

MPP Pediatrics Top Eight Quality Metrics - 2023

Category	Measure Title	Specifications													
Preventative Screenings and Well Child Visit	Adolescent Well Visits	Patients 12-21 years of age who had a comprehensive Well-Care visit with PCP, Pediatrician or OB/GYN in 2023													
	Well-Child Visits in the 3 rd , 4 th , 5 th , and 6 th Years of Life *	Patients 3-6 years of age who had at least one well-child visit with a PCP during 2023													
	BMI Percentile	Patients ages 3-17 with a BMI percentile documented annually (either numeric or plotted on a growth chart.) Documentation must include height, weight, and BMI value													
	Chlamydia Screening	Women 16-24 years of age identified as sexually active who has at least one chlamydia test during 2023													
	Counseling for Nutrition	Patients ages 3-17 who have had counseling for nutrition during 2023. Documentation must include a note indicating the date and at least one of the following: discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors), checklist indicating nutrition was addressed, counseling or referral for nutrition education, patient received educational materials on nutrition during a face-to-face visit, anticipatory guidance for nutrition, weight or obesity counseling. CODE: Z71.3 Dietary Surveillance and Counseling													
Counseling for Physical Activity	Patients ages 3-17 who have had counseling for physical activity during 2023. Documentation must include a note indicating the date and at least one of the following: discussion of current physical activity behaviors (e.g., exercise routine, participation in sports activities, exam for sports participation), checklist indicating physical activity was addressed, counseling or referral for physical activity, member received educational materials on physical activity during a face-to-face visit, anticipatory guidance specific to the child's physical activity, weight or obesity counseling. CODE: Z71.82 Exercise Counseling or Z02.5 Sports Physical														
Behavioral Health	Follow-up Care for Children Prescribed ADHD Medication: Initiation Phase (6-12 Years)	Patients newly prescribed ADHD medication who had one follow-up visit within 30 days of first ADHD medication prescription													
	Depression Screening (ages 12 and older)	Percentage of patients 12 years and older who are screened for depression using a standardized tool. If positive screen (PHQ-9 of 5 or greater) receive follow-up care within 30 days													
	<table border="1"> <thead> <tr> <th colspan="2">Interpreting PHQ-9 Scores</th> <th colspan="2">Actions Based on PHQ-9 Score</th> </tr> </thead> <tbody> <tr> <td>Mild Depression</td> <td>5-9</td> <td rowspan="2">>5-14</td> <td rowspan="2">Physician uses clinical judgement about treatment, based on patient's duration of symptoms and functional impairment</td> </tr> <tr> <td>Moderate Depression</td> <td>10-14</td> </tr> <tr> <td>Moderately Severe Depression</td> <td>15-19</td> <td>>15</td> <td>Warrants treatment for depression, using antidepressant, psychotherapy, and/or combination of both</td> </tr> </tbody> </table>		Interpreting PHQ-9 Scores		Actions Based on PHQ-9 Score		Mild Depression	5-9	>5-14	Physician uses clinical judgement about treatment, based on patient's duration of symptoms and functional impairment	Moderate Depression	10-14	Moderately Severe Depression	15-19	>15
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*NCQA HEDIS measures Childhood and Adolescent Well Visits together for ages 3-21. The insurance plans will provide a single score. MPP will measure separately for scoring purposes.