# 2025 GREATER LANSING REGION COMMUNITY RESOURCES GUIDE



Encompassing Barry, Clinton, Eaton, Ingham, Ionia, Jackson and Shiawassee Counties



### McLaren Resources

McLaren Bay Region Hospital (989) 894-3000 <a href="https://www.mclaren.org/bay-region/mclaren-bay-region-home">https://www.mclaren.org/bay-region/mclaren-bay-region-home</a>

McLaren Bay Convenient Care (989) 393-2850 <a href="https://www.mclaren.org/main/locations/occupational-health-convenient-care-center-mclaren-219">https://www.mclaren.org/main/locations/occupational-health-convenient-care-center-mclaren-219</a>

McLaren Caro Quick Care (989) 231-5961 <a href="https://www.mclaren.org/main/locations/mclaren-caro-region-quick-care-specialty-services-1510">https://www.mclaren.org/main/locations/mclaren-caro-region-quick-care-specialty-services-1510</a>

McLaren Caro Region Hospital (989) 673-3141 <a href="https://www.mclaren.org/caro-region/mclaren-caro-region-home">https://www.mclaren.org/caro-region/mclaren-caro-region-home</a>

McLaren Central Hospital (800) 671-1453 <a href="https://www.mclaren.org/central-michigan/mclaren-central-michigan/mclaren-central-michigan-home">https://www.mclaren.org/central-michigan/mclaren-c

McLaren Central Michigan ReadyCare (989) 773-1166 <a href="https://www.mclaren.org/main/locations/readycare-walkin-clinic-mclaren-central-michigan-119">https://www.mclaren.org/main/locations/readycare-walkin-clinic-mclaren-central-michigan-119</a>

McLaren Flint Region Hospital (810) 342-2000 <a href="https://www.mclaren.org/flint/mclaren-flint-home">https://www.mclaren.org/flint/mclaren-flint-home</a>

McLaren Greater Lansing Hospital (517) 975-6000 <a href="https://www.mclaren.org/lansing/mclaren-greater-lansing-home">https://www.mclaren.org/lansing/mclaren-greater-lansing-home</a>

McLaren Home Care and Hospice (866) 323-5974 <a href="https://www.mclaren.org">https://www.mclaren.org</a>

McLaren Lapeer Region Hospital (810) 667-5500 <a href="https://www.mclaren.org/lapeer-region/mclaren-lapeer-region-home">https://www.mclaren.org/lapeer-region/mclaren-lapeer-region-home</a>

McLaren Macomb Hospital (586) 493-8000 <a href="https://www.mclaren.org/macomb/mclaren-macomb-home">https://www.mclaren.org/macomb/mclaren-macomb-home</a>

McLaren Northern Hospital (800) 248-6777 <a href="https://www.mclaren.org/northern-michigan/mclaren-northern-michigan/mclaren-northern-michigan-home">https://www.mclaren.org/northern-michigan/mclaren-northern-michigan/mclaren-northern-michigan/mclaren-northern-michigan-home</a>

McLaren Northern Michigan MedCenter Petoskey South (231) 487-2000 <a href="https://www.mclaren.org/doctors-office/medical/northern-michigan-medcenter-3">https://www.mclaren.org/doctors-office/medical/northern-michigan-medcenter-3</a>

McLaren Oakland Hospital (248) 338-5000 <a href="https://www.mclaren.org/oakland/mclaren-oakland-home">https://www.mclaren.org/oakland/mclaren-oakland-home</a>

McLaren Port Huron Hospital (810) 987-5000 https://www.mclaren.org/port-huron/mclaren-port-huron-home

McLaren Thumb Convenient Care (989) 269-5152 <a href="https://www.mclaren.org/main/locations/occupational-health-and-convenient-care-mclaren-th-7">https://www.mclaren.org/main/locations/occupational-health-and-convenient-care-mclaren-th-7</a>

McLaren Thumb Region Hospital (989) 269-9521 <a href="https://www.mclaren.org/thumb-region/mclaren-thumb-region-home">https://www.mclaren.org/thumb-region/mclaren-thumb-region-home</a>



### **Emergency Services**

https://www.911.gov/

9-1-1

#### 24-Hour Crisis Line

Abuse and Protective Services Parenting/Pregnancy Resources <a href="https://www.wrcnm.org">https://www.wrcnm.org</a> (800) 275-1995

### **Action Agency**

Housing Assistance
<a href="https://www.micommunityaction.org/">https://www.micommunityaction.org/</a>
(517) 321-7500

# Adaptive Environments – Home Lift Systems

Medical Equipment & Loan Closets <a href="https://adaptive-environments.com/">https://adaptive-environments.com/</a> (800) 355-5438

### **Alcoholics Anonymous**

Substance Abuse <a href="https://www.aa.org/">https://www.aa.org/</a> (800) 356-9996

### **ALS of Michigan**

Medical Equipment and Loan Closets, Support Groups <a href="https://www.alsofmichigan.org">https://www.alsofmichigan.org</a> (248) 354-6100

# Alzheimer's Association and Helpline

Adult Aging Services, Support Groups <a href="https://www.alz.org">https://www.alz.org</a> (800) 272-3900

# American Cancer Society Road to Recovery (Transportation)

Transportation
<a href="https://www.cancer.org">https://www.cancer.org</a>
(800) 227-2345

#### **American Red Cross**

Emergency and Disaster Services Food Pantries, Clothing and Household Items, Housing Assistance https://www.redcross.org (800) 733-2767

### **Area on Aging**

Adult Aging Services, Food Pantries, Clothing and Household Items, Housing Assistance, Support Groups, Transportation, Veteran Affairs https://www.4ami.org

### **Autism Society**

Disability and Special Needs Resources, Support Groups <a href="https://www.autism-mi.org">https://www.autism-mi.org</a> (517) 882-2800

### **Boys Town National Hotline**

Mental Health and Counseling <a href="https://www.boystown.org">https://www.boystown.org</a> (800) 448-3000

#### **Center for Civil Justice**

Legal Assistance <a href="https://ccj-mi.org/">https://ccj-mi.org/</a> (800) 724-7441

# Centers for Disease Control and Prevention

Healthcare Services, Substance Abuse <a href="https://www.cdc.gov">https://www.cdc.gov</a>

(800) 232-4636

#### **CHAMPVA**

Veteran Affairs <a href="https://www.va.gov">https://www.va.gov</a> (800) 733-8387

### **Child Safety Seat Inspection**

Parenting/Pregnancy Resources,
Transportation
<a href="https://www.nhtsa.gov/campaign/right-seat">https://www.nhtsa.gov/campaign/right-seat</a>
(866) Seat-Check

