

McLaren Oakland Hospital

PMSR with RRA Certification



Residency Program

Program Director

Zeeshan S. Husain, DPM

zeeshan.husain@mclaren.org

Program Director

- **Zeeshan S. Husain, DPM**

- Education

- Undergrad MIT
- Podiatry Scholl
- ABFAS Board Certified

- Training

- Residency- PMS-36
- Advanced surgical skills
 - External fixation
 - Arthroscopy
 - Orthoplastics
 - Minimally-invasive surgery

- Publications- 18

- Presentations

- Nationally
- Locally

- Training residents since 2003

- Graduated 75 residents
 - 9 fellows
 - 5 directors
- Program director since 2018



Program Overview

- **Core faculty**
 - 10 at primary sites
- **Clinic experiences**
 - Resident clinic
 - Private clinics
 - Wound center
- **Call**
 - McLaren Oakland only
- **Surgery**
 - Full-scope
- **Weekly academic meetings**
- **Over 110 residents and fellows in training**
- **Affiliated with Michigan State University**
- **PMSR/RRA**
 - 2 – 2 – 2
- **CPME**
 - Site visit 04/22/2022
 - **Accreditation till 2027**

Zoom Meeting Wednesdays 6PM EST

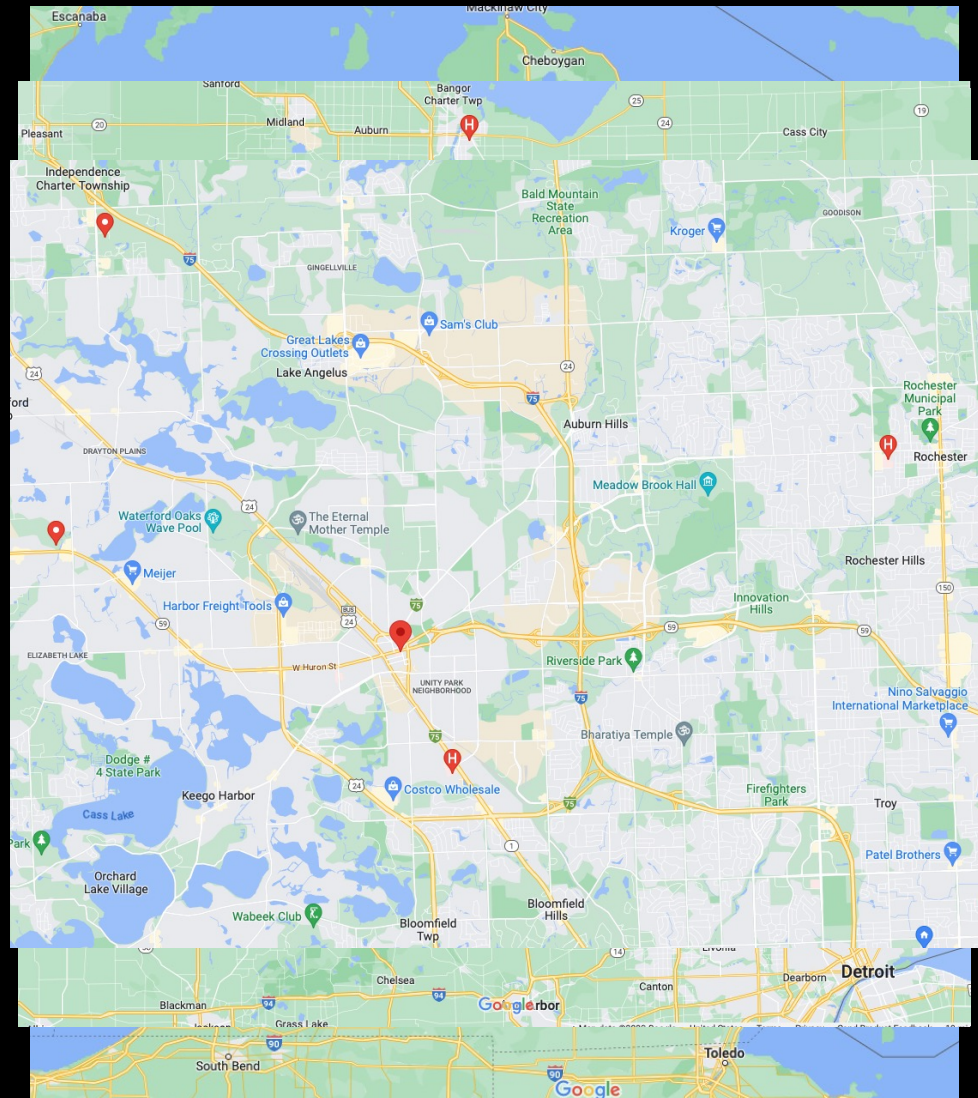
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Meeting ID 935 2518 7410

Passcode 432078

McLaren Oakland Hospital

- **Surgery centers**
 - Clarkston
 - Waterford
- **Hospitals**
 - McLaren Oakland
 - Trinity Health Oakland
 - Henry Ford Rochester
 - McLaren Lansing
 - McLaren Bay
 - McLaren Flint
 - War Memorial (elective)



Facilities

- **McLaren Oakland Hospital**
 - 328 beds
 - Level II ER
 - Primary facility and rotations
- **McLaren Bay Hospital**
 - 404 beds
 - Level III ER
 - Podiatric surgery/clinic
- **McLaren Flint Hospital**
 - 378 beds
 - Level III ER
 - Podiatric surgery



