

2025

SOUTHEASTERN REGION COMMUNITY RESOURCES GUIDE



Encompassing Livingston, Macomb, Oakland, Wayne and St. Clair Counties



McLaren Resources

Karmanos Cancer Institute

<https://www.karmanos.org/karmanos/karmanos-home>

(800) 527-6266

McLaren Breast Care Appointments

<https://www.mclaren.org/main/breast-care>

McLaren Breast Center - Clarkston

<https://www.mclaren.org/main/locations/mclaren-breast-center-clarkston-medical-building-74>

(800) 625-2736

McLaren Breast Center - Macomb

<https://www.mclaren.org/main/locations/breast-center-imaging-mclaren-macomb-hospital-camp-438>

(800) 625-2736

McLaren Breast Center – Port Huron

<https://www.mclaren.org/main/locations/breast-imaging-center-mclaren-port-huron-campus-473>

(810) 985-2663

McLaren Greater Lansing

<https://www.mclaren.org/lansing/mclaren-greater-lansing-home>

(517) 975-6000

McLaren Home Care and Hospice

<https://www.mclaren.org/main/home-care>

(866) 323-5974

McLaren Macomb Hospital

<https://www.mclaren.org/macomb/mclaren-macomb-home>

(586) 493-8000

McLaren Oakland Emergency Clarkston

<https://www.mclaren.org/main/locations/emergency-department-at-mclaren-clarkston-77>

(248) 922-6880

McLaren Oakland Hospital

<https://www.mclaren.org/oakland/mclaren-oakland-home>

(248) 338-5000

McLaren Oakland Lake Orion Nursing & Rehabilitation

<https://www.mclaren.org/lake-orion/lake-orion-nursing>

(248) 693-0505

McLaren Oakland Occupational Health/Urgent Care Oxford Campus

<https://www.mclaren.org/main/locations/occupational-healthoxford-604>

(248) 628-3000

McLaren Oakland Senior Perks Membership Program

senior.perks@mclaren.org

(248) 338-5000

McLaren Port Huron

<https://www.mclaren.org/port-huron/mclaren-port-huron-home>

(810) 987-5000

McLaren Rehabilitation Services Lansing

<https://www.mclaren.org/main/locations/mclaren-greater-lansing-rehabilitation-health-well-1472>

(517) 975-1590

NATIONAL AND STATE RESOURCES



Emergency Services

<https://www.911.gov>

9-1-1

24-Hour Crisis Line

Abuse and Protective Services
Parenting/Pregnancy Resources

<https://www.wrcnm.org>

(800) 275-1995

Action Agency

Housing Assistance

<https://www.micommunityaction.org/>

(517) 321-7500

Adaptive Environments

Medical Equipment & Loan Closets

<https://www.adaptive-environments.com>

(800) 355-5438

Alcoholics Anonymous

Substance Abuse

<https://aa.org>

(800) 356-9996

ALS of Michigan

Medical Equipment and Loan
Closets, Support Groups

<https://www.alsofmichigan.org>

(248) 354-6100

Alzheimer's Association and Helpline

Adult Aging Services, Support
Groups

<https://www.alz.org>

(800) 272-3900

American Cancer Society Road to Recovery (Transportation)

Transportation

<https://www.cancer.org>

(800) 227-2345

American Red Cross

Emergency and Disaster Services
Food Pantries, Clothing and
Household Items, Housing
Assistance

<https://www.redcross.org>

(800) 733-2767

Area on Aging

Adult Aging Services, Food Pantries,
Clothing and Household Items,
Housing Assistance, Support
Groups, Transportation, Veteran
Affairs

<https://www.4ami.org>

Autism Society

Disability and Special Needs
Resources, Support Groups

<https://www.autism-mi.org>

(800) 328-8476

Boys Town National Hotline

Mental Health and Counseling

<https://www.boystown.org>

(800) 448-3000

Center for Civil Justice

Legal Assistance

<https://ccj-mi.org/>

(800) 724-7441

Centers for Disease Control and Prevention

Healthcare Services, Substance
Abuse

<https://www.cdc.gov>

(800) 232-4636

CHAMPVA

Veteran Affairs

<https://www.va.gov>

(800) 733-8387

Child Safety Seat Inspection

Parenting/Pregnancy Resources,
Transportation

<https://www.nhtsa.gov/campaign/right-seat>

(866) Seat-Check

Children & Adult Protective Services

Abuse and Protection Services

<https://www.michigan.gov>

(855) 444-3911

Children's Special Healthcare Services

Disability and Special Needs
Resources, Healthcare Services,
Parenting/Pregnancy Resources

<https://www.michigan.gov/mdhhs/assistance-programs/cshcs>

(800) 359-3722

NATIONAL AND STATE RESOURCES

Common Ground Crisis Line

Abuse and Protective Services,
Mental Health and Counseling
Services, Support Groups
<https://www.commongroundhelps.org>
(800) 231-1127

Compassionate Friends (Parent's Grief Group)

Support Groups
<https://www.compassionatefriends.org>
(877) 969-0010

Dental Lifeline Network (low income; severe problems only)

Dental Resources
<https://www.dentallifeline.org>
(303) 534-5360

Disability Network of Michigan

Disability and Special Needs
Resources, Support Groups
<https://www.dnmichigan.org>
(800) 782-4160

Early on-Helping Babies and Toddlers Stay on Track

Parenting Resources
<https://1800earlyon.org/>
(800) 327-5966

Epilepsy Foundation of Michigan

Support Groups
<https://www.epilepsymichigan.org>
(800) 377-6226

Equality Michigan

Abuse/Protective Svc, Support
Groups
<https://www.equalitymi.org>
(313) 537-7000

Food Bank Council of Michigan

Food Pantries
<https://www.fbcmich.org/>
(517) 485-1202

Gigi's Playhouse

Disability/Special Needs Resources,
Medical Equipment/ Loan Closets
<https://www.gigisplayhouse.org>
(847) 885-6149

HAP Senior Plus

Adult Aging Services
<https://www.hap.org>
(800) 868-3153

HAVEN Crisis Line

Abuse and Protective Services,
Support Groups
<https://www.haven-oakland.org>
(877) 922-1274

Heat and Warmth Fund

Housing Assistance
<https://www.thawfund.org>
(800) 866-8429

HUD Rental Assistance

Housing Assistance
<https://www.hud.gov>
(800) 569-4287

LARA – Department of Licensing and Regulatory Affairs

Adult Aging Services
<https://adultfostercare.apps.lara.state.mi.us/>

LA LECHE

Parenting/Pregnancy Resources
<https://www.llli.org>
(800) 525-3243

Legal Services of Eastern MI

Legal Assistance
<https://lsem-mi.org>
(800) 322-4512

LGBT Hotline

Abuse and Protective Services,
Support Groups
<https://www.lgbthotline.org>
(888) 843-4564

LifeSource Direct Rx Discount Card-uninsured/underinsured

Pharmacies and Prescription
Assistance
<https://lifesourcedirect.com>
(866) 340-4748

Love is Respect Hotline

Abuse and Protective Services,
Support Groups
<https://www.loveisrespect.org>
(866) 331-9474

MDHHS Native American Affairs Office

Tribal Services
<https://www.michigan.gov/mdhhs/faq/native-american-affairs>
(517) 335-7782

Meals on Wheels

Adult Aging Svc, Food Pantries,
Clothing/Household Items
<https://www.mealsonwheelsamerica.org/>
(800) 632-7334

Medicare

Adult Aging Services
<https://www.medicare.gov>
(800) 633-4227

NATIONAL AND STATE RESOURCES

Medicare/Medicaid Assistance Program

Adult Aging Services, Disability and Special Needs Resources, Pharmacies and Prescription Assistance

