

# Joint Connections

## Total Joint Surgery Education Classes

Attend a specialized class for patients preparing for total joint surgery. Learn what to expect before and after surgery, become familiar with orthopedic equipment, and discuss therapy plans and goals. All classes are held in the Duffy Wellness Classroom at McLaren Port Huron. Please call (800) 228-1484 to schedule a class prior to your surgery.

### 2018 Schedule

Tuesdays  
1 - 2:30 p.m.

July 31  
August 14  
September 11  
October 9  
November 6  
9:30 - 11 a.m.  
December 11

Thursdays  
4 - 5:30 p.m.

June 14  
July 12  
August 16  
September 13  
October 4  
November 1  
December 13

Fridays  
11 a.m. - 12:30 p.m.

June 22  
July 20  
August 10  
September 21  
October 19  
November 9  
December 7

It is highly recommended that you attend a class. In the event that these class offerings do not fit into your schedule, you may watch the seminar video at [www.mclaren.org/phjcpatient](http://www.mclaren.org/phjcpatient).



PORT HURON