# Children and Adult Protective Services

Abuse and Protection Services <a href="https://www.michigan.gov/mdhhs/a">https://www.michigan.gov/mdhhs/a</a> <a href="dult-child-serv">dult-child-serv</a> (855) 444-3911

# **Children's Special Healthcare Services**

Disability and Special Needs Resources, Healthcare Services, Parenting/Pregnancy Resources https://www.michigan.gov/mdhhs/ assistance-programs/cshcs (800) 359-3722

### **Common Ground Crisis Line**

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <a href="https://commongroundhelps.org/">https://commongroundhelps.org/</a> (800) 231-1127

# Compassionate Friends (Parent's Grief Group)

Support Groups
<a href="https://www.compassionatefriends.org/">https://www.compassionatefriends.org/</a>
(877) 969-0010

# Dental Lifeline Network (low income; severe problems only)

Dental Resources https://www.dentallifeline.org (303) 534-5360

### **Disability Network of Michigan**

Disability and Special Needs Resources, Support Groups https://www.dnmichigan.org (800) 782-4160

# Early on-Helping Babies and Toddlers Stay on Track

Parenting Resources http://1800earlyon.org (800) 327-5966

### **Epilepsy Foundation of Michigan**

Support Groups https://www.epilepsymichigan.org (800) 377-6226

### **Equality Michigan**

Abuse/Protective Svc, Support Groups <a href="https://www.equalitymi.org">https://www.equalitymi.org</a> (313) 537-7000

### **Food Bank Council of Michigan**

Food Pantries https://www.fbcmich.org/ (517) 485-1202

### Gigi's Playhouse

Disability/Special Needs Resources, Medical Equipment/ Loan Closets https://www.gigisplayhouse.org (847) 885-6149

#### **HAP Senior Plus**

Adult Aging Services <a href="https://www.hap.org">https://www.hap.org</a> (800) 868-3153

### **HAVEN Crisis Line**

Abuse and Protective Services, Support Groups <a href="https://www.haven-oakland.org">https://www.haven-oakland.org</a> (877) 922-1274

### **Heat and Warmth Fund**

Housing Assistance https://www.thawfund.org (800) 866-8429

### **HUD Rental Assistance**

Housing Assistance https://www.hud.gov (800) 569-4287

# LARA – Department of Licensing and Regulatory Affairs

Adult Aging Services
<a href="https://adultfostercare.apps.lara.sta">https://adultfostercare.apps.lara.sta</a>
te.mi.us/

### **LA LECHE**

Parenting/Pregnancy Resources <a href="https://www.llli.org">https://www.llli.org</a> (800) 525-3243

### **Legal Services of Eastern MI**

Legal Assistance https://lsem-mi.org (800) 322-4512

#### **LGBT Hotline**

Abuse and Protective Services, Support Groups <a href="https://www.lgbthotline.org">https://www.lgbthotline.org</a> (888) 843-4564

# LifeSource Direct Rx Discount Card-uninsured/underinsured

Pharmacies and Prescription Assistance https://lifesourcedirect.com (866) 340-4748

### **Love is Respect Hotline**

Abuse and Protective Services, Support Groups <a href="https://www.loveisrespect.org">https://www.loveisrespect.org</a> (866) 331-9474

# MDHHS Native American Affairs Office

Tribal Services
<a href="https://www.michigan.gov/mdhhs/faq/">https://www.michigan.gov/mdhhs/faq/<a href="https://www.michigan.gov/mdhhs/faq/">https://www.michigan.gov/mdhhs/faq/<a href="https://www.michigan.gov/mdhhs/faq/">https://www.michigan.gov/mdhhs/faq/<a href="https://www.michigan.gov/mdhhs/faq">https://www.michigan.gov/mdhhs/faq</a></a>
<a href="https://www.michigan.gov/mdhhs/faq">https://www.michigan.gov/mdhhs/faq</a>
<a href="https://ww

### Meals on Wheels

Adult Aging Svc, Food Pantries, Clothing/Household Assistance https://www.mealsonwheelsamerica .org (800) 632-7334

#### Medicare

Adult Aging Services <a href="https://www.medicare.gov">https://www.medicare.gov</a> (800) 633-4227

### Medicare/Medicaid Assistance

Adult Aging Services, Disability and Special Needs Resources, Prescription Assistance <a href="https://www.mmapinc.org">https://www.mmapinc.org</a>

(800) 803-7174

### **Medicaid Portal**

https://myhbcld.state.mi.us/myHBP ublic/landing.action?request\_locale =en

### **Michigan Alliance for Families**

Disability and Special Needs Resources, Parenting/Pregnancy Resources

https://www.michiganallianceforfamilies.org/

(800) 552-4821

### Michigan Assistive Technology Loan Fund

Medical Equipment & Loan Closets https://www.mi-ucp.org (800) 827-4843

# Michigan Coalition to end Domestic & Sexual Violence Abuse

and Protective Services <a href="https://www.mcedsv.org">https://www.mcedsv.org</a> (517) 347-7000

### Michigan Commission for the Blind

Disability and Special Needs Resources, Vision Assistance https://www.michigan.gov (800) 292-4200

### Michigan Commission for the Deaf

Disability and Special Needs Resources https://www.michigan.gov

(313) 437-7035

# Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and Supplies

Medical Equipment & Loan Closets https://pranavmayuram.github.io/U Mich-CPAP-Bank/public/#/mission (734) 232-3964

### **Michigan Department of Civil Rights**

Legal Assistance, Tribal Services <a href="https://www.michigan.gov/mdcr">https://www.michigan.gov/mdcr</a> (517) 335-3165

# Michigan Department of Education – Office of Special Education

Disability and Special Needs Resources

https://www.michigan.gov/mde/ser vices/special-education (833) 633-5788

### Michigan Donated Dental Services Program

Dental Resources https://www.michigandental.org (517) 346-9454

### Michigan HIV/STD Hotline

Clinics and Hospitals
<a href="https://www.miunified.org/resources/hotline">https://www.miunified.org/resources/hotline</a>
(800) 872-2437

# Michigan Indian Employment and Training Services

**Tribal Services** 

https://www.michigan.gov/mdhhs/inside-mdhhs/tribal-government-services-and-policy (800) 591-8820

# Michigan Indian Legal Services Hotline

Legal Assistance, Tribal Services <a href="https://www.mils3.org">https://www.mils3.org</a> (231) 947-0122

### **Michigan Indian Tuition Waiver**

**Tribal Services** 

https://www.michigan.gov/mistuden taid/programs/indian-tuition-waiver (517) 241-7748

