

QUINTUPLE AIM

The Quintuple Aim is a framework in healthcare that expands upon the original Triple Aim concept, which focused on improving patient experience, improving population health, and reducing costs. The Quintuple Aim adds two additional dimensions to address the broader context of healthcare delivery. The five aims are:

1. **Improving Patient Experience:** Enhancing the quality of care and ensuring that patients have a positive experience during their interactions with the healthcare system.
2. **Improving Population Health:** Focusing on the health outcomes of groups of individuals, aiming to improve the overall health of populations.
3. **Reducing Costs:** Striving to lower the overall costs of healthcare while maintaining or improving quality.
4. **Improving the Work Life of Healthcare Providers:** Acknowledging the importance of healthcare providers' well-being, job satisfaction, and work-life balance to ensure they can deliver high-quality care.
5. **Advancing Health Equity:** Addressing disparities in healthcare access and outcomes among different populations to ensure that all individuals receive fair and just treatment in the healthcare system.

The Quintuple Aim emphasizes a more holistic approach to healthcare improvement, recognizing the interconnectedness of patient care, provider well-being, and health equity.

McLaren Physician Partners believes that in the context of value-based care, the Quintuple Aim becomes even more critical as it aligns with the core principles and goals of our value-based care model.

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