



Massage Therapy Informed Consent and Guidelines

I, _____, understand that Massage Therapy services are designed to be a health aid and are in no way to take the place of a doctor's care when it is indicated.

Information exchanged during any of the sessions is educational in nature and is intended to help you become more familiar and conscious of your own health status, and to be used at your discretion.

The purpose of this session or any subsequent sessions is to reduce pain, stress and to promote the body's ability to heal itself.

I have disclosed to the therapist any existing conditions that would be contraindicated for Massage Therapy. I also understand it is my responsibility to update my Massage Therapist of any changes in my health status each time I receive manual therapy.

It is recommended that appointments be made in advance. As a courtesy give a 12 hour notice of cancellation. Please arrive 5-10 minutes early to relax and prepare for your session.

Payment is due at the time of service. Please make checks payable to McLaren Port Huron.

Massage clients may disrobe to their comfort level. Clients are modestly draped at all times, only the area being massaged is exposed.

We reserve the right to refuse treatment due to inappropriate behavior or discussion. Both client and massage therapist may stop the session at any time for any reason, including inappropriate behavior or discussion.

I agree to an initial treatment plan that will be designed specifically for me. I have read these guidelines and I understand that Massage Therapy promises no medical cures. I give my consent to receive treatment.

Signature

Date

Witness

Date