

# 2025 THUMB REGION COMMUNITY RESOURCES GUIDE



**Encompassing Huron, Sanilac, Tuscola Counties**



# McLaren Resources

**McLaren Bay Region Hospital** (989) 894-3000 <https://www.mclaren.org/bay-region/mclaren-bay-region-home>

**McLaren Bay Convenient Care** (989) 393-2850 <https://www.mclaren.org/main/locations/occupational-health-convenient-care-center-mclaren-219>

**McLaren Caro Quick Care** (989) 231-5961 <https://www.mclaren.org/main/locations/mclaren-caro-region-quick-care-specialty-services-1510>

**McLaren Caro Region Hospital** (989) 673-3141 <https://www.mclaren.org/caro-region/mclaren-caro-region-home>

**McLaren Central Hospital** (800) 671-1453 <https://www.mclaren.org/central-michigan/mclaren-central-michigan-home>

**McLaren Central Michigan ReadyCare** (989) 773-1166 <https://www.mclaren.org/main/locations/readycare-walkin-clinic-mclaren-central-michigan-119>

**McLaren Flint Region Hospital** (810) 342-2000 <https://www.mclaren.org/flint/mclaren-flint-home>

**McLaren Greater Lansing Hospital** (517) 975-6000 <https://www.mclaren.org/lansing/mclaren-greater-lansing-home>

**McLaren Home Care and Hospice** (866) 323-5974 <https://www.mclaren.org>

**McLaren Lapeer Region Hospital** (810) 667-5500 <https://www.mclaren.org/lapeer-region/mclaren-lapeer-region-home>

**McLaren Macomb Hospital** (586) 493-8000 <https://www.mclaren.org/macomb/mclaren-macomb-home>

**McLaren Northern Hospital** (800) 248-6777 <https://www.mclaren.org/northern-michigan/mclaren-northern-michigan-home>

**McLaren Northern Michigan MedCenter Petoskey South** (231) 487-2000 <https://www.mclaren.org/doctors-office/medical/northern-michigan-medcenter-3>

**McLaren Oakland Hospital** (248) 338-5000 <https://www.mclaren.org/oakland/mclaren-oakland-home>

**McLaren Port Huron Hospital** (810) 987-5000 <https://www.mclaren.org/port-huron/mclaren-port-huron-home>

**McLaren Thumb Convenient Care** (989) 269-5152 <https://www.mclaren.org/main/locations/occupational-health-and-convenient-care-mclaren-th-7>

**McLaren Thumb Region Hospital** (989) 269-9521 <https://www.mclaren.org/thumb-region/mclaren-thumb-region-home>

<https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners>

## NATIONAL AND STATE RESOURCES



### Emergency Services

<https://www.911.gov/>

**9-1-1**

### 24-Hour Crisis Line

Abuse and Protective Services  
Parenting/Pregnancy Resources  
<https://www.wrcnm.org>

(800) 275-1995

### Action Agency

Housing Assistance  
<https://www.micommunityaction.org/>  
(517) 321-7500

### Adaptive Environments – Home Lift Systems

Medical Equipment & Loan Closets  
<https://adaptive-environments.com/>  
(800) 355-5438

### Alcoholics Anonymous

Substance Abuse  
<https://www.aa.org/>  
(800) 356-9996

### ALS of Michigan

Medical Equipment and Loan  
Closets, Support Groups  
<https://www.alsofmichigan.org>  
(248) 354-6100

### Alzheimer's Association and Helpline

Adult Aging Services, Support  
Groups  
<https://www.alz.org>  
(800) 272-3900

### American Cancer Society Road to Recovery (Transportation)

Transportation  
<https://www.cancer.org>  
(800) 227-2345

### American Red Cross

Emergency and Disaster Services  
Food Pantries, Clothing and  
Household Items, Housing  
Assistance  
<https://www.redcross.org>  
(800) 733-2767

### Area on Aging

Adult Aging Services, Food  
Pantries, Clothing and Household  
Items, Housing Assistance, Support  
Groups, Transportation,  
Veteran Affairs  
<https://www.4ami.org>

### Autism Society

Disability and Special Needs  
Resources, Support Groups  
<https://www.autism-mi.org>  
(517) 882-2800