### Michigan Senior Legal Hotline

Legal Assistance

https://www.elderlawofmi.org (866) 400-9164

### Michigan State University College of Law

Legal Assistance https://www.law.msu.edu (517) 432-6800

### **Michigan United Way**

Michigan Resources https://www.unitedway.org/findyour-united-way 2-1-1

### **Michigan Veteran Affairs**

Veteran Affairs

https://www.michigan.gov/mvaa (800) 642-4838

#### **Military One Source**

Mental Health and Counseling Services, Legal Assistance, Parenting/Pregnancy Resources, Veteran Affairs <a href="https://www.militaryonesource.mil">https://www.militaryonesource.mil</a> (800) 342-9647

### **MSHDA: Step Forward**

Financial Assistance Housing
Assistance
<a href="https://www.stepforwardmichigan.org">https://www.stepforwardmichigan.org</a>

(855) 646-7432

### **MiRx Discount Card**

Pharmacies & Prescription Assistance <a href="https://www.mihealth.org/mirx">https://www.mihealth.org/mirx</a> (877) 681-7540

### **Muscular Dystrophy Association**

Disability and Special Needs Resources, Medical Equipment and Loan Closets https://www.mda.org (800) 572-1717

### Narcotics Anonymous 24/7

Abuse and Protective Services, Mental Health and Counseling Services, Substance Abuse, Support Groups

https://www.na.org (800) 230-4085

### **National Alliance on Mental Illness**

Mental Health and Counseling https://www.nami.org (800) 950-6264

#### **National Child Abuse Hotline**

Abuse and Protective Services <a href="https://www.childhelp.org">https://www.childhelp.org</a> (800) 422-4453

# National Council on Alcoholism and Drug Dependence (NCADD)

Mental Health and Counseling Services, Substance Abuse, Support Groups <a href="https://www.ncadd.us">https://www.ncadd.us</a> (667) 262-2869

# National Domestic and Sexual Violence Helpline

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <a href="https://www.thehotline.org">https://www.thehotline.org</a> (800) 799-7233

### **National Eye Institute**

Vision Assistance <a href="https://www.nei.nih.gov">https://www.nei.nih.gov</a> (301) 496-5248

### **National Federation of the Blind**

Medical Equipment & Loan Closets <a href="https://www.nfb.org">https://www.nfb.org</a> (410) 659-9314

### **National Human Trafficking**

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <a href="https://humantraffickinghotline.org/en">https://humantraffickinghotline.org/en</a> (888) 373-7888

#### **NEMCSA**

Multitude of community resources <a href="https://www.nemcsa.org/get-involved/community-resource-corner/">https://www.nemcsa.org/get-involved/community-resource-corner/</a> (989) 358-4700

### **NeedyMeds**

Pharmacies & Prescription Assistance <a href="https://www.needymeds.org">https://www.needymeds.org</a> (800) 503-6897

### **New Day Foundation**

Support Group <a href="https://www.foundationforfamilies.org/">https://www.foundationforfamilies.org/</a> (248) 648-1105

### **Paralyzed Veterans of America**

Disability and Special Needs Resources, Medical Equipment and Loan Closets, Veteran Affairs https://www.michiganpva.org (800) 424-8200

#### Parkinson's

Support Group <a href="https://parkinsonsmi.org/">https://parkinsonsmi.org/</a> (800) 852-9781

# Partnership for Prescription Assistance

Pharmacies and Prescription Assistance https://www.pparx.org

#### **Poison Control**

Emergency and Disaster Services <a href="https://www.poison.org">https://www.poison.org</a> (800) 222-1222

### **Problem Gambling Help Line**

Support Groups
<a href="https://www.ncpgambling.org">https://www.ncpgambling.org</a>
(800) 522-4700

# RAINN (Rape and Incest National Network)

Abuse and Protective Services, Mental Health & Counseling Services, Support Groups <a href="https://www.rainn.org">https://www.rainn.org</a> (800) 656-4673

### **Relay Center for Deaf/HOH**

Disability and Special Needs
Resources, Hearing Assistance
<a href="https://www.ada.gov/resources/effective-communication/">https://www.ada.gov/resources/effective-communication/</a>
7-1-1

#### **RxAssist**

Pharmacies and Prescription Assistance https://www.rxassist.org

### Safe Center Crisis Hotline 24/7

Abuse and Protective Services <a href="https://www.thesafecenter.org">https://www.thesafecenter.org</a> (877) 952-7283

### **Social Security Administration**

Adult Aging Services, Disability and Special Needs Resources <a href="https://www.ssa.gov">https://www.ssa.gov</a> (800) 772-1213

### **Stop It Now! Hotline**

Abuse and Protective Services <a href="https://www.stopitnow.org">https://www.stopitnow.org</a> (888) 773-8368

### **Substance Abuse Hotline**

Substance Abuse, Support Groups <a href="https://www.samhsa.gov">https://www.samhsa.gov</a> (800) 662-4357

### **Suicide Hotline**

Abuse and Protective Services, Mental Health and Counseling Services, Support Groups <a href="https://www.988lifeline.org">https://www.988lifeline.org</a> 9-8-8

### The Trevor Project

Abuse and Protective Services <a href="https://www.thetrevorproject.org">https://www.thetrevorproject.org</a> (866) 488-7386

#### **Third Level Crisis Line**

Abuse and Protective Services, Legal Aid https://www.cfsnwmi.org (231) 946-8975

### **U.S. Office of Indian Education**

Tribal Services
<a href="https://www.ed.gov/about/ed-offices/oese/oie">https://www.ed.gov/about/ed-offices/oese/oie</a>
(505) 563-5304

### **Unemployment Office Hotline**

Employment Assistance <a href="https://www.michigan.gov">https://www.michigan.gov</a> (866) 500-0017

### University of Detroit Mercy School of Law

Legal Assistance <a href="https://law.udmercy.edu">https://law.udmercy.edu</a> (313) 596-0200

### **University of Michigan Law School**

Legal Assistance https://michigan.law.umich.edu

#### **USDA Rural Development**

Housing Assistance https://www.rd.usda.gov (517) 324-5100

### **Veteran Affairs**

Veteran Affairs https://www.va.gov (800) 698-2411

### **Veteran's Crisis Line**

Veteran Affairs <a href="https://www.veterancrisisline.net/">https://www.veterancrisisline.net/</a> (800) 273-8255

### **Victim Connect (stalking hotline)**

Abuse and Protective Services <a href="https://www.victimconnect.org">https://www.victimconnect.org</a> (855) 484-2846

