



Windows to the Future

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Welcome to our first edition of *Windows to the Future*, where you will find articles and news briefs about the happenings at McLaren Regional Medical Center, gifts at work, and ways to become involved.

In this issue, we are thrilled to update you on the progress of the Medical Education Building, share with you some positive change our employees are making, and tell you about the newest initiative for surgical oncology.

Also in this issue, we are looking to reconnect with our alumni from our various residency programs. McLaren has more than 500 graduates from Internal Medicine, Family Practice, General Surgery and Orthopedic Surgery residency programs throughout the world.

Thank you for your support of McLaren and all of our programs.

We hope you are pleased with how your gifts are making a difference.

Best,

Roxanne R. Caine
Director of Development



Construction is well underway for the new Medical Education Building

As you may know, McLaren's Medical Education Building is slated to open in 2008. It will house four important programs. Two of those programs are the Internal Medicine Residency and Family Practice Residency Programs. The third is the Child Evaluation Clinic. Pulmonary Rehabilitation will also move into the building. Due to its location, the project even provides new opportunities outside. The building backs up to the Flint River where a walking trail will be created for staff, patients and the community to use.

This facility will have a tremendous impact in our community. Here are just a few examples:

For Patients with Low Incomes

The Family Practice and Internal Medicine

CONTINUED ON PAGE 2

Construction is well underway...

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Residency Programs provide nearly 35,000 visits a year from patients covered by the Genesee Health Plan. Many of these patients are just above the poverty level and have limited choices in health care providers. This building will provide improved health care services for this population.

For Patients at the Child Evaluation Clinic

Patients referred to the Child Evaluation Clinic are alleged victims of sexual abuse. The facility will provide new and improved equipment as well as a comforting environment for the children receiving a physical examination at the clinic.



For Patients in the Pulmonary Rehabilitation Program

Currently, the Pulmonary Rehabilitation Program is located at the corner of Bristol and Linden Roads. This new facility will relocate Pulmonary Rehab closer to both the hospital and the pulmonology physicians. In addition, the 5,000 square foot gym will provide patients a better environment for treatment and will also allow the program to grow.

For the Medical Residents

Providing and maintaining high quality residency programs requires periodic upgrades. This building provides an opportunity to give medical residents up-to-date equipment and facilities for their learning and care-giving experiences while at the same time creating a recognizable identity in the community. Along with the new clinical space, the building will feature a 100-seat auditorium for lectures and grand round programs, a library for resources, as well as the opportunity to conduct research. All of this will help in the recruitment and retention of exceptional faculty and residents.

For the Community

The plans for the Medical Education Building include facilities for the community. The auditorium will be available for community programs as well as conference room space to conduct support groups and special meetings. Because of the location along the Flint River, a walking trail behind the building has been included in the plans. This trail will encourage patients and the general community to engage in walking and other health-related activities.



McLaren thanks these donors for their generosity and for making this building possible:

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This important undertaking is still in need of support. If you would like to be a champion for the Medical Education Building or any of the programs it will house, please contact us by visiting us online at mclarenregional.org, e-mailing to RoxanneC@mclaren.org or by calling (810) 342-4087.



ON THE cutting edge...

Surgical Oncology Fellowship

In July 2008, McLaren Regional Medical Center will start a Surgical Oncology Fellowship. Just one of 19 in the U.S. and Canada, McLaren's Surgical Oncology Fellowship will be the only one in Michigan.



“We are fortunate to have a physician like Dr. Saha in our community caring for patients.”

– **Donald Kooy,
President and CEO,
McLaren Regional Medical Center**

Sukamal Saha, M.D., director of the new program, says, “This is an exciting development for cancer care for our community. When you have this level of research in cancer treatment, patients from all over the region will benefit.”

This two-year fellowship program will admit one to two board eligible/certified surgeons each year. As a part of the curriculum, the fellows will conduct research and clinical trials for cancer patients. Research findings will be presented nationally and internationally, and fellows will have the opportunity to participate in a three-month rotation in Europe, India or Japan.

Dr. Saha has been conducting research in surgical oncology for the past 15 years, presenting at many national and international meetings, authoring over 75 book chapters and peer reviewed journal publications. In fact, Dr. Saha pioneered the sentinel lymph node mapping technique for colon cancer at McLaren, which is now at the center of a multi-institutional trial involving three continents across the world, and presented in Japan, Australia, and Chicago.

Don Kooy, president and CEO of McLaren Regional Medical Center states, “We are fortunate to have a physician like Dr. Saha in our community caring for patients. Now with the Surgical Oncology Fellowship, young aspiring surgical oncologists will have the opportunity to be mentored by Dr. Saha, and oncology care will advance locally and regionally – even internationally – as a result of this program.”

This Surgical Oncology Fellowship Program is made possible by the joint efforts of Dr. Saha, his partners, Douglas Iddings, D.O. and Kiet Doan, D.O., as well as the entire outstanding oncology team of physicians and staff at McLaren and the Great Lakes Cancer Institute.

Great Lakes Cancer Institute-McLaren Unveils Expansion with Building Dedication and Open House

“This new facility is giving us the space and technology we need to take care of our patients in a nice, warm atmosphere.”