### Boys Town National Hotline

Mental Health and Counseling  
<https://www.boystown.org>  
(800) 448-3000

### Center for Civil Justice

Legal Assistance  
<https://ccj-mi.org/>  
(800) 724-7441

### Centers for Disease Control and Prevention

Healthcare Services, Substance  
Abuse  
<https://www.cdc.gov>  
(800) 232-4636

### CHAMPVA

Veteran Affairs  
<https://www.va.gov>  
(800) 733-8387

### Child Safety Seat Inspection

Parenting/Pregnancy Resources,  
Transportation  
<https://www.nhtsa.gov/campaign/rig ht-seat>  
(866) Seat-Check

### Children and Adult Protective Services

Abuse and Protection Services  
[https://www.michigan.gov/mdhhs/a dult-child-serv](https://www.michigan.gov/mdhhs/adult-child-serv)  
(855) 444-3911

### Children's Special Healthcare Services

Disability and Special Needs  
Resources, Healthcare Services,  
Parenting/Pregnancy Resources  
[https://www.michigan.gov/mdhhs/as sistance-programs/cshcs](https://www.michigan.gov/mdhhs/assistance-programs/cshcs)  
(800) 359-3722

## NATIONAL AND STATE RESOURCES

**Common Ground Crisis Line** Abuse and Protective Services, Mental Health and Counseling Services, Support Groups  
<https://commongroundhelps.org/>  
(800) 231-1127

**Compassionate Friends (Parent's Grief Group)**  
Support Groups  
<https://www.compassionatefriends.org/>  
(877) 969-0010

**Dental Lifeline Network (low income; severe problems only)**  
Dental Resources  
<https://www.dentallifeline.org>  
(303) 534-5360

**Disability Network of Michigan**  
Disability and Special Needs Resources, Support Groups  
<https://www.dnmichigan.org>  
(800) 782-4160

**Early on-Helping Babies and Toddlers Stay on Track**  
Parenting Resources  
<http://1800earlyon.org>  
(800) 327-5966

**Epilepsy Foundation of Michigan**  
Support Groups  
<https://www.epilepsymichigan.org>  
(800) 377-6226

**Equality Michigan**  
Abuse/Protective Svc, Support Groups  
<https://www.equalitymi.org>  
(313) 537-7000

**Food Bank Council of Michigan**  
Food Pantries  
<https://www.fbcmich.org/>  
(517) 485-1202

**Gigi's Playhouse**  
Disability/Special Needs Resources, Medical Equipment/ Loan Closets  
<https://www.gigisplayhouse.org>  
(847) 885-6149

**HAP Senior Plus**  
Adult Aging Services  
<https://www.hap.org>  
(800) 868-3153

**HAVEN Crisis Line**  
Abuse and Protective Services, Support Groups  
<https://www.haven-oakland.org>  
(877) 922-1274

**Heat and Warmth Fund**  
Housing Assistance  
<https://www.thawfund.org>  
(800) 866-8429

**HUD Rental Assistance**  
Housing Assistance  
<https://www.hud.gov>  
(800) 569-4287

**LARA – Department of Licensing and Regulatory Affairs**  
Adult Aging Services  
<https://adultfostercare.apps.lara.state.mi.us/>

**LA LECHE**  
Parenting/Pregnancy Resources  
<https://www.lli.org>  
(800) 525-3243

**Legal Services of Eastern MI**  
Legal Assistance  
<https://lsem-mi.org>  
(800) 322-4512

**LGBT Hotline**  
Abuse and Protective Services, Support Groups  
<https://www.lgbthotline.org>  
(888) 843-4564

**LifeSource Direct Rx Discount Card-uninsured/underinsured**  
Pharmacies and Prescription Assistance  
<https://lifesourcedirect.com>  
(866) 340-4748

**Love is Respect Hotline**  
Abuse and Protective Services, Support Groups  
<https://www.loveisrespect.org>  
(866) 331-9474

**MDHHS Native American Affairs Office**  
Tribal Services  
<https://www.michigan.gov/mdhhs/faq/native-american-affairs>  
(517) 248-7159

**Meals on Wheels**  
Adult Aging Svc, Food Pantries, Clothing/Household Assistance  
<https://www.mealsonwheelsamerica.org/>  
(800) 632-7334

**Medicare**  
Adult Aging Services  
<https://www.medicare.gov>  
(800) 633-4227

## NATIONAL AND STATE RESOURCES

### Medicare/Medicaid Assistance

Adult Aging Services, Disability and Special Needs Resources, Prescription Assistance

<https://www.mmapinc.org>

(800) 803-7174

### Medicaid Portal

[https://myhbcld.state.mi.us/myHBPublic/landing.action?request\\_locale=en](https://myhbcld.state.mi.us/myHBPublic/landing.action?request_locale=en)