<https://www.mmapinc.org>

(800) 803-7174

Medicaid Portal

https://myhbcld.state.mi.us/myHBPublic/landing.action?request_locale=en

Michigan Alliance for Families

Disability and Special Needs Resources, Parenting/Pregnancy Resources

<https://www.michiganallianceforfamilies.org/>

(800) 552-4821

Michigan Assistive Technology Loan Fund

Medical Equipment & Loan Closets

<https://www.mi-ucp.org>

(800) 827-4843

Michigan Coalition to end Domestic & Sexual Violence

Abuse and Protective Services

<https://www.mcedsv.org>

(517) 347-7000

Michigan Commission for the Blind

Disability and Special Needs Resources, Vision Assistance

<https://www.michigan.gov>

(800) 292-4200

Michigan Commission for the Deaf

Disability and Special Needs Resources

<https://www.michigan.gov>

(313) 437-7035

Available at <https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners>

Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and Supplies

Medical Equipment & Loan Closets

<https://pranavmayuram.github.io/UMich-CPAP-Bank/public/#/mission>

(734) 232-3964

Michigan Department of Civil Rights

Legal Assistance, Tribal Services

<https://www.michigan.gov/mdcr>

(517) 335-3165

Michigan Department of Education – Office of Special Education

Disability and Special Needs Resources

<https://www.michigan.gov/mde/services/special-education>

(833) 633-5788

Michigan Donated Dental Services Program

Dental Resources

<https://www.michigandental.org>

(517) 346-9454

Michigan HIV/STD Hotline

Clinics and Hospitals

<https://www.miunified.org/resources/hotline>

(800) 872-2437

Michigan Indian Employment and Training Services

Tribal Services

<https://www.michigan.gov/mdhhs/inside-mdhhs/tribal-government-services-and-policy>

(800) 591-8820

Michigan Indian Legal Services Hotline

Legal Assistance, Tribal Services

<https://www.mils3.org>

(231) 947-0122

Michigan Indian Tuition Waiver

Tribal Services

<https://www.michigan.gov/mistudentaid/programs/indian-tuition-waiver>

(517) 241-7748

Michigan Senior Legal Hotline

Legal Assistance

<https://www.elderlawofmi.org>

(866) 400-9164

Michigan State University College of Law

Legal Assistance

<https://www.law.msu.edu>

(517) 432-6800

Michigan United Way

Michigan Resources

<https://www.unitedway.org/find-your-united-way>

2-1-1

Michigan Veteran Affairs

Veteran Affairs

<https://www.michigan.gov/mvaa>

(800) 642-4838

Military One Source

Mental Health and Counseling Services, Legal Assistance, Parenting/Pregnancy Resources, Veteran Affairs

<https://www.militaryonesource.mil>

(800) 342-9647

NATIONAL AND STATE RESOURCES

MSHDA: Step Forward

Financial Assistance

Housing Assistance

<https://www.stepforwardmichigan.org>

[org](https://www.stepforwardmichigan.org)

(855) 646-7432

MiRx Discount Card

Pharmacies & Prescription

Assistance

<https://www.mihealth.org/mirx>

(877) 681-7540

Muscular Dystrophy Association

Disability and Special Needs

Resources, Medical Equipment and

Loan Closets

<https://www.mda.org>

(800) 572-1717

Narcotics Anonymous 24/7

Abuse and Protective Services,

Mental Health and Counseling

Services, Substance Abuse, Support

Groups

<https://www.na.org>

(800) 230-4085

National Alliance on Mental Illness

Mental Health and Counseling

Services

<https://www.nami.org>

(800) 950-6264

National Child Abuse Hotline

Abuse and Protective Services

<https://www.childhelp.org>

(800) 422-4453

National Council on Alcoholism and Drug Dependence (NCADD)

Mental Health and Counseling,

Substance Abuse, Support Groups

<https://www.ncadd.us>

(313) 865-8951

National Domestic and Sexual Violence Helpline

Abuse and Protective Services,

Mental Health and Counseling

Services, Support Groups

<https://www.thehotline.org>

(800) 799-7233

National Eye Institute

Vision Assistance

<https://www.nei.nih.gov>

(301) 496-5248

National Federation of the Blind

Medical Equipment & Loan Closets

<https://www.nfb.org>

(410) 659-9314

National Human Trafficking

Abuse and Protective Services,

Mental Health and Counseling

Services, Support Groups

<https://humantraffickinghotline.org/en>

(888) 373-7888

NEMCSA

Multitude of community resources

<https://www.nemcsa.org/get-involved/community-resource-corner/>

(989) 358-4700

NeedyMeds

Pharmacies & Prescription Assistance

<https://www.needymeds.org>

(800) 503-6897

New Day Foundation

Support Group

<https://www.foundationforfamilies.org/>

(248) 648-1105

Paralyzed Veterans of America

Disability and Special Needs

Resources, Medical Equipment and

Loan Closets, Veteran Affairs

<https://www.michiganpva.org>

(800) 424-8200

Parkinson's

Support Group

<https://parkinsonsmi.org/>

(800) 852-9781

Partnership for Prescription Assistance

Pharmacies and Prescription

Assistance

<https://www.pparx.org>

Poison Control

Emergency and Disaster Services

<https://www.poison.org>

(800) 222-1222

Problem Gambling Help Line

Support Groups

<https://www.ncpgambling.org>

(800) 522-4700

RAINN (Rape and Incest National Network)

Abuse and Protective Services,

Mental Health & Counseling

Services, Support Groups

<https://www.rainn.org>

(800) 656-4673

NATIONAL AND STATE RESOURCES

Relay Center for Deaf/HOH

Disability and Special Needs
Resources, Hearing Assistance
<https://www.ada.gov/resources/efective-communication>
7-1-1

RxAssist

Pharmacies and Prescription
Assistance
<https://www.rxassist.org>

Safe Center Crisis Hotline 24/7

Abuse and Protective Services
<https://www.thesafecenter.org>
(877) 952-7283

Social Security Administration

Adult Aging Services, Disability and
Special Needs
<https://www.ssa.gov>
(800) 772-1213

Stop It Now! Hotline

Abuse and Protective Services
<https://www.stopitnow.org>
(888) 773-8368

Substance Abuse Hotline

Substance Abuse, Support Groups
<https://www.samhsa.gov>
(800) 662-4357

Suicide Hotline

Abuse and Protective Services,
Mental Health and Counseling
Services, Support Groups
<https://www.988lifeline.org>
9-8-8

The Trevor Project

Abuse and Protective Services
<https://www.thetrevorproject.org>
(866) 488-7386
Available at <https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners>

Third Level Crisis Line

Abuse and Protective Services
Legal Aid
<https://www.cfsnwm.org>
(231) 946-8975

U.S. Office of Indian Education

Tribal Services
<https://www.ed.gov/about/ed-offices/oese/oie>
(505) 563-5304

Unemployment Office Hotline

Employment Assistance
<https://www.michigan.gov>
(866) 500-0017

University of Detroit Mercy School of Law

Legal Assistance
<https://law.udmercy.edu>
(313) 596-0200

University of Michigan Law School

Legal Assistance
<https://michigan.law.umich.edu>

USDA Rural Development

Housing Assistance
<https://www.rd.usda.gov>
(517) 324-5190

Veteran Affairs

Veteran Affairs
<https://www.va.gov>
(800) 698-2411

Veteran's Crisis Line

Veteran Affairs
<https://www.veteranscrisisline.net/>
(800) 273-8255

Victim Connect (stalking hotline)

Abuse and Protective Services
<https://www.victimconnect.org>
(855) 484-2846

Visiting Angels Living Assistance Services

Adult Aging Services
<https://visitingangelsfoundation.org>
(800) 365-4189

Vocational Rehabilitation of Michigan

Disability and Special Needs
Resources
<https://www.michigan.gov/leo/bureau-agencies/mrs>
(800) 605-6722

