

IN GOOD HEALTH

SPRING 2018



- 1** New patient tower slated to open in October
- 3-4** Seed implants give hope to prostate cancer patients
- 8** Honor your caregiver through the Guardian Angel program
- 10** Record year for Little Black Dress



MESSAGE FROM THE PRESIDENT

Almost four years ago, in May 2014, Port Huron Hospital joined McLaren Health Care. Since then, I have shared so many achievements that have allowed us to provide greater access to care in the Blue Water Area.

In July 2016, the new Barbara Ann Karmanos Cancer Institute opened. Since its opening, the center has averaged about 400 radiation and chemotherapy visits weekly. Many of these patients have shared with me that they would have had to travel farther, even out of St. Clair County, if our cancer center wasn't open.

As soon as the Karmanos Cancer Institute opened, our construction crew shifted gears to begin focusing on the new South Patient Tower. In less than two years, and the 174,000 square-foot four-story tower is nearing completion. We are in the final stages of finishing the interior now, and I am pleased to share that it will open in October. We will be holding a number of special events in September, which will be open to the community, to tour the new tower. Look for more information in the coming months.

The new South Patient Tower will include:

- First floor: A new Emergency Center and an observation unit
- Second floor: Four new inpatient operating rooms that will adjoin the current operating rooms and a new intensive care unit with 18 beds
- Third and fourth floors: 72 private patient rooms

Once finished, we will immediately begin renovating the North Patient Tower (our current East Tower) to mirror the new tower.

In addition to construction, we have taken additional steps to enhance the quality of care over the past several months:

- Adding a second da Vinci® robotic surgical system. The new Xi Surgical System is similar to the da Vinci® Si model that McLaren Port Huron has used since 2012. The new Xi augments our commitment to minimally invasive surgical technology.
- The Michigan Peer Review Organization, a national leader in health-care quality improvement and medical review, bestowed McLaren Port Huron with its 2017 Governor's Award of Excellence.
- The American College of Surgeons verified McLaren Port Huron as a Level III Trauma Center, the only verified trauma center in St. Clair County.

We are poised to reach so many new milestones in 2018. It is an exciting time, and I would like to personally thank you for entrusting your health care to McLaren Port Huron.

Jennifer Montgomery, MSA, RN, FACHE
President and CEO





BEST FRIENDS FOR HEALTH

There are many reasons that dogs are considered humans' best friend. They not only provide companionship, loyalty, and unconditional love, but owning a dog can also benefit your health. Research has shown that having a pet can help lower blood pressure and lessen anxiety. Owning a dog can improve your physical and mental health by boosting physical activity and providing opportunities for socialization.

Unhealthy human behaviors can put your four-legged friend at risk. Healthy dog owners tend to have healthier dogs, while people who are sedentary are at higher risk to be overweight, and their dogs tend to be overweight and sedentary too. Just as in humans, these unhealthy behaviors increase risk factors for heart disease and diabetes in dogs.

McLaren Port Huron is partnering with the Riverview Veterinary Center and the Plaza Pet Club to make your health and the health of your dog a priority this spring. On Saturday, May 5, we invite all animal lovers to attend a special event filled with information and fun for you and your best friend.

Speakers will be presenting on a variety of topics, and other highlights include a canine agility demonstration, vendors to pamper your pet, and screenings for you, including blood pressure, BMI, and fall prevention.

You are welcome to attend one or all of the sessions. You can attend this event solo, or bring your dog along. It is recommended that your dog be social and calm in larger crowds. A dog-walk through the mall prior to the program will begin promptly at 12 noon. Meet in the parking lot near the Plaza Pet Club, 201 North Riverside Avenue, St. Clair (north end of the mall).

BEST FRIENDS FOR HEALTH EVENT

Saturday, May 5

12 - 3 p.m. at Plaza Pet Club
201 N. Riverside Ave., St. Clair

Cost: Free

No registration required.

TENTATIVE SPEAKER AGENDA

12:30 p.m.

DIABETES PREVENTION

McLaren Port Huron
Diabetes Educators

12:50 p.m.

SIGNS OF DIABETES IN YOUR DOG

Dr. Robyn Limberg-Child,
Riverview Veterinary Center

1:10 p.m.

