## McLAREN NORTHERN MICHIGAN

# VISITATION GUIDELINES

Effective 1-6-22

In response to the current COVID-19 situation in our community, visitation at McLaren Northern Michigan is limited to **one healthy visitor per patient at a time** from **8 a.m. until 6 p.m.** Please note:

- All visitors will be screened when entering the hospital to verify they do not have signs or symptoms of COVID-19.
- Visitors must wear a hospital-issued face mask covering both nose and mouth at all times during the visit.
- Visitors must remain in the patient's room unless asked otherwise by the clinical team.
- Visitors must be over age 18 unless they are the parent of a pediatric patient or support person for an OB patient.
- No visitors are allowed for patients with pending or positive COVID-19 tests, unless there are special circumstances granted by the clinical care team.
- Members of the clergy and visitations directed by the Hospital Chaplains are exempt from the one-visitor guidelines.
- Outpatients who have an appointment within the hospital or medical office building, such as
  office visit, lab draw, diagnostic imaging test or a procedure without anesthesia/sedation, may have
  one visitor.
- Currently all waiting rooms are closed except for Outpatient Surgery and Emergency Departments

#### Visitors will be asked to leave the facility if:

- They are non-compliant with mask requirements.
- They exhibit COVID-19 symptoms.
- They are found outside of direct routes from entry to patient room.
- If there is more than one visitor in the room without special circumstance approval.

## **Exceptions & Clarifications**

Some exceptions can be made. Exceptions or clarifications include:

### **Inpatients**

- PATIENTS AT END OF LIFE: Up to 2 visitors at a time. Visitors for patients at end of life may be evaluated on a case by case basis, including those under the age of 18.
- **OBSTETRIC PATIENTS:** One birthing partner/support person (same person for the duration of the stay), one healthy adult visitor, and one certified doula during labor and delivery.
- **PEDIATRIC PATIENTS:** Both parents may visit between 8 a.m. and 6 p.m. with one parent/guardian remaining overnight.
- SURGICAL OR ENDOSCOPY PATIENTS: Patients undergoing surgery or procedures that require sedation/anesthesia may have one visitor/companion. The visitor may wait in a designated area. This waiting area does not allow food; visitors must keep a mask on at all times. Visitors can participate in post procedural discharge instructions either by phone or in person. If the procedure is performed outside of visiting hours, the visitor may accompany the patient to the unit to get the patient settled and then leave.
- EMERGENCY PATIENTS: ER patients are allowed one visitor; two visitors for pediatric patients. If the patient is admitted to the hospital outside of visiting hours, the visitor may accompany the patient to the unit to get the patient settled and then leave. Visitor is not allowed to accompany the patient is COVID positive. (NOTE: Cheboygan Emergency Department does not allow visitors that are not necessary for medical care or that are not visiting under exigent circumstances.)
- PATIENTS INSIDE OUR COVID-19 ISOLATION UNIT: Allowances may be made for special circumstances; visitors should discuss with the care team prior to arriving.

### **Outpatients Coming for an Appointment in:**

**NOTE**: If patient requires assistance, please make sure visitor accompanies the patient to assist with transporting to scheduled appointment destination.

**Outpatient Services:** Patients who have an appointment within the hospital or medical office building (such as office visit, lab draw, diagnostic imaging test or a procedure without anesthesia/sedation) may have one visitor.

Bay View Ob/Gyn: One visitor is allowed for OB patients' first appointments and ultrasounds.

**Karmanos Cancer Institute (KCI):** Medical hematology/oncology, infusion center and radiation oncology patients are allowed one visitor when coming for a new patient consultation or coming to receive updates for treatment plans; the visitor needs to be pre-approved.

## Communications with Your Loved One

#### **Inpatients**

We understand it is important for patients to have access to their loved ones while receiving care at our hospital. Family and friends are welcome to connect directly with the patient at any time during their stay. We offer telephone communication through a landline in the patient's room. An iPad is also available for a video chat/virtual visit if the patient does not have a cell phone with this feature.

We ask that family members designate a family spokesperson who should be the direct contact with the nurse/providers for urgent situations. The family spokesperson can maintain contact with the remainder of the family.