Wayne State University Law School

Legal Services
<https://law.wayne.edu>
(313) 577-3933

Western Michigan University Cooley Law School

Legal Assistance
<https://www.cooley.edu>
(517) 371-4140

WIC

Food Pantries, Clothing
and Household Items,
Parenting/Pregnancy Resources,
Support Groups
<https://www.michigan.gov/mdhhs/%20assistance-programs/wic>
(800) 942-1636

Women's Health Resources Line

Parenting/Pregnancy Resources,
<https://www.womenshealth.gov>
(800) 994-9662

REGIONAL RESOURCES



Abuse & Protective Services

LACASA Center Howell MI

<https://lacasacenter.org/>
(866) 552-2725

Affirmations (LGBTQ+)

www.goaffirmations.org
(248) 398-7105

CARE House of Oakland County

www.carehouse.org
(248) 332-7173

Adult Aging Services

Brighton Senior Center

<https://www.brightonseniorcenter.com/>
(810) 299-3817

Council on Aging St. Clair

<https://thecouncilonaging.org/>
(810) 987-8811

Howell Senior Citizens Center

<https://www.howellrecreation.org/senior-center>
(517) 545-0219

Macomb County Senior Services

<https://www.macombgov.org/departments/senior-services>
(586) 469-5228

Matrix Human Services

<https://www.matrixhumanservices.org/>
(313) 962-5255

Rochester Older Persons

Commission
<https://opccenter.org/>
(248) 656-1403

Seniors Helping Seniors Brighton

<https://seniorshelpingseniors.com>

Brighton (810) 412-7270
Lake Orion (248) 969-4000

Wayne County Senior Services

<https://www.waynecounty.com/departments/seniorservices/home.aspx>
(734) 326-5202

Assisted Living

Angel Gardens Assisted Living

<https://angelgardensassistedliving.com/>
(734) 464-2772

Brighton Manor Senior Living

<https://comfortcaresl.com/communities/mi/brighton-michigan/brighton-assisted-living-and-senior-care-comfort-care-senior-living/>
(810) 247-8442

Crystal Creek Assisted Living

<https://crystalcreekliving.com/>
(734) 453-3203

Michigan House Assisted Living - Riverview

<https://michiganhouseseniorliving.com/>
(734) 283-6000

TenderCare Assisted Living

<https://mitendercare.com/>
(248) 860-8818

The Inn at Cass Lake Waterford Township

https://www.storypoint.com/community/waterford-mi/?utm_source=gmb&utm_medium=organic
(248) 617-0204

Village Manor Retirement

<https://www.vmretirement.com/>
(810) 632-6200

Vista Springs of Howell

<https://thecortlandhowell.com/>
(517) 540-1926

Woodwards Assisted Living

<https://www.friendsandfamilyinc.org/assisted-living/>
(586) 372-7099

REGIONAL RESOURCES

Disability Resources

Arc of Detroit

<https://www.arc-detroit.org/>

(313) 831-0202

Arc of Oakland County

<https://www.thearcoakland.org/>

(248) 816-1900

Arc of Western Wayne County

<https://thearcww.org/>

(734) 729-9100

Clarkston SCAMP

<https://www.clarkstonscamp.org/>

(248) 623-8089

Disability Network Wayne County

<https://disabilitynetworkwcd.org/>

(313) 923-1655

Michigan Developmental Disabilities Institute at Wayne State University

<https://ddi.wayne.edu/>

(313) 577-2654

Michigan Rehabilitation Services

<https://www.michigan.gov/leo/bureau-agencies/mrs>

(810) 982-8571

Oakland University Center for Autism Outreach

<https://oakland.edu/oucares/about/>

(248) 370-2424

Services to Enhance Potential

<https://stepcentral.org/>

(313) 278-3040

Emergency Services

<https://www.911.gov/>

9-1-1

Detroit Emergency Management

[https://detroitmi.gov/departments/homeland-security-emergency-](https://detroitmi.gov/departments/homeland-security-emergency-management-detroit)

[management-detroit](https://detroitmi.gov/departments/homeland-security-emergency-management-detroit)

(313) 596-2590

DTE Energy Outage Reporting

<https://outage.dteenergy.com/>

(800) 477-4747

Farmington Hills Police Dept.

<https://www.fhgov.com/departments-and-services/police/>

(248) 871-2600

Independence Fire Department

<https://www.indtp.com/departments/fire/index.php>

(248) 625-1924

Lake Orion Police Department

<https://www.lakeorion.org/police-department>

(248) 693-8321

North Oakland County Fire Authority

<https://www.nocfa.org/index.php>

(248) 634-4511

Oakland County Sheriff's Office

<https://www.oakgov.com/government/sheriff>

(214)858-4950

Oakland Township Fire Dept.

https://www.oaklandtownship.org/township_departments/fire_department/home.php

(248) 650-8605

St. Clair County Emergency Management

<https://www.stclaircounty.org/Offices/12>

(810) 989-6965

Waterford Fire Department

<https://www.waterfordmi.gov/FAQ.aspx?QID=137>

(248) 673-0405

Wayne County Child Abuse Unit

<https://www.waynecounty.com/elected/prosecutor/child-abuse-unit.aspx>

(313) 224-5857

Wayne Co Emergency Management

<https://www.waynecounty.com/departments/hsem/emergency-management.aspx>

(734) 728-3711

Financial Assistance

Jewish Family Services

<https://www.jfsdetroit.org/>

(248) 592-2300

Macomb Community Action

<https://www.macombgov.org/departments/macomb-community-action>

(586) 469-6999

Macomb County Treasurer

<https://www.macombgov.org/departments/treasurers-office>

(586) 469-5190

Oakland Livingston Human Service Agency

<https://www.olhsa.org/en-us/>

(517) 546-8500

REGIONAL RESOURCES

Salvation Army

<https://www.salvationarmy.org/>

Livingston (517) 546-4750

Mt. Clemens (586) 469-6712

Plymouth (734) 453-5464

Pontiac (248) 334-2407

Port Huron (810) 984-2679

Royal Oak (248) 585-5600

Wayne Metropolitan Community Action Agency

<https://www.waynemetro.org/>

(313) 388-9799

Employment Assistance

Aerotek Staffing Agency

<https://www.aerotek.com/en>

(248) 728-9300

Express Employment Professionals

<https://www.expresspros.com/>

(248) 682-6500

Oakland Workforce Development

<https://www.oakgov.com/home>

(248) 858-5520

Legal Assistance

Livingston County Court

<https://milivcounty.gov/courts/>

(517) 546-3060

Macomb County Circuit Court

<https://www.macombgov.org/departments/16th-judicial-circuit-court/courtview>

(586) 469-7171

Oakland County Circuit Court

<https://www.oakgov.com/government/courts/circuit-court>

(313) 256-9833

Wayne County Third Judicial Circuit Court

<https://www.3rdcc.org/>

(313) 833-1790

St Clair County Courts

<https://www.stclaircounty.org/Offices/9>

(810) 985-2005

Libraries

Addison Township Library

<https://www.addisontwp.michlibrary.org/>

(248) 628-7180

Armada Free Public Library

<https://www.armadalib.org/>

(586) 784-5921

Auburn Hills Public Library

<https://www.ahplibrary.org/>

(248) 370-9466

Baldwin Public Library

<https://www.baldwinlib.org/>

(248) 647-1700

Berkley Public Library

<https://www.berkleymich.org/departments/library/index.php>

(248) 658-3440

Blair Memorial Library

https://www.cityofclawson.com/your_government/library/index.php

(248) 588-5500

Bloomfield Twp Public Library

<https://btpl.org/>

(248) 642-5800

Brandon Township Public Library

<https://www.brandonlibrary.org/>

(248) 627-1460

Center Line Public Library

<https://www.centerline.gov/202/Library>

(586) 758-8274

Chesterfield Township Library

<https://www.chelibrary.org/>

(586) 598-4900

Clarkston Independence Twp Library

<https://www.cidlibrary.org/>

(248) 625-2212

Clinton-Macomb Public Library

<https://www.cmpl.org/>

Main Library (586) 226-5020

North Branch (586) 226-5082

South Branch (586) 226-5072

Commerce Twp Library

<https://commercetwp.com/library>

(248) 669-8108

Dearborn Public Library

<https://dearbornlibrary.org/>

(313) 943-4091

Detroit Public Library

<https://detroitpubliclibrary.org/>

Bowen (313) 481-1540

Campbell (313) 481-1550

Chandler Park (313) 481-1560

Chaney (313) 481-1570

Douglass (313) 481-1700

Duffield (313) 481-1710

Edison (313) 481-1720

REGIONAL RESOURCES

Detroit Public Library cont.