Facilities

- **McLaren Lansing Hospital**
 - 240 beds
 - Level III ER
 - Podiatric surgery/clinic
- **McLaren Health Care**
 - State-wide footprint
- **Henry Ford Rochester Hospital**
 - Podiatric surgery
- **Trinity Oakland Hospital**
 - Podiatric surgery
- **War Memorial**
 - Podiatric surgery (elective)



Facilities

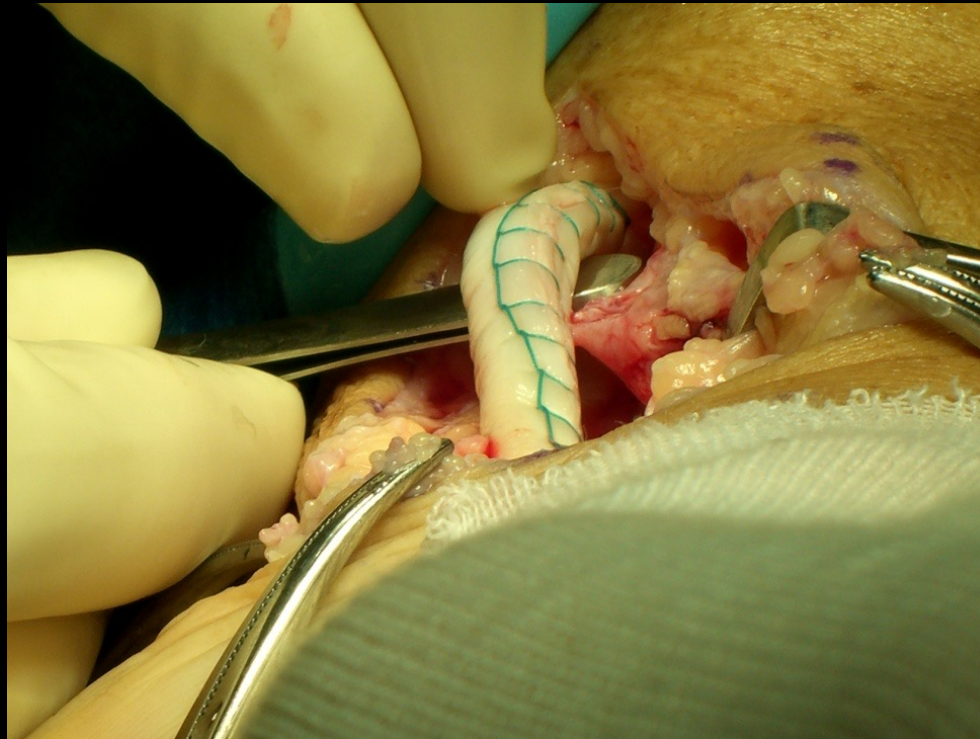
- **Foot and Ankle Volume**

- >1000 cases total annually
- Full scope foot and ankle surgery
- Elective
- Reconstructive
 - Charcot
 - Flatfoot
 - Revisional
 - Frames
- Trauma
- Arthroscopy
- Minimally-invasive procedures
- Ankle replacement



Philosophy

- Each year, residents build on their previous year with increasing responsibilities and greater exposure to challenging cases.



PGY-1 Experiences

- Anesthesia 2wk
- Dermatology 2wk
- Emergency Medicine 4wk
- Infectious Disease 4wk
- Internal Medicine 4wk
- Pathology 2wk
- Radiology 2wk
- On-service- 7mo
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics



PGY-2 Experiences

- Behavioral Medicine 2wk
- Orthopedic Surgery 4wk
- Pain Management 2wk
- Vascular Surgery 4wk
- On-service- 9mo
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics



PGY-3 Experiences

- **On-service- 12mo**
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics
- **Administrative**
 - M&M conferences



Series D

PGY Highlights

- **PGY1**

- Primary call
 - 50 weekdays
 - 25 weekends
 - Holidays
- 7mo on-service
- Preparing for becoming first assist
- Initiate research project(s)

- **PGY2**

- Primary call
 - 50 weekdays
 - 25 weekends
- 9mo on-service
- Finish MAV by end of year
- Surgical subspecialties
- Complete research project(s)

- **PGY3**

- Call- 30 weekdays
- 12mo on-service
- Fine-tune training
- Teaching
- Submit research project(s)

