## SAFE CARE DURING COVID-19

Ways McLaren is keeping our employees and patients safe 4/22/2020

### SCREENING EVERYONE WHO ENTERS OUR FACILITIES

 McLaren is screening all patients, visitors, and our own staff for signs and symptoms of COVID-19 before they enter our facilities. Anyone experiencing symptoms is prohibited from entering and is directed to the appropriate level of care.

#### SEPARATING PATIENTS WITH SYMPTOMS

 McLaren has established dedicated units where we are caring for COVID-19 positive and suspected positive patients. Those patients are only cared for on those units, maintaining a safe separation from patients in need of other care. Additionally, we are immediately isolating patients experiencing COVID-19 symptoms.

#### **TESTING PATIENTS BEFORE SURGERY**

 McLaren is testing patients prior to their procedure to identify those who are COVID-19 positive but not showing symptoms.

#### SUPPORTING SOCIAL DISTANCING

 McLaren facilities are limiting seating in certain areas to create space between those waiting for care.
Many McLaren emergency departments offer the ability to check in online and wait at home or nearby for patients seeking care for non-life-threatening conditions.

#### PERSONAL PROTECTION

 McLaren caregivers and support staff are wearing additional protective equipment to keep patients and themselves safe when providing care. McLaren is providing a mask to patients and encouraging visitors to bring their own personal mask. If visitors do not have a mask, one will be provided for them.

#### ADDITIONAL SANITIZATION

 McLaren is adding cleaning processes throughout our facilities to enhance our already robust sanitization protocols.

#### **EDUCATION**

 Frequently updating our policies and procedures to reflect the latest information available from the CDC.



# HOW TO STAY SAFE WHILE SEEKING CARE



#### **EFFECTIVE HAND WASHING**

Hand hygiene remains the single most important factor in stopping the spread of COVID-19. All McLaren facilities are equipped with hand sanitizer stations that can be used by our staff, patients, and visitors. Washing your hands vigorously with soap and warm running water for at least 20 seconds is still the safest way to clean your hands.



#### **STAY VIGILANT**

While our caregivers and support staff are trained to practice exceptional hand hygiene, we also empower our patients to ask our staff to sanitize their hands before caring for them as another layer of safety.



#### **WEAR A MASK**

Visitors are encouraged to bring their own masks when coming to the hospital as an additional safety precaution. Wearing a mask in public is recommended by the Centers for Disease Control to help slow the spread of COVID-19.



#### PRACTICE SOCIAL DISTANCING

If a patient is having an outpatient test or procedure requiring a ride home, asking the family member to wait nearby instead of entering the hospital minimizes the number of people in the hospital.



#### **UTILIZE TECHNOLOGY**

Patients who require an overnight stay in an acute care facility are encouraged to bring a mobile device capable of videoconferencing and a charger. Videoconferences can be an effective way to stay socially connected to your support network and to keep loved ones included in the care plan.