<https://detroitpubliclibrary.org/>

Elmwood Park (313) 481-1730

Franklin (313) 481-1740

Hubbard (313) 481-1750

Jefferson (313) 481-1760

Knapp (313) 481-1770

Lincoln (313) 481-1780

Main (313) 481-1300

Parkman (313) 481-1810

Redford (313) 481-1820

Sherwood Forest (313) 481-1840

Wilder (313) 481-1870

Eastpointe Memorial Library

https://cityofeastpointe.net/departments/eastpointe_memorial_library/index.php

(586) 445-5096

Farmington Community Library

<https://www.farmlib.org/>

(248) 553-0300

Faust Public Library Westland

<https://westlandlibrary.org/>

(734) 326-6123

Ferndale Area District Library

<https://fadl.org/>

(248) 546-2504

Franklin Public Library

<https://www.franklin.lib.mi.us/>

(248) 851-2254

Fraser Public Library

<https://www.fraserpubliclibrary.org/>

(586) 293-2055

Harrison Township Public Library

<https://www.htlibrary.org/>

(586) 329-1261

Hazel Park Memorial Library

<https://hazel-park.lib.mi.us/>

(248) 546-4095

Highland Township Public Library

<https://www.highlandlibrary.info/>

(248) 887-2218

Holly Township Library

<https://hollylibrary.org/>

(248) 634-1754

Huntington Woods Library

<https://huntingtonwoodslib.org/>

(248) 543-9720

Lenox Township Library

<https://www.lenoxlibrary.org/>

(586) 749-3430

Lincoln Park Library

<https://www.lincoln-parklibrary.org/>

(313) 381-0374

Livonia Public Library System

<https://livonialibrary.info/>

Carl Sandburg (248) 893-4010

Bennet Civic Center (734) 466-2491

Vest Pocket (734) 466-2559

Lois Wagner Memorial Library

<https://www.cityofrichmond.net/191/Lois-Wagner-Memorial-Library>

(586) 727-2665

Lyon Township Public Library

<https://lyon.lib.mi.us/>

(248) 437-8800

MacDonald Public Library

<https://www.macdonaldlibrary.org/>

(586) 725-0273

Madison Heights Public Library

<https://www.madison-heights.org/library>

(248) 588-7763

Milford Public Library

<https://www.milfordlibrary.info/>

(248) 684-0845

Mount Clemens Public Library

<https://www.mtclib.org/>

(586) 469-6200

Northville District Library

<https://northvillelibrary.org/>

(248) 349-3020

Novi Public Library

<https://www.novilibrary.org/>

(248) 349-0720

Oak Park Library

<https://www.oakparkmi.gov/departments/library/index.php>

(248) 691-7480

Orion Township Public Library

<https://www.orionlibrary.org/>

Orion Twp. (248) 693-3000

Orion Center (248) 693-6840

Oxford Public Library

<https://www.miopl.org/>

(248) 628-3034

Plymouth District Library

<https://plymouthlibrary.org/>

(734) 453-0750

Pontiac Public Library

<https://pontiaclibrary.org/>

(248) 758-3942

REGIONAL RESOURCES

Ray Township Public Library

<https://www.raylibrary.org/>

(586) 749-7130

Redford Township District Library

<https://www.rtdl.org/>

(313) 531-5960

Rochester Hills Public Library

<https://rhpl.org/>

(248) 656-2900

Romeo District Library

<https://romeodistrictlibrary.org/>

Graubner (586) 752-0603

Kezar (586) 752-2583

Romulus Public Library

<https://www.romuluslibrary.org/>

(734) 942-7589

Roseville Public Library

<https://rosevillelibrary.org/wordpress>

(586) 445-5407

Royal Oak Public Library

<https://www.romi.gov/1532/Library>

(248) 246-3700

Salem South Lyon District Library

<https://ssldl.info/>

(248) 437-6431

Shelby Township Library

<https://www.shelbytwp.org/government/departments/library>

(586) 739-7414

Southfield Public Library

<https://southfieldlibrary.org/>

(248) 796-4200

Springfield Township Library

<https://www.springfield.michlibrary.org/>

(248) 846-6550

Sterling Heights Library

<https://www.sterlingheights.gov/2136/Library>

(586) 446-2665

St. Clair County Library System

<https://stclaircountylibrary.org/>

Algonac-Clay (810) 794-4471

Burtchville Twp. (810) 385-8550

Capac Library (810) 395-7000

G Lynn Campbell (810) 982-9171

Ira Township (586) 725-9081

Main Library (810) 987-7323

Marine City (810) 765-5233

Marysville (810) 364-9493

Memphis (810) 392-2980

St. Clair (810) 329-3951

Yale Public Library (810) 387-2940

St Clair Shores Public Library

<https://www.scslibrary.org/>

(586) 771-9020

Suburban Library Co-Op

<https://libcoop.net/slc/>

(586) 685-5750

Taylor Community Library

<https://taylor.lib.mi.us/>

(734) 287-4840

Troy Public Library

<https://troypb.org/>

(248) 524-3538

Walled Lake City Library

<https://walledlake.ploud.net/>

(248) 624-3772

Warren Public Library System

<https://www.warrenlibrary.net/>

Burnete Branch (586) 353-0579

Busch Branch (586) 353-0580

Civic Center (586) 751-0770

Miller Branch (586) 751-5377

Waterford Twp Public Library

<https://waterfordmi.gov/1328/Library>

(248) 674-4831

Wayne Public Library

<https://www.wayne.lib.mi.us/>

(734) 721-7832

West Bloomfield Library

<https://wbllib.org/>

Main Branch (248) 682-2120

Westacres Branch (248) 363-4022

White Lake Township Library

<https://www.whitelakelibrary.org/>

(248) 698-4942

Wixom Public Library

<https://www.wixomlibrary.org/>

(248) 624-2512

Food Pantries, Clothing and Household Items

All Saints Soup Kitchen & Food Pantry

<https://www.ccsem.org/allsaints/>

(855) 882-2736 ext 7

Blue Water Community Action

<https://www.bwcaa.org/>

(810) 982-8541

Capuchin Services Center

<https://cskdetroit.org/>

(313) 579-2100

REGIONAL RESOURCES

Cass Community Social Services

<https://casscommunity.org/>

(313) 883-2277

Community Sharing

<https://www.community-sharing.org/>

(248) 889-0347

Downriver Community Food Pantry

https://www.wyandotte.net/community/community_assistance/index.php

(734) 281-6733

Focus: HOPE Detroit

<https://www.focushope.edu/>

(313) 494-5500

Forgotten Harvest

<https://www.forgottenharvest.org/farm/>

(248) 967-1500

Friendship House

<https://www.detroitfriendshiphouse.org/>

(313) 871-7443

Furniture Bank of Southeastern Michigan - Pontiac

<https://www.furniture-bank.org/>

(248) 332-1300

Gleaners Food Bank

<https://www.gcfb.org/>

(313) 923-3535

Kids Against Hunger

<https://kidscoalitionagainsthunger.org/>

(248) 336-2559

Livingston County United Way

<https://lcunitedway.org/>

(810) 494-3000

Neighbor for Neighbor

<https://www.neighborforneighbor.net/>

(248) 634-0900

Nourishing Gardens Food Bank

https://nourishinggardens.org/contact_us.html

(734) 713-7715

Open Door Outreach Center

<https://opendooroutreachcenter.com/>

(248) 360-2930

Rochester Area Neighborhood House

<https://www.ranh.org/>