HEALTHY EATING TIPS

McLaren Port Huron Dietician

1:30 p.m.

PET NUTRITION

Dr. Elizabeth Gray,
Riverview Veterinary Center

1:50 p.m.

STARTING A WALKING PROGRAM SAFELY

McLaren Port Huron
Physical Therapist

2:10 p.m.

DOG WALKING TIPS

Wendy McKenzie, Plaza Pet Club

2:25 p.m.

IMPORTANCE OF FOOT CARE

Sarah Schoenberg,
McLaren Port Huron Wound Center

2:45 p.m.

NAIL AND PAW CARE

Dr. Robyn Limberg-Child,
Riverview Veterinary Center

“There are lots of treatment options for prostate cancer. It’s important that patients explore them with a multidisciplinary team of cancer experts, because each treatment has unique side effects,” says Dr. Bhatt. “After consultation, we can tailor your treatment toward your lifestyle.”



Brachytherapy seeds shown actual size with a penny

SEEDS OF HOPE

Brachytherapy is one option for prostate cancer patients

Aside from skin cancer, prostate cancer is the most common cancer for men. About one in seven men will be diagnosed with the disease in their lifetime, and prostate cancer is the third leading cause of cancer death in American men, according to the American Cancer Society (ACS).

The good news is that more men are surviving prostate cancer as treatments improve. Today, more than 2.9 million men in the United States diagnosed with the disease are alive today, the ACS reports.

Surgery and radiation are traditional ways of treating prostate cancer. But another option – prostate seed implants – has emerged as a powerful tool to defeat the disease and preserve quality of life.

“Prostate seed implants are a form of brachytherapy – a procedure that involves placing radioactive material inside the body,” says Neal Bhatt, MD, a radiation oncologist who treats patients at the Barbara Ann Karmanos Cancer Institute at McLaren Port Huron.

“In many cases, internal radiation can be more effective than external radiation for treating prostate cancer. Brachytherapy minimizes radiation exposure to surrounding organs. And because the prostate isn’t surgically removed, brachytherapy may be the best way to preserve the patient’s sexual function.”

In low-dose brachytherapy, a physician implants a permanent strand of 60 to 100 tiny radioactive “seeds” into the prostate. These seeds may also be loose.

“PROSTATE SEED IMPLANTS HAVE EMERGED AS A POWERFUL TOOL”

Prostate brachytherapy has been a treatment approach to prostate cancer for more than 30 years. The treatment has grown more popular again with the advent of computer-based planning.

“Prior to performing brachytherapy, an ultrasound is utilized to image the prostate. These images are used to create a customized plan specific to a man’s prostate to treat the cancer,” Dr. Bhatt says.

“During the procedure itself an ultrasound probe is used to create a multidimensional view of the prostate gland on several TV screens. These images are used to place the needles while a computer continues to calculate and make the physician aware of the best spacing. The seeds are like batteries – their radiation charge slowly dies over time.”

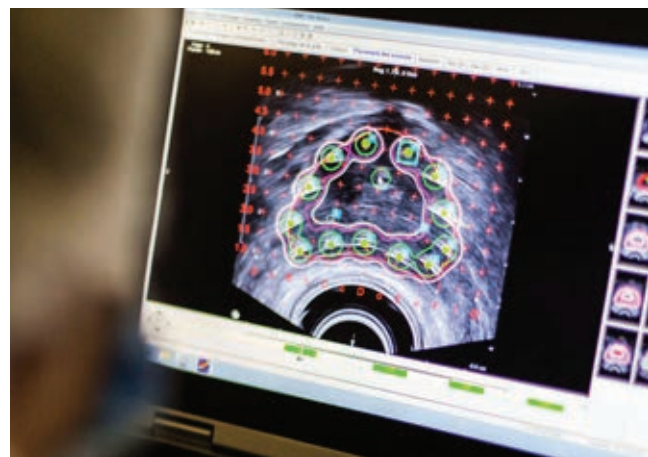
High-dose brachytherapy is another internal radiation technique. Instead of implanting seeds, the physician inserts 15 to 25 hollow temporary catheters into or next to the prostate, and then uses a machine attached to the hollow catheters to deliver a high dose of localized radiation. The physician removes the catheters after the procedure.

