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MARWOOD MATTERS

February/2019

Brian J. Oberly  
*Administrator*

Kim Koester, RN-BSN  
*Director of Nursing*

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*Editor*

## February Staff Anniversaries

Finch, Robin	LPN—Clin. Support	30 yrs
Stevenson, Theresa	Rest. LPN	28 yrs
Blair, Tonja	LPN	7 yrs
Earl, Tanya	CNA	7 yrs
Spranger, Sarah	HSK	7 yrs
Vajda, Sherry	Education RN	7 yrs
Capadagli, Catherine	Social Work	5 yrs
Rodriguez, Niurka	CNA	5 yrs
Barr, Dawn	CNA	4 yrs
Horon, Dominique	Activities	4 yrs
Dickinson, Kassy	Activities	3 yrs
Morgan, Alyssa	CNA	3 yrs

DiBona, Ashley	LPN	2 yrs
Rock, Nicole	HSK Supervisor	2 yrs
Schwartz, Payton	CNA	2 yrs
Sikora, Rebecca	CNA	2 yrs
Wilkinson, Ashley	LPN	2 yrs
Henry, Tia	CNA	1 yr
Hyde, Alyssa	CNA	1 yr
OConnor, Jaclyn	CNA	1 yr



February 18th

# ♥ HAPPY Valentine's DAY ♥

# Administrator's Corner

## NEW DESIGNATED HOSPICE AREA

Early last year we shared with you our plan to create a designated hospice and palliative care space in partnership with McLaren Home Care & Hospice. We've done just that. The area is complete. Eight beds have been designated to be used to care for individuals that are currently living in the community or for current Marwood residents who need extra space to support their families while receiving hospice services. This newly updated area is located near the corner of Edison and Draper's Lane. In addition to the spacious bedrooms, family and residents will have access to a family dining space, lounge area and private entrance. A large awning labeled "Marwood South Entrance" is located in the rear of the building. Guest parking spots will be available for those visiting regularly. While receiving care in the hospice area, residents will continue to receive nursing care and support services provided by Marwood staff but will also receive additional support from the hospice agency of their choice.



Brian J. Oberly  
Administrator

We hope that this new space will offer residents and families the privacy, space and comfort needed for end of life care.

## MOVIE THEATER ROOM

**GREAT NEWS!** Early this month, we begin work in the movie theater. If you recall from the announcement last year, the room will be located in what is currently called the Garden Room adjacent to Bridgeport. The new space will be fully equipped with theater style seating, blackout shades, a large movie screen, and easy to use technology.

We expect the project to take a few weeks and look forward to the grand opening!

## INDEPENDENCE POINTE LOUNGE

If you haven't noticed already, our maintenance staff has been working to update the Independence Pointe Lounge. This is one of our main multipurpose rooms and is used for visiting, meetings, activities and much more. When complete, the room will contain new, modern furniture, carpeting, walls, and drop ceiling. The room is scheduled to be complete by mid-February. I hope you enjoy the fresh, updated space.

## HAPPY FEET WALKING CLUB

In an effort to provide quality, evidence based person-centered care at Marwood, our team has implemented a new program called the Happy Feet Walking Club. The purpose of the club is to help residents maintain ambulation abilities, support maximum level of independence, and to improve quality of life.

This walking club will provide a more enhanced, home-like dining experience for residents while preserving strength and independence. Walk to dine reduces the number of wheelchairs around the dining table and promotes ambulation and proper positioning. We know that in general, walking provides numerous health benefits like increased circulation, increased gut mobility and improved mood.

Participants were screened and provided with a weekly goal and each goal was determined by each person's ability. A small group of resident's that live on Edison and Draper's Lane took part in the launch. With the support from staff, those residents met over 60% of their goals in the month of December.

We are currently in the process of interviewing additional residents so that we can expand the program. For questions, please contact Melissa Reno, RN, Nurse Manager at 966-5431.

The Marwood Choir Presents...

## Sing a Song of Smiles!

Sunday, March 10, 2019

2:30 pm in the Main Lounge



Come share some spring smiles with us!

If the Main Lounge becomes too full, spectators will be able to view the concert on any TV in the building on Channel 20.

Please call Holly Semrow, MT-BC at x8948 with questions.

## Sudoku Fun!

	1			8			2	
5								1
	2	4	1		3	5	7	
1								5
		5	8		9	4		
9								7
	5	9	4		2	1	8	
4								2
	6			1			4	

## Can you solve it???

	February	March	June	July	December	Sunday	Monday	Wednesday	Friday	Saturday
Abigail										
Brenda										
Mary										
Paula										
Tara										
Sunday										
Monday										
Wednesday										
Friday										
Saturday										

Five sisters all have their birthday in a different month and each on a different day of the week. Using the clues below, determine the month and day of the week each sister's birthday falls:

1. Paula was born in March but not on Saturday. Abigail's birthday was not on Friday or Wednesday.
2. The girl whose birthday is on Monday was born earlier in the year than Brenda and Mary.
3. Tara wasn't born in February and her birthday was on the weekend.
4. Mary was not born in December nor was her birthday on a weekday. The girl whose birthday was in June was born on Sunday.
5. Tara was born before Brenda, whose birthday wasn't on Friday. Mary wasn't born in July.