Academic Responsibilities

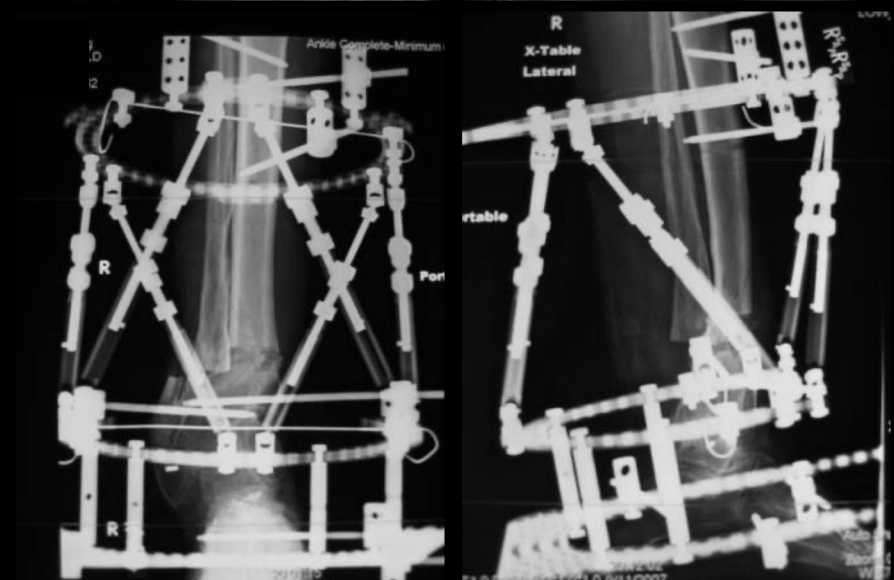
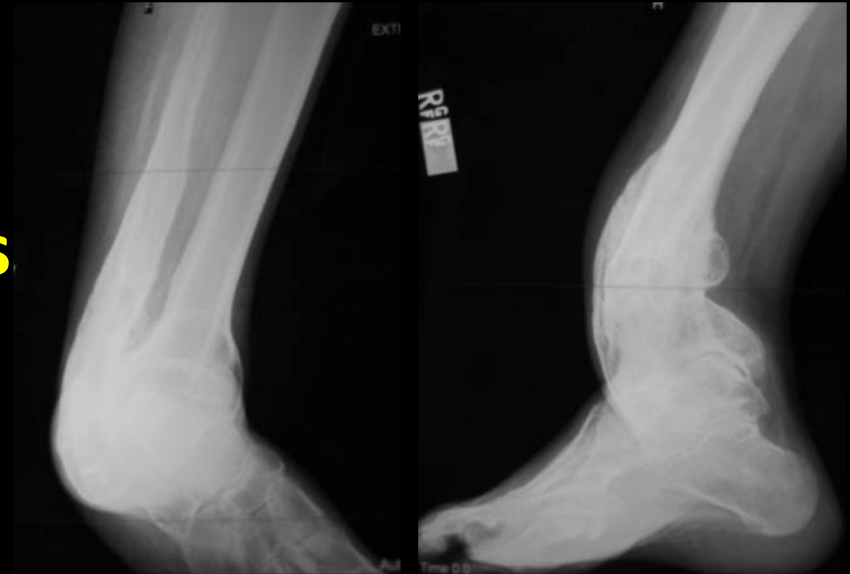
- Lectures
- M&M conferences
- Cadaver workshops
- Hospital rounds
- Weekly didactics
 - Case presentations
 - Board review
 - Radiology rounds
 - Journal club
- Research
 - State abstract competition
 - Research faculty (PhD)
- Teaching



Residents are expected to be independent active learners and share with fellow residents

Externship Overview

- Up to 2 students per month
- Students are second assistants
- Participate in private and teaching clinics
- Assist with ER and floor rounds
- Hands-on experiences
- Core externships available
- Private clinic
- Active discussion during academic meeting and clinic
- Student presentation



McLaren Oakland Hospital

- CPME approved

- PMSR/RRA
- 2-2-2
- Site visit 2022



- Stipend- 2025-2026

		<u>Educational</u>
– PGY1	\$60,023	\$1000
– PGY2	\$60,824	\$1500
– PGY3	\$63,679	\$1500
• Chief	\$2,000	



- Cost of living

McLaren Oakland Hospital

- **Benefits**

- **Insurance**

- Medical
 - Dental
 - Vision
 - Life
 - FSA participation

- **Vacation**

- 20 days

- **Meal allowance**

- **Well-being activities**



- **Covered expenses**

- Workshops

- ACFAS Surgical Course PGY1
 - ACFAS Arthroscopy PGY2
 - Limb Deformity Course PGY3

- ACLS/BLS

- MI / DEA license

- Lab coats

- Scholarly activity- travel

- Board Wizard®

- Professional memberships

- ABFAS/ABPM ITE

- Travel expense

- Lansing

It's a Two-Way Street

- **Program**

- Safe learning environment
- Mentorship
- Learning opportunities
- Professional growth
 - Leadership
 - Research
 - Clinical skills
 - Surgical skills
- Peer-to-peer relationship
- Life-long friendship

- **Resident**

- Intellectually curious
- Team player
- Cautious independence
- Ambassador for profession
- Leadership skills
- Strives for excellence