#### **Outpatients**

Patients coming for routine outpatient visits are encouraged to bring a cell phone and the phone number to a family member or loved one for remote communication with the provider.

## **Campus Entrance Doors for Patients and Visitors**

Please use the appropriate designated entrance when coming for services:

#### **CHEBOYGAN CAMPUS**

**Emergency Department Entrance**: Patients/Visitors seeking care in the Emergency Department, Imaging Department or Sleep Center.

**Medical Office Building Entrance**: Patients coming for a Surgical Procedure, Lab, Physician Office Appointments, Cardiac Rehabilitation or Outpatient Physical, Occupational and Speech Therapy.

#### **PETOSKEY CAMPUS**

Main Hospital Entrance: Inpatient visitation, Physician appointments, Imaging Services (X-ray, CT Scan, MRI, Breast Health etc.), Laboratory (Blood Draw), Labor & Delivery and Direct Admissions.

Emergency Department Entrance: Emergency Care, After-hours Labor & Delivery, COVID Care.

**Surgery Center Entrance**: Surgery, Endosocpy and Radiation Oncology.

Heart Center Entrance: Cath Lab

Karmanos Cancer Institute Entrance: Chemotherapy, Infusion, Karmanos Physician/Provider visits.

We will continue to monitor the risk of COVID-19 closely and will adjust visitor practices, as necessary to ensure the community's safety. We appreciate your help in keeping our patients and employees safe.



## VISITOR RESTRICTIONS

## BASED ON LOCATION AND UNIT

Effective 1-6-22

#### **VISITOR GUIDELINES**

- One healthy visitor per patient at a time; 8 a.m. to 6 p.m.
- All visitors will be screened when entering the hospital to verify they do not have signs or symptoms of COVID-19.
- Visitors must wear a hospital-issued face mask covering both nose and mouth at all times during the visit.
- Visitors must remain in the patient's room unless asked otherwise by the clinical team.
- Visitors must check in with Information Desk at main entrance.
- Members of the clergy and visitations directed by the Hospital Chaplains are exempt from the one-visitor guidelines.
- Visitors must be over age 18 unless they are the parent of a pediatric patient or support person for an OB patient.
- No visitors are allowed for patients with pending or positive COVID-19 tests, unless there are special circumstances granted by the clinical care team.

# OUTPATIENT CLINICS Lab/Imaging Services/Karmanos Cancer Institute (KCI)

Provider Appointments
Lab Drawing Station
General Imaging Services
Medical Hematology/Oncology
Radiation Oncology
Infusion Center

- One visitor may accompany patients who have an outpatient test or appointment.
- KCI: One visitor is allowed when patient is coming for a new consultation or coming to receive updates for treatment plans; the visitor needs to be pre-approved.
- Bay View Ob/Gyn: One visitor is allowed for OB patient's first appointment and ultrasounds.

## **SURGICAL & PROCEDURAL AREAS**

Endoscopy Surgery Cath Lab Interventional Radiology  One visitor may accompany patients undergoing surgery or procedures that require sedation/anesthesia.
 While the procedure is performed, visitors may wait in a designated area. This waiting area does not allow food; visitors must keep a mask on at all times. Visitors can participate in post procedural discharge instructions either by phone or in person.

### **EMERGENCY DEPARTMENT**

- One visitor is allowed.
- Two visitors for pediatric patients.

## Cheboygan Emergency Department

 No visitors allowed that are not necessary for medical care or that are not visiting under exigent circumstances. (Exception: Pediatric patients may have 1-2 visitors).

## INPATIENT UNIT Visiting Hours 8 a.m. - 6 p.m. Daily

## **COVID / Respiratory Recovery Unit**

 No visitors, however, allowances may be made for special circumstances.

#### All Adult Inpatient Units

One healthy adult visitor allowed at a time.

## Pediatrics

• Both parents may visit between 8 a.m. and 6 p.m. with one parent/guardian remaining overnight.

## Obstetrics

 One birthing partner/support person (same person for the duration of the stay), one healthy adult visitor, and one certified doula during labor and delivery.

## End-of-life/Hospice Patients

 Up to 2 visitors at a time. Circumstances will be evaluated on a case by case basis, including children under the age of 18.