### Michigan Alliance for Families

Disability and Special Needs Resources, Parenting/Pregnancy Resources

<https://www.michiganallianceforfamilies.org/>

(800) 552-4821

### Michigan Assistive Technology Loan Fund

Medical Equipment & Loan Closets

<https://www.mi-ucp.org>

(800) 827-4843

### Michigan Coalition to end Domestic & Sexual Violence

Abuse and Protective Services

<https://www.mcedsv.org>

(517) 347-7000

### Michigan Commission for the Blind

Disability and Special Needs Resources, Vision Assistance

<https://www.michigan.gov>

(800) 292-4200

### Michigan Commission for the Deaf

Disability and Special Needs Resources

<https://www.michigan.gov>

(313) 437-7035

### Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and Supplies

Medical Equipment & Loan Closets

<https://pranavmayuram.github.io/UMich-CPAP-Bank/public/#/mission>

(734) 232-3964

### Michigan Department of Civil Rights

Legal Assistance, Tribal Services

<https://www.michigan.gov/mdcr>

(517) 335-3165

### Michigan Department of Education – Office of Special Education

Disability and Special Needs Resources

<https://www.michigan.gov/mde/services/special-education>

(833) 633-5788

### Michigan Donated Dental Services Program

Dental Resources

<https://www.michigandental.org>

(517) 346-9454

### Michigan HIV/STD Hotline

Clinics and Hospitals

<https://www.miunified.org/resources/hotline>

(800) 872-2437

### Michigan Indian Employment and Training Services

Tribal Services

<https://www.michigan.gov/mdhhs/inside-mdhhs/tribal-government-services-and-policy>

(800) 591-8820

### Michigan Indian Legal Services Hotline

Legal Assistance, Tribal Services

<https://www.mils3.org>

(231) 947-0122

### Michigan Indian Tuition Waiver

Tribal Services

<https://www.michigan.gov/mistudentaid/programs/indian-tuition-waiver>

(517) 241-7748

### Michigan Senior Legal Hotline

Legal Assistance

<https://www.elderlawofmi.org>

(866) 400-9164

### Michigan State University College of Law

Legal Assistance

<https://www.law.msu.edu>

(517) 432-6800

### Michigan United Way

Michigan Resources

<https://www.unitedway.org/find-your-united-way>

2-1-1

### Michigan Veteran Affairs

Veteran Affairs

<https://www.michigan.gov/mvaa>

(800) 642-4838

### Military One Source

Mental Health and Counseling Services, Legal Assistance, Parenting/Pregnancy Resources, Veteran Affairs

<https://www.militaryonesource.mil>

(800) 342-9647

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## NATIONAL AND STATE RESOURCES

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**MSHDA: Step Forward Financial**

