

## PHASE 1: RENOVATION (continued)

### McDonald Partial Hospitalization Program

- Renovation within the west building
- Intensive program for adults to return to daily life and avert inpatient hospitalizations
- Serves as a step-down program from inpatient and EmPATH units and a step-up program from standard outpatient therapy
- Open daily, Monday-Friday; average length of stay will be 5-10 days
- Program includes physician consults, several modes of therapy, medication management, and discharge planning

PHASE 1 Projected Cost: \$6.5 million Opens: Late 2022

## PHASE 2: NEW CONSTRUCTION

### EmPATH Unit (Emergency Psychiatric Assessment, Treatment, and Healing Unit)

- Safe space designed to calm and stabilize patients in acute behavioral health crisis
- Patients medically screened in emergency departments, then transferred to unit for care
- Immediate access to emergency psychiatrist—on site or via video; staff specially trained for unique needs of EmPATH Unit patients
- EmPATH Units have been shown to decrease hospitalizations by 75%, with 80% of patients going home within 16 hours

### Inpatient Behavioral Health Unit

- Additional 12-bed unit, possibly for a specific patient population (e.g., geriatric)
- Adjacent/connects to South Wing
- Shelled space for future program expansion

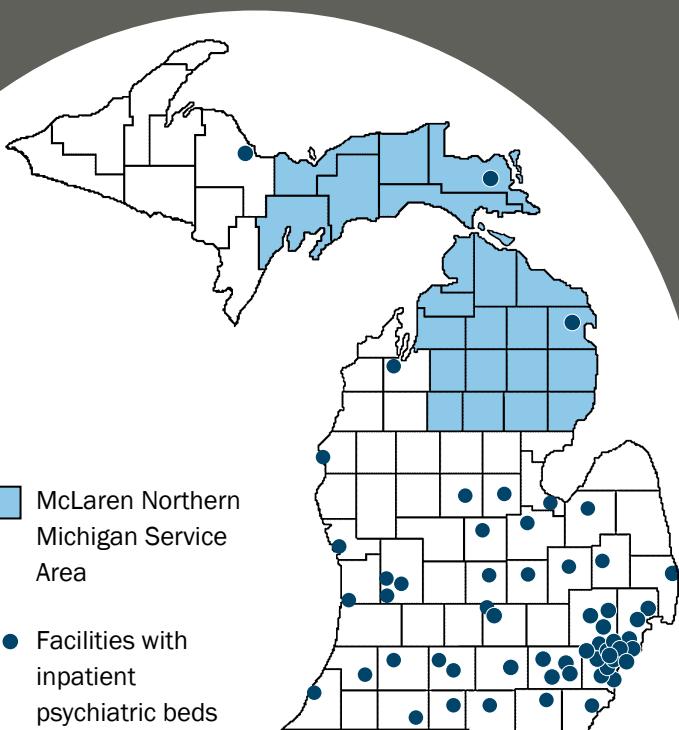
PHASE 2 Projected Cost: \$12 million Opens: TBD\*

\*Phase 2 will launch when funding has been secured

## The Need for Inpatient Care

As the map below illustrates, northern Michigan is vastly lacking in behavioral health inpatient resources.

- The entire state has just over 3,000 adult psychiatric inpatient beds—with only 35 beds in the 22 counties served by McLaren Northern Michigan
- People experiencing a behavioral health crisis are held for days in an emergency department or jail waiting for a psychiatric bed to become available
  - patients suffer delayed psychiatric care
  - families are burdened with care far from home
  - hospital and law enforcement teams are depleted to keep mental health patients safe



  
McLaren  
NORTHERN MICHIGAN  
FOUNDATION



creating a  
comprehensive  
center for

# Behavioral Health Care

*in northern Michigan*

# The Justin A. Borra Behavioral Health Center

## Increasing Illness, Decreasing Access

Over the past decade, our nation has faced a mental health crisis that continues to grow each year, both in number and severity. Made worse by the COVID-19 pandemic, **it's estimated that 1 in 5 Americans experience mental illness every year!**

Meanwhile, access to care has declined due to a shortage of mental health professionals, especially here in Michigan. Our state ranks third worst in the nation, after Texas and California, for its severity of shortage.

