

Strokes don't discriminate; they affect people of all ages, ethnicities and backgrounds. Fortunately, many strokes are preventable, and you can take steps now to reduce your risk. Begin by understanding the risk factors and find out which are specific to you. Come to our free screening event put on by the Flint Stroke Coalition which is represented by all three Genesee County hospitals and the Genesee County Free Medical Clinic - it could save your life!

#### **Screening includes:**

- Diabetes screening- Hemoglobin A1C
- Full Lipid Panel including total cholesterol, HDL, LDL, and triglycerides
- Blood pressure and pulse
- Sleep disorder risk assessment
- Risk-reduction plan
- Results counseling and education

Local physicians, nurses, pharmacists, EMS providers, and other healthcare personnel will be volunteering at the screening in order to help answer your questions!

Think you or someone you know is experiencing a stroke?

Remember BE FAST and call 9-1-1!

# 2023 FREE STROKE SCREENING DATES

### WHEN? 9am to 2pm

January 26

February 23

March 23

April 27

May 25

June 22

July 27

August 24

September 28

October 26

December 28

#### WHERE?

## Genesee County Free Medical Clinic

2437 Welch Blvd

Flint, MI 48504

810-235-4211

www.gcfmc.org

\*\*PLEASE be sure to not eat or drink 12 hours prior to screening for accurate results. Take morning medication with sips of water.