Assistance Housing Assistance

<https://www.stepforwardmichigan.org>

(855) 646-7432

**MiRx Discount Card**

Pharmacies & Prescription

Assistance

<https://www.mihealth.org/mirx>

(877) 681-7540

**Muscular Dystrophy Association**

Disability and Special Needs

Resources, Medical Equipment and Loan Closets

<https://www.mda.org>

(800) 572-1717

**Narcotics Anonymous 24/7**

Abuse and Protective Services, Mental

Health and Counseling Services,

Substance Abuse,

Support Groups

<https://www.na.org>

(800) 230-4085

**National Alliance on Mental Illness**

Mental Health and Counseling

<https://www.nami.org>

(800) 950-6264

**National Child Abuse Hotline**

Abuse and Protective Services

<https://www.childhelp.org>

(800) 422-4453

**National Council on Alcoholism and Drug Dependence (NCADD)**

Mental

Health and Counseling

Services, Substance Abuse,

Support Groups

<https://www.ncadd.us>

(667) 262-2869

**National Domestic and Sexual Violence Helpline**

Abuse and Protective Services,

Mental Health and Counseling

Services, Support Groups

<https://www.thehotline.org>

(800) 799-7233

**National Eye Institute**

Vision Assistance

<https://www.nei.nih.gov>

(301) 496-5248

**National Federation of the Blind**

Medical Equipment & Loan Closets

<https://www.nfb.org>

(410) 659-9314

**National Human Trafficking**

Abuse and Protective Services, Mental

Health and Counseling Services,

Support Groups

<https://www.eeoc.gov/national-human-trafficking-resource-center>

(888) 373-7888

**NEMCSA**

Multitude of community resources

<https://www.nemcsa.org/get-involved/community-resource-corner/>

(989) 358-4700

**NeedyMeds**

Pharmacies & Prescription

Assistance

<https://www.needymeds.org>

(800) 503-6897

**New Day Foundation**

Support Group

<https://www.foundationforfamilies.org/>

(248) 648-1105

**Paralyzed Veterans of America**

Disability and Special Needs

Resources, Medical Equipment and

Loan Closets, Veteran Affairs

<https://www.michiganpva.org>

(800) 424-8200

**Parkinson's**

Support Group

<https://parkinsonsmi.org/>

(800) 852-9781

**Partnership for Prescription**

Assistance

Pharmacies and Prescription

Assistance

<https://www.pparx.org>

**Poison Control**

Emergency and Disaster Services

<https://www.poison.org>

(800) 222-1222

**Problem Gambling Help Line**

Support Groups

<https://www.ncpgambling.org>

(800) 522-4700

**RAINN (Rape and Incest National Network)**

Abuse and Protective Services,

Mental Health & Counseling

Services, Support Groups

<https://www.rainn.org>

(800) 656-4673

## NATIONAL AND STATE RESOURCES

### Relay Center for Deaf/HOH

Disability and Special Needs  
Resources, Hearing Assistance  
[https://www.ada.gov/resources/ef  
fective-communication](https://www.ada.gov/resources/effective-communication)  
7-1-1

### RxAssist

Pharmacies and Prescription  
Assistance  
<https://www.rxassist.org>

### Safe Center Crisis Hotline 24/7

Abuse and Protective Services  
<https://www.thesafecenter.org>  
(877) 952-7283

### Social Security Administration

Adult Aging Services, Disability and  
Special Needs Resources  
<https://www.ssa.gov>  
(800) 772-1213

### Stop It Now! Hotline

Abuse and Protective Services  
<https://www.stopitnow.org>  
(888) 773-8368

### Substance Abuse Hotline

Substance Abuse, Support Groups  
<https://www.samhsa.gov>  
(800) 662-4357

### Suicide Hotline

Abuse and Protective Services,  
Mental Health and Counseling  
Services, Support Groups  
<https://www.988lifeline.org>  
9-8-8

### The Trevor Project

Abuse and Protective Services  
<https://www.thetrevorproject.org>  
(866) 488-7386

### Third Level Crisis Line

Abuse and Protective Services,  
Legal Aid  
<https://www.cfsnwmi.org>  
(231) 946-8975

### U.S. Office of Indian Education

Tribal Services  
[https://www.ed.gov/about/ed-  
offices/oese/oie](https://www.ed.gov/about/ed-offices/oese/oie)  
(505) 563-5304

### Unemployment Office Hotline

Employment Assistance  
<https://www.michigan.gov>  
(866) 500-0017

### University of Detroit Mercy School of Law

Legal Assistance  
<https://law.udmercy.edu>  
(313) 596-0200

### University of Michigan Law School

Legal Assistance  
<https://michigan.law.umich.edu>

### USDA Rural Development

Housing Assistance  
<https://www.rd.usda.gov>  
(517) 324-5100

### Veteran Affairs

Veteran Affairs  
<https://www.va.gov>  
(800) 698-2411

### Veteran's Crisis Line

Veteran Affairs  
<https://www.veterancrisisline.net/>  
(800) 273-8255

### Victim Connect (stalking hotline)

Abuse and Protective Services  
<https://www.victimconnect.org>  
(855) 484-2846

### Visiting Angels Living Assistance

Adult Aging Services  
<https://visitingangelsfoundation.org>  
(800) 365-4189

### Vocational Rehabilitation of Michigan

Disability and Special Needs  
Resources  
[https://www.michigan.gov/leo/burea  
us-agencies/mrs](https://www.michigan.gov/leo/bureau-us-agencies/mrs)  
(800) 605-6722

### Wayne State University Law School

Legal Services  
<https://law.wayne.edu>  
(313) 577-3933

### Western Michigan University Cooley Law School

Legal Assistance  
<https://www.cooley.edu>  
(517) 371-4140

### WIC

Food Pantries, Clothing and  
Household Items,  
Parenting/Pregnancy Resources,  
Support Groups  
[https://www.michigan.gov/mdhhs/as  
sistance-programs/wic](https://www.michigan.gov/mdhhs/assistance-programs/wic)  
(800) 942-1636

