

# LAKE ORION NURSING CENTER MENU

**WEEK OF SUNDAY, OCTOBER 4<sup>TH</sup>, 2020– SATURDAY, OCTOBER 10<sup>TH</sup>, 2020**

<u>SUNDAY</u> 10/04/2020	<u>MONDAY</u> 10/05/2020	<u>TUESDAY</u> 10/06/2020	<u>WEDNESDAY</u> 10/07/2020	<u>THURSDAY</u> 10/08/2020	<u>FRIDAY</u> 10/09/2020	<u>SATURDAY</u> 10/10/2020
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
French Toast Bacon Oatmeal Juice, Milk, Coffee or Tea	Scrambled Eggs Glazed Cinnamon Roll Oatmeal Juice, Milk, Coffee or Tea	Biscuit & Gravy Hash Brown Oatmeal Juice, Milk, Coffee or Tea	Baked Cheese Omelet Toast Oatmeal Juice, Milk, Coffee or Tea	Scrambled Eggs Breakfast Ham English Muffin Oatmeal Juice, Milk, Coffee or Tea	Western Scrambled Eggs Toast Oatmeal Juice, Milk, Coffee or Tea	Buttermilk Pancakes Sausage Patty Oatmeal Juice, Milk, Coffee or Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Rosemary Pork Loin Scalloped Potatoes Sautéed Spinach w Garlic Bread Pear Crisp	Home-Style Meatloaf w Ketchup Glaze Duchess Mashed Potatoes Honey Roasted Carrots Bread Spiced Apple	Marinated Chicken Thigh Macaroni & Cheese Squash Medley Bread Butterscotch Pudding Parfait	Italian Sausage Garlic & Rosemary Roasted Red Skin Potatoes Seasoned Spinach Parsley Dinner Roll Lemon Bar	Lasagna w Meat Sauce Caesar Salad Garlic Breadstick Tropical Fruit Salad	Breaded Pollock Fish Au Gratin Potatoes Broccoli Florets Bread Sour Cream Orange Cake	Turkey a la King White Rice Seasoned Green Beans Poppy Seed Dinner Roll Chilled Pears
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Chicken Tenders Tossed Salad w Dressing French Fries Bread Peanut Butter Cookie	Citrus Glazed Turkey Steamed Broccoli Florets w Lemon Rice Pilaf Bread Cherry Cheesecake Bar	Ham & Swiss Sandwich on Wheat Calico Coleslaw Potato Chips Summer Fresh Fruit	Herb & Lemon Fish Sugar Snap Peas Buttered Orzo Bread Chilled Peach Parfait	Ranchers Chicken Breast Salsa Salad Baked Potato Bread Chocolate Brownie	Hot Dog on a Bun Confetti Coleslaw Seedless Watermelon Cubes	Cheeseburger on a Bun Creamy Cucumber & Onion Salad Tater Tots Chocolate Chip Cookie

**See Alternate Menu Options for Additional Choices**

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## MEAL SERVICE TIMES

<u>BREAKFAST</u>	<u>LUNCH</u>	<u>DINNER</u>
2 West Dining                      8:30 AM	2 West Dining                      12:30 PM	2 West Dining                      5:30 PM
2 South Dining Hall Trays      7:55 AM	2 South Dining Hall Trays      11:55 PM	2 South Dining Hall Trays      4:55 PM
2 Main Hall Trays                8:00 AM	2 Main Hall Trays                12:00 PM	2 Main Hall Trays                5:00 PM
3 South Hall Trays                8:10 AM	3 South Hall Trays                12:10 PM	3 South Hall Trays                5:10 PM
3 Main Hall Trays                8:20 AM	3 Main Hall Trays                12:20 PM	3 Main Hall Trays                5:20 PM
2 Main Enhanced Dining (Steam tables Arrive)            8:35 AM	2 Main Enhanced Dining (Steam tables Arrive)            12:35 PM	2 Main Enhanced Dining (Steam tables Arrive)            5:35 PM
3 Main Enhanced Dining (Steam tables Arrive)            8:50 AM	3 Main Enhanced Dining (Steam tables Arrive)            12:50 PM	3 Main Enhanced Dining (Steam tables Arrive)            5:50 PM
1 Main Enhanced Dining (Steam tables Arrive)            8:35 AM & Restorative Dining	1 Main Enhanced Dining (Steam tables Arrive)            12:35 PM & Restorative Dining	1 Main Enhanced Dining (Steam tables Arrive)            5:35 PM & Restorative Dining

**Meal Times May Vary 10-15 Minutes**