(248) 651-5836

Samaritan House - Washington

<https://www.samaritanhousemichigan.org/>

(586) 336-9956

Samaritas Family Center Westland

<https://www.samaritas.org/Building-Communities/Family-Center>

(734) 721-0590

Southwest Solutions

<https://www.swsol.org/>

(313) 963-6601

United Community Housing Coalition

<https://www.uchcdetroit.org/>

(313) 963-3310

United Way of St. Clair County

<https://www.uwstclair.org/contact>

(810) 985-8169

Yad Ezra

<https://www.yadezra.org/>

(248) 548-3663

Housing Assistance

Algonac Housing Commission

<https://algonachousing.org/>

(810) 794-9369

Alternatives for Girls

<https://alternativesforgirls.org/>

(313) 361-4000

Blue Water Cass Community Social Services

<https://casscommunity.org/>

(313) 883-2277

Blue Water Safe Horizons

<https://bluewatersafehorizons.org>

(810) 989-5246

Community Housing Network

<https://communityhousingnetwork.org/>

(248) 928-0111

COTS Homeless Shelter, Detroit

<https://cotsdetroit.org/>

(313) 831-3777

Covenant House Michigan

<https://covenanthousemi.org/>

(313) 463-2000

REGIONAL RESOURCES

Detroit Rescue Mission

<https://drmm.org/>

(313) 993-6703

Grace Centers of Hope

<https://gracecentersofhope.org/>

(248) 334-2187

Haven Shelter for Women & Center

<https://www.haven-oakland.org/>

(248) 334-1274

Home Stretch Non Profit Housing

<https://homestretchhousing.org/>

(231) 947-6001

HOPE Hospitality & Warming Center

<https://www.hopeshelters.org/>

(248) 499-7345

HUD Field Office

<https://www.hud.gov/>

(313) 226-7900

Innovative Housing Development

<https://innovativehousing.org/>

(810) 385-4463

**Lighthouse Emergency Services
Housing**

<https://lighthousemi.org/>

(248) 920-6100

**Lighthouse Pontiac Area Transitional
Housing**

<https://lighthousemi.org/services/transitional-housing/>

(248) 335-1950

Livingston Co. Habitat for Humanity

<https://www.livingstonhabitat.org>

(810) 220-9986

Melvindale Housing Commission

<https://www.melvindalehousingcommission.org/home.html>

(313) 429-1095

**Oakland County Community & Home
Improvement**

<https://www.oakgov.com/community/neighborhood-housing-development>

(248) 858-0493

Port Huron Housing Commission

<https://phhousing.org/>

(810) 984-3173

Romulus Housing Commission

<https://www.romulushousingcommission.com/>

(734) 729-5389

Ruth Ellis Center LGBT

<https://www.ruthelliscenter.org/>

(313) 252-1950

South Oakland Shelter

<https://lighthousemi.org/>

(248) 809-3773

St. Clair Housing Commission

<https://stclairhousingcommission.org>

(810) 329-9141

The Noah Project

<https://noahprojectdetroit.org/>

(313) 965-5422

Turning Point

<https://turningpointmacomb.org/>

(586) 463-6990

**Welcome Inn Day Center for the
Homeless**

<https://www.sochwi.org/>

(248) 850-3219

Healthcare Services

**Children's Special Health Care
Services**

<https://www.oakgov.com/community/health/public-health-services/children-families/children-special-health-care-services-cshcs>

(248) 858-0056

DHS Livingston County

<https://www.michigan.gov/mdhhs/inside-mdhhs/county-offices/east-michigan/livingston-county>

(517) 548-0200

Detroit Public Health STD Clinic

<https://detroitmi.gov/departments/detroit-health-department/programs-and-services/sexually-transmitted-diseases-clinic>

(313) 577-9100

Gilda's Club Metro Detroit

<https://www.gildasclubdetroit.org>

(248) 577-0800

REGIONAL RESOURCES

Livingston County Health Dept

<https://milivcounty.gov/health/>

(517) 546-9850

Macomb County Health Dept

<https://www.macombgov.org/departments/health-department>

(586) 469-5235

Oakland County Health Division

<https://www.oakgov.com/community/health/about/contact-us>

North Oakland (248) 858-1280

South Oakland (248) 424-7000

HIV/AIDS Prevention & Control Services

[Link Up Oakland | Oakland County, MI](#)

(248) 459-5891

St. Clair County Health Dept

<https://stclaircounty.org/PageBuilder/scchd/>

(810) 987-5300

Waterford Teen Health Center

<https://honorcommunityhealth.org/>

(248) 674-4876

Clinics and Hospitals

Advantage Health Center

<https://ahcdetroit.org/>

(313) 835-5990

Beaumont

<https://www.beaumont.org/locations/beau-mont-hospital-grosse-pointe>

(313) 473-1000

Children's Hospital of Michigan**Diabetic Clinic**

<https://www.childrensdmc.org/locations/detail/children's-hospital-of-michigan-alex-j-etkin-specialty-center---southfield>

(248) 351-7671

Children's Hospital of Michigan**Pediatric Cancer/Hematology**

<https://www.childrensdmc.org/>

(313) 745-5437

Community First Health Center

<https://www.communityfirsthc.org>

(586) 749-5197

Covenant Community Care

<https://www.covenantcommunitycare.org/>

Detroit (313) 554-1095

Royal Oak (248) 556-4900

Diabetes Care Centers at Henry Ford

<https://www.henryford.com/about/community-health/wellness-resources/diabetes>

(313) 874-7495

DMC Children's

<https://www.childrensdmc.org/>

(313) 745-5437

DMC Receiving Hospital

<https://www.dmc.org/locations/detail/dmc-detroit-receiving-hospital>

(313) 745-3000

East Riverside Health Center

<https://www.dchcquality.org/>

(313) 822-0900

Garden City

<https://gch.org/>

(734) 458-3300

Gary Burnstein Community Health Clinic

<https://garyburnsteinclinic.org/>

(248) 309-3752

Henry Ford

<https://www.henryford.com/locations/grosse-pointe>

(313) 640-1000

Henry Ford Rochester

https://www.henryford.com/locations/rochester-hospital?utm_campaign=website-link&utm_medium=organic&utm_source=local-listing

(248) 652-5000

Henry Ford St. John Hospital

<https://www.henryford.com/locations/st-john-hospital>

(313) 343-4000

Honor Community Health

<https://honorcommunityhealth.org/health-centers/family-medicine-center/>

(248) 724-7600

Hope Medical Clinic

<https://thehopeclinic.org/>

(734) 710-6688

HUDA

<https://www.hudaclinic.org/>

(313) 865-8446

Lake Huron Medical Center

<https://mylakehuron.com/>

(810) 985-1500

REGIONAL RESOURCES

Mercy Place

<https://www.trinityhealthmichigan.org/about-us/community-health-and-well-being/health-clinics/mercy-place>
(248) 333-0840

Neighbors Caring for Neighbors

<https://www.henryford.com/locations/macomb/about/community-outreach/neighbors-caring-for-neighbors>
(586) 649-6105

Surgeons Choice Medical Center

<https://surgeonschoice.com/>
(248) 423-5100

Select Specialty

<https://www.selectspecialtyhospitals.com/locations-and-tours/mi/wyandote/downriver/>
(734) 246-5500