### Women's Health Resources Line

Parenting/Pregnancy Resources  
<https://www.womenshealth.gov>  
(800) 994-9662

## REGIONAL RESOURCES



### Abuse and Protective Services

#### Huron County SafePlace

<https://www.huroncountysafeplace.com/>

(989) 269-5300

#### Sanilac County Child Abuse Prevention Council

<https://www.sanilacchild.org/>

(810) 648-4172

#### Tuscola County Victim Services

<https://www.tuscolacounty.org/victim>

(989) 673-8161 ext. 2241

### Adult Aging Services

#### Area on Aging – Region VII

<https://region7aaa.org/>

(989) 893-4506

#### Huron County Health Dept Geriatric Program

<https://www.hchd.us/geriatric-program>

(989) 269-9721 ext 146

<https://www.mclaren.org/mclaren-physician-partners/patient-resources-mclaren-physician-partners>

#### Tuscola SR Service Info Page for Individuals 60+

<https://hdc-caro.org/tuscola-sr-serv-info-page>

(800) 843-6394

### Assisted Living

#### Country Gardens Assisted Living

<https://www.scheurer.org/services/senior-living/country-gardens>

(989) 453-7474

#### The Heartlands - Marlette

<https://www.aplaceformom.com/community/the-heartlands-1461370>

(989) 217-9500

#### Meadow Lane Assisted Living

<https://www.storypoint.com/community/meadow-lane-mi/>

(989) 279-0218

#### Rose Garden Senior Living

<https://www.sunsetcommunities.org/communities/rose-garden/>

Elkton (989) 553-2700

Pigeon (989) 551-2222

### Disability Resources

#### Disability Network of Eastern

##### Michigan Sandusky

<https://www.dnemichigan.org>

(810) 987-9337

#### Huron Behavioral Health Disability Services

<https://huroncmh.org>

(989) 269-9293

### Emergency Services

<https://www.911.gov/>

**9-1-1**

#### Michigan State Police – Caro

<https://www.michigan.gov/msp/posts/third-district---thumb-and-tri-cities>

(989) 673-2156

#### Tuscola County Central Dispatch

<https://www.tuscolacounty.org/dispatch>

(989) 673-8738

#### Tuscola Co. Emergency Mgmt

<https://www.tuscolacounty.org/emergency/>

(989) 673-5181

#### Tuscola County Sheriff

<https://www.tuscolacounty.org/sheriff/>

(989) 673-8161

### Financial Assistance

#### Huron County CAN Council

<https://www.cancouncil.org/huron-county>

(989) 623-0257

#### Sanilac Co. Community Foundation

<https://sanilacountycommunityfoundation.org/>

(810) 648-3634

#### Tuscola Co. Community Foundation

<https://www.tuscolaccf.org/grants>

(989) 673-8223

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## REGIONAL RESOURCES

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### Employment Assistance

**Huron County Sheriff's Office  
Community Work Program**

<https://www.co.huron.mi.us/sheriff-s-community-work-program>

(989) 551-2573

**Michigan Works!**

<https://gstmiworks.org>

(810) 648-5800

**Tuscola County Job Opportunities**

<https://www.tuscolacounty.org/employment/>

(989) 673-8161 ext 2225

### Legal Assistance

**Huron County Circuit Court**

<https://www.co.huron.mi.us/circuit-court>

(989) 269-7112

**Sanilac County Courts**

<https://www.sanilaccounty.gov/courts/circuit-court.php>

(810) 648-2120

**Tuscola County Courts**

<https://www.tuscolacounty.org/courts/>

(989) 673-3330

### Libraries

**Bad Axe District Library**

<https://www.badaxelibrary.org/>

(989) 269-8538

**Brown City Public Library**

<https://browncitylibrary.com/>

(810) 346-2511

**Bullard Sanford Memorial Library**

<https://www.vassarlibrary.org/>

(989) 823-2171

**Caro Area District Library**

<https://www.carolibrary.org/>

(989) 673-4329

**Columbia Township Library**

<https://sites.google.com/columbiatwp/library.com/library/home>

(989) 674-2651

**Deckerville Public Library**

<https://deckerville.lib.mi.us/>

(810) 376-8015

**Elk Township Library**

<https://librarytechnology.org/library/19519>

(810) 378-5409

**Fairgrove District Library**

<https://www.fairgrove.michlibrary.org/>

(989) 693-6050

**Harbor Beach Area District Library**

<https://www.hbadl.org/>

(989) 479-3417