Within Michigan, distribution of behavioral health services varies greatly, **with the northern region severely underserved**. For example, while Washtenaw County (including Ann Arbor) has 1 behavioral health provider per 200 people, northern Michigan's Presque Isle County has only 1 per 4,260. Overall, 33 of Michigan's 83 counties have no psychiatrist, with many of these counties located in the McLaren Northern Michigan service area.

In addition to lacking behavioral health providers, northern Michigan also lacks the breadth of programs needed to best care for patients with mental illness.

**Patients with a behavioral health issue that cannot be resolved through outpatient therapy will have to travel hundreds of miles for treatment.**

1 in 5 American adults experience mental illness

1.79 million of the 9.9 million people in Michigan experience mental illness

38% or 660,000 people in Michigan with a mental health illness are not receiving care

## A Daily Struggle for Northern Michigan

The lack of behavioral health services creates a ripple effect throughout northern Michigan, impacting nearly everyone.

**People suffering with a behavioral health issue** have few options for treatment beyond a visit to their primary care physician or therapist. Without access to intensive therapeutic programs, patients are more likely to decline into a mental health crisis requiring inpatient psychiatric care.

**Family members** have nowhere nearby for support and guidance when their loved one's mental illness intensifies. The grim reality for these families – in a crisis, the best they can hope for is admission to an emergency department until an inpatient bed can be found.

**McLaren Emergency Departments (ED)** treat behavioral health patients every day. Many of these patients require psychiatric inpatient care and they will have to stay in the ED until a bed is found, which can take days, sometimes more than a week. These lengthy stays are difficult for all. The patient is delayed in receiving much needed psychiatric treatment and ED staff are diverted away from others to keep the patient safe and comfortable.

**Our communities** as a whole are effected by the lack of behavioral health services. Inadequate treatment for mental health issues impacts the work force, unemployment, education, poverty, homelessness, safety, and the local economy.

## A Vision for the Future

McLaren Northern Michigan is part of a regional collaborative, involving local and state organizations, to create a better system for meeting the mental health needs throughout our communities.

To improve behavioral health care in the region and provide expanded services close to home,

**McLaren Northern Michigan has embarked on a journey to establish a comprehensive behavioral health center.**

The multi-phase project involves renovation and new construction on the Cheboygan Campus to create the **Justin A. Borra Behavioral Health Center**. The Center will include an inpatient behavioral health unit, as well as programs and services offering a wide range of therapies to meet the recovery needs of behavioral health patients.

### PHASE 1: RENOVATION

#### Pulte Family Foundation Adult Inpatient Behavioral Health Unit

- Full renovation of South Wing, 2nd floor (former Medical Surgical floor)
- 16-bed adult inpatient unit
- Safe environment designed for optimal care of behavioral health inpatients
- Patients medically screened in emergency rooms and directly transferred into the unit *(continued on the back)*

892 behavioral health patients were seen in Cheboygan and Petoskey Emergency Rooms in 2020.

## Behavioral Health Continuum of Care

Many people understand behavioral health to have only two options for care—seeing a therapist or being admitted to a psychiatric hospital. When in fact, a full continuum of care exists offering many more opportunities for patients.

**Continuum of care** refers to the entire range of available care; it is a "path" of care with stops along the way in the form of services or providers. Care moves between stops based on the patient's current needs.

The **behavioral health continuum of care** plays a crucial role in recovery by helping patients to receive:

the **right treatment**  
at the **right time**  
in the **appropriate setting**.

It ensures patients can stay in treatment long enough to address issues adequately. This is especially important with behavioral health issues and addiction. Because needs may evolve quickly, treatment is most effective when received along a continuum of care that can adjust in real-time.