Residents 2025-2026

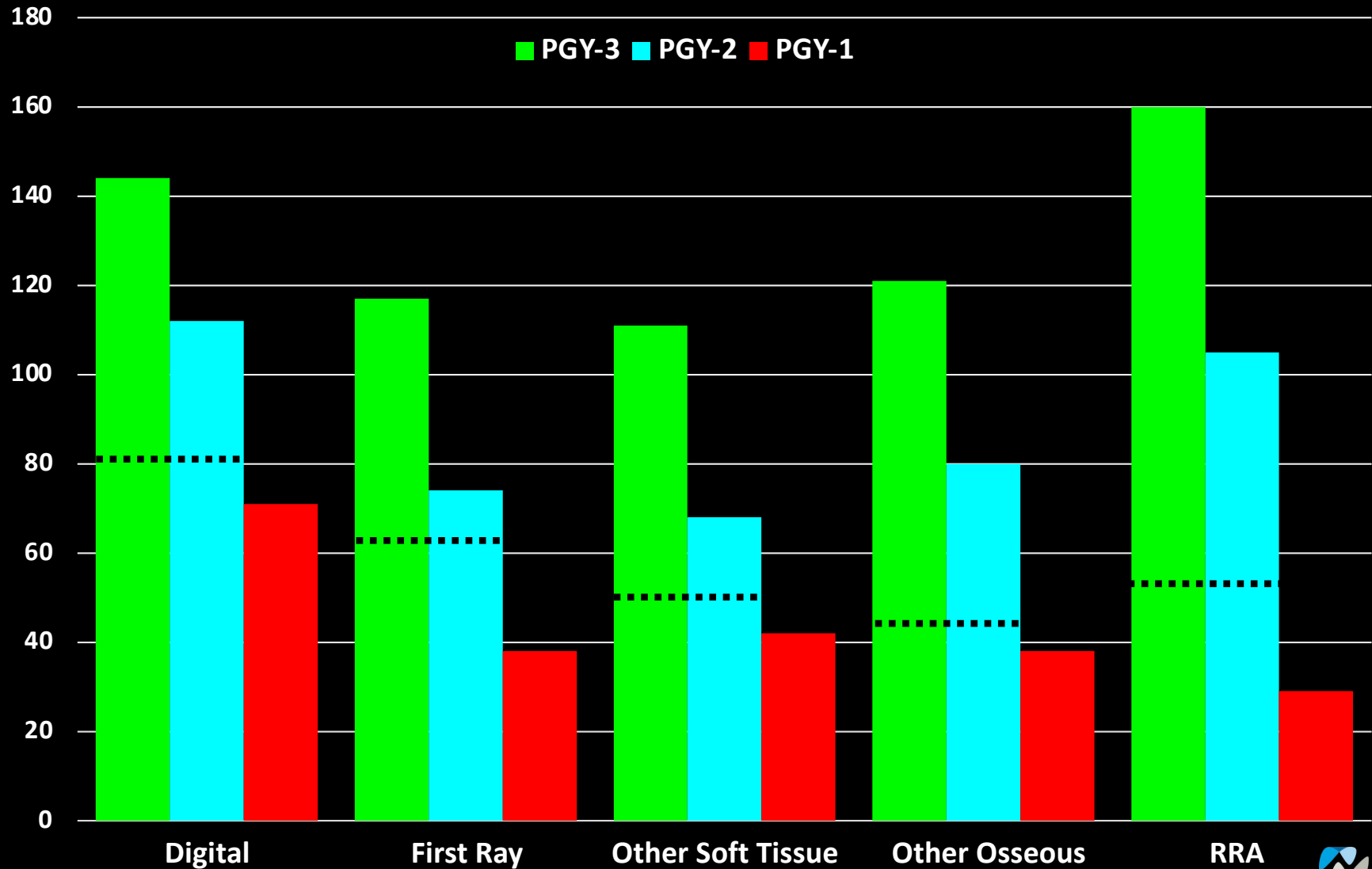
- **PGY-3**
 - Athanasios Garbis IL
 - Kyle Lawton IL
- **PGY-2**
 - Manuel Cohen OH
 - Shweta Saxena IL
- **PYG-1**
 - Fatma Abdel-Rahim OH
 - Yash Panchal IL



Surgical Volumes 2024-2025

Surgical Log Averages	PGY-3		PGY-2		PGY-1		Minimum PMSR/RRA
	1 st	2 nd	1 st	2 nd	1 st	2 nd	
Category 1- Digital	144	12	112	16	71	10	80
Category 2- First Ray	117	9	74	11	38	13	60
Category 3- Other Soft Tissue	111	7	68	8	42	11	45
Category 4- Other Osseous	121	8	80	8	38	11	40
Category 5- Reconstructive Rearfoot/Ankle	160	14	105	28	29	11	50
Totals	625		437		217		

Surgical Volumes 2024-2025



Recent Alumni

Year	Graduate	City	State	School
2025	Abraham Adam*	Louisville	KY	IL
	Andrew Kanny	Oxford	MI	IL
2024	Justin Adame	Corpus Christi	TX	IL
	Victor Putz	Bay City	MI	OH
2023	Stephanie Behme*	Ann Arbor	MI	IL
	Sean Kipp	St. Croix Falls	WI	IL
2022	Vincent Lefler	Midland	MI	IA
	Pooja Srivastava	Farmington Hills	MI	NY
2021	Cody Ingram	Roseville	MI	NY
	Mohammad Qureshi	Augusta	GA	IL
2020	Rishi Mahajan	Taylor	MI	IL
2019	Paul Constantino	Royal Oak	MI	IL
	Andrew Miller	Brownville	ME	CA-N
2018	Sean Nagle	Angola	NY	CA-S
	Alan Wang	Essexville	MI	IL

Local Attractions

- Detroit Institute of Arts
- Belle Isle
- Detroit Grand Prix
- Motown Museum
- Woodward Dream Cruise
- Campus Martius



Entertainment

- **Nightlife**

- Downtown Detroit
- Royal Oak
- Birmingham
- Ferndale

- **Family**

- Ann Arbor
- Traverse City
 - Sleeping Bear Dunes
- Fall color tours
- Mackinac Island
- Upper Peninsula
 - Pictured Rocks



Contact Information

- **Zeeshan Husain, DPM**

- Program Director
- zee@alum.mit.edu
- 313-610-5059 (cell)

- **Judy Guthro**

- Program Coordinator
- judy.guthro@mclaren.org
- 248-338-5259

- **McLaren GME Website**



- **Weekly academic meeting**

- Zoom®
- Wednesdays 6PM EST



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Case 1

- **57yr old female**
 - R ankle pain from fall from syncopal episode
- **Past medical history**
 - DM neuropathy
 - Fibromyalgia
 - Coronary artery disease
- **Past surgical history**
 - Cardiac stent
 - Lower back cage
 - Right shoulder repair
- **Social history**
 - 15 pack/yr smoker
 - Lives alone