### **Visiting Angels Living Assistance**

Adult Aging Services <a href="https://visitingangelsfoundation.org">https://visitingangelsfoundation.org</a> (800) 365-4189

### **Vocational Rehabilitation of Michigan**

Disability and Special Needs Resources <a href="https://www.michigan.gov/leo/bureaus-agencies/mrs">https://www.michigan.gov/leo/bureaus-agencies/mrs</a> (800) 605-6722

### **Wayne State University Law School**

Legal Services https://law.wayne.edu (313) 577-3933

### Western Michigan University Cooley Law School

Legal Assistance https://www.cooley.edu (517) 371-4140

(800) 942-1636

#### WIC

Food Pantries, Clothing and Household Items, Parenting/Pregnancy Resources, Support Groups <a href="https://www.michigan.gov/mdhhs/assistance-programs/wic">https://www.michigan.gov/mdhhs/assistance-programs/wic</a>

### Women's Health Resources Line

Parenting/Pregnancy Resources <a href="https://www.womenshealth.gov">https://www.womenshealth.gov</a> (800) 994-9662



### Abuse and Protective Services

#### **AWARE**

https://www.awareshelter.org (517) 783-2861

### **Child and Family Charities**

https://childandfamily.org (517) 882-4000

#### **EVE End Violent Encounters**

https://www.eveinc.org (517) 372-5572

### **Adult Aging Services**

# Area Agency on Aging of Western Michigan

https://www.aaawm.org/ (616) 456-5664

# **Barry County Commission on Aging**

https://www.barrycounty.org/commission on aging new/ (269) 948-4856

### Department on Aging – Jackson

https://mijackson.org/619/Depart ment-on-Aging

(517) 788-4364

### **Eaton Area Senior Center**

https://www.eascmi.org/ (517) 541-2934

### **Eaton Rapids Senior Center**

https://seniorcenters.com/seniorcenters/eaton-rapids-seniorcenter/ (517) 663-2335

### **Ionia Co Commission on Aging**

https://ioniacounty.org/health/co mmission-on-aging/ (616) 527-5365

### Senior CommUnity Care of MI

https://www.seniorcommunitycar emi.org/ (517) 319-0700

### **Shiawassee Council on Aging**

https://www.shiawasseecoa.org/ (989) 723-8875

### **Tri-County Office on Aging**

https://www.tcoa.org/ (517) 877-1440

# WellWise Services Area Agency on Aging

https://wellwiseservices.org/ (517) 592-1974

### **Assisted Living**

### **Brookdale Meridian**

https://www.brookdale.com/en/c ommunities/brookdale-meridianal.html (517) 381-8700

### **Grace Haven Assisted Living**

https://storypoint.com/community/ grace-havenmi/?utm\_source=gmb&utm\_mediu m=organic (989) 224-1650

### **Island City Assisted Living**

https://www.islandcityassistedliving.c om/ (517) 219-4566

### **Oliver Woods Assisted Living**

https://www.storypoint.com/commu nity/oliver-woods-mi/ (989) 279-0227

#### Vista Grande Villa

https://vistagrandevilla.com/ (517) 787-0222

### **Disability Resources**

### **Clinton County RESA**

https://www.ccresa.org/ (989) 224-6831

### **Disability Connections**

https://www.disabilityconnect.org (517) 782-6054

### **Eaton County DHS**

http://www.ceicmh.org/communityresources/76-counseling-servicesprograms/134-department-ofhuman-services-eaton-county (517) 543-0860

### **Jackson County DHS**

https://www.michigan.gov/mdhhs/in side-mdhhs/county-offices/eastmichigan/jackson-county (517)780-7400

#### **Peckham Inc**

https://www.peckham.org/ (517) 316-4000

### **Special Olympics Area 22**

https://www.somi.org/area22 (989) 498-0137

### **Emergency Services**

https://www.911.gov/ 9-1-1

# **Barry County Emergency Management**

https://www.barrycounty.org/dep artments and officials/departme nts/emergency management.php (269) 818-0362

# Capital Area Community Services Charlotte

https://cacs-inc.org/locations/ (517) 482-3005

### Ingham County Homeland Security and Emergency Management

http://ingham.org/ (517) 676-8223

### **Jackson Community Ambulance**

https://www.emergenthealth.org/ jca/ (517) 787-5700

### **Financial Assistance**

Barry County Cares – Hasting https://www.barrycountycares.org (269) 948-9555

# Community Action Agency – Hastings

https://www.barrycounty.org/dep artments and officials/advisory b oards and commissions/commun ity action agency.php (877) 422-2726

### **Salvation Army**

https://centralusa.salvationarmy.org/lansing/ (517) 484-4424

### **Employment Assistance**

# DS Employment Services Eaton Rapids

https://www.veteranownedbusin ess.com/business/36040/dsemployment-services-llc (517) 927-4680

### **Elwood Staffing Lansing**

https://www.elwoodstaffing.com/contact-us-and-locations/MI/Lansing (517) 203-5979

# Michigan Unemployment Office Hotline

https://www.michigan.gov/leo/bureaus-agencies/uia(866) 500-0017

### **Michigan Works**

https://www.michiganworks.org/ Capital Area (517) 816-6980 http://www.camw.org/ Clinton County (989) 224-2000 http://www.gstmiworks.org/ GST (989) 729-9599