Trinity Health

<https://www.trinityhealthmichigan.org/location/trinity-health-livonia>
(734) 655-4800

Trinity Health Livingston Hospital

<https://www.trinityhealthmichigan.org/location/trinity-health-livingston-hospital>
(517) 545-6000

Vibra Hospital

<https://vhsemichigan.com/about-us/the-taylor-campus/>
(313) 375-7075

Wayne County Health Center

<https://www.waynecounty.com/departments/hhvs/home.aspx>
(734) 727-7101

Wayne Co. Healthy Community

<https://www.waynecountyhealthy.com/>
(313) 871-1926

The Wellness Plan – Northwest Medical Center

<https://www.wellplan.com/>
(248) 967-6500

Western Wayne Family Health Centers

<https://wwfhc.org/>
(313) 561-5100

Urgent Care

1st Choice Urgent Care of Bloomfield Township

<https://www.firstchoiceucc.com/>
(248) 451-0933

Advance Urgent Care & Walk-In Clinic

<https://www.advanceurgentcare.com>
Brighton (810) 225-0086
Dearborn (313) 582-0100
Hartland (810) 632-0086

Ascension My Health Urgent Care

<https://myhealthuc.com/home>
Bloomfield Twp (248) 454-0442
Campbell Ave (248) 850-8395

Beaumont Urgent Care

<https://www.beaumonturgentcare.com/>
Farmington Hills (248) 488-5900
St. Clair Shores (586) 884-2727
Wayne (734) 589-1254

Berkley Urgent Care & Telemedicine

<https://www.berkleyuc.com/>
(248) 268-1525

Best Urgent Care and Telemedicine Redford Twp

<https://urgentcareredfordmi.com/>
(313) 948-3030

Bloomfield Urgent Medical Care

<https://www.bloomfieldurgentmedicalcare.com/>
(248) 247-7947

Blue Water Urgent Care

<https://bluewateruc.com/>
(810) 882-9373

Clinton Urgent Care Walk In Clinic

<https://clintonurgentcare.com/>
(586) 267-1334

Corewell Urgent Care

<https://www.beaumonturgentcare.com/>
St. Clair Shores (586) 884-2727
Wayne (734) 589-1254

Doctors Urgent Care Group

<https://urgentcarecommencement.com/>
(248) 242-6049

Get Well Urgent Care Pontiac

<https://getwellurgent.com/>
(248) 900-9700

Howell Redi Care

<https://howellredicare.com/>
(517) 546-9200

MI Urgent Care Grosse Pointe Woods

<https://www.iepurgentcare.com/grosse-pointe>
(313) 499-6000

Pine Knob Urgent Care

<https://www.pineknoburgentcare.com/>
(248) 297-5282

REGIONAL RESOURCES

Roseville Urgent Care

<https://getwellurgent.com/>

(586) 872-2288

MyHealth Urgent Care

<https://myhealthuc.com/home>

Washington (586) 935-4000

Springfield Urgent Care

<https://springfieldurgentcare.com/>

(586) 868-2600

Sterling Heights Urgent Care

<https://www.urgentcaresterlinghts.com/>

(586) 978-1300

Summit Urgent Care - Macomb

<https://summithealthpointe.com/>

(586) 213-1492

Taylor Urgent Care

<https://walkinclinicataylor.com/>

(313) 768-5393

Warren Urgent Care

<https://urgentcaremanagement.net/warren/>

(586) 276-8200

WellNow Urgent Care

<https://www.wellnow.com/>

(810) 242-5139

Westland Urgent Care

<https://www.urgentcarewestlandmi.com/>

(734) 578-0009

Wyandote Urgent Care

<https://wyandotteuc.com/>

(734) 299-0712

Dental Resources

Baker College Dental Hygiene

<https://en.usdentalservice.com/michigan-clinton-township/bake-college-dental-hygiene-clinic/>

(586) 790-5238

Covenant Community Care Family Dental Center

<https://www.covenantcommunitycare.org/dental>

(313) 554-3880

Destiny Dental

<https://destinydentalcare.com/>

(313) 451-8304

Detroit Mercy Dental

<https://dental.udmercy.edu/>

(313) 494-6700

McAdoo Dental

<https://www.detroitmichigandentist.com/>

(313) 537-3800

MyCare Dental Clinic

<https://www.mycarehealthcenter.org/dental>

(586) 467-0980

My Community Dental Center - Warren

<https://www.mydental.org/>

Detroit (313) 571-2648

Port Huron (810) 984-5197

Warren (586) 759-2326

My Detroit Dentist

<https://mydetroitdentist.com/>

(313) 871-1999

New Haven Family Dental

<https://www.newhavendentalofmichigan.com/>

(586) 749-3333

Portable Dental Services

<https://portabledentalservices.com/>

(586) 873-5567

Vina Community Dental Center

<https://vinadental.org/>

(810) 844-0240

Woodland Lake Family Dental

<https://woodlandlakefamilydental.com/>

(810) 229-6740

Hearing Assistance

Advanced Hearing of Brighton

<https://advancedhearingofbrighton.com/>

(810) 355-2245

Epic Hearing Health Care

<https://www.epichearing.com/>

(866) 956-5400

Hearing Life

<https://www.hearinglife.com/hearing-aids-centers/michigan/livonia>

(734) 237-3836

Livingston Hearing Center

<https://www.livingstonhearing.com/>

(810) 632-0900

REGIONAL RESOURCES

Macomb County Hearing & Vision

<https://www.macombgov.org/departments/health-department/community-health-planning-and-promotion/hearing-and>
(586) 412-5945

Miracle Ear Hearing

<https://www.miracle-ear.com/>
(855)940-6412

Professional Hearing Clinic

<https://professionalhearingclinic.com/>
(810) 433-4575

The Hearing Clinic Brighton

<https://hearingcliniconline.com/>
(810) 225-2205

Wayne State University Audio Clinic

<https://audiologyclinic.wayne.edu/>
(313) 577-0631

Vision Assistance

Acuity Eye Care

<https://acuityeyecaremi.com/home>
(248) 360-4300

Auburn Hills Eye Care

<https://auburnhillseyecare.com/>
(248) 858-2223

Birmingham Vision Care

<https://www.birminghamvision.com/>
(248) 539-4800

Brighton Eye Clinic

<https://primaryeyeandvisioncare.com>
(810) 227-5640

Cook & Hayden Vision Care

<https://cookandhayden.com/>
(810) 227-2004

Eyecare Connection - Highland

<http://www.eyecareconnection.com/>
(248) 887-4175

Heritage Optical Center

<http://heritageoptical.com/>
(313) 863-9581

Kellogg Eye Center Brighton

<https://www.umkelloggeye.org/our-locations/kellogg-eye>
(734) 764-4190

Kensington Ophthalmology

<https://youreyecare.net/>
(810) 229-3363

Kresge Eye Institute

<https://kresgeeye.org/>
(313) 577-8900

LO Eye Care

<https://www.loeye.com/>
Howell (517) 548-3571

Main Street Optometry Vision Source

<https://visionsource-pinckneymi.com/>
(734) 878-7444

Port Huron Eye Care

<http://www.porthuroneyecare.com/>
(810) 989-7702

Riverside Eye Center – East China

<https://www.riversideeyecenter.com/>
(810) 329-9045

SEEN Vision Care

<https://haveyoubeenseen.com/>
(313) 278-7336

St. Clair Eye

<https://www.stclaireye.com/>
(810) 326-3937

Vision Associates of Westland

<https://www.visionassociatesofwestland.com/>
(734) 326-2160

Vision Specialists of Michigan

<https://vsfm.com/>
(248) 258-9000

Vision Without Limits

<https://vwlcanton.com/>
(734) 981-5820

Medical Equipment and Loan Closets

Able Orthopedics Port Huron

<https://www.ableorthopedics.com>
(810) 985-8006

Advanced Medical Solutions

<https://www.amsdme.com>
Brighton (810) 225-7701
Fowlerville (517) 223-8243
Howell (517) 548-1443