Case 1



Case 1



Case 2

- **62yr old female**
 - Previous 4th and 5th ray resections
 - Ankle contracting
 - Lateral wound
- **Past medical history**
 - DM neuropathy
 - Controlled
 - Peripheral arterial disease
 - Recent atherectomy



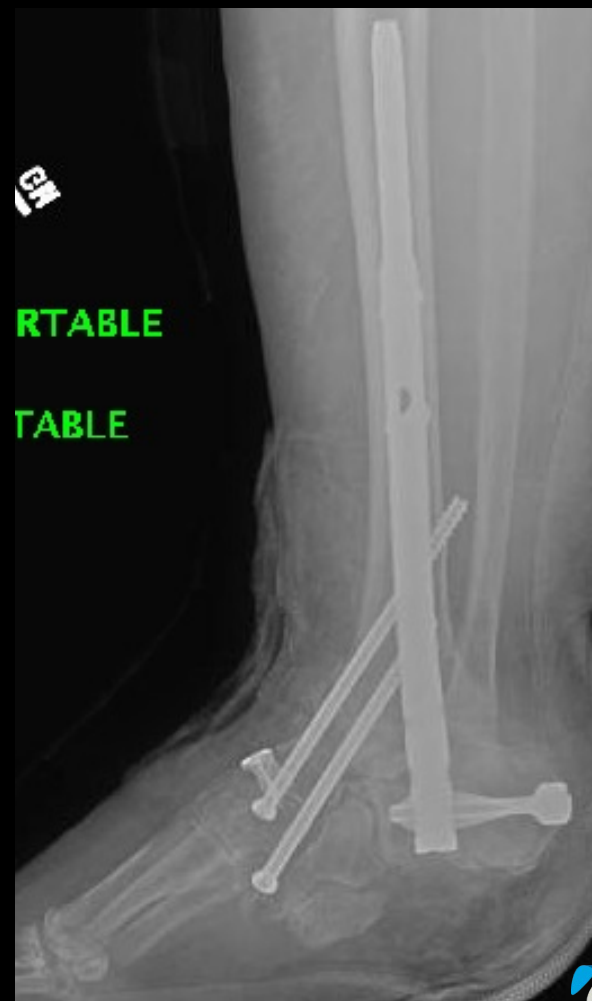
Case 2

- **62yr old female**
 - Previous 4th and 5th ray resections