Answer: Abigail - February/Monday, Brenda - December/Wednesday, Mary - June/Sunday, Paula - March/Friday, Tara - July/Saturday.



## Little Store

### **\*\*NOTE TIME CHANGE\*\***

The Little Store on Wheels is available on Fridays from 12:00 p.m.– 2:00 p.m.

On the third Thursday of every month, the Little Store will set up shop in the Main Lounge from 12:30 p.m.—2:30 p.m.

*Please note, the cart will not be available the Friday following the Main Lounge sale.*

## Alzheimer's Caregiver Support Group

McLaren Port Huron hosts an Alzheimer's Caregiver support group the fourth Tuesday of every month from 1-2:30 p.m. at McLaren Port Huron, Jefferson Building, 1320 Washington Avenue.

The support group is sponsored by McLaren Port Huron, 55 Plus and the Alzheimer's Association of Greater Michigan. For more information or to register, call 55 Plus at (810) 989-3121.

# Resident Profile...Carol VanBuskirk



Carol was born and raised in St. Clair. She loved raising her children in an environment where they could walk safely anywhere and didn't have to lock up their house. As a child, she spent a lot of time with her cousins outside – making up games, ice skating, and having picnics. Every Sunday her extended family would all meet at Grandma's house for dinner. This continued on into her adult life as well. Her daughter Cindy said that it wasn't unusual to have 20-30 people gather at their house on the weekend for a spontaneous picnic. Carol met her husband, Jerry, at her older brother's wedding. Her brother married Jerry's sister. Jerry's younger sister was Carol's best friend. Carol said both she and Jerry were wallflowers. Perhaps that's what took them so long to meet! But while Jerry remained a quiet and shy reserved man throughout their 56 years of marriage, Carol outgrew that trait. She cheerfully engages others and is not afraid to speak up. Once Carol's three children were in school, she worked at a laundromat in St. Clair for 5 years. She enjoyed the work enough that she and her husband bought the Marysville laundromat. She enjoyed socializing with everyone during the 10 years they owned it. Jerry and Carol did a lot of traveling. They went on five cruises and 100 bus trips and she's traveled to all 50 states. Carol is most proud of her three kids and their families. They are all "smart cookies". Carol's words to live by are "Have fun and enjoy life!" If you find yourself on Draper's Lane, feel free to stop in to say hello. If you can't find her she's probably out playing cards, crafting, or working on a puzzle.

## Sunday Church Services

- 9:00 - Main Lounge
- 10:00 - Serenity Circle Dining Room
- 11:00 - Bridgeport Dining Room

## Catholic Mass Schedule

Catholic Mass will be held on the fourth Wednesday of the month. Services are held in the Main Lounge at 1:30pm.

## February Birthdays

Susan B.	2/2
Vicky S.	2/3
Delores C.	2/4
Diane W.	2/4
Julie B.	2/8
Maria H.	2/9
Geraldine S.	2/12
Beulah L.	2/13
Marlene G.	2/16
Evans S.	2/16
Nathalie B.	2/17
Maynard L.	2/17
Paula S.	2/19

## February Employee of the Month

### **Patti Lippert, Activities**

Patti is our February 2019 Employee of the Month. Patti has worked at Marwood in the Activity Department since June 1998. She was nominated by a coworker for "always willing to help her coworkers, residents, and their families with anything they need to make their day better." "She really cares about the residents and makes time to listen and makes sure they have fun."

Thank you Patti for all of the special things you do. Congratulations!



# HAPPY BIRTHDAY!





# Activities Corner

## Fancy Coffee Day



# Compassionate Passing

Our crochet and knitting group with the guidance of art therapist, Sara Sharp, and volunteer, Laura Belesky just completed a very special project that we've been working on all year. It is a decorative afghan to be used during Compassionate Passing. Each member of our group contributed time, talent, and hard work to make this beautiful and meaningful piece. When a member of our Marwood family passes away, they will be "wrapped with love by Marwood Residents" as they leave our building.

Compassionate Passing is a policy that has been in effect at Marwood since April of last year. This policy provides staff, residents, and families an opportunity to express and process their grief and to honor our residents' lives by observing a walk of honor. If you have questions about Compassionate Passing, please call 810-479-8948.



Don't forget to send your favorite Valentine a special card this year. Boxes will be located in the resident dining rooms.