

# Hospital Visitation Guidelines

In order to protect the health of our communities, McLaren Northern Michigan is implementing the following visitor restrictions in accordance with the recommendations from the Centers for Disease Control and Prevention and per MDHHS Epidemic Orders.

McLaren Northern Michigan is temporarily prohibiting all visitors from entering this facility, with the following exceptions:

- **One designated Care Partner for Non-COVID-19 patients:** A Care Partner (same person for duration of stay) is allowed for patients needing a support person who is essential or medically necessary for the care of the patient; including patients who have intellectual and/or developmental disabilities, cognitive impairments including dementia, behavioral concerns, or patients who need communication support or assistance due to the specifics of their disability.
  - A member of the patient's care team will determine if the patient requires a Care Partner.
  - Care Partners are allowed between the hours of 10 a.m. and 6 p.m.
  - Care Partners must provide name and phone number upon entry.
  - Care Partners entering a McLaren Northern Michigan campus will be screened for COVID-19 symptoms.
  - Care Partners must be healthy and symptom free.
  - Care Partners are required to wear a hospital-issued face mask covering both nose and mouth for the **duration** of their visit except when eating and drinking.
  - Care Partners are required to wear a colored wristband designating their Care Partner status.
  - No Care Partners under the age of 18 are permitted unless they are parents of a pediatric patient or support person of an OB patient.
  - Care Partners of hospitalized patients must remain in the patient's room, use most direct route when entering and exiting hospital, and not gather in common areas such as waiting rooms.
  - Care Partners will be asked to leave the facility if:
    - They exhibit COVID-19 symptoms
    - They are found outside of direct routes from entry to patient room
    - They are non-compliant with mask and social distancing requirements
    - They do not have a colored wristband

Additional Care Partners Approved Include:

- **Obstetric patients:** One birthing partner or support person (must be the same person during the duration of the stay) and one certified doula.
- **Pediatric patients:** May have one parent/guardian at a time. It is strongly preferred that the caregiver is the same for the duration of their stay.
- **Emergency Department:** One support person allowed if they pass screening. Must be the same support person for the duration of the Emergency Department stay.
- **End of Life:** Up to two visitors per day. Visitors for patients at end of life may be evaluated on a case by case basis, including those under the age of 18. Patients with a COVID-19 positive diagnosis who are at this stage are allowed one visitor, one time, with appropriate personal protective equipment.

**Communication during times of no in-person visitation:**

McLaren Northern Michigan will continue to include the patient's authorized/designated family member or support person as part of the care team. The single **designated support person will receive a daily phone call between 10 a.m. – 7 p.m. from the patient's nurse** with a report on the patient's condition and to answer questions.

**We ask that family members do not call the care team for non-urgent matters. For urgent matters only the designated support person should call.**

We understand it is important for patients to have access to their loved ones while receiving care at our hospital. Family/Friends are welcome to connect directly with the patient at any time during their stay. We offer communication through a land line phone in the patient's room. An iPad is also available on each unit for a video chat virtual visit if the patient does not have a cell phone with this feature.

**CAMPUS ACCESS POINTS FOR PATIENTS & CARE PARTNERS: Please use the appropriate designated entrance:**

**CHEBOYGAN CAMPUS**

- Emergency Department Entrance – Patients seeking care in the Emergency Department, Imaging Department, Sleep Center, and Surgical Department.
- Medical Office Building Entrance – Lab, Physician Office Appointments, Cardiac Rehabilitation, Outpatient Physical, Occupational, and Speech Therapy.

**PETOSKEY CAMPUS**

- Main Hospital Entrance – Care Partners and patients accessing Imaging, Endoscopy, Cath Lab, Surgery, and Radiation Therapy, Acute Rehabilitation.
- Emergency Department Entrance – only for Emergency Department patients and Emergency Department Care Partners.
- Medical Office Building Entrance – Lab and Physician Office Visits.

*We will continue to monitor the risk of COVID-19 closely and will adjust visitor practices, as necessary to ensure the community's safety. We appreciate your help in keeping our patients and employees safe.*

# VISITOR RESTRICTIONS

## BASED ON LOCATION AND UNIT

<b>OUTPATIENT CLINIC</b>	
Physician Office Visits	No Visitors. Care Partner only allowed if required for the patient's exam/visit. "Not needed in the exam room, not needed in the building."
Laboratory / Lab Drawing Station	
Non-physician Appointments	
<b>SURGICAL / PROCEDURAL</b>	
Endoscopy	No visitors. One healthy adult support person allowed at discharge.
Imaging / Interventional Radiology	
Surgery	An employee will take a phone number to call the support person with updates and at time of discharge.
Cath Lab	
Radiation Therapy	
<b>EMERGENCY DEPARTMENT</b>	
Petoskey & Cheboygan Emergency Department	Limited to 1 visitor, who has passed the screening process, per patient. The same person throughout the entire stay.
<b>INPATIENT UNIT – Visiting Hours 10am-6 p.m. Daily</b>	
COVID / Respiratory Recovery Unit	No visitors, unless end-of-life
Intensive Care Unit (ICU)	No visitors. Care Partner allowed if deemed necessary by the patient's care team.
Cardiovascular Unit (CVU)	No visitors. Care Partner allowed if deemed necessary by the patient's care team.
Acute Rehabilitation Unit	
2 North	
2 South	
Level 3	Limited to one healthy parent/guardian at a time. Strongly preferred that the caregiver is the same for the duration of patient's stay. Under age 18 allowed if parent of pediatric patient.
Pediatrics	
Obstetrics	Limited to 1 support person. (One certified doula also allowed while in labor & delivery.)
<b>OTHER</b>	
End-of-Life / Hospice Patients	No more than 2 healthy adult visitors a day.
Minors under 18 years	One parent/legal guardian allowed.