“The low-dose method is a one-time procedure, while the high-dose method requires two to four visits,” says Dr. Bhatt. “Depending on the size of the tumor and the disease location, patients can decide which method they prefer. High-risk patients may have seeds along with external radiation to keep the cancer from spreading.”

Prostate seed implants do not require incisions, so patient discomfort is usually minimal. Most patients are treated in the morning, discharged a few hours later and resume their regular activities within a day.

“The most common side effect is a temporary irritation of the urinary stream,” Dr. Bhatt says. “But patients can manage this by drinking plenty of water or taking medication.”

The best prostate cancer candidates for brachytherapy are patients at low or very early intermediate risk, and success rates are exceptional for both low and high-dose techniques.



For more information about a cancer diagnosis or treatment, call 1-800-KARMANOS or visit www.karmanos.org.



SPRING 2018

Registration is required for all programs, unless stated otherwise. Register online at www.mclaren.org/phevents or call HealthAccess at **1-800-228-1484** with credit card information. Refunds cannot be given unless there is a 48-hour notice or McLaren Port Huron cancels the program.

UPCOMING PROGRAMS

Bariatric Informational Seminars

Upcoming seminar dates and information about surgeons and surgery options is listed at www.mclaren.org/phbariatric.

[MPH Duffy Classrooms](#) • Cost: Free

No Butts About It: Smoking Cessation for Adults

Learn tips and strategies to help you quit smoking for good!

April 10, June 12; 2 – 3 p.m.

[MPH Jefferson Building](#) • Cost: Free

Drive 4 UR Community – Northgate Ford

The Betty Kearns Cancer Fund at McLaren Port Huron will earn \$20 per household for each test-drive at the event. Anyone 18 or older with a valid driver's license can participate.

April 12; 2 – 7 p.m.

[Northgate Ford Lincoln](#) • Cost: Free
3600 Pine Grove Ave., Port Huron

Joint Connections Seminar

Learn about hip and knee pain and the various treatment options available with Dr. Rajesh Makim and physical therapist Kurt Brinker.

April 16; 5:30 – 6:30 p.m.

[MPH Duffy Classrooms](#) • Cost: Free

Medicare 101

Learn about Medicare eligibility and coverage, enrollment, fraud prevention and insurance updates.

April 17; 10 – 11:30 a.m.

[MPH Jefferson Building](#) • Cost: Free

Art Therapy

Cancer survivors and those undergoing treatment can work with an art therapist to find ways to express emotions and experiences through art. Participants do not have to attend all sessions.

April 17, May 15, June 19; 2 – 4 p.m.

[MPH Jefferson Building](#) • Cost: Free

Savvy Seniors Series: Summer Readiness for Seniors

Lunch & Learn:

Getting Your Skin Ready for Summer

April 19; 11:30 a.m.

[MPH Duffy Classrooms](#) • Cost: Free

Summer Safety Tips

May 22; 10 a.m.

[MPH Jefferson Building](#) • Cost: Free

A Beautiful Butterfly Garden

June 7; 1 p.m.

[Marwood Nursing & Rehab](#) • Cost: Free

1300 Beard St., Port Huron

Look Good, Feel Better

This program teaches techniques to help individuals undergoing cancer treatment combat the appearance-related side effects. Call the American Cancer Society at 1-800-227-2345 to register.

April 26, May 24, June 28; 1 – 3 p.m.

[MPH Jefferson Building](#) • Cost: Free

A Matter of Balance

An eight-session program where older adults learn strategies to reduce the risk of falling and increasing activity levels.

Tuesdays & Thursdays, May 1 - 24;

10 a.m. – 12 p.m.

[Marwood Nursing & Rehab](#) • Cost: Free

1300 Beard St., Port Huron

Best Friends for Health

A fun and informational program focused on your health and the health of your dog. Participants are welcome to bring their dogs. See page 2 for more information.

May 5; 12 – 3 p.m.