 - Ankle contracting
 - Lateral wound
- **Past medical history**
 - DM neuropathy
 - Controlled
 - Peripheral arterial disease
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Case 2

- Post-operative films



Case 2

- Post-operative



Case 2

- Final outcome



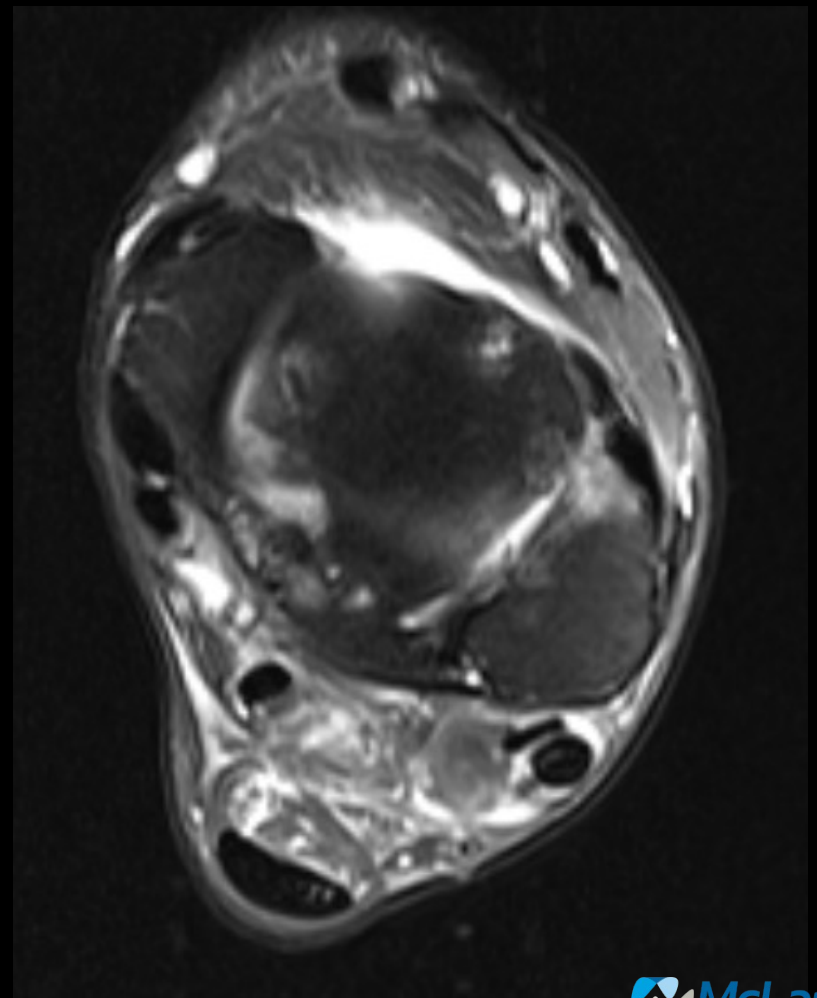
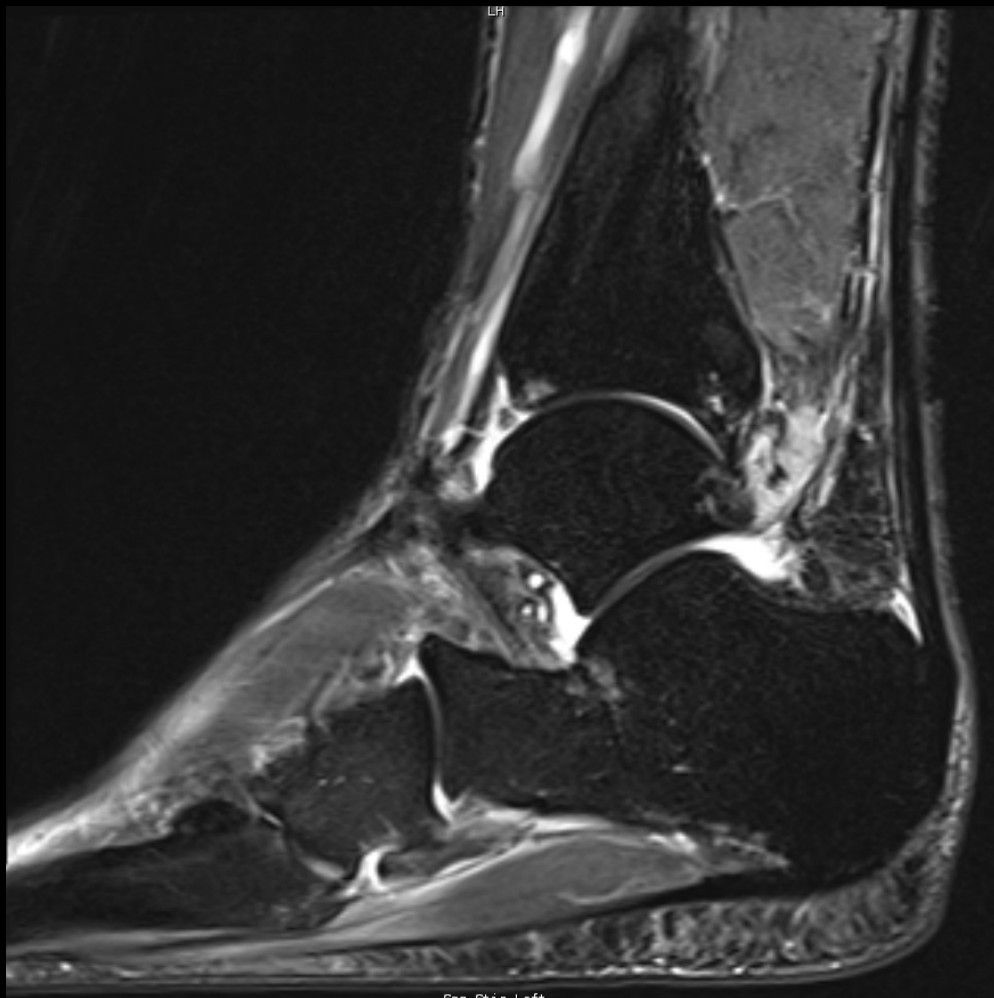
Case 3

