

## **QUALITY TIP TUESDAY**

## **HEDIS Measure Description:**

Opioid Naive Patients (not having an opioid Rx in 6 months) receiving 15 days of an opioid in a 30-day period or 31 days of an opioid in a 62-day period.

\*Any opioid, including Tramadol, with the exclusion of some MAT meds, Cough products, Ionsys patches etc

## **Tips for Success**

- Utilize MAPS to review for current or past opioid use
- Establish realistic goals for pain management and functionality with patients
- Consider alternative treatments:
  - OTC medications
  - Physical Therapy/Massage Therapy/Acupuncture
- Refer chronic pain patients to pain management specialist when appropriate

## Opioid facts

- · Long-term opioid use often begins with the treatment of acute pain
- A significant relationship exists between early prescribing patterns and long-term use of opioids
- There is a consistent link between increasing days' supply of the first prescription with the probability of continued opioid use
- Older adults are at a higher risk of accidental misuse or abuse because they typically have multiple prescriptions and chronic disease

For additional information, please use this link:



\*PDF available to the offices for printing

\*\*Additional information on HEDIS and more, please refer to you MPP Quality Top 10 guide