Binson's Medical Equipment

<https://www.binsons.com/>
(734) 421-2041

Hart Medical Equipment

<https://hartmedical.org/>
Clarkston (248) 241-9290
Clinton Township (586) 859-4042
Detroit (313) 264-6003

REGIONAL RESOURCES

Medical Service Company

<https://www.medicalserviceco.com/>

(800) 824-1400

Sheldon Medical Supply

<https://www.sheldonmedicalsupply.com/>

(800) 922-5101

Specialty Medical Equipment

<https://specialtyhme.com/>

(877) 622-3023

World Medical Relief

<https://www.worldmedicalrelief.org/>

(313) 866-5333

Wright & Filippis

<https://www.firstoserve.com/>

(586) 468-8289

Pharmacies and Prescription Assistance

Berkley Pharmacy

<https://www.berkeleyhomepharmacy.com/>

(586) 573-8300

Canal Pharmacy

<https://www.chamberofcommerce.com/business-directory/michigan/sterling-heights/pharmacy/2016601694-canal-pharmacy>

(586) 439-3550

Clarkston Pharmacy

<https://www.clarkstonpharmacy.com/>

(248) 625-8030

Fowlerville Pharmacy

<https://www.fowlervillerx.com/>

(517) 223-9832

Kroger Pharmacy

<https://www.kroger.com/health/pharmacy>

Brighton (810) 225-2275

Clarkston (248) 922-0468

Hartland (810) 991-2352

Howell (517) 552-0205

Lincoln Park (313) 386-5355

Macomb (586) 677-8730

Pinckney (734) 213-7980

Waterford (248) 673-4324

Macomb Pharmacy & Wellness

<https://macombpharmacy.com/>

(586) 333-5526

Meijer Pharmacy

<https://www.meijer.com/shopping/services/pharmacy/pharmacy-services.html>

Auburn Hills (248) 393-5110

Rochester Hills (248) 844-2810

Royal Oak (248) 280-5010

Southfield (248) 304-9510

Waterford Twp (248) 738-7810

Orchard View Pharmacy

<https://www.orchardviewpharmacy.com/>

(586) 336-9552

PharMor Pharmacy

<http://mypharmor.com/>

(313) 382-3802

Port Huron Pharmacy

<https://porthuronpharmacy.com/>

(810) 989-5990

Walgreens

<https://www.walgreens.com/>

Fraser (586) 294-5463

Lake Orion (248) 393-2934

Lincoln Park (313) 928-8638

New Baltimore (586) 716-3187

Port Huron (810) 987-4679

Rochester Hills (248) 608-0643

Southfield (248) 356-1757

Waterford (248) 681-7636

Rehabilitation

Beaumont Rehabilitation Services

<https://www.beaumont.org/locations/rehabilitation-services-medical-center-west-bloomfield>

(248) 855-7411

Henry Ford Rehabilitation

<https://www.henryford.com/>

Bloomfield Twp (248) 319-6180

Chesterfield (586) 421-3030

Lowell Park (586) 726-6400

Ivy Rehab Physical Therapy

<https://www.ivyrehab.com/brand/ivy-rehab-physical-therapy/>

(248) 377-8220

Maple Manor Rehab Center

<https://maplemanorrehab.com/>

(248) 624-8800

Mission Point Healthcare

<https://missionpointhealthcare.com/>

(248) 940-5390

Team Rehabilitation Physical Therapy

<https://team-rehab.com/>

(586) 997-7100

REGIONAL RESOURCES

Wellbridge - Romeo

<https://thewellbridgegroup.com/>

(586) 589-3800

West Bloomfield Health & Rehabilitation Center

<https://www.wbhrc.com/>

(248) 661-1600

Mental Health and Counseling Services

Abaris Behavioral Health

<https://abarishealth.com/>

(586) 360-7745

Association for Children's Mental Health

<https://www.acmh-mi.org/>

(517) 372-4016

Behavioral Center of Michigan

<https://www.behavioralcenter.com/>

(586) 261-2266

Blue Water Counseling

<https://www.bluewaterclinic.com/>

(810) 985-5125

Children's Center of Wayne Co.

<https://www.thechildrenscenter.com/>

(313) 831-5535

Counseling & Resource Center of Dearborn

<https://counselingandresourcecenter.com/>

(313) 359-1977

Detroit Wayne Mental Health

<https://www.dwihn.org/>

(313) 833-2500

Genesis House Fowlerville

<https://www.genesisliv.org/>

(517) 234-1880

Haven Crisis Center

<https://www.haven-oakland.org/>

(248) 334-1274

Havenwyck Hospital

<https://havenwyckhospital.com/>

(800) 401-2727

Joak Counseling & Behavioral Center

<https://www.joakhomes.com/>

(586) 792-1654

Life Stance Health

<https://lifestance.com/>

(586) 777-9000

Livingston County Community Mental Health Services

<http://cmhliv.org/>

(517) 546-4126

Macomb County Community Mental Health – Clinton Township

<https://www.mccmh.net/>

(855) 996-2264

Macomb Family Services

<https://macombfamily.org/>

Clinton (586) 226-3440

Romeo (586) 752-9696

Motor City Center for Hope

<https://motorcityhope.org/>

(313) 694-3886

Neighborhood House Rochester

<https://www.ranh.org/>

(248) 651-5836

Oakland Family Services

<https://www.oaklandfamilyservices.org>

Berkley (248) 544-4004

Pontiac (248) 858-7766

Rochester Hills (248) 853-0750

Walled Lake (248) 624-3812

Oakland U FCHS Counseling Center

<https://www.oakland.edu/counseling>

[/sehs-cc/](#)

(248) 370-2633

Professional Counseling Center

<https://pccporthuron.com/>

(810) 984-4202

Professional Outreach Counseling Services

<https://www.pocservices.org/>

(313) 292-7640

Team Wellness Center

<https://teamwellnesscenter.com/>

(734) 324-8326

The Center for Counseling

<https://thecenterforcounseling.net>

(586) 273-7095

The Livingston Family Center

<https://livfc.org/>

(810) 231-9591

Thriving Minds Behavioral Health

<https://www.thrivingmindsbehavioralhealth.com/>

(810) 225-3417

Wayne State Psychology Clinic

<https://psychclinic.wayne.edu/about>

(313) 577-2840

REGIONAL RESOURCES

Substance Abuse

iAmerical Medical/Substance Abuse/Behavioral Health
<https://www.iamericacenter.org/>
(313) 307-0088

CARE of Southeastern Michigan
<https://www.careofsem.com/>
(586) 541-2273

Community Programs, Inc
<https://substancerehabcenter.com/treatment-centers/michigan-mi/waterford/community-programs-inc-meridian-health-services/>
(248) 406-0090

Complete Counseling Center
<https://completecounseling.org/>
(517) 546-4445

Erie Area Al-Anon/Alateen Family Groups
<https://al-anon.org/>
(888) 425-2666

Guest House
<https://guesthouse.org/>
(248) 391-3100

Henry Ford Brighton Center for Recovery
[Brighton Center for Recovery | Henry Ford Health - Detroit, MI](https://www.henryford.org/locations/brighton-center-for-recovery)
(877) 976-2371

Sacred Heart Rehabilitation Center
<https://www.sacredheartcenter.com/index.html>
(810) 392-2167

Turning Point Recovery Center
<https://turningpointrecovery.org/>
(248) 334-7760

Parenting/Pregnancy Resources

AAA Pregnancy Resource Center
<https://aaapregnancyinfo.org/>
(734) 425-8060

Care Net Pregnancy Center
<https://www.carenetberkeleydetroit.org/>
Detroit (313) 243-1267
Berkley (248) 545-6411