- **57yr old male**
 - Chronic ankle sprains
 - Progressive pain x1mo
- **Past medical history**
 - None
- **Physical examination**
 - Pain along peroneal tendons laterally
 - Ecchymosis near cuboid



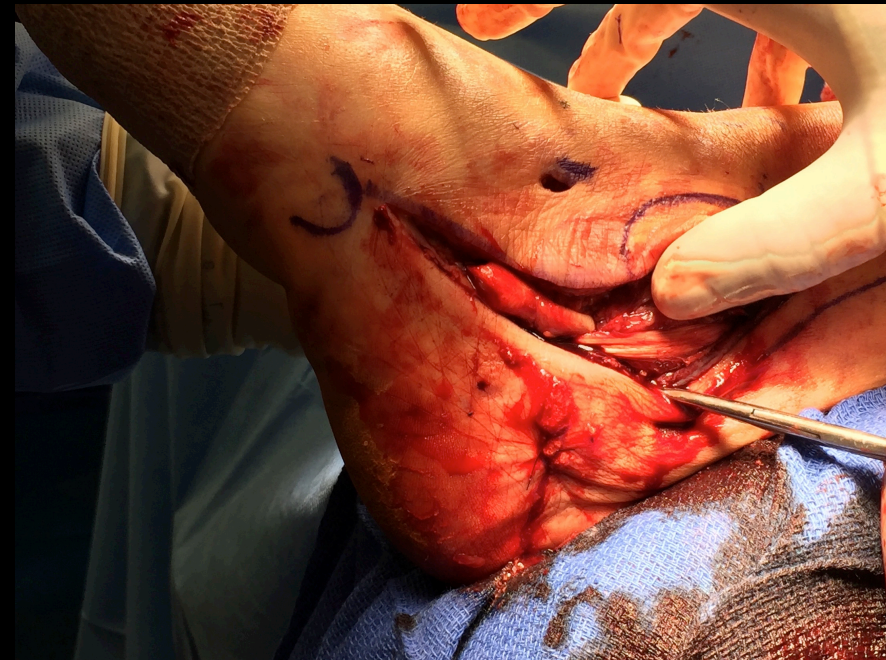
Case 3

- Magnetic resonance imaging



Case 3

- Post-operative films



Case 3

- Post-operative films



Case 3

- Physical examination



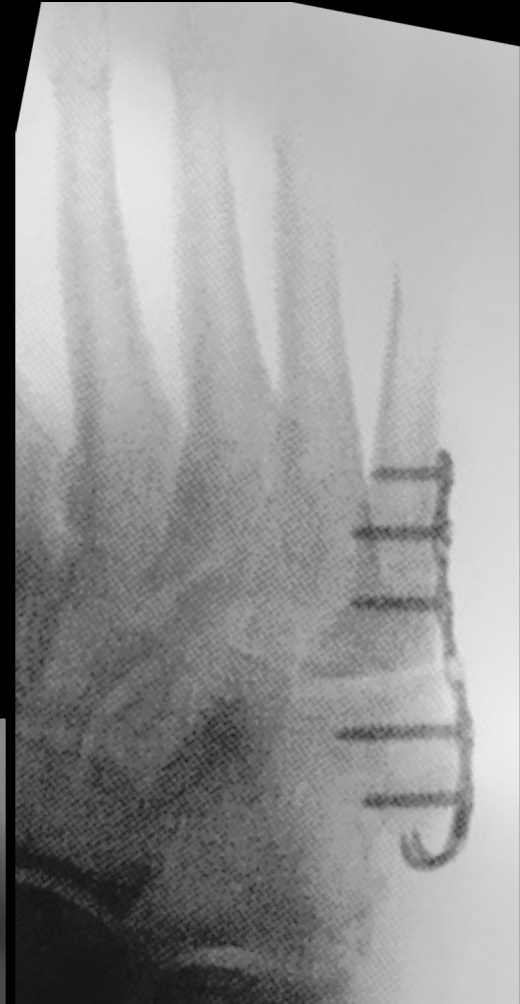
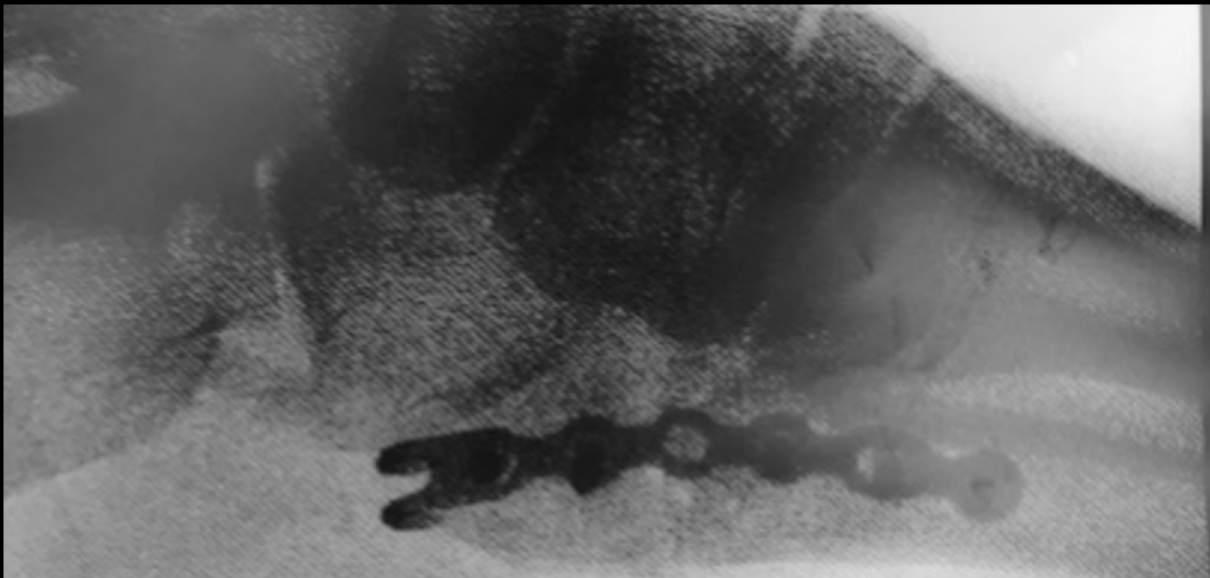
Case 4