[Plaza Pet Club](#) • Cost: Free

201 N. Riverside Ave., St. Clair

Skin Cancer Screening

Local dermatologists will examine areas of your skin and answer your skin cancer questions. Appointment required.

May 9; 10 a.m. – 3 p.m.

[MPH Jefferson Building](#) • Cost: Free

McLaren Port Huron (MPH) Duffy Classrooms
1221 Pine Grove Ave., Port Huron

McLaren Port Huron (MPH) Jefferson Building
1320 Washington Ave., Port Huron

AARP Smart Driver Course

Refresh your driving skills to stay safe behind the wheel. Participants are welcome to bring a sack lunch. Payment due at the door, checks preferred.

May 10; 10 a.m. – 2 p.m.

MPH Jefferson Building

Cost: \$15 AARP members; \$20 non-members

Mother Daughter Retreat

Girls in fifth through eighth grades and their moms are invited to a self-esteem workshop to experience, learn and grow together. Presented by McLaren Port Huron Foundation Marysville Community Health Team and A Beautiful Me.

May 19; 9 a.m. – 1 p.m.

Marysville City Hall • Cost: \$5/person

1111 Delaware Ave., Marysville

CHILDBIRTH EDUCATION

Several courses are offered throughout the quarter. For more information or to register for the following classes, call HealthAccess at 1-800-228-1484.

Saturday Express

April 14, May 5, June 2; 8:30 a.m. – 4 p.m.

Comfort and Relaxation During the Birthing Process

May 21; 6:30 – 8:30 p.m.

Breastfeeding

May 26; 10 a.m. – noon

Childbirth Education Online

Call HealthAccess for more information.



55 PLUS SCREENINGS

All screenings take place at the MPH Jefferson Building

Blood Pressure Screenings

April 4, May 2, June 6; 8:30 – 10 a.m.

Cost: Free

Foot Screenings*

June 8; 9 a.m. – noon

Cost: Free

Hearing Screenings*

June 13; 12:30 – 3 p.m.

Cost: Free

*Appointment required



DIABETES EDUCATION

Diabetes Education

MPH offers diabetes education in a small group or individual setting Monday – Friday at various times. A physician order and registration are required. For more information or to register, call 810-989-3362.

MPH Diabetes Education Classroom

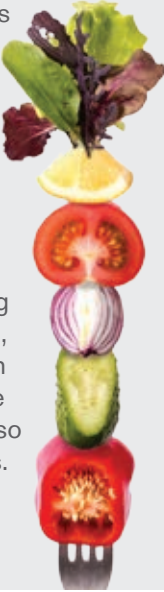
Cost: Varies

Spring into Action Your Diabetes Care

Take charge of your diabetes care by attending this event! Learn more about your medications, healthy eating tips and ways to stay active with a pharmacist, registered dietician and exercise specialist. Certified diabetes educators will also be on hand to answer your diabetes questions.

April 10; 1:30 – 3 p.m.

MPH Duffy Classrooms • Cost: Free



SUPPORT GROUPS

Alzheimer's Support Group

April 24, May 22, June 26; 1 – 2:30 p.m.

MPH Jefferson Building

Bariatric Surgery Support Group

May 15; 12 – 1 p.m.

MPH Duffy Classrooms

Cancer Support Group for Women

April 10, May 8, June 12; 6 – 7:30 p.m.

MPH Jefferson Building

Depression and Bipolar Support Alliance

April 12 & 26, May 10 & 24, June 14 & 28; 6:30 – 8 p.m.

MPH North Classroom

Heart to Heart Support Group

April 18, May 16, June 20; 5:30 – 7 p.m.

MPH Duffy Classrooms

Multiple Sclerosis Support Group

April 14, May 12, June 9; 10 a.m. – noon

MPH North Classroom

Parkinson's Support Group

April 4, May 2; 2 – 3:30 p.m.;

Summer picnic June 6; 12 – 1 p.m.

MPH Jefferson Building

Stroke Survivors Support Group

April 4, May 2; 2 – 3:30 p.m.;

Summer picnic June 6; 12 – 1 p.m.