**Marlette District Library**

<https://www.marlettelibrary.org/>

(989) 635-2838

**Mayville District Public Library**

<https://www.mayvillelibrary.org/>

(989) 843-6522

**Millington/Arbela District Library**

<http://millingtonlibrary.info/>

(989) 871-2003

**Pigeon District Library**

<https://www.pigeondistrictlibrary.com/>

(989) 453-2341

**Rawson Memorial Library – Cass City**

<https://www.rawsonlibrary.org/>

(989) 872-2856

**Reese Unity District Library**

<https://reeseunitylibrary.booksys.net/online/reese/index.html>

(989) 868-4120

**Sandusky District Library**

<https://www.sandusky.lib.mi.us/>

(810) 648-2644

**Sanilac District Library**

<https://www.sanilacdistrictlibrary.lib.mi.us/>

(810) 622-8623

**Sebewaing Township Library**

<https://sebewaing.ploud.net/>

(989) 883-3520

**Sleeper Public Library**

<https://www.sleeper.michlibrary.org/>

(989) 658-8901

**Watertown Township Library**

<http://www.watertowntownship.org/Library.aspx>

(989) 795-2794

## REGIONAL RESOURCES

### Food Pantries, Clothing and Household Assistance

#### Elkton United Methodist Church Food Pantry

<https://thumb.graceslist.org/directory/listing/elkton-area-food-pantry>

(989) 375-4113

#### Good Samaritan Fund (food, utilities and rent)

<https://www.caroumc.org/services-4>  
(989) 673-6929

#### Revive Ministries (food only)

<http://www.revivecc.org/>  
(989) 551-7803

#### St. Frances Mission Store

<https://stfrancescabrinivassar.org/mission-store>  
(989) 823-8803

#### Vassar Food Pantry

<https://stfrancescabrinivassar.org/vassar-area-food-pantry>  
(989) 823 2911

#### WIC

**Sanilac County** (810) 648-4098  
[https://www.sanilachealth.com/public\\_health/wic.php](https://www.sanilachealth.com/public_health/wic.php)

**Tuscola County** (989) 673-3199  
<https://www.tchd.us/wic>

### Housing Assistance

#### Eva's Place

<https://www.evasplaceshelter.org/>  
(810) 672-9467

#### Huron County Housing Authority

<http://www.officialhousingauthority.com/michigan/caseville-county-housing-authority/>  
(989) 856-3323

#### Human Development Commission

<https://hdc-caro.org/>  
**Huron County** (989) 269-9502  
**Sanilac County** (810) 648-4497  
**Tuscola County** (989) 673-4121

#### NEMCSA Northeast Michigan

**Community Service Agency**  
**Huron County**  
<https://www.nemcsa.org/counties/huron.html>  
**Sanilac County**  
<https://www.nemcsa.org/counties/sanilac.html>  
**Tuscola County**  
<https://www.nemcsa.org/counties/tuscola.html>  
(989) 358-4678

#### Sanilac House of Hope

<https://sanilacountynews.mihomepaper.com/articles/homeless-shelter-announces-changes/>  
(800) 393-4322

#### Tuscola Homeless Coalition

<http://tuscolahomelesscoalition.org>  
(989) 672-8114

### Healthcare Services

#### Huron County Health Department

<https://www.hchd.us/>  
(989) 269-9721

#### Sanilac Co. Health Department

<https://www.sanilachealth.com/>  
(810) 648-4098

#### Tuscola Co. Health Department

<https://www.tchd.us/>  
(989) 673-4117

#### Tuscola Co. Medical Care Community

<https://www.tcmcf.org/>  
(989) 73-4117

### Clinics and Hospitals

#### Aspire Rural Health System-

**Deckerville Community Hospital**  
<https://aspirerhs.org/locations/deckerville-community-hospital/>  
(810) 376-2835

#### Great Lakes Bay Health Centers Thumb Area

<https://greatlakesbayhealthcenters.org/thumb-area/>  
(989) 623-0137

#### Harbor Beach Hospital

<https://www.hbch.org/>  
(989) 479-3201

#### Harbor Beach Medical Clinic

<https://www.hbch.org/harbor-beach-clinic>  
(989) 479-3291

#### Aspire Rural Health System-

**Hills & Dales Healthcare**

<https://aspirerhs.org/locations/hills-dales-healthcare/>  
(989) 872-2121

#### Aspire Rural Health System-

**Marlette Regional Hospital**  
<https://aspirerhs.org/locations/marlette-regional-hospital/>  
(989) 635-4000

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## REGIONAL RESOURCES

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### McKenzie Health System – Sandusky

