 Elba Branch (810) 653-7200 Hadley Branch (810) 797-4101 Metamora Branch (810) 678-2991 Oter Lake Branch (810) 793-7040

Food Pantries, Clothing and Household Items

CMH Homeless Outreach

https://www.homelessshelterdir ectory.org/shelter/mi_cmhhomeless-outreach (810) 257-3662

Flint Strive

https://www.flintstrive.com/ (810) 232-5661

Greater Flint Outreach Center https://www.gfoc777.org/ (810) 767-4064

Outreach East

https://www.outreacheast.org/ (810) 653-7711

Housing Assistance

Carriage Town Ministries https://www.carriagetown.org/ (810) 238-6847

Catholic Charities of Genesee Co. https://catholiccharitiesflint.org/ (810) 232-9950

Flint Housing Commission https://flinthc.org/ (810) 736-3050

Genesee County Metropolitan Planning Commission https://gcmpc.org/ (810) 257-3010

Habitat for Humanity of Lapeer http://www.lapeerhabitat.org/ (810) 660-7823

Lapeer Housing Commission https://www.ci.lapeer.mi.us/housi ng/lapeer_housing_commission.ph p (810) 664-0591

Metro Community Development https://metrocommunitydevelo pment.com/ (810) 767-4622

My Brother's Keeper https://mybrotherskeeperflint.org (810) 234-1163

The Refuge Homeless Shelter https://refugelapeer.org/ (810) 667-3886

Healthcare Services

Genesee County Health Department https://www.geneseecountymi.go v/departments/health_departmen t/index.php (810) 257-3612

Great Lakes Bay Health Center – Imlay City https://greatlakesbayhealthcente rs.org/imlay-city/ (810) 724-3201

Hamilton Community Health https://hamiltonchn.org/ (810) 406-4246

Lapeer Co. Health Department https://www.lapeercountymi.gov/ departments/health/index.php (810) 667-0448

Mott Children's Health Center https://www.mottchc.org/ (810) 767-5750

Wellness Services https://wellnessaids.org/ (810) 232-0888

Clinics and Hospitals

Ascension Genesys Hospital https://www.henryford.com/locat ions/genesyshospital?utm_campaign=websitelink&utm_medium=organic&utm_ source=local-listing (810) 606-5000 Genesse County Free Medical Clinic https://www.gcfmc.org (810) 235-4211

Hurley Medical Center https://www.hurleymc.com/ (810) 262-9000

Urgent Care

Bristol Urgent Care https://bristoluc.com/ (810) 535-5530

Clio Urgent Care https://www.cliourgentcareclinic. com/ (810) 919-9415

Convenient Urgent Care https://convenientuc.com/ (810) 969-4500

Flushing Road Urgent Care https://flushingroadurgentcare.com (810) 424-0759

Genesee Urgent Care https://www.gucmed.com/ (810) 720-8700

Hope Urgent Care Davison https://www.hopeurgentcaredavi son.com/ (810) 412-5590

Hurley Urgent Care https://www.hurleymc.com/ (810) 262-7731

Insight Urgent Care and Occupational Medicine https://www.iinn.com/divisions/u rgent-care-in-flint-mi/ (810) 213-8144

Lapeer Community Urgent Care https://lapeerurgent.care/ (810) 969-4546

Lifetime Urgent Care https://www.mylifetimeurgentcare .com/ (810) 407-6039

Total Urgent Care Imlay City https://mitotalurgentcare.com/ (810) 721-7640

WellNow Urgent Care https://www.wellnow.com/ (810) 208-7470

Dental Resources

Great Lakes Family Dental Group https://www.greatlakesfamilyden talgroup.com/dentaloffices/mi/almont (810) 798-8585

Imlay City Dental https://www.imlaycitydental.com (810) 724-8080

Lapeer City Dental https://lapeercitydental.com/ (810) 664-2999

Metamora Family Dental https://brushrinsefloss.com/ (810) 692-1969

Hearing Assistance

Beltone Skoric Hearing Aid https://beltoneskorichearing.com/ (888) 417-2130

HearUSA https://www.hearusa.com/ (855) 898-1320

Miracle Ear https://www.miracle-ear.com/ (888) 861-8731

Vision Assistance

East Michigan Eye Center https://www.eastmichiganeyecen ter.com/ (810) 238-3603

Michigan Eye Institute https://mieye.com/ Flint (810) 733-7111 Grand Blanc (810) 694-8400 Lapeer (810) 664-5458

Michigan Vision Institute https://michvision.com/ (810) 720-9111

Medical Equipment and Loan Closets

Great Lakes Loan Closets https://loanclosets.org/michigan/g enesee (248) 557-5070

Hart Medical Equipment https://hartmedical.org/ (810) 406-4502 Wright & Filippis https://www.firstoserve.com (810) 664-1101