# Women's Center of Greater Lansing http://www.lansingwomen.org/

(517) 372-9163

### **Legal Assistance**

### **Cooley Law School Legal Aid Lansing**

https://www.cooley.edu (517) 371-5140

### **Elder Law of Michigan**

https://www.elderlawofmi.org/ (517) 485-9164

### Legal Services of South Central Jackson

https://lsscm.org (517) 787-6111

### **Libraries**

### **Bath Township Public Library**

https://www.bathtownshippubliclibr ary.org/ (517) 641-7111

### **Alvah N. Belding Memorial Library**

https://www.alvahnbeldinglibrary.org/(616) 794-1450

### **Bellevue Township Library**

https://bellevuetownship.org/library/ (269) 763-3369

### **Briggs District Library**

https://www.briggsdistrictlibrary.org/ (989) 224-4702

### **Capital Area District Library**

https://www.cadl.org/

**Aurelius** (517) 628-3743

Dansville (517) 623-6511

**Downtown Lansing (517) 367-6350** 

Foster (517) 485-5185

Haslet (517) 339-2324

Holt-Delhi (517) 694-9351

Leslie (517) 589 9400

Mason (517) 676-9088

Okemos (517) 347-2021

**South Lansing** (517) 272-9840

**Stockbridge** (517) 851-7810

Webberville (517) 521-3643

Williamston (517) 655-1191

### **Charlotte Community Library**

https://charlottelibrary.org/ (517) 543-8859

### **Saranac Clarksville District Library**

https://www.saraclark.michlibrary.org/

**Clarksville** (616) 693-1001

Saranac (616) 642-9146

### **Community District Library**

https://www.mycdl.org/

Bancroti (989) 634-5689

Corunna (989) 743-4800

**Morrice** (517) 625-7911

New Lothrop (810) 638-7575

Perry (517) 625-3166

### **Delta Township District Library**

https://www.dtdl.org/

(517) 321-4014

### **Delton District Library**

https://deltonlib.org/

(269) 623-8040

### **Dewitt District Library**

https://www.dewittlibrary.org/ (517) 669-3156

### **Dowling Public Library**

https://dowlinglibrary.com/ (269) 721-3743

### **Eaton Rapids Public Library**

https://eradl.org/ (517) 663-0950

### **Elsie Public Library**

https://www.elsiepubliclibrary.org/ (989) 862-4633

### **Freeport District Library**

https://www.freeportdl.michlibrar y.org/

### **Grand Ledge Area District Library**

https://gladl.org/ (517) 627-7014

(616) 765-5181

### **Hastings Public Library**

https://www.hastingspubliclibrary
.org/

(269) 945-4263

### **Jackson District Library**

https://myjdl.com/

**BookMobile** (517) 905-1321 **Carnegie** (517) 788-4087

**Concord** (517) 905-1379

Eastern (517) 788-4074

Meijer (517) 788-4480

Napoleon (517) 536-4266

Parma (517) 531-4908

**Spring Arbor** (517) 750-2030

**Summit Branch** (517) 783-4030

#### **Laingsburg Public Library**

https://www.laingsburg.michlibrary .org/

(517) 651-6282

### **Lake Odessa Community Library**

https://www.lakeodessalibrary.org (616) 374-4591

### **Lyons Township District Library**

https://www.lyons.michlibrary.org (989) 855-3414

### Maple Rapids Public Library

https://www.wplc.org/mrpl/ (989) 682-4464

### **Ovid Public Library**

http://ovidpubliclibrary.weebly.com/ (989) 834-5800

### **Portland District Library**

https://www.pdl.michlibrary.org/ (517) 647-6981

# Potterville-Benton Township District Library

https://www.pottervillelibrary.org (517) 645-2989

### **Putnam District Library**

http://www.putnamlib.org/ (517) 852-9723

#### **Shiawassee District Library**

https://www.mysdl.org/ Durand (989) 288-3743 Owosso (989) 725-5134

### **Sunfield District Library**

https://www.sunfieldlibrary.michlibrary.org/
(517) 566-8065

# Food Pantries, Clothing and Household Items

### **Alpha Woman's Center**

https://www.alphabarrycounty.org/ (269) 948-9013

# Beacon of Hope Family Care Center

https://new.graceslist.org/director y-listing/us/michigan/stjohns/beacon-of-hope-family-carecenter/ (989) 224-0328

### **City Rescue Mission of Lansing**

https://www.bearescuer.org/ (517) 485-0145

### **Clothesline-Laingsburg**

https://www.geneseeserves.org/a gency/detail/?agency\_id=106093 (517) 256-1399

### Community Action Agency-Hastings

http://www.caascm.org/ (269) 945-1920

### **Cristo Rey Community Center**

https://catholiccharitiesiec.org/food-access-programs/(517) 372-4700

### **Durand Loaves & Fishes**

https://smcwright.wixsite.com/durandloaves-fishes (989) 288-3063

### **Eaton Clothing and Furniture**

Center <a href="https://eatoncfc.org/">https://eatoncfc.org/</a>

(517) 543-4334

# Eaton Rapids Heart & Hands, Inc. Food Pantry Eaton Rapids

http://www.heartandhandser.org/ (517) 663-7104

### **EightCAP**

https://8cap.org/ (866) 754-9315

### **Greater Lansing Food Bank**

https://greaterlansingfoodbank.org/ (517) 853-7800

### **Habitat for Humanity**

http://ioniahabitat.org/connect (616) 523-6899

### **Helping Hands Charlotte**

https://www.helpinghandsfoodpan try.org/ (517) 543-8737

### **Holt Community Food Bank**

https://holtfoodbank.org/ (517) 694-9307

# Housing Services Mid-Michigan Charlote

http://www.hs-mm.org/ (517) 541-1180

### Manna's Market

https://www.mannasmarket.org/ (269) 331-1943

#### **MSU Student Food Bank**

https://foodbank.msu.edu/?ticlid =lwAR1UzyRDAOgZxpZt\_ceOUAM LsFRW4QWTKylPUIJPcAfEDY3Ocy0 1E5DfFvw (517) 432-5136

#### **Potterville Housing Commission**

https://pottervillehc.org/ (517) 645-7076

### **Salvation Army Tri County Lansing**

http://www.salansing.org/ (517) 484-4424

#### **SIREN Eaton Shelter**

https://sireneatonshelter.org/ (517) 543-0748

### **Stockbridge Community Outreach**

https://www.stockbridgecommuni tyoutreach.org/ (517) 851-7285

#### Williamston Food Bank

http://www.williamstonfoodbank. org/ (517) 996-2246

### **Housing Assistance**

### Advent House Ministries-Weekend Day Shelter

https://www.adventhouse.com/ (517) 485-4722

### CACS-Capital Area Community Services Charlotte

https://cacs-inc.org/ (517) 482-3005 Housing Assistance (517) 332-4663

### **City Rescue Mission**

https://www.bearescuer.org/

Men's Shelter-Michigan Ave (517) 485-0145 Women's Shelter-Cedar St (517) 485-0145

### **Habitat for Humanity**

https://www.habitat.org/ Lansing (517) 374-1313 Shiawassee (989) 753-5200 Clinton-Gratiot (989) 227-1771

### Hannah's House, Inc

https://hannahshouselansing.org/ (517) 482-5856

### **Homeless Angels**

http://www.homelessangels.org/ (844) 464-6635

# Housing Services for Eaton County Charlotte

https://hs-mm.org/ (517) 541-1180

### **Ionia County Housing Commission**

https://www.cityofionia.org/208/Ionia-Housing-Commission
(616) 527-9060

### **Jackson Housing Commission**

https://www.jacksonhousing-mi.org/ (517) 787-1188

### MI Coalition Against

Homelessness

http://www.mihomeless.org/ (517) 485-6536

### **MSU Safe Place**

https://safeplace.msu.edu/ (517) 355-1100

### **REACH For Youth 10-17 Years**

https://www.reachrs.org/ (810) 210-4399

# Relief Atier Violent Encounter (RAVE)

http://www.raveim.org/ (800) 720-7233

# SafeCenter-Owosso Women and Children

https://thesafecenter.org/ (877) 952-7283

### **Salvation Army**

https://centralusa.salvationarmy.or g/Lansing/ (517) 484-4424

#### **Siren Eaton Shelter**

https://sireneatonshelter.org/ (517) 543-0748

### MI Protection & Advocacy

**Service-Lansing** 

https://www.drmich.org/ (517) 487-1755

### **Healthcare Services**

### **Davita Dialysis Center**

https://www.davita.com/locations/mi/ionia/2622-heartland-blvd-2252 (800) 424-6589