MPH Gathering Place

29TH
ANNUAL

Festival OF TREES

McLaren
PORT HURON FOUNDATION

In December 2017, the 29th Annual Festival of Trees returned to the Blue Water Convention Center to kick off the holiday season. The Preview Party was attended by 750 people and ended with 1,500 empty champagne glasses. The weekend family events, Pajama Party and Breakfast with Santa, also saw an increase in attendance.

Mark your calendars for the
30th Annual Festival of Trees,
November 30 - December 2, 2018.
Follow us for all the latest updates:
facebook.com/mclarenfestival



39TH ANNUAL McLAREN PORT HURON

GOLF CLASSIC

CHARITY

McLaren
PORT HURON FOUNDATION

2018 Committee Members:

Christine Shigley, Chairman
Lisa Motte, Vice Chairman
Ernie Albert
Tyler Busdicker
Samantha Cuppen
Brandi DeBell
Amy Freiger
D'Ann Kolan
Dave Koschnitzke
Larry Krabach
Dave Landon
Gary LeRoy
Steve Schrot
Sarah Simpson
Larry Smith

SAVE THE DATE: TUESDAY, JULY 10

GUARDIAN ANGEL PROGRAM

Gifts received through this program recognize deserving caregivers, and also provide a healthier tomorrow for our community. As a non-profit hospital, McLaren Port Huron provides millions of dollars in charity care each year, as well as community benefit activities like free health screenings, educational programs, and partnerships with our local schools.

Guardian Angel brochures can be found in different locations of the hospital, accessed online at www.mclaren.org/phangel, or by calling the McLaren Port Huron Foundation at 810-989-3776.



FROM A PATIENT:

"I was very sick and scared, and only had one visitor while I was in the hospital. Tony took the time, after he was already off work, to comfort me and talk to me. He eased my mind, listened to me, and made me feel like I was not alone. I am honored that Tony was my Angel, and I wanted to say thank you with all my heart!"

~ 2017 GUARDIAN ANGEL RECIPIENTS ~

Georgia Aebel
Rev. Max Amstutz
Nicole Biessel
Kathryn Bishop
Debbie Boardman
Amy Bolt (2)
Dr. Matthew Bombard
Dr. John Brooks
Dr. Cheryl Canto
Dr. Emad Daher
Rachel Distelrath
Dr. Kathleen Fabian
Stephanie Gallo
Susan Gilmore

Beth Graham
Georgia Griner
Steven Gura
Kristie Harms
Crystal Hart
Rebecca Hartman (2)
Jenna Heier
Alyssa Huffman
Dr. John Jarad
Curtis Jevens
Amberli Kue
Elizabeth Labellarte
Shelly Laird
Dr. Anup Lal

Candise Love
Cynthia Lynch
McLaren Port Huron –
5 East Staff
Ashley McLeod
Jennifer Mynhier
Dr. Kimberly Clark-Paul
Anthony Pitts
Dr. Rajat Prakash
Cathy Richards
Debra Roberts
Adam Roberts (2)
Kendall Sanders
Javis Sanderson

Barbara Sawher
Lisa Seaford
Alyssa Seidl (4)
Samantha Sheldon
Ashley Smith
LeAnn Stern
Heather Swartz (2)
Jessica Tolin
Amy Tunich
Shannon VanNest
Kathryn Woodburn
Brenda Wright
Deborah Yorke

The Beacon Society was founded in 1991 to recognize our most generous supporters, those that make a minimum commitment of \$10,000 over a 10-year period. Just as a lighthouse beacon provides sound guidance and direction for shipping, the Beacon Society lights the way for excellence in the health of our community. Gifts made through the Society have had a major impact on McLaren Port Huron, contributing to new technology, community programs and nursing education. Currently, Beacon Society donations support the Rising to New Heights campus expansion and renovation plan.

For additional information on the Beacon Society, or to become a member, please contact Sara Tait at 810-989-3793 or stait@porthuronhospital.org.