Pharmacies and Prescription Assistance

Kroger Pharmacy

https://www.kroger.com/health/ pharmacy Burton (810) 239-9941 Flushing (810) 659-8057 Grand Blanc (810) 953-9156 Imlay City (810) 721-3262 Lapeer (810) 664-0391 Swartz Creek (810) 630-0585

Meijer Pharmacy

https://www.meijer.com/shoppin g/services/pharmacy.html Flint (810) 235-2711 Lapeer (810) 667-8110 Oxford (248) 236-8000 Swartz Creek (810) 635-1400

Walgreens Pharmacy

https://www.walgreens.com/

Davison (810) 653-4020 Fenton (810) 629-3134 Flint (810) 234-0317 Flushing (810) 659-1062 Grand Blanc (810) 695-4623 Lapeer (810) 538-0014

Walmart Pharmacy

https://www.walmart.com/cp/pha rmacy/5431 Burton (810) 744-2984 Clio (810) 564-4278 Fenton (810) 750-3735 Flint (810) 733-3355 Grand Blanc (810) 603-9765

Rehabilitation

Horizon Physical Therapy and Rehabilitation https://www.horizonphysicalthera pyflint.com/ (810) 620-8042

Optimal Rehab and Wellness https://www.orwpt.com/daviso n-location (810) 653-0100

Suncrest Nursing and Rehab https://www.lcmcf.org/ (810) 664-8571

Mental Health & Counseling Services

Genesee Community Health Center https://genhs.org/behavioralhealth/ (810) 257-3740

Hope Network https://hopenetwork.org/ (810) 213-1803

Lapeer Co. Community Mental Health <u>https://www.lapeercmh.org/</u> (810) 667-0500

North Lapeer Counseling Center http://northlapeercounseling.com (810) 793-4646

Substance Abuse

New Paths http://www.newpaths.org/ (810) 233-5340 Odyssey House https://www.odysseyvillage.com/ (810) 238-5888

Sacred Heart Rehabilitation http://sacredheartcenter.com/ (810) 732-1652

Serenity House https://flintserenityhouse.org/ (810) 336-1018

Parenting/Pregnancy Resources

Parenting with G.L.O. http://www.parentingwithglo.com/g loria.html (810) 441-4656

Pregnancy Center of Lapeer https://www.pregnancycenteroflapeer. org (810) 667-0055

Support Groups

Ele's Place https://www.elesplace.org/branchlocations/greater-flint-and-geneseecounty (810) 232-3040

Find Help https://www.findhelp.org/searc h_results/48446

YWCA https://www.ywcaflint.org (810) 238-7621

Transportation

Greater Lapeer Transportation Authority https://www.go-glta.org (810) 664-4566

Lapeer County EMS Mobility Transport https://lcems.org/ (810) 664-1499

Mass Transportation Authority https://www.mtaflint.org/ (810) 767-6950

Tribal Services

Saginaw Chippewa Indian Tribe https://www.sagchip.org/socialservi ces/ (989) 775-4000

Veterans Affairs

American Legion Post 457 Lapeer https://www.legion.org/ (810) 688-2660

Disabled American Veterans Chapter 3 https://www.davchapter3.org/ (810) 742-9220

Genesee County Veterans https://www.geneseecountymi.gov/de partments/veterans_services/index.ph p (810) 257-3068

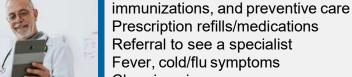
Lapeer County Veterans https://lapeercountymi.gov/departme nts/health/senior_programs/contact_ us.php (810) 667-0256

YOUR WHERE TO GO GUIDE When you need medical care

Call 911 for emergencies.

Doctor's Office





Chronic pain Mild backaches, sprains, toothaches Sore Throat/Cough/Earache Rashes

Telehealth



Fever, cold/flu symptoms

WHEN TO GO:

WHEN TO GO:

Routine checkups, screenings,

COVID symptoms Headache/Earache Pink Eye Rashes/Hives/Insect Bites

Allergies/Sinus Symptoms

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible Usually, lowest copay May need appointment Shorter wait times Doctor on call 24/7

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible Cost similar to physician office visit Same-day appointments often available After-hours access available

Urgent Care



Accidents/Falls

WHEN TO GO:

Moderate backaches, sprains Mild breathing difficulty/Asthma Minor burns/cuts Minor injuries/fractures (fingers/toes) Eye irritation/redness Cold/flu symptoms with fever/sore throat Vomiting/Diarrhea Skin rashes/infections Feeling down/anxious

YOUR COST + TIME:

(\$\$) Cost lower than ER Same-day appointments and walkin appointments available Wait times vary Call to confirm the urgent care facility accepts your insurance

Emergency Room



WHEN TO GO:

Critical injuries or illness Sudden numbness/weakness Uncontrolled bleeding Seizure/loss of consciousness Shortness of breath Chest pain



YOUR COST + TIME:

(\$\$\$) Highest cost Open 24/7, no appointment needed Longer wait times Higher risk of exposure to infection Notify your physician if using ER services as soon as possible