



PHYSICIAN PARTNERS

QUALITY TIP TUESDAY

Osteoporosis Management in Women Who Had a Fracture (OMW)

Measure Description

The percentage of women ages 67-85 years of age and older who suffered a fracture and who had either a bone density test or a prescription or a drug to treat or prevent osteoporosis six months after the date of the fracture. **Code: 4005F**

Helpful HEDIS hints

- Discuss osteoporosis prevention including calcium and vitamin D supplements, weight-bearing exercises and modifiable risk factors.
- Ask patients if they've had any recent falls or fractures, since treatment may have been received elsewhere.
- If virtual care is used instead of in-person visits, discuss the need for a bone mineral density test or medication therapy.
- Discuss fall prevention such as:
 - The need for assistive devices (e.g., cane, walker)
 - Removing trip hazards, using night lights and installing grab bars
- Promote exercise, physical therapy, strengthening and balance activities (e.g., yoga, tai chi)

Osteoporosis Medications

Description	Prescription	
Bisphosphonates	• Alendronate • Alendronate-cholecalciferol • Ibandronate	• Risedronate • Zoledronic acid
Other Agents	• Abaloparatide • Denosumab • Raloxifene	• Romosozumab • Teriparatide

*PDF available to the offices for printing

**Additional information on HEDIS and more, please refer to you MPP Quality Top 10 guide