

Your Partner in Health

EVENT CELEBRATES SURVIVAL, SUPPORTS BREAST CANCER BATTLE



As a long-time leader in women's health services, we have teamed with hundreds of area women in their fight against breast cancer. While we provide the best services for detection, treatment, and education, we know the battle also involves strong support from the community in order to make sure as many women as possible get mammograms, treatment, and services -- regardless of their ability to pay. For years, the Donna Niester Breast Cancer Fund has provided vital funding to help us help others. And, as last month's special event reminds us - we also support each other in celebrating victories. Please read below to see how our community rallied in the battle against breast cancer and supported the victories with the "Breast Cancer Survivor Celebration: Wine, Dine, and Shop!" event. It is a wonderful fundraiser that contributes to the important story of support and survival.

Jennifer Montgomery, MSA, RN, FACHE, President & CEO



A Joyous Celebration And Important Cause

Survivors of breast cancer have been through a true battle. With all of the pain, fear and uncertainty of breast cancer, most will say there is still a positive that emerges. It's the support they receive from family, friends, and even strangers. It truly takes a network of support to survive breast cancer, and last month's "Breast Cancer Survivor Celebration: Wine, Dine, and Shop!" reminds us of the incredible support of those facing the battle and the joy of celebrating those who have emerged victorious.

This special event was a gathering of community donors and breast cancer survivors. Participants shopped from local vendors who sold items ranging from loose teas to beauty care items. A portion of the proceeds went to the Donna Niester Breast Cancer Fund. The fund, named after local CPA and philanthropist Donna Niester, provides crucial assistance to uninsured women so they can receive mammograms, biopsies, treatment, and breast prosthetics. The fund also provides education for breast cancer awareness, as well as needed support for those undergoing treatment such as free wigs, hats, and medical supplies.

According to Kelly DiNardo, RN, BSN, Community Outreach and Education Coordinator, "This is our 14th year of celebrating survivors, and we decided to expand the celebration to include more of the community. When people join in survival celebration, they see how the fund impacts local women and see how important the Donna Niester Breast Cancer Fund is."

Over the last eight years, the fund has helped nearly 250 women receive free screenings and breast health care. Donna Niester has been a tireless champion for this cause since the beginning.

"I didn't want to look back one day and wish I'd done something, when I am more than capable today to make a difference in so many women's lives," says Donna. "I know many amazing women who now have or are survivors of breast cancer and have met so many more through my fundraising efforts. I wanted to know that I did all that I could to help the women of our community."

To donate to the Donna Niester Breast Cancer Fund, please contact the McLaren Port Huron Foundation at (810) 989-3776.



PHOTO: Heather Hayes, Community Outreach Program Specialist, Donna Niester, Kelly DiNardo, RN, BSN, Community Outreach and Education Coordinator

Several activities and events are underway in observance of Breast Cancer Awareness Month. Read below to find out more!

FREE MAMMOGRAMS

Throughout the month of October, McLaren Port Huron Women's Wellness Place offers free mammograms for women who are without insurance and who have never had a mammogram or are in need of an annual screening mammogram. A physician order is required. To schedule an appointment or for more information call McLaren Port Huron Women's Wellness Place at (810) 985-2663.

CANCER SUPPORT GROUP FOR WOMEN

Women are invited to attend a support group to help cope with the struggles that cancer can bring. All are welcome, whether you are newly diagnosed or need support during or after treatment.

Second Tuesday of the month, 6 - 7:30 p.m.

McLaren Port Huron Jefferson Building
1320 Washington Ave., Port Huron, MI

BOWLING FOR BOOBIES

This fun event by 96.9 WBTI raises money for the Free Mammogram Fund at McLaren Port Huron. Hang out with WBTI DJs, bowl, and have a great time!

Friday, October 20, 7 p.m.

Zebra Bar - 522 Quay St., Port Huron, MI
Cost: \$20 per person (includes 2 games and shoe rental)
Register at www.wbti.com

LOOK GOOD, FEEL BETTER

This program teaches techniques to people undergoing cancer treatment to help them combat the appearance-related side effects of cancer treatment. This program is a collaboration between the American Cancer Society, the Personal Care Products Council Foundation, and the Professional Beauty Association/National Cosmetology Association. To register, call the American Cancer Society at (800) 227-2345.

Thursday, October 26, 1 - 3 p.m.

McLaren Port Huron Jefferson Building
1320 Washington Ave., Port Huron, MI

BREAST CANCER AWARENESS T-SHIRTS

Don't miss out on your very own shirt designed by RadioFirst! On sale at McLaren Port Huron Women's Wellness Place and during the Bowling for Boobies event. **Cost: \$10**