<https://www.mckenziehealth.org/>  
(810) 648-3770

### Harbor Beach Community Hospital

<https://www.hbch.org/port-hope-clinic>  
(989) 428-1000

### Scheurer Hospital

<http://www.scheurer.org/>  
(989) 453-3223

## Urgent Care

### Covenant Med Express – Frankenmuth

<https://www.covenanthealthcare.com/ch/covenantmedexpress>  
(989) 652-1320

### Aspire Rural Health System Hills & Dales Rapid Care- Caro

<https://aspirerhs.org/locations/car-o-rapid-care/>  
(989) 912-6532

### Aspire Rural Health System Hills & Dales Urgent Care- Cass City

<https://aspirerhs.org/locations/hills-dales-urgent-care/>  
(989) 912-6114

### McKenzie After Hours Clinic

<https://www.mckenziehealth.org/locations/mckenzie-after-hours-clinic/>  
(810) 648-6202

### Pro-Health Urgent Care Sandusky

<https://www.prohealthuc.com/sandusky/>  
(810) 202-6022

### Scheurer Health FastCare

<https://www.scheurer.org/fastcare/>  
(989) 623-9505

## Dental Resources

### Caro Dental Associates

<https://carohealthysmiles.com>  
(989) 673-3114

### Caro Family Dentistry

<https://www.vanmathdental.com>  
Bad Axe (989) 269-8401  
Caro (989) 672-5022  
Marlete (989) 635-7541

### Great Lakes Bay Health Center Dental – Thumb Area

<https://greatlakesbayhealthcenter.s.org/thumb-area/>  
(989) 331-0555

### Great Lakes Bay Health Centers – Mobile Dental

<https://greatlakesbayhealthcenter.s.org/mobiledental123/>  
(989) 921-4393

## Hearing Assistance

### Communication Access Center

<https://www.cacdhh.org/>  
(810) 239-3112

### Hearing Life

<https://www.hearinglife.com/hearing-aids-centers/michigan/sandusky-mi>  
(810) 269-3069

### Thumb Audiology – Bad Axe

<https://thumbaudiology.com>  
(989) 553-3277

## Vision Assistance

### Greater Thumb Eyecare – Vassar

<https://thumbeye.com/>  
(989) 823-8559

### Scheurer Vision – Pigeon

<https://www.scheurer.org/vision/>  
(989) 453-2025

### Opti-Care Vision Center

<https://opticarevisioncenters.com/>  
Bad Axe (989) 269-3937  
Caro (989) 673-3332  
Vassar (989) 823-8666

### Walmart Vision Center – Sandusky

<https://www.walmart.com/store/3632-sandusky-mi/glasses-shop>  
(810) 648-4541

## Medical Equipment and Loan Closets

### Ehardt's Medical Supply

<https://ehardts.com/>  
Brown City (810) 346-2637  
Cass City (989) 912-3211  
Croswell (810) 679-3900  
Lexington (810) 359-5322  
Marlete (989) 635-7777  
Sandusky (810) 648-2265

### Sheldon Medical Supply

<https://www.sheldonmedicalsupply.com/>  
(800) 922-5101

## REGIONAL RESOURCES

### Pharmacies and Prescription Assistance

**Harbor Drug - Deckerville**  
<http://www.harbordrug.com/>  
(989) 315-8605

**Scheurer Family Pharmacy**  
<https://www.scheurer.org/services/pharmacy/>  
**Caseville** (989) 856-2900  
**Elkton** (989) 375-2121  
**Pigeon** (989) 453-2535  
**Sebewaing** (989) 883-3850

**State Street Pharmacy – Caro**  
<https://www.statestreetrx.com/>  
(989) 672-3500

**Walgreens – Bad Axe**  
<https://www.walgreens.com/>  
(989) 269-6973

**Walmart Pharmacy**  
<https://www.walmart.com/cp/pharmacy/5431>  
**Bad Axe** (989) 269-9746  
**Caro** (989) 673-7922  
**Sandusky** (810) 648-4247

### Rehabilitation

**Croswell Manual Therapy**  
<https://www.carecredit.com/doctor-locator/croswell-mi/croswell-manual-therapy-inc-738rcp/>  
(810) 679-0078