LIFETIME

Greg & Cathy Busdicker
Gary & Susan LeRoy
Donna M. Niester

PRESIDENT'S CIRCLE

Jim Acheson
Mrs. Suzanne Acheson
Norman D. & Joyce Beauchamp
Mr.* & Mrs. Herbert Houghton
Mr. & Mrs. Gerald J. Kramer, Jr.
Isaac & Pearl Lang*
Jim* & Cindy Rourke
Mr. John F. Wismer*

BENEFACTOR

Dr. & Mrs. Richard T. Anderson
Mr. & Mrs. George T. Ferris*
Don & Bonnie Fletcher

PATRON

David A. & Denise M. Brooks
Don* & Alice I. Giese
Sivaji & Jaya Gundlapalli
Dr. & Mrs. Virender Parekh
Dr. & Mrs. Vrajmohan C. Parikh
Drs. Sushma & Ramesh Reddy
Dr. Madhu C. &
Mrs. Suma C. Reddy
Drs. Bashar & Randa Samman
Mr. & Mrs. Clinton F. Stimpson, III
Mr. & Mrs. David A. Thompson
Mr. & Mrs. Melvyn J. Wallbank
Dr. & Mrs. Johnson K. Zacharias

FELLOW

Jack & Mary Belyea
Larry & Leslie Boulter
Tom & Sue DeFauw
Dr. & Mrs. Vernon Dencklau
Mr. & Mrs. David G. French
Mr. & Mrs. Gary Klemmer
Mr. & Mrs. John Liston
Mr. & Mrs. Andrew Montgomery
Pat & Deborah Moran
Dr. & Mrs. Bassam Nasr
Mr. & Mrs. Theodore A. Ruff*
Douglas E. & Ronda J. Ryan
Dr. Jim & Sandy Sharpe
D. A. & Sandra Stephens
Robert* & Doris Thomson
Lori K. Vinckier
In loving memory of Charles J. Watza
David C. & Janice U. Whipple

BEACON

Mr. & Mrs. Richard Ainsworth
Michael & Gail Anderson
Dr. & Mrs. Daniel Angeli
Douglas R. Austin*
Dr. & Mrs. Michael A. Basha
Dr. Christopher & Ann Beck
Bethany A. Belanger
Dr. & Mrs. Glenn G. Betrus
Dr. & Mrs. David R. Bolla
Mr. & Mrs.* Wayne "Bing" Boucher
Drs. Anthony & Julie Boutt
James & Helene Bridge
Mary J. Brooks

Mr. & Mrs. Daniel R. Busen
William J. & Shellie A. Butler
Marshall J. Campbell
Scott & Shirley Campbell
Gerard & Kim Chantry
James & Denise Cole, Jr.
Laurie M. Cook
Ron & Patty Cooley
Dr. & Mrs. Loren J. DeCarlo
Dr. & Mrs. Walid Demashkieh
Mr. & Mrs. Lee Draper*
Christopher & Tracy Dunsmore
Pattie & Dave Dziubinski
Jeanine M. Fleming
Roy & Carol French*
Steven & Ann Geib
Steven & Emily Goudy
Matt & Lynn Griffor
Bill & Jamie Guyor
Gary* & Judy Hall
N. Fred* & Marcia M. Haynes
John T. Hill & Sue Wismer-Hill
Mr. & Mrs. Dennis L. Hoover
Dr. & Mrs. Paul S. Jerry
James & Joyce Josef
Dr. & Mrs. Leonard Karadimas
Mr. Christopher A. Kellerman
Mrs. Judith A. Kellerman
Gail & Charles G. Kelly
Mr. & Mrs. Jeffery Kleeves
Mr. & Mrs. Lawrence J. Krabach
Dr. & Mrs. Wilmont R. Kreis
Dr. Alan D. Kuester &
Dr. Sara Liter-Kuester
Mr. & Mrs. Kenneth Kulman