### **Eaton Community Palliative Care**

http://www.echospice.org/ (517) 543-5310

### **Fresenius Kidney Care**

https://www.freseniuskidneycare.c om/dialysiscenters/michigan/4917 (517) 543-6777

### **Ionia Health Department**

https://ioniacounty.org/health/health-department/(616) 527-5341

### **Ingham County Health Dept**

https://health.ingham.org/health/index.php (517) 887-4311

### **Jackson County Health Department**

https://www.co.jackson.mi.us/276 /Health-Department (517) 788-4420

# Mid-Michigan District Health Department

https://www.mmdhd.org/about-us/ (989) 224-2195

# Shiawassee County Health Department

http://health.shiawassee.net/ (989) 743-2318

### **Clinics and Hospitals**

### **Care Free Medical**

carefreemedical.com/ (517) 887-5922

### **Center for Family Health**

https://centerforfamilyhealth.org/ (517) 748-5500

### Cherry Health - Barry Community Health Center: Family Medicine

https://cherryhealth.org/locations/barry-community-health-center/(269) 945-4220

### **Clinton County Medical Center**

https://clintoncountymedicalcenter
.com/

(989) 224-3000

### **Eaton Rapids Medical Center Hospital**

https://www.eatonrapidsmedicalcenter.org/
(517) 663-2671

### **Great Lakes Bay Health Centers**

https://greatlakesbayhealthcenters .org/ (989) 729-4848

### **Henry Ford Allegiance Health**

https://www.henryford.com/ (517) 205-4800

# Henry Ford Allegiance Health Diabetes Education Center

https://www.henryford.com/locations/springport-road/diabetes (517) 205-2100

# Henry Ford Allegiance Women's Health Center

https://www.henryford.com/locations/cascade-ridge/womens-health-center

(517) 205-4377

### **Maternal Infant Health Program**

https://www.mijackson.org/544/ Maternal-Infant-Health-Program (517) 768-2114

### Memorial Healthcare Cancer Center- Owosso

https://memorialhealthcare.org/location/cancer-center/ (989) 729-4673

### **Planned Parenthood**

https://www.plannedparenthood. org/healthcenter/michigan/lansing/48912/la nsing-health-center-2785-90630 (517) 351-0550

### **River Oak Community Health**

https://health.ingham.org/health a nd safety/health department/com munity health centers/river oak community health center.php (517) 244-8060

### U of M Sparrow Ionia Hospital

https://www.uofmhealthsparrow .org/ (616) 527-4200

### Spectrum Health Pennock Hospital

https://www.spectrumhealth.org/locations/pennock (269) 945-3451

### **VA Lansing, Clinic**

https://www.va.gov/battle-creekhealth-care/locations/lansing-vaclinic/ (517) 267-3925

### **Willow Health Center**

https://health.ingham.org/hea lth/community health center s/willow health center.php (517) 702-3500

### **Urgent Care**

### 98point6 Emergicenter

https://986emergi.com/ (517) 913-6711

### Bronson UC - Batle Creek

https://www.bronsonhealth.com/ (269) 979-6888

### **Eaton Rapids Redicare**

https://www.eatonrapidsmedicalcen ter.org/services/family-practiceredicare/ (517) 999-4500

### **Hurley Urgent Care- Durand**

https://www.hurleymc.com/ (810) 262-2710

### **IEP Urgent**

https://www.iepurgentcare.com/ (517) 539-3018

### **Jackson Urgent Care**

https://www.jacksonuc.com/ (517) 888-6348

### **Lansing Urgent Care**

https://www.lansingurgentcare.com/ (517) 999-2273

#### **Memorial Healthcare Urgent Care**

https://memorialhealthcare.org/location/memorial-healthcare-urgent-care-owosso/

Owosso (989) 720-5400

### **OUCH Urgent Care**

https://www.ouchurgentcaremi.com (989) 224-6897

#### **RediCare Okemos**

https://redicareokemos.com/ (517) 339-2100

### U of M Health-Sparrow - Eaton Urgent Care

https://www.uofmhealthsparrow.o rg/our-hospitals-services/get-carenow/urgent-care

Charlotte (517) 541-5935 East Lansing (517) 333-6562 Grand Ledge (517) 627-0100 Lansing (517) 364-9790 Mason (517) 244-8900

# U of M Health-Sparrow - Ionia Walk-In Care Clinic

https://www.uofmhealthsparrow. org/our-hospitals-services/getcare-now/walk-care (616) 523-1644

# Corwell Health Pennock Urgent Care

https://corewellhealth.org/locatio ns/LOC0000195137/corewellhealth-pennock-hospital-urgentcare-state-st (269) 948-3360

### **WellNow Urgent Care**

https://www.wellnow.com/ (517) 395-2246

### **Dental Resources**

# Center for Family Health – Dental Clinic

https://centerforfamilyhealth.org/dental/(517) 748-5445

### **Dental Health Partners of Ionia**

http://www.dhpionia.com/ (616) 527-6777

### **Gole Dental Group**

http://www.goledentalgroup.com/ (269) 948-2244

### **Great Lakes Family Dental Group**

https://www.greatlakesfamilydenta lgroup.com/dentaloffices/mi/charlotte Charlotte (517) 480-8280