**Aspire Rural Health System**  
<https://aspirerhs.org>  
(989) 673-4999

**Lexington Physical Therapy**  
<https://www.lexpt.com/>  
(810) 359-8700

### Mental Health & Counseling Services

**Huron Behavioral Health**  
<https://huroncmh.org/>  
(989) 269-9293

**Tuscola Behavioral Health Services**  
<https://tbhsonline.com/>  
(989) 673-6191

**Sanilac County Community Mental Health**  
<https://www.sanilacmh.org/>  
(810) 648-0330

**Senior Life Solutions Program**  
<https://www.mclaren.org/main/senior-life-solutions-caro>  
(989) 672-5757

**Thumb Area Psychological Services**  
<https://thumbpsychological.com/>  
(989) 872-1800

### Substance Abuse

**Thumb Area Unity Council**  
<https://tauc.ws/>  
(989) 670-4996

**McKenzie After Hours Clinic**  
<https://www.mckenziehealth.org/locations/mckenzie-after-hours-clinic/>  
(810) 648-6202

### Parenting/Pregnancy Resources

**Great Start Tuscola**  
<http://www.greatstarttuscola.org>  
(989) 673-2144 ext 30325

**Positive Alternatives**  
<https://mypositivealternative.com>  
**Bad Axe:** (989) 269-6760  
**Caro:** (989) 672-4673

**Tuscola County Family Planning**  
<https://www.tchd.us/>  
(989) 673-8114

### Support Groups

**Adult Diabetes Support Group**  
<https://marletereionalhospital.org/2019/01/28/adult-diabetes-self-management-classes/>  
(989) 635-4348

**Grief & Loss Support Group**  
<https://tbhsonline.com/>  
(989) 673-6191

### Transportation

**Caro ThumbBody Bus Express**  
<https://hdc-caro.org/thumbbody-express>  
(989) 673-8488

**Sanilac Transportation Corp**  
<https://sanilactransportation.com/>  
(810) 648-9766

**Thumb Area Transit**  
<https://www.tatbus.com/>  
(989) 269-2121

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## REGIONAL RESOURCES

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### **Tribal Services**

#### **American Indian Health & Family Services**

<https://www.aihfs.org/>

(313) 846-6030

#### **Michigan Alliance for Families**

<https://www.michiganallianceforfamilies.org/native-american-resources>

(800) 552-4821

#### **Saginaw Chippewa Indian Tribe**

<https://www.sagchip.org/>

(989) 775-4000

### **Veteran Affairs**

#### **Huron County Department of Veteran's Affairs**

<https://www.co.huron.mi.us/veterans-affairs>

(989) 269-8911

#### **Sanilac County Department of Veteran Affairs**

[sanilacountyva.org](http://sanilacountyva.org)

(810) 648-0212

#### **Tuscola County Department of Veteran's Affairs**

<https://www.veteranownedbusiness.com/business/10544/tuscola-county-veterans-affairs-office>

(989) 673-8148

## YOUR WHERE TO GO GUIDE

# When you need medical care

Call 911 for emergencies.

### Doctor's Office



#### WHEN TO GO:

Routine checkups, screenings, immunizations, and preventive care  
Prescription refills/medications  
Referral to see a specialist  
Fever, cold/flu symptoms  
Chronic pain  
Mild backaches, sprains, toothaches  
Sore Throat/Cough/Earache  
Rashes

#### YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible  
Usually, lowest copay  
May need appointment  
Shorter wait times  
Doctor on call 24/7

### Telehealth



#### WHEN TO GO:

Allergies/Sinus Symptoms  
Fever, cold/flu symptoms  
COVID symptoms  
Headache/Earache  
Pink Eye  
Rashes/Hives/Insect Bites

#### YOUR COST + TIME:

(\$) Coinsurance, copay and/or deductible  
Cost similar to physician office visit  
Same-day appointments often available  
After-hours access available

### Urgent Care



#### WHEN TO GO:

Accidents/Falls  
Moderate backaches, sprains  
Mild breathing difficulty/Asthma  
Minor burns/cuts  
Minor injuries/fractures (fingers/toes)  
Eye irritation/redness  
Cold/flu symptoms with fever/sore throat  
Vomiting/Diarrhea  
Skin rashes/infections  
Feeling down/anxious

#### YOUR COST + TIME:

(\$\$) Cost lower than ER  
Same-day appointments and walk-in appointments available  
Wait times vary  
Call to confirm the urgent care facility accepts your insurance

### Emergency Room



#### WHEN TO GO:

Critical injuries or illness  
Sudden numbness/weakness  
Uncontrolled bleeding  
Seizure/loss of consciousness  
Shortness of breath  
Chest pain

#### YOUR COST + TIME:

(\$\$\$) Highest cost  
Open 24/7, no appointment needed  
Longer wait times  
Higher risk of exposure to infection  
Notify your physician if using ER services as soon as possible