**Dr. Hesham Gayar,
Radiation Oncologist,
GLCI-McLaren**

The two-year, \$7 million expansion of the Great Lakes Cancer Institute-McLaren (GLCI-McLaren) is now complete, creating a warm, spacious and sophisticated environment of healing for area cancer patients. Along with accommodating the newest technology in cancer treatment, the new design features wood floors, soothing earth-tone colors, artwork and potted plants located throughout the 30,000 sq. ft. facility.

Special enhancements include:

- Patient Resource Library complete with internet access and staffed by American Cancer Society volunteers
- New patient/family waiting areas
- Expanded conference space for multidisciplinary cancer conferences and support groups
- Expanded Radiation Oncology Suite, featuring the latest technology in radiation treatment
- 18 comfortable chemotherapy infusion stations

individually equipped with cable television monitors

- New office for research protocol nurse

An open house and building dedication was held March 4 for patients and their families, physicians, donors and staff. The evening's events included a brief dedication ceremony, followed by the unveiling of a commemorative wall honoring those who have made generous contributions to the cancer program at McLaren. Also of special interest, an international art exhibit by Eli Lilly and Company entitled "Oncology on Canvas" was on display at GLCI-McLaren from March 3 through March 14. The artistic creations featured works by cancer patients, caregivers, and friends as a way to express their own cancer journeys.

Featured presenters at the dedication ceremony were Donald Kooy, President/CEO of McLaren Regional Medical Center; Hesham Gayar, M.D., radiation oncologist; T. Trevor Singh, M.D., medical oncologist, and Ray Demers, M.D., President/CEO of the Great Lakes Cancer Institute. Also receiving special recognition were Sukamal Saha, M.D., surgical oncologist; Madan Arora, M.D., and David Eilander, M.D., both medical oncologists, and Jack Nettleton, M.D., radiation oncologist.

Bobbi Jo Lucas, granddaughter of Jeanne Prevo, the founder of the Ever Living Tree Cancer Fund at McLaren, and Donald Kooy unveiled the donor wall during the ceremony.





McLaren Regional Medical Center Employees show...



For the first time ever, MRMC employees held a hospital-wide fundraising campaign in late summer 2007. Affectionately called "A Little Change Makes a Big Difference," the steering committee set out to raise funds to enhance a special outdoor area just for employees. With a dollar-for-dollar match from the McLaren Foundation, MRMC employees raised nearly \$11,000 to makeover an area between Ballenger Auditorium and the hospital's main cafeteria. Why there? So more employees can enjoy the weekly BBQ's between Memorial Day and Labor Day each year. They can also enjoy the area during their break times. Plans are now underway to develop more seating, an improved food-prep area and enhanced landscaping features. Stay tuned for further updates on this first-of-its-kind project!

Ever Living Tree

December 2007 marked the 17th annual Ever Living Tree campaign. This year, the campaign raised nearly \$10,000, which is designated to help cancer patients who need financial assistance as they go through treatment. All too often, patients need help getting to their medical appointments, paying for prescriptions or buying nutritional supplements. Since its inception in 1994, the Ever Living Tree fund has helped more than 450 patients. Special thanks to all of the donors who contributed this year!

**Cancer patient, Jeanne Prevo,
worked with McLaren staff to start
the Ever Living Tree fund in 1994.**





Paul Lazar, MD



Paul Romanelli, PhD



Norm Walter, MD



Susan Smith, MD



Parul Sud, MD

Alumni Corner

McLaren Medical Residency Programs

Attention all graduates of McLaren's Residency Programs!
We want to hear from you and we want to see you. Please drop us a line and tell us what you are up to. We will soon begin planning a reunion for the Summer of 2008 and would like to see you there. Please visit our website at www.mclarenregional.org, send an email to RoxanneC@mclaren.org, or return the postcard in this newsletter so we can send you an invitation.

You may also have news about your career that we should share in our next newsletter!

We Want to Hear From You!

Helping alumni keep in contact with one another and with us is important. Please take a moment to tell how you are and what you've been up to. We're looking forward to hearing from you.

Return this form by tearing along the perforation and mailing it back to us in the envelope provided. You can also update your information by visiting www.mclarenregional.org/foundation and selecting Alumni on the right-hand side.

Name _____

Residency Program _____

Year Graduated _____

Address _____

Phone Number _____

Email Address _____

What are you doing now? _____



Support our patients' future... Give a gift to McLaren and receive income in return.

The Charitable Gift Annuity is a rewarding way to include McLaren in your estate planning while generating income for yourself in the immediate future.

Consider the benefits:

- Continued support of care for patients at McLaren
- Immediate charitable income tax deduction
- Tax-free income
- Possibility of more spendable income

A minimum of \$5,000 is required to establish a charitable gift annuity at McLaren. You may consider giving this gift in the form of cash or appreciated securities.

In exchange for your gift, McLaren will agree to pay you a fixed payment for the rest of your life.

The amount you are paid is determined by your age.

Here is an example of how a Charitable Gift Annuity works:

John is 65 years old and decides to give McLaren \$10,000 for a gift annuity. Based upon his age, John will receive a fixed amount of \$600 per year.

The charitable income tax deduction of \$3,854 and the tax-free income of \$309 combined will give John an effective annual rate of 7.78 percent.

For more information about Charitable Gift Annuity or other Planned Giving options, please contact the McLaren Foundation at (810) 342-4087 or visit our website www.mclarenregional.org



401 S. Ballenger Highway, Flint, Michigan 48532