- 40yr old male
- Past medical history
 - R foot fracture x9mo



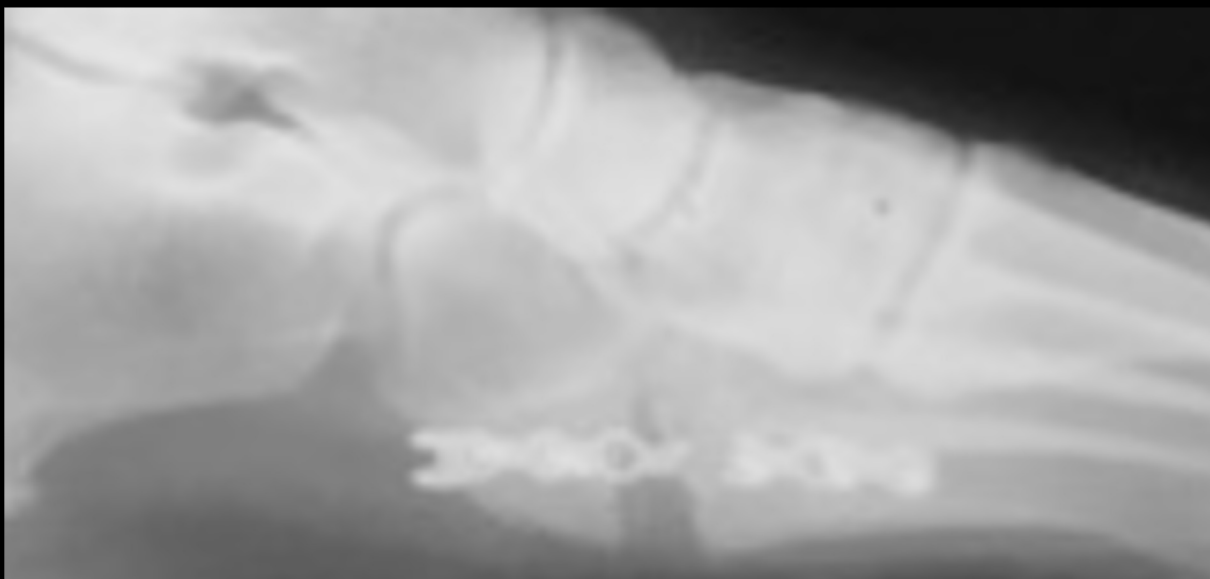
Case 4

- Post-operative



Case 4

- Follow-up



Case 4

- Revision



Case 5

- **58yr old male**
- **Past medical history**
 - Pilon ORIF (1yr ago)
- **Social history**
 - 20ppy smoking history
 - Alcohol 1-2 daily
- **Medications**
 - Methadone



Case 5

- **Post-operative**



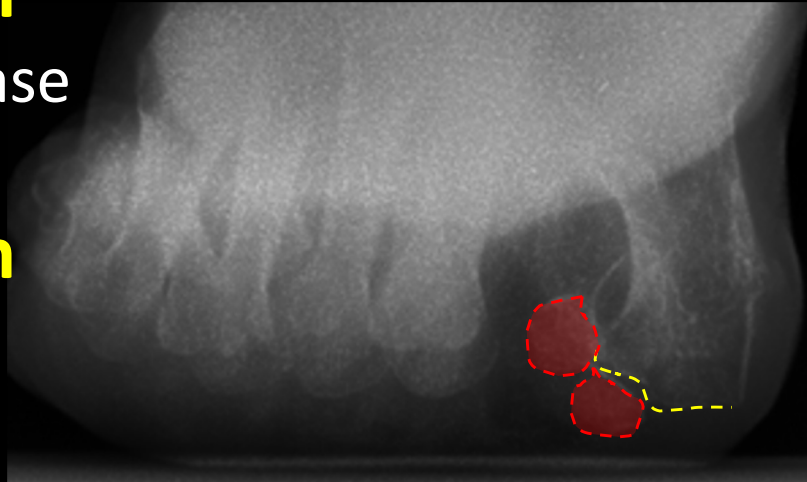
Case 6

- **76yr old female**
- **Past medical history**
 - Previous bunionectomy
- **Physical examination**
 - Coronary artery disease
- **Physical examination**
 - 1st MPJ ROM 40°
(no crepitation)
 - Reducible hallux



Case 6

- **76yr old female**
- **Past medical history**
 - Previous bunionectomy
- **Physical examination**
 - Coronary artery disease
- **Physical examination**
 - 1st MPJ ROM 40°
(no crepitation)
 - Reducible hallux



Case 6

- **Post-operative**



Case 7

- 31yr old female
- **Social history**
 - Former heroine abuser (clean x2yrs)
 - 2ppd smoker x5yrs
 - Has 3yr-old child



Case 7

- 31yr old female
- **Social history**
 - Former heroine abuser (clean x2yrs)
 - 2ppd smoker x5yrs
 - Has 3yr-old child



Case 7

- **Computer tomography**



Case 7

- **Post-operative**



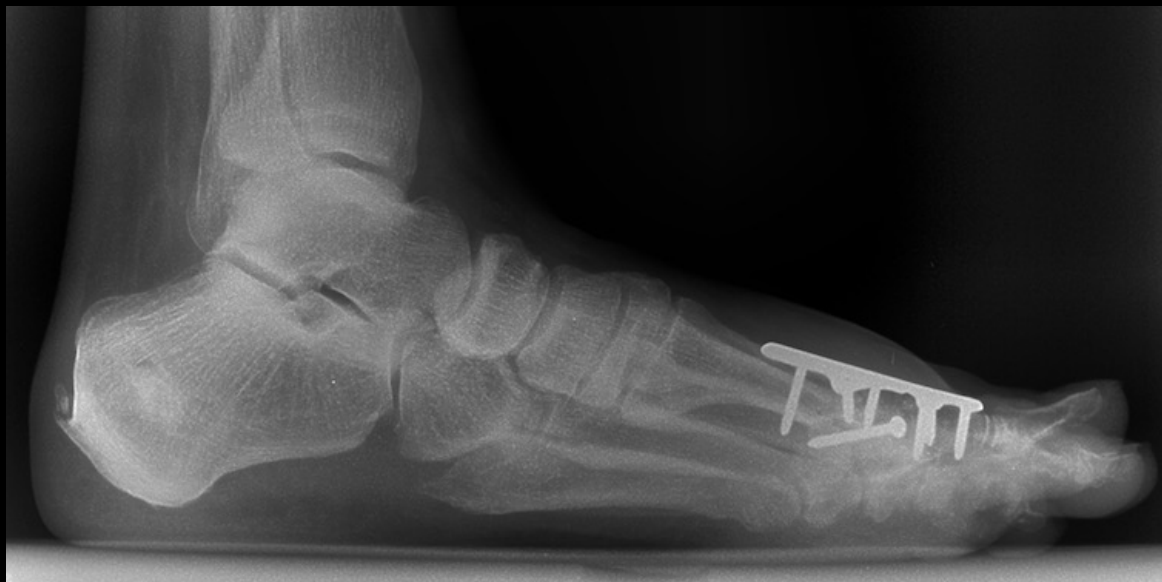
Case 8

- 74r old female
- Past medical history



Case 8

- **Post-operative**



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