Child Abuse and Neglect Council of Oakland County
<https://www.carehouse.org/>
(248) 332-7173

Compassion Pregnancy Center
<https://compassionpregnancy.org/>
(586) 783-2229

Detroit Parent Network
<https://www.detroitparentnetwork.com/>
(313) 309-8100

Early On
<https://www.oakland.k12.mi.us/student-programs/early-childhood/early-on>
(248) 209-2084

Family Life Services Clinic and Pregnancy Center
<https://flscenter.com/>
(734) 434-3088

Great Start Detroit/Wayne Co.
<https://www.greatstart.org/>
(734) 225-6616

Great Start Livingston County
<https://greatstartlivingston.org/>
(517) 540-6829

Judson Center Macomb
<https://www.judsoncenter.org/>
(586) 573-1810

Livingston County Family Support
<https://milivcounty.gov/prosecutor/family-support/>
(517) 548-1444

Livingston Family Center
<https://livfc.org/>
Howell (866) 440-7233
Pinckney (800) 994-9662

Maternal & Infant Health Program
<https://stclaircounty.org/PageBuilder/scchd/Offices/575>
(810) 987-4903

Noetic Health Michigan Infant Health Program
<https://www.noeticmi.com/mihp/>
(877) 810-5639

Oakland County Youth Assistance
<https://www.oakgov.com/government/courts/youth-assistance/administrative-offices>
(248) 858-0051

Planned Choices
<https://www.plannedchoices.net/>
(313) 382-5941

Pregnancy Aid Detroit
<https://www.pregnancyaiddetroit.org/>
(313) 882-1000

REGIONAL RESOURCES

Pregnancy Help Clinic Brighton

<https://www.pregnancyhelpclinic.com/>

(810) 494-5433

Sienna Women's Health

<https://siennawomen.com/>

(734) 519-6664

Support Groups

Breast Feeding

<https://breastfeedmacomb.weebly.com/mmm.html>

(586) 469-6062

Celebrate Recovery

<https://www.celebraterecovery.com/>

(586) 791-1190

Family Impact Center

<https://familyimpactcenters.com/>

(517) 223-4428

First Step

<https://www.firststep-mi.org/>

(734) 722-6800

Grieving Children

<https://aboutsandcastles.org/>

(313) 771-7005

Macomb County Suicide Grief

<https://www.mccmh.net/>

(586) 307-9100

Substance Abuse Youth

<https://www.careofsem.com/advocacy/project-vox/>

(586) 541-2273

Survivors of Suicide

<https://mari.umich.edu/events/survivors-of-suicide-support-group>

(734) 936-5893

Transportation

Blue Water Area Transportation

<https://bwbus.com/>

(810) 987-7373

Dial A Ride Mount Clemens

<https://mountclemens.gov/dialaride>

(586) 469-7433

Detroit Department of Transportation

<https://detroitmi.gov/departments/detroit-department-transportation>

(313) 933-1300

Downriver Community Conference Transportation

<https://dccwf.org/programs-and-services/transportation/>

(734) 362-7070

Freedom Ride Transportation

<https://freedomroadtransportation.org/>

(248) 232-1259

GoGoGrandparent

<https://gogograndparent.com/services/rides-for-seniors>

(855) 464-6872

LESA Transportation Department

<https://www.livingstonesa.org/programs-services/transportation-services>

(517) 546-5550

Livingston Essential Transportation Services

<https://milivcounty.gov/lets/>

(517) 546-6600

Modivcare

<https://www.myride2.com/>

(866) 569-1902

Loving Touch Transportation

<https://lovingtouchtransportation.com/>

(586) 992-1024

Macomb Area Transportation

<https://www.macombgov.org/departments/macomb-community-action/emergency-services/transportation-program>

(586) 469-5225

North Oakland Transportation Authority

<https://www.ridenota.org/>

(248) 693-7100

Richmond Lenox Medical Transportation

<https://www.macomb-mi.gov/DocumentCenter/View/1649/Community-Transit-Service?bidId=>

(586) 749-7713

SEMCOG Alternative Commute Program

<https://www.sem cog.org/transportation-alternatives-program-tap>

(313) 961-4266

REGIONAL RESOURCES

SMART

<https://www.smartbus.org/>

Clinton Twp. (586) 286-9476

Eastpointe (586) 445-5085

Roseville (586) 445-5085

St. Clair Shores (586) 498-2331

Tri Hospital EMS – non emergency transport

<https://www.thems.org/>

(810) 985-7115

Veteran Affairs

American Legion Post 382 St. Clair

<https://legionpost382.blogspot.com/post-meetings.html>

(810) 329-2871

Dearborn Vet Center

<https://www.va.gov/dearborn-vet-center/>

(313) 277-1428

Detroit Vet Center

<https://www.va.gov/detroit-vet-center/>

(313) 822-1141

Disabled American Veterans

<https://www.mi-dav.org/>

Detroit (313) 964-6595

Port Huron (810) 984-1684

Health, Human & Veteran Services – Wayne County

<https://www.waynecounty.com/departments/hhvs/home.aspx>

(313) 224-5045

John D. Dingell VA Medical Center

<https://www.va.gov/detroit-health-care/>

(313) 576-1000

Livingston County Veteran Services

<https://milivcounty.gov/veterans/>

(517) 546-6338

Macomb County Veteran Services

<https://www.macombgov.org/departments/veterans-services>

(586) 469-5315

Oakland County Veteran Services

Pontiac

<https://www.oakgov.com/government/veterans/>

Pontiac (248) 858-0785

Troy (248) 655-1250

Pontiac Vet Center

<https://www.va.gov/pontiac-vet-center/>

(248) 874-1015

St. Clair County Veteran Affairs

<https://sccvet.us/>

(810) 989-6945

VA Ann Arbor Healthcare System

<https://www.va.gov/ann-arbor-health-care/>

(800) 361-8387

Vets Returning Home

<https://www.vetsreturninghome.org/>

(586) 285-5606

YOUR WHERE TO GO GUIDE

When you need medical care

Call 911 for emergencies.

Doctor's Office



WHEN TO GO:

Routine checkups, screenings, immunizations, and preventive care
Prescription refills/medications
Referral to see a specialist
Fever, cold/flu symptoms
Chronic pain
Mild backaches, sprains, toothaches
Sore Throat/Cough/Earache
Rashes

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible
Usually, lowest copay
May need appointment
Shorter wait times
Doctor on call 24/7

Telehealth



WHEN TO GO:

Allergies/Sinus Symptoms
Fever, cold/flu symptoms
COVID symptoms
Headache/Earache
Pink Eye
Rashes/Hives/Insect Bites

YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible
Cost similar to physician office visit
Same-day appointments often available
After-hours access available

Urgent Care



WHEN TO GO:

Accidents/Falls
Moderate backaches, sprains
Mild breathing difficulty/Asthma
Minor burns/cuts
Minor injuries/fractures (fingers/toes)
Eye irritation/redness
Cold/flu symptoms with fever/sore throat
Vomiting/Diarrhea
Skin rashes/infections
Feeling down/anxious

YOUR COST + TIME:

(\$\$) Cost lower than ER
Same-day appointments and walk-in appointments available
Wait times vary
Call to confirm the urgent care facility accepts your insurance

Emergency Room



WHEN TO GO:

Critical injuries or illness
Sudden numbness/weakness
Uncontrolled bleeding
Seizure/loss of consciousness
Shortness of breath
Chest pain

YOUR COST + TIME:

(\$\$\$) Highest cost
Open 24/7, no appointment needed
Longer wait times
Higher risk of exposure to infection
Notify your physician if using ER services as soon as possible