Dr. & Mrs. Geoffrey Kusch
Donnie & Shelly Laird
Jim & Michele Larsen
Charlie & Barb Lawrence
Rick & Lisa Leveille
Dr. Janet T. Lomasney
R. James & Kathy Marsh
Paul & Marlene Maxwell
David & Kathleen McEwen
Mr. & Mrs. Loia D. McNally
Ms. Kathleen McKenna &
Ms. Laura Tyburski
Geraldine McNash*
Dr. & Mrs. Scott A. McPhelimy
Mr. & Mrs. Joseph M. Mericka
Kathy Metcalf & Sal Ortiz
Dr. & Mrs. James W. Mitchener
Dr. & Mrs. William F. Moskal
Kris & Julie Moulds
Ann Cleland Murphy – in honor of
Dr. William D. Cleland &
Dr. John M. Murphy
David & JoAnn Murphy
Dr. Karen Niver
Shawn & Melissa O'Connor
Dr. Michael K. Paul &
Dr. Kimberley Clark-Paul
Louis C. & Ellen Petho, III
Milton & Elizabeth Ploghoft
Douglas N. & Barbara T. Price
Erin & Paul Quirk
John D. & Marcia A. Robbins
David & Christine Robinson
James L. & Marjorie E. Kopp Ropposch
Janice C. Rose & Norman K. Krol

Tom & Ellen Ross
Robert & Sarajane Rowling
Mr. & Mrs. Nicholas Sansom
Dr. Clare A. & Marcia Scheurer
Mr. & Mrs. James M. Schudlich
Ralph & Terry Scofield
Doris A. Seidl
Alex & Cynthia Shady*
Jeffrey & Bridget Sholtis
Thomas & Juliana Simpson
Robert & Linda Smith
Jeffery & Suzanne Smith
Larry & Kathy Smith
Pamela S. Snear
Mr. & Mrs. Frank Stein
Brenda* & George Stommel
Dr. & Mrs. John "Kevin" Sullivan
Dr. & Mrs. Dale R. Sweeney
Ms. Sara J. Tait & Mr. Todd A. May
Dr. & Mrs. Michael W. Tawney
David & Katherine Thompson
Elizabeth & Jeffrey Thomson
Dr. & Mrs. David P. Tracy
Drs. Kavita & Suresh Tumma
Mr. & Mrs. Mark VanderHeuvel
Ms. Ginger VanNuck
Stephen A.* & Grace E. Varga
Michael J. & Mary K. Whaling
Jim & Carol Whipple*
Dr. & Mrs. Dan Wilhelm
Jeffrey & Debra Wine
Mrs. JoAnn Wine
Mr. & Mrs. John O. Wirtz

**Deceased*



RECORD YEAR FOR LITTLE BLACK DRESS

Over 800 women attended this year's Little Black Dress event, raising \$30,000 for the Betty Kearns Cancer Fund at McLaren Port Huron. The Fund provides assistance to both men and women fighting any type of cancer. In 2017 alone, the Betty Kearns Cancer Fund assisted 23 local families. The goal of the fund is to ease financial burdens during treatment, allowing patients to focus on healing.

While the event is held annually, donations are accepted throughout the year. If you are interested in supporting local cancer patients, contact the McLaren Port Huron Foundation at 810-989-3776 or www.mclaren.org/phdonate.



1221 Pine Grove Ave.
Port Huron, MI 48060

810-987-5000
www.mclaren.org/ph

NON-PROFIT ORG
U.S. POSTAGE

PAID

IMAGE.WORKS
53719

“IN GOOD HEALTH”

is published quarterly by the Marketing Department at McLaren Port Huron. It is designed to provide readers with the latest, most accurate information regarding health and hospital news and events. If you would like to receive this publication, email contactus@porthuronhospital.org. We value and respect your privacy. If you wish to be removed from the mailing list, please visit www.mclaren.org/phoptout and complete the form.



McLarenPortHuron



@McLarenPH



PHHTodaysHealth channel



DOING WHAT'S BEST IN ROBOTIC SURGERY.

At McLaren Port Huron, we know how important it is for our patients to get back to their everyday lives. Which is why we make it a priority to invest in the latest robotic surgery technology, and why we are the only hospital in the area that has two *da Vinci*® Surgical Systems on site.

Our specially trained surgeons use state-of-the-art *da Vinci*® robotic technology to guide their movements with an exceptional level of precision.

This level of precision allows us to perform a wide range of minimally invasive procedures, including hernia repair, gallbladder removal, prostatectomy, thoracic surgery, endometriosis, hysterectomy and bariatric surgery, so that patients experience less pain and faster recovery times.

Visit mclaren.org/porthuron or call 810-987-5000.