



neurology lifestyle THERAPY music PUZZLES  
family genetic behaviour kindness sing  
loss CAREGIVER COMPASSION  
Alzheimer's patience time  
COPE research dignity  
support CARE BEHAVIOUR nurture tests  
long term healthcare symptoms empathy  
stimulate brain challenge age awareness

# ALZHEIMER'S & DEMENTIA SUPPORT GROUP

*Sponsored by Marwood Nursing & Rehab and the Alzheimer's  
Association Greater Michigan Chapter*

## 2021 SUPPORT GROUP DATES

January 26  
February 23  
March 23  
April 27  
May 25  
June 29  
July 27  
August 24  
September 28  
October 26

Facilitated by:

Michelle Bezemek, LBSW, CDP

Meets the fourth Tuesday of each month

2 - 3:30 p.m.

*(No meetings in November or December)*

Marwood Nursing & Rehab  
Blue Water Room at  
Independence Pointe  
1300 Beard St., Port Huron

*Meetings may be held virtually. Participants will  
receive advanced notice regarding changes.*

*For more information, call Hilary at 810-966-5426.*