### **Hastings Family Dental Care**

http://hastingsfamilydental.com/ (269) 948-6684

### Healthy Smiles Dental Care of Lansing

https://www.healthysmileslansingdentist.com/ (517) 333-3160

### **My Community Dental Centers**

https://www.mydental.org/ (855) 878-5026

#### **Owosso Dental Center**

https://owossodentalcenter.com/ (989) 723-6124

### **Hearing Assistance**

### **Advanced Audiology LLC**

https://www.hearingstartshere.co m/accessibility/ (517) 669-8080

### **Audiology Center of Charlotte**

https://audiologycenterofcharlott e.com/ (517) 225-4287

### **Battle Creek Hearing Services**

https://www.battlecreekhearingaids.com/

(269) 953-1120

### **Beltone Skoric Hearing Aid**

https://beltoneskorichearing.com/ (866) 455-4922

### **Hear Michigan**

https://hearmichigan.alpacaaudiology.com/
(517) 236-7878

### **Hearing Health Center**

https://www.hearinghealthcenter. org/ (517) 507-4612

### **Mary Rose Hecksel Audiology**

https://www.hearingpath.com/ (517) 993-9913

### Miracle-Ear Hearing Aid Center

https://www.miracle-ear.com/ (989) 930-1704

### **Vision Assistance**

### **Advanced Eyecare Professionals**

https://aepeyecare.com/ Hastings (269) 945-3866 Ionia (616) 522-1000

### **Avery Eye Care**

https://averyeyecarecenter.com/ (989) 224-3937

### **Creekside Vision - Hastings**

https://www.creeksidevision.com/ (269) 945-3888

### **DeWitt Optometry, PC**

https://www.dewittoptometry.co m/ (517) 669-4411

# **Eaton County Adult Bureau of Services for the Blind Persons**

https://www.michigan.gov/leo/bur eaus-agencies/bureau-of-servicesfor-blind-persons (517) 241-1100

### **Eaton Rapids Eye Care**

http://www.eatonrapidseyecare.c om/

(517) 663-2020

# Eye Care Associates of Charlotte, PLLC

https://www.ecac2020.com/ (517) 543-2020

### **Evecare Associates of DeWitt**

https://primaryeyeandvisioncare.co m/locations/dewitt/ (517) 669-2945

### L.O. Eye Care

https://www.loeye.com/ Grand Ledge (517) 627-3030 East Lansing (517-337-1668

### Lion's Club

https://eclubhouse.org/sites/jacksoneyeopen ersmi/ (517) 789-1950

### **Shiawassee Co. Vision Screening**

https://shiawasseechd.net/vision-%20screening-program/ (989) 743-2355

### **Specialty Eye Institute**

https://www.specialtyeyeinstitute.com/ (877) 852-8463

### Medical Equipment and Loan Closets

# Carelinc Medical Equipment & Supply

https://www.carelincmed.com/ Hastings (269) 945-1686 Haslet (517) 485-9588

### Eaton Co. Palliative Loan Program

https://loanclosets.org/michigan/ eaton (517) 543-5310

### **Hart Medical Equipment**

https://hartmedical.org/ (517) 489-5350

### **Sobaks Home Medical Equipment**

https://www.sobakshomemedical. com/ (989) 723-8927

### **UCP MI Ramps for Independence**

https://www.mi-ucp.org/ (517) 203-1200

### **Wright & Filippis**

https://www.firsttoserve.com/ (517) 484-2624

### Pharmacies and Prescription Assistance

### **Advanced Care Pharmacy Services**

https://www.mygnp.com/pharmacies/advanced-care-pharmacy-services-jackson-mi-49203/(517) 750-2180

### **Central Pharmacy**

https://www.centralpharmacymi.com/ (989) 725-1344

#### **CVS Jackson**

https://www.cvs.com/storelocator/jackson-mi-pharmacies/605north-west-ave-jackson-mi-49202/storeid=8268?WT.mc\_id=LS\_G OOGLE\_RX\_8268 (517) 841-4201

### **Family Fare Pharmacy**

https://www.shopfamilyfare.com/%2 Opharmacies (517) 663-8331

### **Hastings Pharmacy**

http://www.hastingsrx.com/ (269) 945-3777

#### **Kroger Pharmacy**

https://www.kroger.com/ (517) 886-1323

### **Meijer Pharmacy Dewitt**

https://www.meijer.com/shopping/ store-locator/209.html (517) 669-4610

### **Shaw's Pharmacy**

https://www.shawspharmacy.com (989) 288-6886

### Walgreens

https://www.walgreens.com/ Hastings (269) 908-4067 Lansing (517) 882-2732

### **Walmart Pharmacy Ionia**

https://www.walmart.com/store/5 411-ionia-mi/pharmacy (616) 527-3904

### Rehabilitation

### **Chesaning Nursing and Rehab**

http://www.chesaningnc.com/ (989) 845-6602

# Clearstream Rehab and Nursing Center Hastings

http://clearstreamhc.com/ (269) 945-9564

### **DMC Rehabilitation Institute of MI**

https://www.rimrehab.org/ (313) 745-1203

### **Dimondale Nursing Rehab Center**

https://nexcarehealth.com/search-locations/dimondale/
(517) 646-6258

# Durand Senior Care-Rehab and Long-Term Care

http://www.durandscr.com/ (989) 288-3166

### **Eaton County Health & Rehab**

https://echrshealth.org/ (517) 541-5001

# First Rehab & Sport Physical Therapy

http://1strehabpt.com/ (269) 795-4230

### Ivy Rehab for Kids

https://ivyrehab.com/physicaltherapy-location/owosso-mi-kids/ (989) 607-0070

### Ivy Rehab Physical Therapy

https://ivyrehab.com/physicaltherapy-location/ionia-mi/ (616) 522-0066

# Memorial Healthcare Outpatient Rehabilitation

https://memorialhealthcare.org/loca tion/memorial-healthcarerehabilitation-medicine-owosso/ (989) 723-9488

### **Origami Rehabilitation**

https://www.origamirehab.org/ (517) 336-6060

# Mental Health & Counseling Services

### **Balance Counseling**

https://www.balancecounseling.o nline/ (616) 676-7606

# Barry Co. Mental Health Services

http://www.barrycountyrecover y.com/ (269) 948-8041

### **Bridges Crisis Unit**

http://www.ceicmh.org/services/amhs/bridges-crisis-unit(517) 346-8460

### **Clinton County Counseling Center**

http://www.ceicmh.org/contactus/locations/cccc (989) 224-6729

#### **CMH-Community Mental Health**

http://www.ceicmh.org/ (517) 346-8200

### **Community Mental Health**

http://www.ceicmh.org/ (517) 346-8318

# **Eaton County Counseling Center Charlotte**

http://www.ceicmh.org/contactus/locations/eccc (517) 543-5100

### Family Services and Children's Aid

https://strong-families.org/ (517) 787-7920

# Henry Ford Allegiance Behavioral Health & Access Center

https://www.henryford.com/locations/jackson-hospital/access-center(517) 205-5971

### The Right Door - Ionia

http://www.rightdoor.org/ (616) 527-1790

### LifeWays - Jackson

https://www.lifewaysmi.org/ (517) 789-1200

# Memorial Healthcare Behavioral Health (Inpatient)

https://memorialhealthcare.org/location/memorial-healthcare-behavioral-health-inpatient/
(989) 725-8101

