

Washable Face Mask - Instructions & Template

Fabric:

Use 100% cotton tightly woven fabric.

Step 1:

Print and cut the mask template (see last page of document).

PRINT AT 100% SIZE

Use the template to cut exterior and interior fabric layers.

Also, cut (2) 45"x1.5" strips and (1) 20"x1.5" strip

Step 2:

Lay exterior mask piece pattern side down.

Lay interior mask piece on top of that pattern side up. Pin together.



Sew a 1/4" seam around the exterior on all 4 sides, or serge the exterior.

Step 3:

Lay mask down on the ironing board.

Fold three finger pleats and steam iron them.



Pin ironed pleats in place and prepare to sew them.



The mask should measure about 3" on each side. Adjust pleat size as needed to make length 3".

Run a 1/4" seam down each side.

Step 4:

Fold mask in half. Pin each corner.



Mark top of mask 1 1/2" down from top and 3/4" across. Draw a line to connect.

Mark bottom of mask 7/8" on both sides. Draw a line to connect (refer to pattern lines).



*Be sure to not draw over pleats (open up pleats if needed)

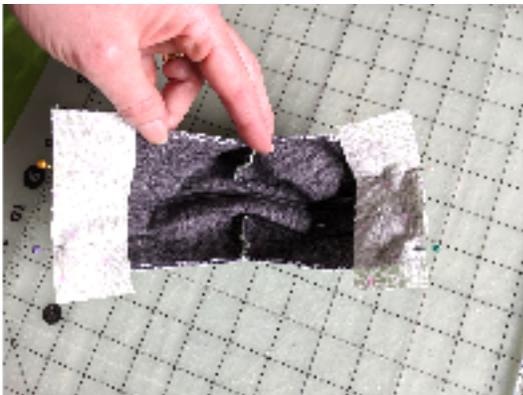
Sew along both lines 3 times to secure.
Clip off triangle, leaving about 1/4" fabric.



Step 4:

With mask interior side facing up - cut the 20"x1.5" strip in half and use it as the binding for left and right side of the mask. Align the binding strip flush with edge of the mask. Binding should be right side down.

Pin both sides down and prepare to sew.



Run a 1/4" seam down the edge of the mask and binding.

Fold the binding back around the edge of the mask and press the new fold with the steam iron.



Step 5:

Place mask interior side down on ironing board.

Finger fold the binding (twice) so the raw edge is hidden inside.



Steam iron and then pin in place.

Run a 1/4" seam along the edge of the mask



Trim excess off edge.



Step 6:

Place mask interior side up.

Find center of 45"x strip and pin right side down to center of mask on edge.

Finish pinning the strip to the edge of mask. Pin other side the same way.



Run a 1/4" seam along the edge of mask and binding.

Fold strip back and press seam open with iron.



Step 7:

Place mask interior side down on ironing board.

Finger fold the binding (twice) so the raw edge is hidden inside.



Steam iron and then pin in place.



Repeat for both sides.

Step 8:

Finish the straps.

Iron each strap in half, fabric pattern on the outside.



Finger fold each strap so the raw edges tuck in and steam iron.



Do for all 4 straps. Pin as needed.

Run a 1/4" seam from one end of a strap to the other end, this will finish the strap.

Repeat on other side.

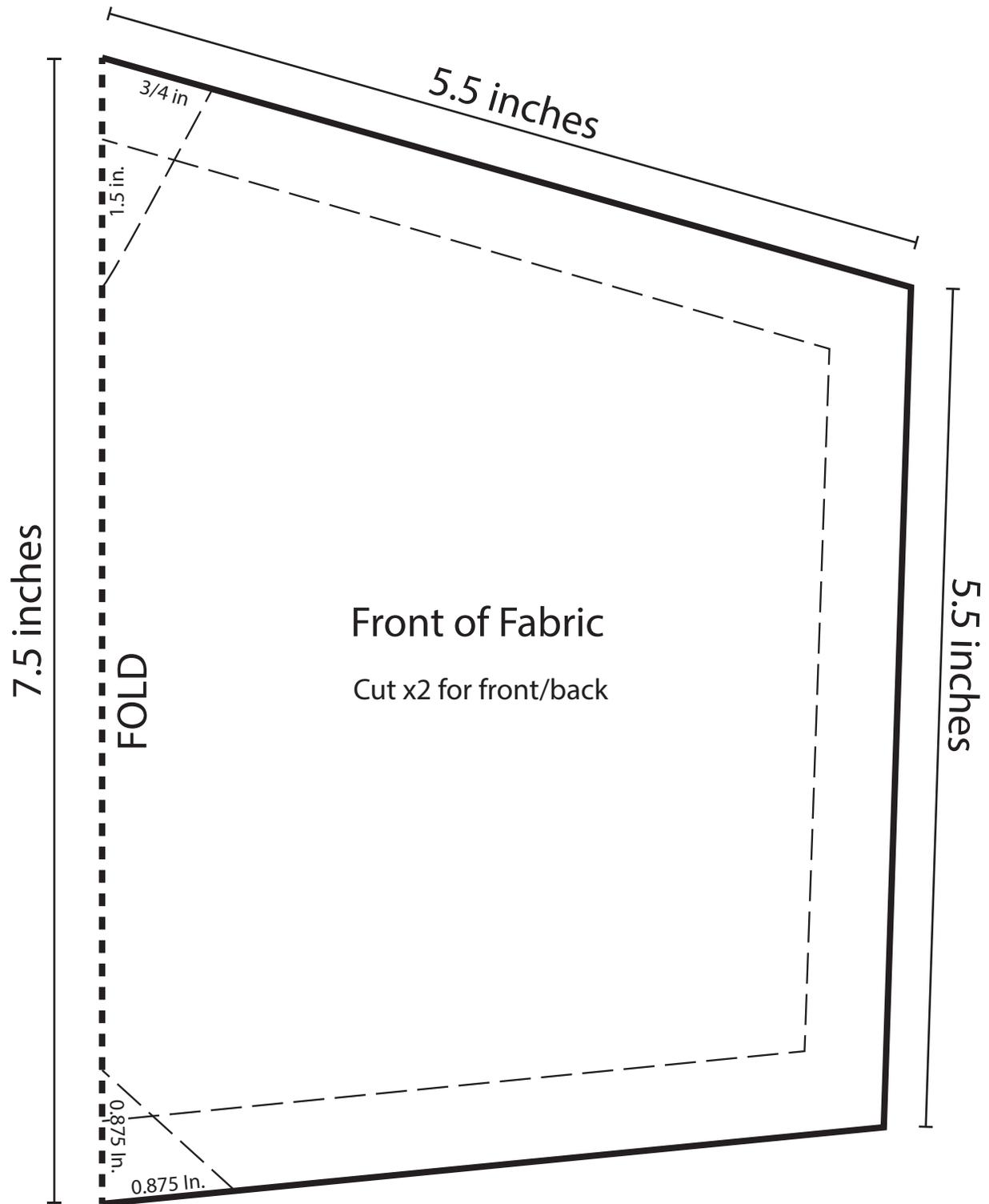


You are done!



Thanks for helping the community through this time by making masks.
You are so appreciated.

WASHABLE FACE MASK



Straps:

The straps can either be (2) 45"x1.5" or (4) 24"x1.5"*

* You would have to sew them together to make two long straps plus an extra piece for binding that is 20"x1.5"

SCALE

1" x 1"