### **Pediatric Psychological Services**

http://pedspsychservices.com/ (269) 501-0125

### **Shiawassee County Mental Health**

https://shiabewell.org/ (989) 723-6791

### **Taylor Life Center-Owosso**

http://www.taylorlifecenter.org/ (866) 975-2995

### **Training & Treatment Innovations**

https://ttiinc.org/ (517) 782-0010

### **Turning Leaf**

https://www.turningleafrehab.com (800) 777-2918

### **Viewpointe Counseling**

https://www.viewpointecounseling .org/ (616) 523-6537

### **Substance Abuse**

# **Cristo Rey Substance Abuse Program**

https://recovered.org/rehabs/cristo -rey-community-center-lansingmi#treatment (517) 372-4700

### **Face Addiction Now**

https://www.familiesagainstnarcot ics.org/ (586) 438-8500

### **Henry Ford Substance Abuse Center**

https://www.henryford.com/services/behavioral-health/addiction

**Inpatient** (517) 205-4001 **Outpatient** (517) 205-2732

### **Mid-Michigan Recovery Services**

https://www.midmichiganrecovery services.org/ (517) 887-0226

### **Recovery Pathways**

https://recoverypathwaysllc.com/ (989) 928-3566

### The Recovery Center-Lansing

http://www.ceicmh.org (855) 872-3869

### U of M-Sparrow Substance Abuse Program

https://www.uofmhealthsparrow. org/departments-conditions/alldepartments/psychiatrybehavioral-health/outpatientbehavioral-health-clinic (517) 364-7740

### Parenting/Pregnancy Resources

### **Barry County United Way**

http://bcunitedway.org/ (269) 945-4010

#### **Bella Women's Center**

https://bellawomenowosso.org/ (989) 723-4025

### **Birthline Pregnancy & Parenting**

http://www.birthlinejackson.org/(517) 784-9187

#### **Bridges4Kids**

https://www.bridges4kids.org/

### **CACS Inc. Parenting Classes**

https://cacs-inc.org/locations/ (517) 482-1504

#### **Center for Women**

http://jacksonpregnancy.com/ (517) 787-4673

### **Child Advocacy Center-Owosso**

https://www.voicesforcac.org/ (989) 723-5877

### **Child and Family Charities**

http://childandfamily.org/ (517) 882-4000

### **Expectant Parents Organizations**

http://www.epobaby.org/ (517) 887-7000

### **Family Support Center of Barry Co**

https://familysupportbarry.com/ (269) 945-5439

#### Office On Women's Health

https://www.womenshealth.gov/node/1234 (800) 994-9662

### **Pregnancy Center of Eaton**

https://pcecmi.org/ (517) 543-7077

### Pregnancy Services of Ionia Co.

https://www.psicionia.org (616) 755-6077

### SP Women's Center

https://spwomenscenter.com/ (517) 484-1882

### **SMILE Program**

https://www.shiawassee.net/Friend-ofthe-Court/ (989) 743-2397

### **Support Groups**

Ele's Place

https://elesplace.org (517) 482-1315

**Family Support Center** 

www.familysupportbarry.com (269) 945-5439

Women's Center of Greater Lansing

http://www.lansingwomen.org/ (517) 372-9163

### **Transportation**

**Barry County Transit Hastings** 

https://barrycountytransit.com/ (269) 948-8098

**Driving Mobility Solutions** 

https://www.cata.org (517) 394-1100

**Davies Project Lansing** 

https://thedaviesproject.org/ (517) 899-2425

**Eatran** 

https://www.eatran.com/ (517) 543-4087

Jackson Area Transportation Authority

https://mijata.org/

https://mijata.org/ (517) 787-8363

Michigan Education Transportation Services

https://www.contractbusdrivers.c om/contact-us/ (517) 647-7765 My Blue Bus

https://www.mybluebus.com/ (989) 224-8127

**RESD Transportation- School** 

https://www.sresd.org/aboutus/departments/transportation (989) 725-8341

Transportation Solution-Shiawassee County only

https://satabus.org/ (989) 729-2687

### **Tribal Services**

**MSU Indian Law Clinic** 

https://www.law.msu.edu/centers -institutes/index.html (517) 432-6880

Native American Outreach

**Program** 

https://www.michigan.gov/md hhs/inside-mdhhs/tribalgovernment-services-andpolicy/native/native-americanresources (517) 887-4322

**Nokomis Learning Center** 

https://www.nokomis.org (517) 349-5777

### **Veteran Affairs**

**Ingham County Veterans Affairs** 

https://va.ingham.org/ (517) 887-4331

**Jackson VA Clinic** 

https://www.va.gov/ann-arborhealth-care/locations/jackson-vaclinic/ (517) 764-3609

**Shiawassee Veterans Affair** 

https://shiawassee.net/veteransaffairs-services/ (989) 743-2231

### YOUR WHERE TO GO GUIDE

# When you need medical care

Call 911 for emergencies.

### Doctor's Office



### WHEN TO GO:

Routine checkups, screenings, immunizations, and preventive care Prescription refills/medications Referral to see a specialist Fever, cold/flu symptoms Chronic pain Mild backaches, sprains, toothaches Sore Throat/Cough/Earache Rashes

### YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible Usually, lowest copay May need appointment Shorter wait times Doctor on call 24/7

### **Telehealth**



### WHEN TO GO:

Allergies/Sinus Symptoms Fever, cold/flu symptoms **COVID** symptoms Headache/Earache Pink Eve Rashes/Hives/Insect Bites

### YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible Cost similar to physician office visit Same-day appointments often available After-hours access available

### **Urgent Care**



### WHEN TO GO:

Accidents/Falls Moderate backaches, sprains Mild breathing difficulty/Asthma Minor burns/cuts Minor injuries/fractures (fingers/toes) Eye irritation/redness Cold/flu symptoms with fever/sore throat Vomiting/Diarrhea Skin rashes/infections Feeling down/anxious

### YOUR COST + TIME:

(\$\$) Cost lower than ER Same-day appointments and walkin appointments available Wait times vary Call to confirm the urgent care facility accepts your insurance

### **Emergency Room**



### WHEN TO GO:

Critical injuries or illness Sudden numbness/weakness Uncontrolled bleeding Seizure/loss of consciousness Shortness of breath Chest pain

### YOUR COST + TIME:

(\$\$\$) Highest cost Open 24/7, no appointment needed Longer wait times Higher risk of exposure to infection Notify your physician if using ER services as soon as possible

